**Enrollment Guide** 2020-21 Plan Year





**Enrollment Starts August 15th OEBBenroll.com** 



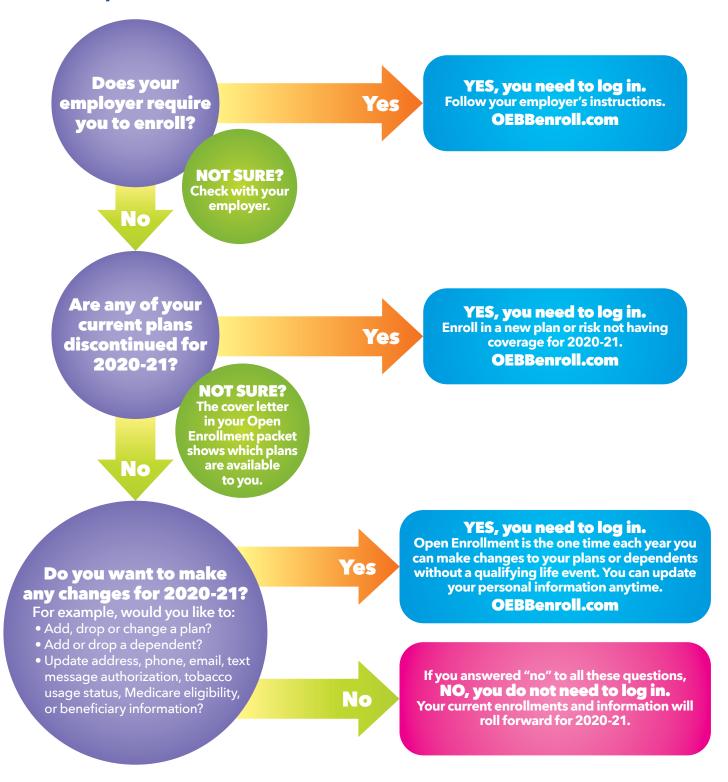
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# Do YOU need to log in this Open Enrollment?

Answer the questions below to decide.





# GETTING STARTED

Definitions
Out-of-Area Dependents
Early Retirees
Common Mistakes
Contact Information
Wellness Program



# **Definitions for Benefit Terms**

**ACA Maximum Cost Share** This is the maximum amount you will pay out-of-pocket for in-network medical and prescription services combined, including Additional Cost Tier (ACT) copayments.

**Additional Cost Tier (ACT)** Services in this tier require an additional copayment of \$100 or \$500. These copayments do not apply toward the deductible or the annual medical out-of-pocket maximum and are in addition to any other applicable copayment or coinsurance you must pay under your specific medical plan benefits. These copayments do apply toward the annual ACA Maximum Cost Share.

**Balance Billing** When out-of-network providers bill you for the difference between your maximum plan allowance and their billed charges. In-network providers don't do this.

**COBRA** This acronym stands for the Consolidated Omnibus Budget Reconciliation Act, which is the federal law requiring employers to allow for continued coverage through a group health plan after losing eligibility in the group, on a self-pay basis.

**Coinsurance** The percentage of eligible health care expenses you pay after you meet any required annual deductible.

**Constant Dental Plan** In contrast to Incentive Dental Plans, benefits remain constant regardless of how often an individual visits the dentist.

**Coordinated Care** Moda medical plans allow each covered individual the option to participate in coordinated care by choosing and using a PCP 360. Participating individuals receive a lower individual deductible, a lower individual out-of-pocket maximum, and lower costs for office visits, specialist visits and alternative care visits (compared to those enrolled in a Moda medical plan who do not choose and use a PCP 360 and therefore receive the non-coordinated care benefit).

**Copayments (copay)** The fixed dollar amount you pay for certain services.

**Deductible** The amount you must pay each year before your plan begins to pay for covered health care expenses you use.

**Dependent** An individual who qualifies for OEBB benefits based on their relationship to someone else as opposed to their own employment status (e.g., a spouse, domestic partner, child, step-child, etc.).

**Early Retiree** An individual who retires before the age of 65. In order to be eligible for OEBB benefits, an early retiree must not be eligible for Medicare and must be eligible to receive a service retirement allowance under PERS or a retirement benefit plan or system offered by an OEBB-participating employer.

**Employer Contribution** The amount your employer pays toward your benefits package or health insurance premium. This is sometimes referred to as your "cap."

**Exclusive PPO Dental Plan** This plan has no out-of-network benefit. Under this plan, services performed outside the Delta Dental PPO network are not covered except for a dental emergency.

**Formulary** A list showing which prescription drugs are covered by a health insurance plan and which coverage tier they fall under (e.g., generic, preferred, non-preferred).

**Incentive Dental Plan** (Delta Dental Premier Plans 1 & 5) Benefits start at 70 percent for your first plan year of coverage. Thereafter, benefit payments increase by 10 percent each plan year (up to a maximum of 100 percent) provided the individual has visited the dentist at least once during the previous plan year. Failure to do so will cause a 10 percent reduction in benefit payments the following plan year, although payment will never fall below 70 percent.

**Getting Started** 



### **Definitions for Benefit Terms**

**In-Network Provider** A provider or facility contracted with a health plan to provide services at a negotiated discount.

Maximum Benefit The total amount payable by a plan per plan year.

**Maximum Plan Allowance (MPA)** The maximum amount a plan will pay toward the cost of a service.

**Medicare Eligible** A person who currently meets the requirements to receive Medicare benefits, either due to disability or age (65 or older).

**Non-Coordinated Care** Moda medical plans allow each covered individual the option to participate in coordinated care by choosing and using a PCP 360. If an individual enrolled in a Moda medical plan does not choose and use a PCP 360, they receive the "non-coordinated care" benefit which includes a higher individual deductible, a higher individual out-of-pocket maximum, and higher costs for office visits, specialist visits and alternative care visits (compared to those who choose coordinated care).

**Out-of-Network Provider** A provider who does not have a contract with the health plan. Note: Some plans will not cover services performed by out-of-network providers. Choose plans and providers carefully.

**Out-of-Pocket Maximum** The most you will pay for services in a year before your plan begins paying 100% of eligible expenses. Note: Monthly insurance premiums are not included in this and must continue to be paid even after the Out-of-Pocket Maximum has been met.

**PCP 360** (applies only to Moda medical plans) A PCP 360 is a high-quality provider who has contracted with Moda Health to deliver full-circle care, coordinating with other providers as needed. Each individual covered on a Moda medical plan has the option to participate in coordinated care and receive enhanced benefits by choosing and using a PCP 360. Use Moda Health's online "Find Care" tool to learn which providers are "PCP 360" providers.

**Pre-authorization (or Prior Authorization)** An insurance plan requirement that covered services be approved by the plan prior to the date of service.

Preventive Care Measures taken for disease prevention, as compared to disease treatment.

**Primary Care Provider** Also referred to as General Practitioner, provides both the first contact for a person with an undiagnosed health concern as well as continuing care of varied medical conditions not limited by cause, organ system, or diagnosis.

**Qualified Status Change (QSC)** A life event that allows a member to change their plan elections outside the annual Open Enrollment period. For a full listing of all the Qualified Status Changes, please visit our website for our full matrix: www.oregon.gov/OHA/OEBB/pages/QSC-matrix.aspx

**Self-Pay Early Retiree (SPER)** An Early Retiree who does not receive any contribution from their previous employer and pays their full premium directly to OEBB.



# **Out-of-Area Dependents**

Information on covering dependents who do not live with you, by carrier:

### **Kaiser Permanente**

Kaiser Medical Plans, Vision and Dental Plans (Kaiser Permanente Facilities)

Kaiser Permanente provides access to urgent and emergency care outside of the Kaiser Permanente network. Your out-of-area benefit also covers routine, continuing, and follow-up care for dependent children residing outside of the KPNW service area. With this benefit, you pay 20 percent co-insurance of the actual fee charged for the service the provider, facility, or vendor provided. Limited to ten office visits, ten lab and X-ray (excluding specialty scans), and ten prescription drug fills per year. You can find more information at <a href="mailto:my.kp.org/oebb">my.kp.org/oebb</a>.

### Moda Health/Delta Dental

Moda Medical Plans (Connexus Network)

If a dependent lives outside the Connexus network area, the OEBB employee must update the dependent's address in the MyOEBB system prior to the dependent seeking services. The dependent will be enrolled in an out-of-area status beginning the 1st day of the month following notification.

See Page 19 for out-of-area coordinated care and PCP 360 options.

Members are encouraged to utilize providers in the Moda Health Travel Network to avoid balance billing for amounts above the maximum plan allowance. Moda Health will extend plan benefits for treatment of an illness or injury, preventive healthcare (including routine physicals and immunizations) and maternity services, as if the care were rendered by in-network physicians or providers. Fees charged by non-Travel Network out-of-area providers of care will be reimbursed at the maximum plan allowance for those services and members may be balance billed for any additional charges.

To locate a medical/dental Travel Network provider call the Moda Health Medical Customer Service Team at 866-923-0409. To locate a dental provider outside of Oregon, call Delta Dental Customer Service at 866-923-0410.

### **Moda Vision Plans**

Vision members can see any licensed provider, but benefit dollars will go further if you utilize an in-network provider.

