

## Guide to Mapping Oregon Medicaid Benefits and Services

These tables display the Oregon Medicaid benefits and services for OHP Plus recipients, including waived services, used in the Oregon Health Authority’s (OHA) mental health parity analysis.

Benefits are divided into four classifications as required by 42 CFR Parts 438, 440, 456, et al. as published in the March 30, 2016 Federal Register, Vol. 81, No. 61:

1. Inpatient
2. Outpatient
3. Prescription Drugs
4. Emergency Care

The guide also provides definitions and references for the larger categories of Mental Health (MH), Substance Use Disorder (SUD) and Medical/Surgical (M/S) benefits, as well as the individual classifications under them.

[Table 1](#) displays M/S benefits/services, which will be compared for parity with MH benefits/services in [Table 2](#) and SUD benefits/services in [Table 3](#).

**The tables may not address all services covered by each coordinated care organization (CCO). OHA provides this document as a guideline for CCOs to use when assessing all services they provide to OHP Plus members.**

### Definitions

For the purposes of MH parity, OHA uses the following definitions:

Term	Definition	CFR
<b>Emergency care</b>	Emergency care services means covered inpatient and outpatient services that are as follows: (1) Furnished by a provider that is qualified to furnish these services. (2) Needed to evaluate or stabilize an emergency medical condition	Based on 42 CFR §438.114
<b>Inpatient</b>	Inpatient means covered services or items (including medications) provided to a member while in a setting (other than home and community-based setting as defined in 42 CFR Part 441) that requires an overnight stay.	Based on 42 CFR §440.2
<b>Medical/surgical (M/S)</b>	Medical/surgical benefits means benefits for items or services for medical conditions or surgical procedures specified in ICD-10, excluding services for conditions listed in ICD-10 Chapter 5 (F).	Based on 42 CFR §440.395
<b>Mental health (MH)</b>	Mental health benefits means benefits for items or services for mental health conditions listed in ICD-10 Chapter 5 (F).	Based on 42 CFR §440.395

Term	Definition	CFR
<b>Outpatient</b>	Outpatient means covered services for a member received from a practitioner, clinic or facility, or distinct part of that facility who is expected to receive and who does receive professional services for less than a 24-hour period regardless of the hour of admission, whether or not a bed is used, or whether or not the patient remains past midnight. Outpatient includes all covered services that do not otherwise meet the definition of inpatient, emergency care, or prescription drugs.	Based on 42 CFR §440.2
<b>Prescription drug</b>	“Prescribed drugs” means simple or compound substances or mixtures of substances prescribed for the cure, mitigation, or prevention of disease, or for health maintenance that are: (1) Prescribed by a physician or other licensed practitioner of the healing arts within the scope of this professional practice as defined and limited by Federal and State law; (2) Dispensed, in an outpatient pharmacy, by licensed pharmacists and licensed authorized practitioners in accordance with the State Medical Practice Act; and (3) Dispensed, in an outpatient pharmacy, by the licensed pharmacist or practitioner on a written prescription that is recorded and maintained in the pharmacist's or practitioner's records.	Based on 42 CFR §440.120
<b>Substance use disorder (SUD)</b>	Substance use disorder benefits means benefits for items or services for substance use disorder conditions listed in ICD-10 Chapter 5 (F).	Based on 42 CFR §440.395

**Table 1: Medical/Surgical (M/S) benefit map**

Inpatient	Outpatient	Prescription Drugs	Emergency Care
Hospital admissions for non-MH/SUD diagnoses <ul style="list-style-type: none"> <li>■ Surgery</li> <li>■ Anesthesia</li> <li>■ Room</li> <li>■ Medication administered during the admission</li> <li>■ Lab</li> <li>■ Radiology</li> </ul> Examples used for FFS analysis: <ul style="list-style-type: none"> <li>■ Institutional claims for provider type 26 and 35 with DRG for MS conditions</li> <li>■ Nursing facility services</li> <li>■ Rehabilitation services</li> </ul>	Services in outpatient hospital, Ambulatory Surgical Center (ASC), urgent care facilities, and End-Stage Renal Dialysis (ESRD) clinic settings Professional services, including but not limited to: <ul style="list-style-type: none"> <li>■ Preventive services</li> <li>■ Diagnostic services</li> <li>■ Screening services</li> <li>■ Physician services</li> <li>■ Federally Qualified Health Center (FQHC) and Rural Health Clinic (RHC) services</li> <li>■ Dental services</li> <li>■ Family planning services</li> <li>■ Tobacco cessation</li> <li>■ Podiatrist, optometrist, chiropractic, nurse practitioner (NP), and other practitioner services</li> <li>■ Telemedicine</li> </ul>	Generic and name-brand medications dispensed in a pharmacy, or by mail-order <b>FFS analysis excludes</b> Standard Therapeutic Class (STC) 7/11 carve out drugs and Depakote/Lamictal	Ambulance Services performed in an Emergency Department (ED), including: <ul style="list-style-type: none"> <li>■ Consultation delivered in an ED</li> <li>■ Medications administered during an ED visit</li> <li>■ Lab taken in an ED</li> <li>■ Radiology provided in an ED</li> </ul>

