

**FREE EVENT**

**2025 FALL OHA PGS SUMMIT**

**"C3" PO**

**BUILDING CONFIDENCE, COMPETENCE AND CONSISTENCY**  
In problem gambling treatment and prevention

October 1-3, 2025  
PRE-SUMMIT OCTOBER 1, 2025

The Best Western Inn, Agate Beach Hotel  
3019 N Coast Hwy, Newport, OR 97365

Sponsored by: Oregon Health Authority's  
(OHA) Behavioral Health Division, and  
Oregon Council on Problem Gambling  
(OCPG)



OREGON COUNCIL ON PROBLEM GAMBLING



**OREGON  
HEALTH  
AUTHORITY**



# FEATURED SPEAKERS

## DR. JAMES WHELAN

Throughout the summit, Dr. Whalen will explore with participants the psychology and social factors that deter individuals with gambling disorder from seeking treatment, review the latest research on help seeking motivations and barriers, design interventions to increase treatment seeking behavior among people with gambling disorder, engage clients more effectively to areas treatment hesitancy and develop approaches to decrease dropout rates in gambling hard treatment programs. Dr. Whalen will be sharing from his own experience and guiding summit participants with cross learning from own experiences.



Dr. James Whalen is a Research Professor at the University of Memphis and founding Director of the Tennessee Institute for Gambling Education and Research (TIGER) which includes a gambling research team and several outpatient clinics across the state. For over 20 years, he has led the TIGER treatment clinic and research lab dedicated to understanding and addressing gambling disorder. Dr. Whalen's research includes developing tools for prevention, assessment, and treatment of gambling problems.

## DOROTHY CHANEY, M.ED., MASTER TRAINER



Dorothy is the founder of Wisconsin Community Health Alliance, an organization committed to supporting coalitions, agencies, and individuals to improve health of their communities. In addition, Dorothy is a consultant with CADCA and master trainer working all over the United States, and with CADCA's international team and a member of the newly formed CADCA Problem Gambling Prevention Advisory Committee.

Dorothy Chaney will be joining us for 3-days to support our work on a data-driven prevention system and exploring the 4 E's as a "Modern and Comprehensive Prevention System (Early Action, Easy Access, Equitable Opportunities, and Effective Delivery)".



## FREE Training and CEUs

**Pre-Summit – various CEU's offered/**

**Main Summit -- 11 CEU'S**

*Continental breakfast provided Thursday and Friday*

*Lunch provided on Thursday*

Questions or special accommodations? Email [pgs.support@oha.oregon.gov](mailto:pgs.support@oha.oregon.gov)

Registration link:

<https://forms.office.com/g/xFSf38h2L4>

### REGISTRATION QR CODE



Please register by September 19, 2025.

### Lodging Info:

To make a reservation at the Inn At Best Western Agate Beach Hotel, call the hotel directly at 1-541-265-9411 on or before September 1, 2025 (special discount cut-off date) and identify yourself as participant of the Problem Gambling Service Provider Group and receive the GSA rate for October 2025.





# PRE-SUMMIT: OCTOBER 1, 2025

## **PGS Multicultural Advisory Committee (MAC) Annual In-Person Meeting**

(For PGS MAC Members only)

9:30–2:00 pm

4 CEUs

Facilitated by Problem Gambling Solution Inc. Staff

Lunch Provided

Explore your personality type and those of your colleagues, offering a framework for understanding individuals and their behavior, which can be useful in various aspects of life, including self-awareness, relationships, and professional development. With this new information we will also do some planning for the coming year.

## **CADCA Problem Gambling Boot Camp Refresher**

1:00 – 5:00 pm

4 CEUs

Facilitated by Dorothy Chaney, M.Ed., Master Trainer  
For Problem Gambling Prevention Specialists



This four-hour boot camp refresher is designed for coalition members, prevention professionals, and partners looking to strengthen their efforts to address problem gambling using CADCA's Model for Community Change. Building on core concepts of community organizing and population-level impact, the session provides a practical, hands-on refresher of how to apply the Strategic Prevention Framework (SPF) to guide planning, implementation, and evaluation. Participants will revisit core coalition-building strategies, sharpen their skills in developing data-driven action plans, and expand their network of prevention professionals. Grounded in a public health approach and focused on real-world application, this session supports participants in aligning their efforts with evidence-based practices that build healthier, more resilient communities.