### Moda/Delta Dental Premier Plans (Delta Dental Premier Network)

Members enrolled in a Delta Dental Plan 1, 5 or 6, should see a Premier network dentist, to avoid balance billing for amounts above the maximum plan allowance.

### Moda/Delta Dental Exclusive PPO Plan (Delta Dental PPO Network)

Members enrolled in the Delta Dental Exclusive PPO plan must use a Delta Dental PPO provider (providers available nationwide) or they will receive no benefit. To locate a Delta Dental provider, call the Delta Dental Customer Service Team at 866-923-0410.

To locate a Delta Dental provider, use Find Care to search for an in-network Premier or PPO provider or call the Delta Dental Customer Service Team at 866-923-0410.

### **VSP**

VSP Vision Plans (VSP Choice Network)

Members can find VSP Choice providers nationwide. Search for a provider at vsp.com.

### **Willamette Dental Group**

Willamette Dental Plan (Willamette Dental Group Facilities)

Members can access care at any one of the over 50 Willamette Dental Group offices located throughout Oregon, Washington and Idaho. Dependents residing outside of the Willamette Dental Group service area will not have coverage for any dental care with a non-Willamette Dental Group provider, unless they have a dental emergency. Non-emergent services will only be covered when performed by a Willamette Dental Group provider.



# **Early Retiree Information**

An "Early Retiree" is an individual who retires before the age of 65. In order to be eligible for OEBB benefits, an early retiree must not be eligible for Medicare and must be eligible to receive a service retirement allowance under PERS or a retirement benefit plan or system offered by an OEBB-participating employer.

### **Enrollment Changes Allowable during Open Enrollment**

### As an Early Retiree during Open Enrollment you can:

- Continue or Change (as allowed per the QSC Matrix) your medical, dental and/or vision enrollment
- Continue or Decrease any optional coverages enrolled in such as life or AD&D
- Drop eligible dependents from any or all coverages
- Waive, Decline or Cancel any coverages

### As a Reminder:

- Any coverage waived, declined or canceled cannot be added back unless you are doing so because of gaining other OEBB coverage
- Any eligible dependent removed from coverage cannot be added back unless the dependent experiences a
  Qualified Status Change (QSC) event that would allow the enrollment in coverage. Contact your benefits
  administrator within 31 days of the qualifying event.

### **Becoming Eligible for Medicare during the Plan Year**

If you or an eligible enrolled dependent becomes eligible for Medicare, OEBB coverage will end the last day of the month prior to the Medicare eligibility effective date.

- If the Early Retiree gains Medicare eligibility, any eligible dependents currently enrolled may continue OEBB coverage until they no longer meet eligibility or become eligible for Medicare.
- The only exception to this rule is: if the Early Retiree or eligible dependent gains Medicare
  eligibility due to End Stage Renal Disease (ESRD), OEBB coverage can be continued for up to 30 months beyond
  Medicare eligibility.

The OEBB system will end coverage for Medicare eligibility gained due to turning age 65.

It is your responsibility to notify your employer if you become eligible for Medicare prior to age 65 due to a disability. Failure to report this information could cause denial of your medical claims.

### Medicare Enrollment Resources

You can enroll in Medicare up to three months in advance. The Senior Health Insurance Benefits Assistance (SHIBA) Program was created to assist with Medicare and Medicare plan selection questions. The SHIBA website (healthcare. oregon.gov/shiba) is full of helpful Medicare information and certified counselors are available by phone at **1.800.722.4134**.

Additional Resources for Early Retirees can be found online at: www.oregon.gov/oha/OEBB/Pages/Retiree-Guide.aspx



# **Avoid These Common Mistakes**

- Know YOUR monthly cost for coverage. The MyOEBB system shows the full premium cost, but most employers contribute toward that, so the amount you pay may be different. Get your specific plan option costs from your employer.
- Make sure your doctors/providers are in-network for the plans you select. Some plans have limited networks and no out-of-network coverage. Be sure your plan will cover services where you want to receive them.
- **Double-check your dependents have the right coverage.** Each dependent needs to be added to each plan (medical, dental, vision, etc.) if you want them to be covered.
- Make sure everyone you cover meets one of the definitions of an eligible dependent.

  Grandchildren are only eligible for OEBB coverage when the eligible employee is the court-ordered legal guardian or adoptive parent of the grandchild. Definitions of eligible dependents, including child, spouse and eligible domestic partner, can be found on the OEBB website at: www.oregon.gov/oha/OEBB/Pages/Eligibility.aspx
- Before you decline dental for yourself or a dependent, recognize a 12-month wait will apply if you choose to add dental coverage at a future Open Enrollment.
- Don't wait until the last minute! OEBB and insurance carrier offices are closed on weekends and holidays and may not be available to help you during these times. Decide early, enroll early.

### **Double-Coverage Surcharge**

The Oregon state legislature requires a surcharge on OEBB/PEBB double-coverage.

- Only pertains to OEBB/OEBB, PEBB/PEBB and OEBB/PEBB subscriber double medical coverage
- Only charged to ACTIVE employees (no Early Retirees or COBRA)
- Only charged to full-time employees (not part-time)
- One \$5 surcharge per month (even if double-covering more than one dependent)
- Mainly will affect spouse/partners double covered
- Children are not included unless they are also an OEBB or PEBB subscriber (if their job makes them eligible for OEBB/PEBB benefits)

Find more details about the Double-Coverage Surcharge at: OEBBondemand.com

**Getting Started** 



# Who You Gonna Call?

### A quick guide to "Who Does What" with your benefits



888.469.6322 OEBBinfo.com



866.923.0409 modahealth.com/oebb



866.223.2375 my.kp.org/oebb



855.433.6825 willamettedental.com/oebb



800.877.7195 vsp.com



866.756.8115 standard.com/mybenefits/oebb



866.750.1327 myrbh.com



800.227.4165 w3.unum.com/enroll/oebb **OEBB** stands for the Oregon Educators Benefit Board, but we also serve cities, counties and local governments along with educators, so we just go by "OEBB" (pronounced OH-ebb). The OEBB Board decides which insurance plans and benefits are offered to participating employers. OEBB holds the legal contracts with the carriers, collects premiums from employers and passes them along to the carriers.

Contact OEBB if you need help: logging into or navigating the MyOEBB enrollment system (OEBBenroll.com), clarifying rules, verifying enrollments, understanding your benefits or wellness program options.

**The Carriers** are the insurance companies that pay your providers for some or all of your healthcare services, as agreed to in their OEBB contract.

Contact the carrier if you need help: estimating your portion of the cost for a procedure, understanding how a claim was paid, finding an in-network provider, completing their online health assessment or getting a new ID card.

**Your Employer** knows the most about your specific plan options and your monthly cost for coverage. Each employer decides which OEBB plans to offer their employees, and they negotiate different financial contributions to their employee benefit packages. They also may set their own enrollment deadlines or have their own policies apart from OEBB.

Contact your employer if you need to: make a change to your benefits due to a life event (like getting married or having a baby), determine your monthly cost for coverage, plan for retirement, understand or correct your payroll deductions.

**Your Providers** are the professionals (doctors, dentists, specialists, etc.) who provide your healthcare, examine and diagnose illnesses and prescribe treatments.

Contact your provider if you need to: make an appointment, estimate the total cost of a procedure, pay your portion (copay or coinsurance) for a service, get advice regarding symptoms or results of lab tests.

# Focus on You with OEBB's Wellness Program



OEBB provides a variety of resources to make it easier to

Focus on You.

**WW** Weight Watchers Reimagined

**VLM** Virtual Lifestyle Management (diabetes prevention)

**BCBH** Better Choices, Better Health (chronic condition management)

**Total Brain** An app with exercises to increase brain function, stress management, etc.

Quit 4 Life Tobacco cessation

Moda Health Assortment of wellness resources, health coaching, etc.

Kaiser Permanente Assortment of wellness resources, health coaching, etc.

**Reliant Behavioral Health/EAP** 

Work/life balance services, counseling, etc.

Visit OEBBwellness.com to learn more



# MEDICAL\* BENEFITS

Kaiser Permanente Moda Health





# Quality care with you at the center

To be healthy, you need quality care that's simple, personalized, and hasslefree. At Kaiser Permanente, care and coverage come together – so you get everything you need to stay on top of your health in one easy-to-use package.

Our physician-led care teams work together to keep you healthy by delivering high-quality, personalized care.



# Great care from great doctors

Our doctors come from top medical schools, and many of them teach at world-renowned universities. No matter which personal doctor you choose, you'll be in highly skilled, experienced hands – and your health is their main concern.

As your biggest health advocate, your doctor will coordinate your care journey, and you'll work closely together to make decisions about your health.



### Better care with a connected team

Your doctor, nurses, and other specialists all work together to keep you healthy. They're connected to each other, and to you, through your electronic health record. So they know important things about you and your health like when you're due for a screening and what medications you're taking. That way, you get personalized care that's right for you.



# Personalized care

Care at Kaiser Permanente isn't one-size-fits-all. We believe your story, background, and values are as important as your health history. To help deliver care that's sensitive to all cultures, ethnicities, and lifestyles, we:

- Strive to hire doctors and staff who speak more than one language
- Offer telephone interpretation services in more than 150 languages
- Train our care teams on how to connect with and care for people of all backgrounds
- Provide 5 Salud en Español modules where members interact with Spanish speakers from beginning to end - from reception to nurses to doctors
- Offer gender-affirming health care services in an accepting, sensitive, and caring environment for our transgender and gender nonbinary members





# Your care, your way

Get care where, when, and how you want it. With more options to choose from, it's easier to stay on top of your health.

