



OREGON
HEALTH
AUTHORITY

Steps to Applied Behavior Analysis (ABA) treatment for Oregon Health Plan families and members

Steps to treatment

1. Get a diagnosis of autism or self-injurious behavior
2. Get prescription for ABA treatment
3. Get ABA assessment from an OHP ABA provider

Step 1: Get a diagnosis

- OHP only covers ABA treatment to treat diagnosed autism or self-injurious behavior.
- If you don't have this diagnosis:
 - See your CCO or primary care physician.
 - Ask them to set up a visit with a doctor (*physician or psychologist*) who can diagnose and treat autism.
 - At this visit, or series of visits, the doctor can evaluate and make the diagnosis.

Step 2: Get a prescription

- OHP only covers ABA treatment that is prescribed by a doctor who can diagnose and treat autism.
- To get a prescription:
 - Visit the doctor who diagnosed autism.

Step 3: Visit an OHP ABA provider

- OHP only covers ABA assessment and treatment from approved OHP providers.
- To find an OHP ABA provider:
 - Go to <http://orbehavioranalysis.com/practitioner-directory/> to find an ABA provider in your area.
 - Ask your local ABA provider if they accept OHP (Oregon Medicaid).

What happens next?

- After your visit, the AA provider will ask OHP to approve a treatment plan.
- Once OHP approves the plan, treatment can start.
- Every 6 months, the ABA provider will ask OHP to approve continued treatment.
- If the ABA patient is meeting treatment plan goals, OHP will approve continued treatment.

Thank you

You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact ONE Customer Service at 800-699-9075 (voice/text). We accept all relay calls.

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