## **Title: Somatic Breathwork: A Coping Skill for You and Your Clients**

Presented by Kia Burns

2:30 pm– 5:30 pm

2.5 CEU's

Gain an introduction to breathwork and the benefits, scientific and practical applications, participate in step-by-step breathing techniques and a guided breathwork session, take home exercises and resources for continued practice.



Born and raised in Salt Lake City Utah, Kia Burns has always been intrigued by energy, spirituality and the innate ability of our bodies intelligence. She began a successful career in Real Estate in her mid twenties, but later chose to go after her true North Star; Healing. After going through her own transformation and awakening journey through overcoming a brain tumor and domestic violence, she has decided to share with others what has helped her create true inner peace. She is a certified Somatic Breathwork Practitioner, Energy Worker. She is also a Survivor Advocate at the Rape Recovery Center helping those in healing their trauma and finding justice. Kia is committed to walking with those on their journey as they not only face their storms, but pass them with confidence, clarity and above all creating radical self love and acceptance.

2:30 – 3:30: Introduction, personal story, benefits of breathwork for you and your clients

3:30 – 3:45: Breathwork activity

3:45 – 4:00: Q/A, wrap up

4:15 – 5:30: Full session of somatic breathwork (optional and no CEUs provided)

**Register for all Pre-Summit Activities at:** <https://forms.office.com/g/xFSf38h2L4>



# 2025 PGS SUMMIT OCTOBER 2-3, 2025

11 CEU's

## Day 1: October 2, 2025

7:30 am – 8:30 am

Continental Breakfast Provided

8:30 am – 9:00 am

Opening (welcome and logistics)

9:00 am – 10:00 am

Flash Talk: PGS System Exploration and Discoveries

10:00 am – 10:15 am

Networking activity- TBD

10:15 am – 10:30 am

Break

10:30 am – 11:45 am

Fascinating Figures: Table Trivia Competition

11:45 pm – 1:00 pm

Lunch

1:00 pm – 4:30 pm

Prevention Breakout: **Gathering Local Data to Understand the Problem Gambling Environment**

Dorothy Chaney M. Ed, CADCA's Master Trainer

Treatment and Recovery Breakout: **Why People with Gambling Disorder Don't Seek Treatment**

James Whelan, PhD, University of Memphis

**New Tools, Resources, and Discoveries to Inform Gambling Treatment**

Problem Gambling Solutions, Inc.



Evening Event: S'mores and Games on the Lawn!! – Weather permitting

# 2025 PGS SUMMIT OCTOBER 2-3, 2025

11 CEU's

## Day 2: October 3, 2025

7:30 am – 8:30 am

Continental Breakfast

8:30 am – 9:45 am

**Updates on the Inclusive Language and Non-Stigmatizing “Movement” Project.**

*Oregon Lottery and OHA*

9:45am – 10:15 am

*Break and hotel check out*

10:15 am – 12:30 pm

Prevention Breakout: **Advancing Problem Gambling Prevention through the 4 E's and the Strategic Prevention Framework**

*Dorothy Chaney M. Ed, CADCA's Master Trainer*

Treatment and Recovery Breakout: **Valuable Strategies for Engaging and Retaining our Clients**

*James Whelan, PhD, University of Memphis*

**Introduction of new clinician workbook and online resource**

*OHA and Problem Gambling Solutions Inc,*

**Pick up your CEU certificate from OHA PGS staff on your way out.**

**THANK YOU AND SAFE TRAVELS HOME! MAY THE FORCE BE WITH YOU.**

Questions or special accommodations? Register at:  
[pgs.support@oha.oregon.gov](mailto:pgs.support@oha.oregon.gov)