### Choose how you get care

In person	Visit your doctor for routine care, preventive services, care when you're not feeling well, and more.
Phone	Have a condition that doesn't require an in-person exam? Save yourself a trip to the office by scheduling a call with a Kaiser Permanente doctor. <sup>1,2</sup>
Video	Want a convenient, secure way to see a doctor wherever you are? Meet face-to-face with a Kaiser Permanente doctor on your computer, smartphone, or tablet. <sup>1,2</sup> Learn more at <b>kp.org/telehealth/nw</b> or call us to see if video visits are available to you.

### Other ways to get care in the moment

	24/7 care and advice by phone	Call us for advice when you need it most. We'll help you find out what care is right for you, schedule appointments, and more.
	Email	Message your doctor's office anytime with nonurgent health questions. <sup>2</sup> You'll get a response usually within 2 business days.
*	Online	Manage your health, find nearby locations, and take advantage of health guides and other resources. You can also download the Kaiser Permanente app to keep up with your care on the go. <sup>3</sup>

<sup>&</sup>lt;sup>1</sup>When appropriate and available.

<sup>&</sup>lt;sup>2</sup>These features are available when you get care at Kaiser Permanente facilities.

<sup>&</sup>lt;sup>3</sup>To use the Kaiser Permanente app, you must be a Kaiser Permanente member registered on kp.org.





# Care when and where you need it

It's easy for you and your family to get the care you need when you need it. There are many Kaiser Permanente facilities in Oregon, offering convenient hours and a wide range of care and services.



### Finding the right location

Choosing a convenient place to get care is simple – just hop online or grab your smartphone.

- Visit **kp.org/facilities** to search by ZIP code, keyword, or the type of service
- Search on your smartphone with the location finder on the Kaiser Permanente mobile app.1



### **Many services** under one roof

Most of our facilities offer a variety of care and services, so you can take care of several health care needs in one visit. You can see your doctor or specialist, get a lab test or an X-ray, and pick up your medications – all without leaving the building.



### **Getting care** anytime, anywhere

### **Urgent care**

Many facilities offer services for nonemergency, urgent medical needs that require immediate attention – open 7 days a week. Visit **kp.org**/ urgentcare/nw to see urgent care locations and hours.

### **Emergency care**

If you ever need emergency care, you're covered. You can always get care at any Kaiser Permanente or non-Kaiser Permanente hospital emergency department.<sup>3</sup>

### Care while traveling

If you get hurt or sick while traveling, we'll help you get care. Just call our 24/7 Away from Home Travel Line at 951-268-39004 or visit kp.org/travel.

### Visiting member care

You can get care in all or parts of California, Colorado, Georgia, Hawaii, Maryland, Virginia, Washington, and Washington, D.C. as a visiting member. Call our Away from Home Travel Line at 951-268-3900 and let them know you plan to visit another Kaiser Permanente service area for care.

Dependent children are covered for routine, continuing, and follow-up care when they are temporarily residing outside the service area. We also cover urgent and emergency care.

<sup>&</sup>lt;sup>1</sup>To use the Kaiser Permanente app, you must be a Kaiser Permanente member registered on kp.org.

<sup>&</sup>lt;sup>2</sup>An urgent care need is one that requires prompt medical attention, usually within 24 or 48 hours, but is not an emergency medical condition. This can include minor

injuries, backaches, earaches, sore throats, coughs, upper-respiratory symptoms, and frequent urination or a burning sensation when urinating.

3If you reasonably believe you have an emergency medical condition, call 911 or go to the nearest emergency department. An emergency medical condition is a medical or psychiatric condition that requires immediate medical attention to prevent serious jeopardy to your health. For the complete definition of an emergency medical condition, please refer to your Evidence of Coverage (EOC) or other coverage documents

This number can be dialed inside and outside the United States. Before the phone number, dial "001" for landlines and "+1" for mobile lines if you're outside the country. Long-distance charges may apply, and we can't accept collect calls. The phone line is closed on major holidays.



# 2020-2021 medical benefits summary

Plan Benefits	Plan 1	Plan 2	Plan 3
Plan year deductible	None	\$800/individual <sup>1</sup> \$2,400/family <sup>2</sup>	\$1,600/individual <sup>1</sup> \$3,200/family <sup>2</sup>
Out-of-pocket maximum per plan year	\$1,500/individual <sup>1</sup> \$3,000/family <sup>2</sup>	\$4,000/individual <sup>1</sup> \$12,000/family <sup>2</sup>	\$6,550/individual <sup>1</sup> \$13,100/family <sup>2</sup>
Preventive care services	\$0	\$0	\$0
Prenatal care	\$0	\$0	\$0
Well-baby routine visits	\$0	\$0	\$0
Office visit copay	\$20	\$25	20% after deductible
Specialist copay	\$30	\$35	20% after deductible
Outpatient surgery	\$75	20% after deductible	20% after deductible
Urgent care	\$35	\$40	30% after deductible
Emergency room copay	\$100	20% after deductible	20% after deductible
Hospital inpatient care	\$100 per day, up to \$500 per admission max	20% after deductible	20% after deductible
Bariatric surgery <sup>3</sup>	\$500 + hospital inpatient care cost share	\$500 + 20% after deductible	\$500 + 20% after deductible
Lab/X-ray/diagnostics	\$20	\$25	20% after deductible
Prescription: Mail-order pharmacy is available at 2 copays for a 90-day supply	\$5 generic \$25 formulary brand \$45 nonformulary brand 25% up to \$100 specialty	\$5 generic \$25 formulary brand \$45 nonformulary brand 25% up to \$100 specialty	20% after deductible \$0 for preventive
Prescription annual out-of-pocket maximum per person	\$1,100	\$1,100	Subject to medical out-of-pocket maximum
Self-referred alternative care: chiropractic, naturopathy, and acupuncture	\$20 \$2,000 combined annual benefit maximum applies to alternative care services	\$25 \$2,000 combined annual benefit maximum applies to alternative care services	20% after deductible \$2,000 combined annual benefit maximum applies to alternative care services
Routine eye exam	\$5	\$5	20% after deductible

<sup>&</sup>lt;sup>1</sup>For subscriber only coverage per year

<sup>&</sup>lt;sup>2</sup>For a family of 2 or more members per year

<sup>3\$500</sup> copay applies to all bariatric surgery procedures in addition to normal hospital inpatient care copays and coinsurance. See Evidence of Coverage (EOC) for specific criteria regarding this benefit.



# High-quality, affordable coverage at a *great value*.

For more than 10 years, Moda Health Plan, Inc. and Delta Dental Plan of Oregon have provided OEBB members like you with integrated, whole health plans with robust programs and services. Our plans include nearby providers who work together to keep you and your family well.

As a Moda member, you'll find:

- A wide choice of quality providers in Oregon, Washington, Idaho and Northern California.
- Robust benefits that cover the care you need
- Medical, pharmacy, vision and dental benefits by one health partner
- Team-based, coordinated care that's centered on you
- Caring customer service to help you every step of the way

As your health partner, we offer all of this and more — and we're excited to help you start on a journey to be better.

# Better benefit choices and better care

You only need to make two choices

- 1 Which plan design works best for your family
- 2 Whether you and your family members want to coordinate your care to receive enhanced benefits

### Our plans

Each of our plans have different deductibles and copays and come with our largest network – Connexus. Connexus is a statewide network of contracted providers and hospitals. Staying within network will save you money.

You'll also enjoy:

- Access to more than 80 hospitals & 30,000 providers in Oregon, Washington and Idaho
- In-network and out-of-network benefits

### Coordinated care

Each plan comes with a coordinated-care option and a non-coordinated care option for you and each of your family members.

If you and/or your family members choose coordinated care, you must choose and use a "PCP 360," a primary care provider who has agreed to be accountable for your health. Each covered family member can choose if they want coordinated care, and if so, their own PCP 360. Regardless, none of you will need a referral to see a specialist.

### Choosing coordinated care means that you will receive *enhanced benefits* like:

- A lower deductible
- A lower out-of-pocket maximum
- Lower cost for office visits, specialist visits and alternative care visits

Whether or not you choose coordinated care, you will pay the same premium, share the same Connexus Network of providers and never need referrals.

You can also participate in coordinated care at any time during the year. You will receive the enhanced coordinated care benefits the first of the month you make that choice with Moda.



# With Moda 360, the world of healthcare revolves *around you*

Healthcare can be complicated. That's why we created Moda 360 – your own enhanced member support team.

### Here's how it works

Every time you call the Moda Health OEBB member customer service number, you will be connected with a Moda 360 health navigator. The health navigator will not only answer any questions you may have, but will also serve as your guide to connect you with the care, resources and programs that will work best for you.

The Moda 360 dedicated team of health navigators will help you identify, coordinate and connect with the many resources available to you:

- Personalized support for many chronic conditions
- Coordination with your PCP
- Telemedicine expansion

- Ability to chat, text, phone, and have video meetings
- 24/7 access in all 50 states
- Providers can prescribe medication
- Specialized support for behavioral health, including depression and anxiety. You'll have access to a digital app you can use to:
- Connect with dedicated therapists and psychiatrists
- Track your physiological response to stress
- Personalized approach to diabetes management through digital appbased solutions. These solutions are member-specific and support diabetes management towards better overall health.

