

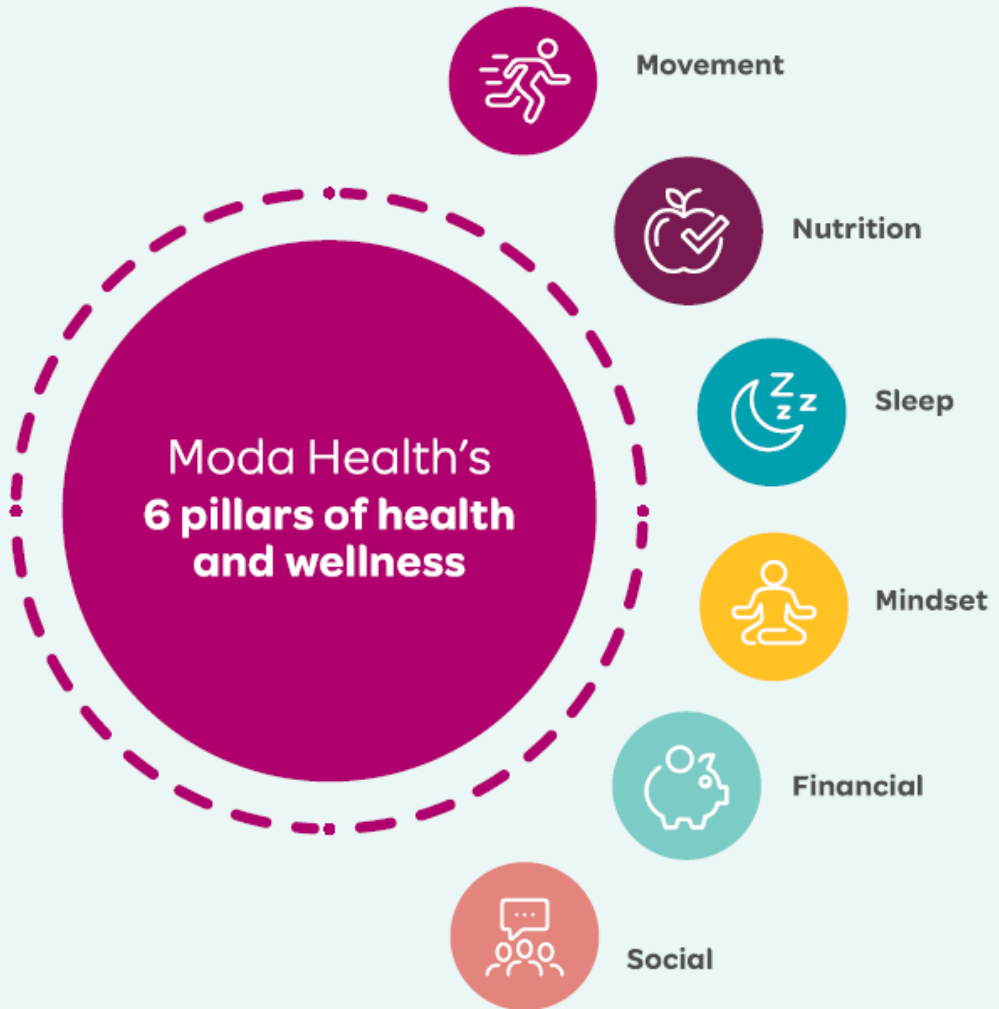
Moda Health OEGB Wellness Funds

OEGB Wellness Champion Network Meeting

March 20, 2024

Presented by: Veronica Kohtz Valdivia, RD, LD, CWWS
Natasha Astrakhan





Moda Health OEBC Wellness Funds

- Wellness funds are for entities seeking support with their workplace health and wellness efforts
- An entity may apply for up to \$10,000 per calendar year
- Funding is awarded on a first qualified, first served basis
- Priority is given to new applicants and applicants not currently funded through other grant or funding programs



Wellness Funds Examples

- Wellness spaces
- Nutrition workshops
- Fitness classes and/or equipment
- Corporate meditation app access
- Activity challenge platforms
- Healthy snacks and/or healthy meals
- Social events
- Fun run/race registration

Guidelines

- All employees must benefit equitably from the funds
- An employee interest survey run by Moda Health must be completed to be eligible to apply
- Funds are *not* eligible for use as cash, gift cards, or incentive-related or individual-based rewards, lodging, decorations, employee salaries, professional development or continuing education courses, and items to restock classroom/staff/meeting lounges
- All federal and state statutes/regulations and entity regulations need to be followed
- Submit an evaluation form within 30 days of utilizing all awarded funds

Process

1. Reach out to Health Promotion & Wellness Consultants to inform of interest
2. Schedule introductory meeting for overview of wellness program and discuss wellness funding
3. Complete employee interest survey
4. Submit Moda Health OEBB Wellness Funds Application
5. Application reviewed and approved by Moda Health OEBB Wellness Advising team
6. Utilize funds
7. Complete evaluation

Contact us!



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www.modahealth.com/oebb/members/worksite_wellness.shtml

Thank you!