Inpatient	Outpatient	Prescription Drugs	Emergency Care
	<ul style="list-style-type: none"> <li>■ Psychotherapy, when performed for a non-MH/SUD diagnosis</li> <li>■ Services performed by a pharmacist (vaccines, medication management)</li> </ul> <p>Physical, occupational and speech therapy</p> <p>Home-based services, including but not limited to:</p> <ul style="list-style-type: none"> <li>■ Home health services</li> <li>■ Home infusion services</li> <li>■ Personal care</li> <li>■ Direct nursing care</li> <li>■ Case management</li> </ul> <p>Acupuncture, when performed for a non-MH/SUD diagnosis</p> <p>Medical equipment and supplies, prosthetic devices</p> <p>Lab</p> <p>Radiology</p> <p>Private duty nursing</p> <p>Transportation-non emergent</p> <p>Personal care provided in the beneficiary's home</p> <p>Eyeglasses</p> <p>1915(c): Aged &amp; Physically Disabled waiver; Comprehensive DD waiver; Support Services DD waiver; Behavioral DD Model waiver; Hospital Model waiver; Medically Involved Children's NF waiver</p> <p>1915(k): Community First Choice State Plan option</p> <p>1915(j): Self-directed personal assistance</p> <p>1915(c),(k)&amp;(j) services include, but are not limited to:</p> <ul style="list-style-type: none"> <li>■ Supported employment</li> <li>■ Specialized medical supplies</li> <li>■ Environmental modifications</li> </ul>		<p>Example used for FFS analysis:</p> <ul style="list-style-type: none"> <li>■ Includes institutional ED claims and professional ED claim type</li> </ul>

Inpatient	Outpatient	Prescription Drugs	Emergency Care
	<ul style="list-style-type: none"> <li>■ Activities of daily living (ADL), instrumental activities of daily living (IADL) and other specialized health-related tasks</li> <li>■ Community transportation</li> <li>■ Vehicle modification</li> <li>■ Skill development training (K)</li> </ul>		

**Table 2: Mental Health (MH) benefit map**

Inpatient	Outpatient	Prescription Drugs	Emergency Care
<p>Hospital admissions with MH diagnoses</p> <ul style="list-style-type: none"> <li>■ Surgery</li> <li>■ Anesthesia</li> <li>■ Room</li> <li>■ Medication administered during the admission</li> <li>■ Lab</li> <li>■ Radiology</li> </ul> <p>Nursing facility services</p> <p>ICF services</p> <p>Inpatient psychiatric facility services</p> <p>Any Rehabilitation services for children, youth or adults, delivered in the following residential settings:</p> <ul style="list-style-type: none"> <li>■ Secure Children’s Inpatient Program (SCIP)/Secure Adolescent Inpatient Program (SAIP)</li> <li>■ SubAcute</li> <li>■ Psychiatric Residential Treatment Facilities (PRTS)</li> </ul>	<p>Professional services, including all M/S benefits provided to treat an MH diagnosis.</p> <p>Rehabilitation services, including:</p> <ul style="list-style-type: none"> <li>■ Intake evaluation, assessment, screenings and brief intervention treatment</li> <li>■ Crisis and stabilization services</li> <li>■ Individual, group and family-level rehabilitative therapy</li> <li>■ Medication management and monitoring</li> <li>■ Peer support</li> <li>■ Rehabilitation mental health case management</li> <li>■ Skills training</li> <li>■ Acupuncture for MH diagnosis</li> </ul> <p>Personal care provided in the beneficiary’s home</p> <p>1915(c): Comprehensive DD waiver: Support Services DD waiver; Behavioral DD Model waiver</p> <p>1915(c) services include but are not limited to:</p> <ul style="list-style-type: none"> <li>■ Supported employment</li> <li>■ Specialized medical supplies</li> <li>■ Environmental safety modifications</li> <li>■ Vehicle modification</li> </ul> <p>1915(i) services, include but not limited to: Home Based Habilitation; HCBS Behavioral Habilitation;</p>	<p>Generic and name-brand medications dispensed in a pharmacy, or by mail-order</p> <p><b>FFS analysis includes</b> STC 7/11 carve out drugs and Depakote/ Lamictal</p>	<p>Ambulance</p> <p>Services performed in an ED with an MH diagnosis, including:</p> <ul style="list-style-type: none"> <li>■ Consultation delivered in an ED</li> <li>■ Medications administered during an ED visit</li> <li>■ Lab taken in an ED</li> <li>■ Radiology provided in an ED</li> </ul> <p>Psychiatric emergency services not provided in an institute for mental disease (IMD)</p>