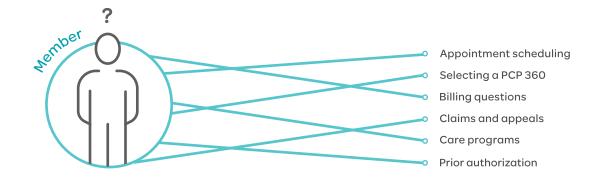




# Introducing your Moda 360 health navigator

The Moda 360 health navigator will help you navigate the complex health care system.

### **Current state**



### Moda360





# A network that **protects** you

Health happens, whether at home or on the road. We want to make sure you stay covered, no matter where you go. So we've made it easy for you to find in-network coverage.



### All plans use the Connexus Network

Each medical plan comes with our Connexus provider network. Within the Connexus Network, members have access to more than 30,000 providers, 80 hospitals and 64,000 pharmacies across Oregon, Idaho, Southern Washington and Northern California. These providers offer quality care and services to Moda Health members at an agreed-upon cost.

### In- and out-of-network care

It's important to remember you may pay more for services from out-of-network providers than from in-network providers. Out-of-network providers may also bill you for the difference between your maximum plan allowance and their billed charges. This is known as "balance billing." In-network providers don't do this. See our plan summaries or your Member Handbook to learn more about in-network and out-of-network benefits and costs.

# How coordinated care works for out-of-area members

Dependents (for example: college students) who live part-time out of the Connexus Network service area can still choose a PCP 360 for coordinated care and receive enhanced benefits. Please update the out-of-area address in the myOEBB system. That way, they can access our travel network to

get in-network benefits for services they receive away from home. They will receive benefits at the "not my chosen PCP 360" level if they get primary care from someone other than their designated PCP outside of the Connexus Network service grea.

Retiree members, members with COBRA and dependents who live full-time outside of the Connexus Network service area are not eligible for coordinated care and enhanced benefits.

### Is your provider in network?

Find out by visiting modahealth.com and choosing Find Care, Moda's online provider directory. Simply select the Connexus Network option and look for providers near you.

### Travel with peace of mind

When you hit the road, care is never far. While traveling outside the network service area, you can receive care through the First Health Travel Network, paid at the innetwork amount. Please note that traveling for the purpose of seeking care does not qualify for the travel network benefit. It would be paid as out-of-network.

Outside the United States, you may access any provider for in-network emergency or urgent care. This care is subject to balance billing.



	Medical Plan 1 Connexus Network <sup>5</sup>		
2020–21 Medical plan benefit table	Coordinated care	Non-coordinated care	
	in-network, you pay	in-network, you pay	
Plan-year costs			
Deductible per person / family	<b>\$400</b> / \$1,500	<b>\$500</b> / \$1,500	
Out-of-pocket max per person	\$2,850	\$3,250	
Out-of-pocket max per family	\$9,750	\$9,750	
Maximum cost share per person (includes OOP and ACT)	\$7,900	\$7,900	
Maximum cost share per family (includes OOP and ACT)	\$15,800	\$15,800	
Preventive care			
Incentive care office visits (for asthma, heart conditions, cholesterol, high blood pressure, diabetes)	\$15 copay <sup>1,7</sup>	20%	
Periodic health exams, routine women's exams, annual obesity screening, immunizations <sup>3</sup>	\$O <sup>1</sup>	\$O <sup>1</sup>	
Professional services			
Primary care office visits	\$20 copay <sup>1,3</sup>	20%	
Primary care office visits with a provider other than your chosen PCP 360	\$40 copay <sup>1</sup>	N/A	
Specialist office visits	\$40 copay <sup>1</sup>	20%	
Mental health office visits	\$20 copay <sup>1</sup>	\$20 copay <sup>1</sup>	
Chemical dependency services	\$20 copay <sup>1</sup>	\$20 copay <sup>1</sup>	
Virtual Visits (2-way video conferencing for primary and urgent care services)	\$10 copay <sup>1</sup>	\$10 copay <sup>1</sup>	
Alternative care services			
Acupuncture/Chiropractic manipulation (subject to the a 12 visit maximum per plan year combined) <sup>6</sup>	\$20 copay <sup>1</sup>	20%	
Naturopathic care <sup>6</sup>	\$20 copay <sup>1</sup>	20%	
Maternity care			
Physician or midwife services and hospital stay	20%	20%	
Outpatient and hospital services			
Inpatient care and outpatient hospital/facility care	20%	20%	
Skilled nursing facility care (60 days per plan year)	20%	20%	
Surgery	20%	20%	
ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea		\$100 copay + 20%	
ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair	\$500 copay + 20%	\$500 copay + 20%	
Gastric bypass (Roux-en-Y) <sup>4</sup>	\$500 copay + 20%	\$500 copay + 20%	
Emergency care			
Urgent care visit	\$40 copay <sup>1</sup>	20%	
Emergency room (copay waived if admitted)	\$100 copay + 20%	\$100 copay + 20%	
Ambulance	20%	20%	
Other covered services			
Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older	10%	10%	
Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) — Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.	20%	20%	
Outpatient diagnostic lab and X-ray	20%	20%	
Durable medical equipment	20%	20%	



	Medical Plan 2 Connexus Network⁵			
Out-of-network,	Coordinated care Non-coordinated care Out-of-networ			
you pay <sup>2</sup>	in-network, you pay	in-network, you pay	you pay <sup>2</sup>	
0000 (00 100	1000 (00 700	<b>****</b>	44.000 (44.000	
\$800 / \$2,400	\$800 / \$2,700	<b>\$900</b> / \$2,700	\$1,600 / \$4,800	
\$6,000	\$3,850	\$4,250	\$8,000	
\$18,000	\$12,750	\$12,750	\$24,000	
N/A N/A	\$7,900 \$15,800	\$7,900 \$15,800	N/A N/A	
N/A	\$15 copay <sup>1,7</sup>	20%	N/A	
50%	\$O <sup>1</sup>	\$O <sup>1</sup>	50%	
	***			
50%	\$20 copay <sup>1,3</sup>	20%	50%	
50%	\$40 copay <sup>1</sup>	N/A	50%	
50%	\$40 copay <sup>1</sup>	20%	50%	
50%	\$20 copay <sup>1</sup>	\$20 copay <sup>1</sup>	50%	
50%	\$20 copay <sup>1</sup>	\$20 copay <sup>1</sup>	50%	
50%	\$10 copay <sup>1</sup>	\$10 copay <sup>1</sup>	50%	
50%	\$20 copay <sup>1</sup>	20%	50%	
50%	\$20 copay <sup>1</sup>	20%	50%	
	,== ::,			
50%	20%	20%	50%	
30%	20%	20%	30%	
50%	20%	20%	50%	
50%	20%	20%	50%	
50%	20%	20%	50%	
\$100 copay + 50%	\$100 copay + 20%	\$100 copay + 20%	\$100 copay + 50%	
\$500 copay + 50%	\$500 copay + 20%	\$500 copay + 20%	\$500 copay + 50%	
Not covered	\$500 copay + 20%	\$500 copay + 20%	Not covered	
0004			6224	
20%	\$40 copay <sup>1</sup>	20%	20%	
\$100 copay + 20%	\$100 copay + 20% 20%	\$100 copay + 20% 20%	\$100 copay + 20% 20%	
50%	10%	10%	50%	
50%	20%	20%	50%	
			50%	
50%	20%	20%	50%	

**highlight** = enhanced benefits

- Deductible waived. All amounts reflect member responsibility.
- 2 Out-of-network coinsurance based on MPA for these services.
- 3 To receive the copay benefit, members must see their chosen PCP 360.
- 4 This benefit is available to subscriber and spouse/ partners and dependents age 18 and older. Members must use an approved Moda Health Center of Excellence. Benefit is subject to a reference price of \$20,000 for the facility charge. Travel benefits are available for services that are subject to reference pricing. Please see your handbook for more details.
- 5 If enrolled in a Moda medical plan, each covered individual must choose and use a PCP 360 with Moda for that individual to receive the enhanced "coordinated" benefit shown in the far left column under that plan when using a provider in the Connexus network. If an individual has not selected a PCP 360 with Moda, they will receive the "non-coordinated" benefit shown in the center column if using a provider in the Connexus network. Any services by a provider outside the Connexus network will be paid at the "out-ofnetwork" level (far right column under that plan) regardless of whether the individual has selected a PCP 360 with Moda or not.
- 6 For all other services (eg. Labs, diagnostics, specified imaging (MRI, CT, PET), office visits, etc) will be subject to the appropriate benefit level listed for each services provided.
- 7 Members must see their chosen PCP 360 or any in-network specialist to receive the copay benefit.

Medical copays (excluding ACT), coinsurance and deductibles apply to the medical out-ofpocket maximum.

Medical out-of-pocket, ACT copays, Rx copays and Rx coinsurance apply to the maximum cost share.

For limitations and exclusions, visit modahealth.com/oebb/members and refer to your Member Handbook.



