

Oregon In Lieu of Services **11/16/22**

Peer and Qualified Mental Health Associate Services - Alternative Setting

State Plan Service(s) In Lieu of: Psychosocial rehabilitation services

Procedure Codes: *H0038, H2014, H2016, T1016*

Modifier(s): *GQ (Group), H0038*

Target Population: Members with Behavioral Health conditions and/or health-related social needs (such as homelessness) that exacerbate or prevent effective treatment of Behavioral Health conditions.

Service Description: Outreach and engagement services provided by certified Peer Support Specialists, Peer Wellness Specialists, or Qualified Mental Health Associates, to engage members in their care and provide ongoing support for enhancing wellness management, coping skills, independent living skills, and assistance with recovery. Services may be offered either prior to or after assessment and diagnosis, in clinical or community settings, in individual or group sessions, and may include drop-in services, care transition services, culturally specific services, and services focused on specific OHP populations.

Peers providing this ILOS must work and bill under the supervision of a qualified health care professional or a certified peer who has completed supervisor training approved by the Traditional Health Worker Commission, and have at least 2 years of peer experience.

Community Health Worker Services - Alternative Setting

State Plan Service(s) In Lieu of: Office or other outpatient visit, preventive medicine counseling and/or risk factor reduction, skills training and development, Comprehensive community support services

Procedure Codes: *99211, 99401-99404, H2014, H2016*

Target Population: Children and adults with chronic conditions, Behavioral Health conditions, and/or health-related social needs (such as homelessness) that exacerbate or prevent effective treatments.

Service Description: Evaluation and management of a member in community settings, such as housing or social service agencies that may or may not be able to independently bill for services. Services include providing preventive medicine counseling and/or risk factor reduction, skills training and development, and comprehensive community support services. Services provided will support Members to navigate the healthcare system, facilitate Member attendance at medical and other appointments, contribute to care team/planning, explain health and healthcare information, and help understand needs and locate services.

CHWs must work and bill under the supervision of a qualified health care professional, including a Licensed Clinical Social Worker, a Licensed Professional Counselor, or a certified CHW with at least 2 years of CHW experience.

Online Diabetes Self-Management Programs

State Plan Service(s) In Lieu of: Diabetes outpatient self-management training services

Procedure Codes: *G0108, G0109, S9140, S9141, S9455, S9460, S9465, 97802, 97803, 97804, 99078, S9470*

Target Population: Members 18 years and older with diagnosis of type 1 or type 2 diabetes

Service Description: Online training, support, and guidance provided by health coaches in synchronous or asynchronous individual or group sessions aimed at assisting Members in controlling their daily blood glucose levels, empowering Members to manage their diabetes, and engaging Members in preventive health habits. These organizations may or may not be able to independently bill for these services.

National Diabetes Prevention Program - Alternative Setting

State Plan Service(s) In Lieu of: National Diabetes Prevention Program Services

Procedure Codes: *0403T for in-person classes and maintenance sessions, 0488T for on-line classes and maintenance sessions*

Modifier: *GT or 95 for telehealth delivery*

Target Population: Members 18 years of age or older who have a body mass index of 25 or higher (23 or higher if Asian American), not previously diagnosed with type 1 or type 2 diabetes, and not pregnant.

Service Description: Provision of the National Diabetes Prevention Program (National DPP) by a Centers for Disease Control and Prevention (CDC) recognized program delivery organization. This ILOS supports provision of the National DPP by community organizations that do not have billing infrastructure but are otherwise eligible to be DPP providers.

Chronic Disease Self-Management Education Programs - Alternative Setting

State Plan Service(s) In Lieu of: Patient self-management and education

Procedure Codes: 98961-2, S9445-6, S9451

Target Population: Members at risk of developing Type II diabetes Members with Type I or Type II diabetes; Members with an identified fall risk under 65; Members 65 and older (for fall prevention programs); Members with arthritis.

Service Description: Self-management programs to help Members diagnosed with chronic diseases gain the knowledge and skills needed to modify their behavior and successfully self-manage their disease and its related conditions. Programs supported by OHA for this ILOS include the following covered programs offered in community settings: diabetes prevention programs (non-CDC recognized, or CDC-recognized), Diabetes Self-Management Program, *Programa de Manejo Personal de la diabetes*, Diabetes Self-Management Education and Support (DSMES), Walk with Ease Program, Stepping On: Falls Prevention Program, *Tai Ji Quan: Moving for Better Balance*, Matter of Balance, Otago Exercise Program, and other cultural, linguistic, or physically accessible adaptations of these programs. These organizations may or may not be able to independently bill for these services.

Infant Mental Health Pre- & Post-Testing Services

State Plan Service(s) In Lieu of: Psychological testing

Procedure Code: T1023

Modifier(s): HA

Target Population: Children ages 0-5 years old experiencing developmental delays, or having difficulty bonding with caregivers, who may benefit from specialized programs.

Service Description: Tests, inventories, questionnaires, structured interviews, structured observations, and systematic assessments that are administered to help assess the caregiver-child relationship and to help aid in the development of the treatment plan.

Lactation Consultations – Alternative Setting

State Plan Service(s) In Lieu of: Lactation consultations in office or other outpatient settings

Procedure Codes: 99202, 99212, 99401-99404

Target Population: Postpartum individuals and their infants from marginalized populations at higher risk of failure to breast/chest feed, Cesarean births, prenatal substance use, first time parents, individuals recommended for lactation consultations by birth attendant or care team, pediatrician, Women and Infant Children staff, Family Connects home visitor or other maternity case management program.

Service Description: Preventive medicine and risk reduction counseling provided by a registered nurse, or a Traditional Health Worker with training in lactation (such as a certified lactation education counselor, or certified breastfeeding specialist training), in a community setting that may or may not be able to independently bill for those services.