Inpatient	Outpatient	Prescription Drugs	Emergency Care
<ul style="list-style-type: none"> <li>■ Young Adult Programs (YAP)</li> <li>■ Secure Residential Treatment Facilities (SRTF), Secure Residential Treatment Homes (SRTH)</li> <li>■ Residential Treatment Facilities (RTF), Residential Treatment Homes (RTH) Adult Foster Homes (AFH)</li> </ul>	Psychosocial Rehabilitation.		

**Table 3: Substance Use Disorder (SUD) benefit map**

Inpatient	Outpatient	Prescription Drugs	Emergency Care
<p>Hospital admissions with SUD diagnoses, including:</p> <ul style="list-style-type: none"> <li>■ Room</li> <li>■ Medication administered during the admission</li> <li>■ Lab</li> <li>■ Radiology</li> </ul> <p>Nursing facility services</p> <p>Opioid replacement therapies including:</p> <ul style="list-style-type: none"> <li>■ Buprenorphine when prescribed by a certified physician in a hospital</li> <li>■ Methadone when ordered by a physician in a hospital for SUD</li> </ul> <p>SUD Rehabilitation services delivered in following residential settings:</p> <ul style="list-style-type: none"> <li>■ Detox and SUD services in Acute residential</li> </ul>	<p>Professional services as listed above, includes all M/S benefits provided to treat an SUD diagnosis</p> <p>Rehabilitation for SUD, including:</p> <ul style="list-style-type: none"> <li>■ Intake evaluation, assessment, screenings and brief intervention treatment</li> <li>■ Medication assisted treatment (MAT)</li> <li>■ Individual, group and family-level rehabilitative therapy</li> <li>■ Medication management and monitoring</li> <li>■ Acupuncture</li> <li>■ Case management</li> <li>■ Peer support</li> <li>■ Detoxification</li> </ul>	<p>Generic and name-brand medications dispensed in a pharmacy, or by mail-order</p> <p><b>FFS analysis includes</b> STC 7/11 carve out drugs and Depakote/ Lamictal</p> <p>Nicotine replacement and smoking cessation drugs</p> <p>Buprenorphine when prescribed by a certified clinician and combined with counseling and behavior therapy in an outpatient setting</p>	<p>Ambulance</p> <p>Services performed in an ED with an SUD diagnosis, including:</p> <ul style="list-style-type: none"> <li>■ Consultation delivered in an ED</li> <li>■ Medications administered during an ED visit</li> <li>■ Lab taken in an ED</li> <li>■ Radiology provided in an ED</li> </ul> <p>Crisis stabilization services</p> <p>Naloxone</p>

Inpatient	Outpatient	Prescription Drugs	Emergency Care
<ul style="list-style-type: none"> <li>■ Detox and SUD services in Subacute residential</li> <li>■ SUD services in short-term residential facilities (&lt;30 days)</li> <li>■ SUD services in long-term residential facilities (&gt; 30 days)</li> </ul>			

### Resources from the Centers for Medicare & Medicaid Services (CMS)

CMS has developed informative presentations, a compliance toolkit, an implementation roadmap, frequently asked questions, and other helpful resources in applying MH Parity requirements, available at <https://www.medicare.gov/medicaid/benefits/behavioral-health-services/parity/index.html>. Additional CMS resources regarding services and supports to meet the health, behavioral health and long term services and support needs of Medicaid individuals with mental health or substance use disorders are available on Medicaid.gov at <https://www.medicare.gov/medicaid/benefits/bhs/index.html>.