2020 21 Madical plan hanofit table	Medical Plan 3 Connexus Network⁵		
2020-21 Medical plan benefit table	Coordinated care	Non-coordinated care	
	in-network, you pay	in-network, you pay	
Plan-year costs			
Deductible per person / family	<b>\$1,200</b> / \$3,900	<b>\$1,300</b> / \$3,900	
Out-of-pocket max per person	\$4,850	\$5,250	
Out-of-pocket max per family	\$15,750	\$15,750	
Maximum cost share per person (includes OOP and ACT)	\$7,900	\$7,900	
Maximum cost share per family (includes OOP and ACT)	\$15,800	\$15,800	
Preventive care			
Incentive care office visits (for asthma, heart conditions, cholesterol, high blood pressure, diabetes)	\$20 copay <sup>1,7</sup>	25%	
Periodic health exams, routine women's exams, annual obesity screening, immunizations <sup>3</sup>	\$O <sup>1</sup>	\$O <sup>1</sup>	
Professional services			
Primary care office visits	\$25 copay <sup>1,3</sup>	25%	
Primary care office visits with a provider other than your chosen PCP 360	\$50 copay <sup>1</sup>	N/A	
Specialist office visits	\$50 copay <sup>1</sup>	25%	
Mental health office visits	\$25 copay <sup>1</sup>	\$25 copay <sup>1</sup>	
Chemical dependency services	\$25 copay <sup>1</sup>	\$25 copay <sup>1</sup>	
Virtual Visits (2-way video conferencing for primary and urgent care services)	\$10 copay <sup>1</sup>	\$10 copay <sup>1</sup>	
Alternative care services			
Acupuncture/Chiropractic manipulation(subject to the a 12 visit maximum per plan year combined) <sup>6</sup> Naturopathic care <sup>6</sup>	\$25 copay <sup>1</sup> \$25 copay <sup>1</sup>	25% 25%	
Maternity care			
Physician or midwife services and hospital stay	25%	25%	
Outpatient and hospital services			
Inpatient care and outpatient hospital/facility care	25%	25%	
Skilled nursing facility care (60 days per plan year)	25%	25%	
Surgery	25%	25%	
ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea	\$100 copay + 25%	\$100 copay + 25%	
ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair	\$500 copay + 25%	\$500 copay + 25%	
Gastric bypass (Roux-en-Y) <sup>4</sup>	\$500 copay + 25%	\$500 copay + 25%	
Emergency care			
Urgent care visit	\$50 copay <sup>1</sup>	25%	
Emergency room (copay waived if admitted)	\$100 copay + 25%	\$100 copay + 25%	
Ambulance	25%	25%	
Other covered services			
Hearing aids and bone-anchored hearing aids — \$4,000 max/48 months for members 26 and older	10%	10%	
Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) — Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.	25%	25%	
-	050/	25%	
Outpatient diagnostic lab and X-ray	25%	25%	



	Medical Plan 4 Connexus Network⁵			
Out of notweek	Coordinated care	Coordinated care Non-coordinated care		
Out-of-network, you pay <sup>2</sup>	in-network, you pay	in-network, you pay	Out-of-network, you pay²	
\$2,400 / \$7,200	<b>\$1,600</b> / \$5,100	<b>\$1,700</b> / \$5,100	\$3,200 / \$9,600	
\$10,000	\$6,700	\$7,100	\$13,700	
\$27,400	\$15,800	\$15,800	\$27,400	
N/A	\$7,900	\$7,900	N/A	
N/A	\$15,800	\$15,800	N/A	
N/A	\$20 copay <sup>1</sup>	25%	N/A	
50%	\$0 <sup>1</sup>	\$O <sup>1</sup>	50%	
50%	605	25%	F00/	
50%	\$25 copay <sup>1,3</sup>	25%	50%	
50%	\$50 copay <sup>1</sup>	N/A	50%	
50%	\$50 copay <sup>1</sup>	25%	50%	
50%	\$25 copay <sup>1</sup>	\$25 copay <sup>1</sup>	50%	
50%	\$25 copay <sup>1</sup>	\$25 copay <sup>1</sup>	50%	
50%	\$10 copay <sup>1</sup>	\$10 copay <sup>1</sup>	50%	
50%	\$25 copay <sup>1</sup>	25%	50%	
50%	\$25 copay <sup>1</sup>	25%	50%	
50%	25%	25%	50%	
50%	25%	25%	50%	
50%	25%	25%	50%	
50%	25%	25%	50%	
\$100 copay + 50%	\$100 copay + 25%	\$100 copay + 25%	\$100 copay + 50%	
\$500 copay + 50%	\$500 copay + 25%	\$500 copay + 25%	\$500 copay + 50%	
Not covered	\$500 copay + 25%	\$500 copay + 25%	Not covered	
25%	\$50 copay¹	25%	25%	
\$100 copay + 25%	\$100 copay + 25%	\$100 copay + 25%	\$100 copay + 25%	
25%	\$100 copay + 25% 25%	\$100 Copay + 25% 25%	25%	
23/0	23/0	2370	23/6	
50%	10%	10%	50%	
50%	25%	25%	50%	
50%	25%	25%	50%	
50%	25%	25%	50%	

**highlight** = enhanced benefits

- Deductible waived. All amounts reflect member responsibility.
- 2 Out-of-network coinsurance based on MPA for these services.
- 3 To receive the copay benefit, members must see their chosen PCP 360.
- 4 This benefit is available to subscriber and spouse/ partners and dependents age 18 and older. Members must use an approved Moda Health Center of Excellence. Benefit is subject to a reference price of \$20,000 for the facility charge. Travel benefits are available for services that are subject to reference pricing. Please see your handbook for more details.
- 5 If enrolled in a Moda medical plan, each covered individual must choose and use a PCP 360 with Moda for that individual to receive the enhanced "coordinated" benefit shown in the far left column under that plan when using a provider in the Connexus network. If an individual has not selected a PCP 360 with Moda, they will receive the "non-coordinated" benefit shown in the center column if using a provider in the Connexus network. Any services by a provider outside the Connexus network will be paid at the "out-of-network" level (far right column under that plan) regardless of whether the individual has selected a PCP 360 with Moda or not.
- 6 For all other services (eg. Labs, diagnostics, specified imaging (MRI, CT,PET), office visits, etc) will be subject to the appropriate benefit level listed for each services provided.
- 7 Members must see their chosen PCP 360 or any in-network specialist to receive the copay benefit.

Medical copays (excluding ACT), coinsurance and deductibles apply to the medical out-ofpocket maximum.

Medical out-of-pocket, ACT copays, Rx copays and Rx coinsurance apply to the maximum cost share.

For limitations and exclusions, visit modahealth.com/oebb/members and refer to your Member Handbook.



