

Fact Sheet: Young Adults with Special Health Care Needs (YSHCN)

This document gives answers to common questions about Oregon Health Plan's Young Adults with Special Health Care Needs (YSHCN) program.

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What does this program cover?

Young Adults with Special Health Care Needs (YSHCN) covers more things than other OHP programs for adults. It covers the same benefits OHP does for children, such as:

- Extra vision and dental services, and
- All medically necessary and medically appropriate care.

People with YSHCN benefits may also qualify for Health Related Social Needs benefits. They will be screened for HRSN and continued YSHCN benefits periodically.

How do I know if I qualify for YSHCN?

You don't have to be enrolled in Oregon Health Plan to qualify. But you have to meet these requirements:

- Age: Starting January 1, 2026, the YSHCN program is for people aged 19, 20 and 21.
- Income: Your household income can't be higher than 205 percent of the federal poverty level (unless you already receive another OHP program at a higher income level).

- Health condition: You have a complex chronic illness, behavioral health condition, or diagnosed disability that started before you turned 19.

How do I apply for YSHCN if I have OHP?

You do not need to complete a new application, but you do need to contact us to answer questions about eligibility if you:

- Already have OHP,
- Are age 19, 20 or 21 and
- Have income below 205 percent of the Federal Poverty Level (FPL).
- We will send you a letter asking questions about your health care needs starting at age 18.5. You can contact an application assister in your local community to help you.
- You can complete and return this letter, we will see if you are eligible and send you a letter about your eligibility.
- You can answer the questions online through your ONE.Oregon.gov account.
- You can call us at 1-800-699-9075 to answer the questions.

If you qualify, we can automatically enroll you when you turn 19. Please keep your address up-to-date so you receive mail from us.

We may also use information we have about your health care needs to see if you qualify. If we find that you qualify, we'll send you a notice and automatically enroll you in the program.

How do I apply if I don't have OHP?

You can find out if you qualify for YSHCN benefits at any time by completing an OHP application. The applicant can be the head of household or a dependent.

What information do I need to give to qualify for YSHCN?

We'll ask questions about your health care needs, but we won't ask you specific information about your diagnosis. You don't have to answer these questions. But if you don't, we won't know if you qualify.

Some young adults have found it helpful to have information about their health care needs, or a parent, caregiver, or support person with them to answer the questions.

How do I know if I have YSHCN benefits?

You will get a notice of eligibility from OHP if you qualify for YSHCN.

You can also find out by logging into your ONE Online account and viewing your benefit information on your dashboard. You can also call 800-699-9075 (all relay calls accepted, help is available in many languages).

How does someone access HRSN (Health-Related Social Needs) supports?

YSHCN members are screened for HRSN needs. After screening, they're referred to the HRSN program for full assessment and enrollment.

Do YSHCN members need to enroll in CCOs?

Yes, unless they have tribal status or private health coverage.

To learn more about CCOs, how they can help, and what each CCO offers, [visit the CCO plans page.](#)

Does it matter which CCO I choose?

Most parts of Oregon only have one CCO, so you may not have to choose between different CCOs.

Each CCO may coordinate care differently. If this is important to you, and you have more than one CCO in your area, you may want to choose carefully.

But all OHP members must get the same level of care. This is true for any CCO you choose or if you don't have a CCO.

Do CCOs decide what YSHCN covers, and how? For example, can CCOs have a “first-come, first-served” policy or serve people with certain conditions first?

CCOs do not decide what is covered. CCOs must cover YSHCN benefits when they are medically necessary and medically appropriate. If people qualify for enrollment and need care, they should receive access to that care. Any care covered under EPSDT cannot be denied even after turning 21 or 22 in 2026.

- This represents a significant change for providers in how care is administered.

Do I have to renew my YSHCN benefits?

Yes. When your medical benefits are up for renewal, we'll send you a letter in the mail. It will say that your benefits renewed automatically or let you know if you need to take action.

How does renewal of YSHCN benefits work?

Renewal occurs periodically. We will contact you when it is time to review your eligibility.

During renewal, you can tell us whether you still meet criteria for YSHCN:

- If yes, we will renew your YSHCN benefits.
- If no, you will need to apply for YSHCN again.

Why would YSHCN coverage end?

YSHCN coverage will end when you turn 26. You will move to another OHP Plus program until it is time for you to renew.

Coverage can also end for things like:

- Moving out of state,
- Asking OHP to close coverage,
- Becoming incarcerated,
- Your income rising to more than 205 percent of the FPL, or
- No longer having a qualifying health care need.

Can YSHCN cover long-term care?

It depends on your situation. You will need to ask ONE Customer Service at 1-800-699-9075 (all relay calls accepted, help is available in many languages).

Can I get YSHCN if I have Healthier Oregon coverage?

Yes.

What if I have more questions about YSHCN?

You can learn more at Oregon.gov/YSHCN. You can also ask your CCO.

All OHP members can call OHP Client Services at 800-273-0557.

Are CCOs or providers required to deliver services I need within a certain time?

CCOs are required to have enough providers to serve members. This includes providing care in a timely manner.

You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact OHP Customer Service at 800-699-9075. All relay calls accepted. Help is available in many languages.

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