

Oregon Health Plan reimbursement for diabetes self-management programs

This fact sheet explains covered diabetes self-management programs and how Oregon Health Plan (OHP) clinics, hospitals, federally qualified health centers, health departments and tribal health centers may provide and bill for services provided through these programs.

Stanford Diabetes Chronic Disease Self-Management Program for Diabetes (CDSMP)

Also known as the Diabetes Self-Management Program (DSMP), this program is for all OHP members with Type I or Type II diabetes.

- This program is available in Chinese, and in Spanish as *Manejo Personal de la Diabetes*.
- These programs are taught by a trained instructor who can be supervised by a medical professional.
- The clinic’s lead providers may supervise and bill for trained CDSMP instructors.
- Learn more on [the Centers for Disease Control and Prevention \(CDC\) website](#).

Diabetes Self-Management Training (DSMT)

Also known as Diabetes Self-Management Education and Support, these programs must be recognized or accredited by the American Diabetes Association (ADA) and the American Association of Diabetic Educators (AADE), the two nationally approved DSMT accreditation organizations.

Only trained Registered Dietitians and AADE-accredited nurses may provide DSMT training. [Learn more on the CDC website](#).

To bill for covered services:

Bill the member’s coordinated care organization (CCO). If the member is not in a CCO, bill OHA. Use modifier GT or 95 for any services provided using telehealth. To learn about CCO requirements for these programs, [contact the CCO](#).

Program	Codes	Notes
DSMP	CPT 98961: Education and training for patient self-management by a qualified, nonphysician health care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) for 2-4 patients, each 30 minutes	Medicare does not cover DSMP for diabetes. Bill only OHP for services to Medicare-Medicaid members.
	CPT 98962 (see description 98961): For 5-8 patients, each 30 minutes	For services provided by Community Health Workers, also refer to OHA’s Community Worker guide .
	CPT 98960 (see description for 98961): Make-up class for 1 patient, each 30 minutes (limit 2 units per service date)	
DSMT	G0108: Diabetes outpatient self-management training services, individual, per 30 minutes	Medicare covers DSMT for diabetes. Bill Medicare for services to Medicare-Medicaid members.
	G0109: Diabetes outpatient self-management training services, group session (two or more), per 30 minutes	