Coordinated care   Non-coordinated care   Innetwork, you pay   Innetwork		Medical Pla	ın 5 Connexus Network⁵
Plan-year casts Deductible per person / family S2,000 / 56,300 S2,007,56,300 Dut-of-pocket may per person S6,600 S7,200 Dut-of-pocket may per family S15,800 S15,800 S15,800 Maximum cost share per family (includes OOP and ACT) S15,800 Maximum cost share per family (includes OOP and ACT) S15,800 S15,800 Preventive care Incentive care Preventive care Incentive care office visits (for asthma, heart conditions, cholesterol, high blood pressure, diabetes) Preventive care Prefericide health exams, routine women's exams, annual obesity screening, immunizations' S25 cappay' Prefericide health exams, routine women's exams, annual obesity screening, immunizations' S30 cappay' S30 cappay' S30 cappay' S30 cappay' S30 cappay' NA Specialist office visits S30 cappay' S30 capp	2020–21 Medical plan benefit table		
Plan-year costs  Deductible per person / family  Deductible per person / family  Out-of-pocket max per person  Out-of-pocket max per person  Out-of-pocket max per person  Out-of-pocket max per family  S15,800  \$15,800			
Deductible per person / formity  Out of-pocket may per person / formity  Out of-pocket may per person / formity  SERIOD  ST.200  ST.20		in-network, you pay	in-network, you pay
Out-of-pocket max per person Out-of-pocket max per person Out-of-pocket max per person Out-of-pocket max per person (includes OOP and ACT) S15,800 S15	Plan-year costs		
Out-of-pocket max per family Maximum cost share per person (includes OOP and ACT) \$7,900 \$7,9	Deductible per person / family	<b>\$2,000</b> / \$6,300	<b>\$2,100</b> / \$6,300
Maximum cost share per person (includes QOP and ACT)  Maximum cost share per family (includes QOP and ACT)  Preventive care  Incentive core office visits (for asthma, heart conditions, cholesterol, high blood pressure, dichetes) Periodic health exams, routine women's exams, annual obesity screening, immunizations'  Professional services  Primary care office visits Primary care office visits Primary care office visits Side oppy' 125%  Primary care office visits Side oppy' 125%  Mental health office visits Side oppy' 125%  Side oppy' 125%  Maternative care services  Augurerutery (Arrhyproctic manipulation (subject to the a 12 visit maximum per plan year combined)* Naturopathic care'  Maternative care services  Maternative care and outpatient hospital stay 25%  25%  Maternative care  Waternative care and outpatient hospital stay 25%  25%  Maternative care  Side oppy + 25%  Side oppy +	Out-of-pocket max per person	\$6,800	\$7,200
Maximum cost share per family (includes OOP and ACT)   \$15,800   \$15,800	Out-of-pocket max per family	\$15,800	\$15,800
Preventive care Incentive care office visits (for asthma, heart conditions, cholesterol, high blood pressure, diabetes) Periodic health exoms, routine women's exoms, annual obesity screening, immunizations*  Professional services  Primary care office visits  Primary care office visits with a provider other than your chosen PCP 360  \$50 copay*  N/A  Specialist office visits  \$30 copay*  \$50 copay*  N/A  Specialist office visits  \$50 copay*  \$50 copay*  \$50 copay*  \$50 copay*  \$50 copay*  N/A  Specialist office visits  \$50 copay*	Maximum cost share per person (includes OOP and ACT)	\$7,900	\$7,900
Incentive care office visits (for asthma, heart conditions, cholesterol, high blood pressure, diabetes)  Periodic health exams, routine women's exams, annual obesity screening, immunizations?  Professional services  Primary care office visits  Primary care office visits  Primary care office visits with a provider other than your chosen PCP 360  \$50 copay!  N/A  Specialist office visits  \$30 copay!	Maximum cost share per family (includes OOP and ACT)	\$15,800	\$15,800
Periodic health exams, routine women's exams, annual obesity screening, immunizations?  Professional services  Primary care office visits  Primary care office visits with a provider other than your chosen PCP 360  Primary care office visits  Primary care	Preventive care		
Primary care office visits Primary care office visits Primary care office visits with a provider other than your chosen PCP 360 \$50 capay¹* N/A \$50 capay²* N/A \$50 capay²* N/A \$50 capay²* S30 capay²* S30 capay² \$50 capay²* S30 capay²* \$50 capay²* S30 capay²* S30 capay²* \$50 capay²	Incentive care office visits (for asthma, heart conditions, cholesterol, high blood pressure, diabetes)	\$25 copay <sup>1,7</sup>	25%
Primary care office visits with a provider other than your chosen PCP 360 \$50 copay* N/A \$50 cop	Periodic health exams, routine women's exams, annual obesity screening, immunizations <sup>3</sup>	\$O <sup>1</sup>	\$O <sup>1</sup>
Primary care affice visits with a provider other than your chosen PCP 360  Specialist office visits  SSC capay' 25%  Mental health office visits  \$30 capay' 530 capay + 25% 530 c	Professional services		
Specialist office visits  Mental health office visits  Mental health office visits  Chemical dependency services  Chemical dependency services  Salo copay'  \$30 c	Primary care office visits	\$30 copay <sup>1,3</sup>	25%
Mental health office visits \$30 capay' \$30 capay' \$30 capay' Chemical dependency services \$30 capay' \$30 capay' Virtual Visits (2-way video conferencing for primary and urgent care services) \$10 capay' \$10 capay' Alternative care services Acupuncture/Chiropractic manipulation (subject to the a 12 visit maximum per plan year combined)* Noturopathic cares*  Maternity care Physician or midwife services and hospital stay 25% 25%  Outpatient and hospital services Inpatient care and outpatient hospital/facility care Skilled nursing facility care (60 days per plan year) 25% 25% Surgery	Primary care office visits with a provider other than your chosen PCP 360	\$50 copay <sup>1</sup>	N/A
Chemical dependency services \$30 copay \$30 copay \$30 copay \$10 cop	Specialist office visits	\$50 copay <sup>1</sup>	25%
Virtual Visits (2-way video conferencing for primary and urgent care services)  Alternative care services  Acupuncture/Chiroprotic manipulation (subject to the a 12 visit maximum per plan year combined)* Naturopathic care*  Acupuncture/Chiroprotic manipulation (subject to the a 12 visit maximum per plan year combined)* Naturopathic care*  Waternity care Physician or midwife services and hospital stay  Cutpatient and hospital services Inpatient care and outpatient hospital/facility care  Stilled nursing facility care (60 days per plan year)  Surgery  ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal nijections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Bearing outpath of the wind of the spinal repair acre wisit  Emergency care  Urgent care visit  Soo copay + 25%  Stoo copay + 25%  Emergency room (copay waived if admitted)  Ambulance  Other covered services  Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) – inpatient iminations: 30 days per plan year/50 days for spinal or aconjunction with alternative care) – inpatient iminations: 30 days per plan year/50 days for spinal or head injuny.  Outpatient diagnostic lab and X-ray  Stoo copay:  \$50 copay:	Mental health office visits	\$30 copay <sup>1</sup>	\$30 copay <sup>1</sup>
Alternative care services Acupuncture/Chiroproctic manipulation (subject to the a 12 visit maximum per plan year combined)* S30 cappay* 25% Naturopathic care*  Maternity care Physician or midwife services and hospital stay  Outpatient and hospital services Inpatient care and outpatient hospital/facility care Skilled nursing facility care (60 days per plan year)  Surgery  25% 25%  25% Surgery  25% 25% 25%  25% 25% 25% 25% 25% 25% 2	Chemical dependency services	\$30 copay <sup>1</sup>	\$30 copay <sup>1</sup>
Act 100: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Castric bypass (Roux-en-Y)*  Emergency care  Urgent care visit  Emergency room (copay waived if admitted)  Act 100: Capay waived if admitted)  Capay and a speech therapy (including physical therapy per fom per plan year) plan year plan year plan year per plan year)  Emergency room (copay waived if admitted)  Act 100: Capay - 25%  Emergency care  Urgent care visit  Emergency room (copay waived if admitted)  Are 100 copay + 25%  Emergency room (copay waived if admitted)  Are 100 copay + 25%  Emergency room (copay waived if admitted)  Are 25%  Emergency room (copay waived if admitted)  Emergency room (copay waived if admitted)  Are 25%  Emergency room (copay waived if admitted)  Are 25%  Emergency room (copay waived if admitted)  Are 25%  Emergency room (copay waived if admitted)  Emergency	Virtual Visits (2-way video conferencing for primary and urgent care services)	\$10 copay <sup>1</sup>	\$10 copay <sup>1</sup>
Naturopathic care®  Maternity care  Physician or midwife services and hospital stay  Outpatient and hospital services  Inpotient care and outpatient hospital/facility care  Skilled nursing facility care (60 days per plan year)  Skilled nursing facility care (60 days per plan year)  Surgery  ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea  ACT 500: Spins surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Gastric bypass (Roux-en-Y) <sup>4</sup> Emergency care  Urgent care visit  Emergency room (copay waived if admitted)  Ambulance  Other covered services  Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) – inputent mitrations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/fu pto 60 sessions for spinal or head injury.  Says a 25%  S\$0 copay!  \$50 copay + 25%  \$500 copa	Alternative care services		
Maternity care Physician or midwife services and hospital stay  25% 25%  Outpatient and hospital services  Inpatient care and outpatient hospital/facility care  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (60 days per plan year)  5killed nursing facility care (50 days on spinal or head injury.  5killed nursing facility care (50 days on spinal or head injury.  5killed nursing facility (5killed nursing facility (5k	Acupuncture/Chiropractic manipulation (subject to the a 12 visit maximum per plan year combined) <sup>6</sup>	\$30 copay <sup>1</sup>	25%
Physician or midwife services and hospital stay  Outpatient and hospital services Inpatient care and outpatient hospital/facility care  Skilled nursing facility care (60 days per plan year)  Surgery  ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea  ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Gastric bypass (Roux-en-Y) <sup>a</sup> Emergency care  Urgent care visit  Emergency room (copay waived if admitted)  Ambulance  Other covered services  Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) – Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray  25%  25%  25%  25%  25%  25%  25%  25	Naturopathic care <sup>6</sup>	\$30 copay <sup>1</sup>	25%
Outpatient and hospital services  Inpatient care and outpatient hospital/facility care  Skilled nursing facility care (60 days per plan year)  Surgery  ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea  ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Gastric bypass (Roux-en-Y) <sup>4</sup> Emergency care  Urgent care visit  Emergency room (copay waived if admitted)  Ambulance  Other covered services  Hearing aids and bone-anchored hearing aids = \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) — Inpatient limitations: 30 days per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray  S5%  25%  25%  25%  25%  25%  25%  25%	Maternity care		
Inpatient care and outpatient hospital/facility care  Skilled nursing facility care (60 days per plan year)  Skilled nursing facility care (60 days per plan year)  25%  25%  25%  ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea  ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Gastric bypass (Roux-en-Y) <sup>4</sup> *500 copay + 25%  *500 copay + 25%  \$500 copay + 25%	Physician or midwife services and hospital stay	25%	25%
Skilled nursing facility care (60 days per plan year)  Skilled nursing facility care (60 days per plan year)  25%  25%  25%  ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillities or sleep apnea  ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Scastric bypass (Roux-en-Y) <sup>4</sup> \$500 copay + 25%  \$500 copay + 2	Outpatient and hospital services		
Surgery  ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea  ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Gastric bypass (Roux-en-Y) <sup>4</sup> Emergency care  Urgent care visit  Emergency room (copay waived if admitted)  Ambulance  Other covered services  Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) – Inpatient limitations: 30 days per plan year/60 days for spinal or head injury.  Outpatient diagnostic lab and X-ray  25%  25%  25%  25%  25%  25%	Inpatient care and outpatient hospital/facility care	25%	25%
ACT 100: Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea  ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Gastric bypass (Roux-en-Y) <sup>4</sup> \$500 copay + 25%  \$500 copay + 25	Skilled nursing facility care (60 days per plan year)	25%	25%
endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea  ACT 500: Spine surgery, knee and hip replacement, knee and shoulder arthroscopy, uncomplicated hernia repair  Gastric bypass (Roux-en-Y) <sup>4</sup> \$500 copay + 25%  \$100 copay + 25%  \$100 co	Surgery	25%	25%
knee and shoulder arthroscopy, uncomplicated hernia repair  Gastric bypass (Roux-en-Y) <sup>4</sup> \$500 copay + 25% \$500 copay + 25%  Emergency care  Urgent care visit \$50 copay¹ 25%  Emergency room (copay waived if admitted) \$100 copay + 25% \$100 copay + 25%  Ambulance \$25%\$  Other covered services  Hearing aids and bone-anchored hearing aids - \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) - Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray 25%  25%  25%  25%	endoscopy, spinal injections, viscosupplementation, tonsillectomies for	\$100 copay + 25%	\$100 copay + 25%
Emergency care  Urgent care visit  Emergency room (copay waived if admitted)  Ambulance  Other covered services  Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) – Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray  Emergency care  \$50 copay¹  \$100 copay + 25%  \$25%  \$25%  \$25%  \$25%		\$500 copay + 25%	\$500 copay + 25%
Urgent care visit  Emergency room (copay waived if admitted)  \$100 copay + 25%  \$100 copay + 25%  \$25%  Other covered services  Hearing aids and bone-anchored hearing aids - \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) - Inpatient limitations: 30 days per plan year/60 days for spinal or head injury.  Outpatient diagnostic lab and X-ray  \$50 copay¹  \$100 copay + 25%  \$100 copay + 25%  \$100 copay + 25%  \$100 copay + 25%  \$25%  \$25%	Gastric bypass (Roux-en-Y) <sup>4</sup>	\$500 copay + 25%	\$500 copay + 25%
Emergency room (copay waived if admitted)  \$100 copay + 25% \$100 copay + 25%  Ambulance  25%  25%  Other covered services  Hearing aids and bone-anchored hearing aids - \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) - Inpatient limitations: 30 days per plan year/60 days for spinal or head injury.  Outpatient diagnostic lab and X-ray  \$100 copay + 25%  25%  25%  25%  25%  25%  25%  25%	Emergency care		
Ambulance  Other covered services  Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) – Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray  25%  25%  25%	Urgent care visit	\$50 copay <sup>1</sup>	25%
Other covered services  Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) – Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray  25%  25%	Emergency room (copay waived if admitted)	\$100 copay + 25%	\$100 copay + 25%
Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older  Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) – Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray  10%  25%  25%  25%	Ambulance	25%	25%
Physical, occupational and speech therapy (including physical therapy performed in conjunction with alternative care) — Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray  25%  25%	Other covered services		
conjunction with alternative care) — Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.  Outpatient diagnostic lab and X-ray  25%  25%  25%	Hearing aids and bone-anchored hearing aids – \$4,000 max/48 months for members 26 and older	10%	10%
	conjunction with alternative care) — Inpatient limitations: 30 days per plan year/60 days for spinal or	25%	25%
Durable medical equipment 25% 25%	Outpatient diagnostic lab and X-ray	25%	25%
	Durable medical equipment	25%	25%



### Out-of-network, you pay

\$4,000 / \$12,600
\$13,700
\$27,400
N/A
N/A
N/A
50%
50%
50%
50%
50%
50%
50%
50%
50%
50%
50%
50%
50%
\$100 copay + 50%
\$500 copay + 50%

Not covered

25% \$100 copay + 25% 25% 50%

50%

50%

50%

highlight = enhanced benefits

- 1 Deductible waived. All amounts reflect member responsibility.
- 2 Out-of-network coinsurance based on MPA for these services.
- 3 To receive the copay benefit, members must see their chosen PCP 360.
- 4 This benefit is available to subscriber and spouse/partners and dependents age 18 and older. Members must use an approved Moda Health Center of Excellence. Benefit is subject to a reference price of \$20,000 for the facility charge. Travel benefits are available for services that are subject to reference pricing. Please see your handbook for more details.
- 5 If enrolled in a Moda medical plan, each covered individual must choose and use a PCP 360 with Moda for that individual to receive the enhanced "coordinated" benefit shown in the far left column under that plan when using a provider in the Connexus network. If an individual has not selected a PCP 360 with Moda, they will receive the "non-coordinated" benefit shown in the center column if using a provider in the Connexus network. Any services by a provider outside the Connexus network will be paid at the "out-of-network level (far right column under that plan) regardless of whether the individual has selected a PCP 360 with Moda or not.
- 6 For all other services (eg. Labs, diagnostics, specified imaging (MRI, GT,PET), office visits, etc) will be subject to the appropriate benefit level listed for each services provided.
- 7 Members must see their chosen PCP 360 or any in-network specialist to receive the copay benefit.

Medical copays (excluding ACT), coinsurance and deductibles apply to the medical out-of-pocket maximum.

Medical out-of-pocket, ACT copays, Rx copays and Rx coinsurance apply to the maximum cost share.

For limitations and exclusions, visit modahealth.com/oebb/ members and refer to your Member Handbook.







# How to choose a **PCP 360**

Members can choose their PCP 360 in one of two ways: They can log in to their myModa account or call Moda Customer Service.



Call Moda Customer Service 866-923-0409



Log in to myModa at modahealth.com/oebb

You and each of your covered family members can pick the same PCP 360 or a different one — it's up to you.

Also, you can find a directory of in-network PCP 360s on myModa under Find Care or by contacting Moda Customer Service for help.

PCP 360 providers on Find Care will have a PCP 360 icon badge shown here: 369

New members will need to wait until Moda receives their eligibility to choose and use a PCP 360.



# Be a better saver with an *HSA*

Our health savings account (HSA)-compliant, high-deductible health plans (HDHP) give you flexibility and choice. You have the freedom to choose any financial institution for your HSA.

### Plans 6 and 7 with the HSA option

You can use HSA tax-free dollars to pay for deductibles, coinsurance and other qualified expenses not covered by your health plan. HSA members enjoy a number of tax advantages, including:

- Contributions made on a taxadvantaged basis
- Unused funds carried over from year to year, growing tax-deferred
- Tax-free withdrawal of funds to pay for qualified medical expenses

### Eligibility

To be eligible to participate in an HSA plan, you must:

- Be covered by a qualified highdeductible health plan
- Not be covered under another non-HSA-compliant medical plan (including your spouse's plan)
- Not be enrolled in Medicare
- Not be claimed as a dependent on someone else's tax return

### **Prescriptions**

Your pharmacy benefit is covered under the medical portion of Plans 6 and 7. The plans include value-tier medications that waive your annual deductible. Just present your ID card at a participating pharmacy to use this benefit.





2020 21 Madiagl I DI ID plan han afit table	Medical Plan 6 Connexus Network HSA Optional <sup>9</sup>		
2020-21 Medical HDHP plan benefit table	Coordinated care	Non-coordinated care	Out-of-network
	in-network, you pay	in-network, you pay	you pay <sup>2</sup>
Plan-year costs			
Subscriber-only plan deductible <sup>3</sup>	\$1,600	\$1,700	\$3,200
Family plan deductible <sup>4</sup>	\$3,400	\$3,400	\$6,400
Individual out-of-pocket max	\$6,400	\$6,750	\$13.100
Family plan out-of-pocket max <sup>4</sup>	\$13,500	\$13,500	\$26,200
Preventive care			
Incentive care office visits (for asthma, heart conditions, cholesterol, high blood pressure, diabetes)	<b>1</b> 5% <sup>11</sup>	20%	N/A
Periodic health exams, routine women's exams, annual obesity screening, immunizations	\$O <sup>1</sup>	\$O <sup>1</sup>	50%
Professional services			
Primary care office visits	<mark>15%</mark>	20%	50%
Primary care office visits with a provider other than your chosen PCP 360	15%	N/A	50%
Specialist office visits	<b>15%</b>	20%	50%
Mental health office visits	15%	20%	50%
Chemical dependency services	15%	20%	50%
Virtual Visits (2-way video conferencing for primary and urgent care services)	\$10 copay	\$10 copay	50%
Alternative care services			
Acupuncture/Chiropractic manipulation(subject to the a 12 visit maximum per plan year combined) <sup>8</sup>	20%	25%	50%
Naturopathic care <sup>8</sup>	20%	25%	50%
Maternity care			
Physician or midwife services and hospital stay	20%	25%	50%
Outpatient and hospital services			
Inpatient care and outpatient hospital/facility care	20%	25%	50%
Skilled nursing facility care (60 days per plan year)	20%	25%	50%
Surgery	20%	25%	50%
Sleep studies, specified imaging (MRI, CT, PET), upper endoscopy, spinal injections, viscosupplementation, tonsillectomies for members under age 18 with chronic tonsillitis or sleep apnea	20%	25%	50%
Spine surgery, knee and hip replacement, <sup>5</sup> knee and shoulder arthroscopy, uncomplicated hernia repair	20%	25%	50%
Gastric bypass (Roux-en-Y) <sup>6</sup>	\$500 copay + 20%	\$500 copay + 25%	Not covered
Emergency care			
Urgent care visit	15%	20%	20%
Emergency room	20%	25%	See Plan Handboo
Ambulance	20%	25%	See Plan Handboo
Other covered services			
Hearing aids and bone-anchored hearing aids – \$4,000	20%	25%	50%
max/48 months for members 26 and older  Physical, occupational and speech therapy (including			
physical, occupation and speech therapy (including physical therapy performed in conjunction with alternative care) — Inpatient limitations: 30 days per plan year/60 days for spinal or head injury. Outpatient limitations: 30 sessions per plan year/up to 60 sessions for spinal or head injury.	20%	25%	50%
Outpatient diagnostic lab and X-ray	20%	25%	50%
Durable medical equipment  Major medical prescription accordance?	20% 20%	25% 25%	50% 25%
Major medical prescription coverage <sup>7</sup>	\$4 per 31 day supply <sup>1</sup>	\$4 per 31 day supply <sup>1</sup>	\$4 per 31 day supp



Medical Plan 7 Connexus Network HSA Optional <sup>9</sup>					
Coordinated care		Non-coordinated care	Out-of-network,		
in-network, you pay		in-network, you pay	you pay <sup>2</sup>		
		'			
\$2,0	000	\$2,100	\$4,000		
\$4,2	200	\$4,200	\$8,000		
\$6,5		\$6,750	\$13,300		
\$13,	500	\$13,500	\$26,600		
20	% <sup>7</sup>	25%	N/A		
\$0	D <sup>1</sup>	\$O <sup>1</sup>	50%		
20	1%	25%	50%		
20	) <mark>%</mark>	N/A	50%		
20	<mark>)%</mark>	25%	50%		
20	) <mark>%</mark>	25%	50%		
20	)%	25%	50%		
\$10 c	opay	\$10 copay	50%		
20	<mark>)%</mark>	25%	50%		
20	<b>)%</b>	25%	50%		
20	)%	25%	50%		
20	19/	25%	50%		
20		25%	50%		
20	170	25%	50%		
20	<mark>)%</mark>	25%	50%		
20	)%	25%	50%		
\$500 cop	ay + 20%	\$500 copay + 25%	Not covered		
20	<mark>)%</mark>	25%	25%		
20		25%	See Plan Handbook		
20	)%	25%	See Plan Handbook		
		<b>AF</b> 24	F631		
20	<b>1%</b>	25%	50%		
20	)%	25%	50%		
20	)%	25%	50%		
20	) <mark>%</mark>	25%	50%		
20	) <mark>%</mark>	25%	25%		
\$4 per 31 d	lay supply <sup>1</sup>	\$4 per 31 day supply <sup>1</sup>	\$4 per 31 day supply <sup>1</sup>		

**highlight** = enhanced benefits

- 1 Deductible waived. All amounts reflect member responsibility.
- 2 Out-of-network coinsurance based on MPA for these services.
- 3 Individual deductible applies only if employee is enrolling in the plan with no other family members.
- Family deductible and out-of-pocket maximum can be met by one or more family members. This deductible must be met before benefits will be paid.
   Deductible and copayments apply toward the plan-year out-of-pocket maximum.
- 5 Benefit is subject to a reference price of \$25,000 on Connexus and applies to the facility charge. Travel benefits are available for services that are subject to reference pricing. Please see your handbook for more details.
- 6 This benefit is available to subscriber and spouse/partners and dependents age 18 and older. Members must use an approved Moda Health Center of Excellence. Benefit is subject to a reference price of \$20,000 for the facility charge.
- 7 A formulary exception must be approved for high-cost generics and non-preferred brand prescription medication.
- 8 For all other services (eg. Labs, diagnostics, specified imaging (MRI, CT, PET), office visits, etc) will be subject to the appropriate benefit level listed for each services provided.
- 9 If enrolled in a Moda medical plan, each covered individual must choose and use a PCP 360 with Moda for that individual to receive the enhanced "coordinated" benefit shown in the far left column under that plan when using a provider in the Connexus network. If an individual has not selected a PCP 360 with Moda, they will receive the "non-coordinated" benefit shown in the center column if using a provider in the Connexus network. Any services by a provider outside the Connexus network will be paid at the "out-of-network" level (far right column under that plan) regardless of whether the individual has selected a PCP 360 with Moda or not.
- 10 To recieve the coinsurance benefit, members must see their chosen PCP 360.
- 11 Members must see their chosen PCP 360 or any in-network specialist to receive the coinsurance benefit.

For limitations and exclusions, visit modahealth.com/oebb/members and refer to your Member Handbook.



# **Pharmacy Benefits: Moda Health**

# Expect *quality* pharmacy benefits

Quality prescription coverage is right at the heart of a great plan. We're here to support your pharmacy needs, every step of the way.

### Access medications your way

As the administrator of the Oregon Prescription Drug Program (OPDP), we take pride in actively managing your pharmacy benefits. We provide quality, comprehensive coverage that reflects the most current industry standards.

Through the prescription program, you can access a high-performance formulary (a list of prescription drugs) with options under the value, select generic and preferred tiers. Each tier has a copay or coinsurance amount set by the plan.

### Pharmacy plan savings

There are a few ways to save on prescription drug costs. Use your 90-day mail-order benefit through Postal Prescription Services (PPS). You can receive significant savings by using the mail-order benefit.

You can fill a 90-day prescription for value, select generic, preferred medications at any Choice 90 pharmacy. To find Choice 90 participating pharmacies, you should select "Choice 90" when searching for participating pharmacies through myModa.

You may have more savings options through our preferred pharmacy partners. Log in to myModa and choose Find Care to use the Pharmacy Locator and get started.

### Value-tier medications

Value medications include commonly prescribed products used to treat chronic medical conditions and preserve health. They are identified — based on the latest clinical information and medical literature — as being safe, effective, cost-preferred treatment options.

The Moda Health OEBB value tier includes products for the following health issues:

- Asthmo
- Heart, cholesterol, high blood pressure
- Diabetes
- Osteoporosis
- Depression

A list of medications included under the value tier can be found on the pharmacy tab at: modahealth.com/oebb

# Ardon Health specialty pharmacy services

Ardon Health is the specialty pharmacy for OEBB members. Ardon, based in Portland, Oregon, provides free delivery of specialty medications to a patient's home or physician's office. Ardon Health provides specialty medications for conditions including Crohn's disease, hepatitis C, multiple sclerosis, rheumatoid arthritis and more. You can learn about Ardon Health at ardonhealth.com. You can also call Ardon Customer Service toll-free at 855-425-4085. TTY users, please call 711.



# **Pharmacy Benefits: Moda Health**

### **Pharmacy benefits**

	Medical Plans 1-5 <sup>4</sup>	Medical Plans 6-7 <sup>5, 6</sup>		
	Coordinated and non-coordinated care	Coordinated care	Non-Coordinated care	
Value	\$4 per 31-day supply <sup>1</sup>	\$4 per 31-day supply*	\$4 per 31-day supply*	
Select generic	\$12 per 31-day supply <sup>1</sup>	20%	25%	
Preferred <sup>2,3</sup>	25% up to \$75 per 31-day supply <sup>1</sup>	20%	25%	
Non-preferred brand <sup>3</sup>	50% up to \$175 per 31-day supply¹	20%	25%	
Mail				
Value	\$8 per 90-day supply	\$8 per 90-day supply*	\$8 per 90-day supply*	
Select generic	\$24 per 90-day supply	20%	25%	
Preferred <sup>2,3</sup>	25% up to \$150 per 90-day supply	20%	25%	
Non-preferred brand <sup>3</sup>	50% up to \$450 per 90-day supply	20%	25%	
Specialty				
Preferred <sup>2,3</sup>	25% up to \$200 per 31-day supply	20%	25%	
Non-preferred brand <sup>3</sup>	50% up to \$500 per 31-day supply	20%	25%	

<sup>\*</sup>Deductible waived. All amounts reflect member responsibility.

For limitations and exclusions, visit modahealth.com/oebb/members and refer to your Member Handbook.

<sup>1</sup> A 90-day supply for value, select generic, preferred, and non-preferred medications is available at retail pharmacies for three times the 31-day copay.

<sup>2</sup> This benefit level includes select generic medications that have been identified as having no more favorable outcomes from a clinical perspective than other cost-effective generics.

<sup>3</sup> Copay maximum is per prescription. A formulary exception must be approved for high-cost generics and non-preferred brand prescription medication.

 $<sup>{\</sup>it 4~Pharmacy~expenses~accrue~towards~the~maximum~cost~share}.$ 

<sup>5</sup> Pharmacy expenses accrue towards the out-of-pocket maximum.

 $<sup>6\</sup> You\ must\ meet\ your\ individual\ or\ family\ deductible\ first\ before\ any\ pharmacy\ expenses\ are\ paid.$ 



# 12-Month Waiting Period

### If You Delay Enrolling in Dental Coverage

If you or a dependent don't enroll in dental coverage when initially eligible, then choose to enroll during an Open Enrollment period, you or your dependent will be considered a "late enrollee."

You or your dependent will be subject to a **12-month waiting period** on all dental plans. This means **only diagnostic and preventive care will be covered** for the first 12 months of coverage.





# DENTAL\* BEREFIS

Kaiser Permanente
Willamette Dental Group
Delta Dental
(Moda Health)



# **Dental Benefits: Kaiser Permanente**



# Kaiser Permanente dental coverage

We believe in total health, beginning with outstanding dental and oral care. That's why every member gets a personalized prevention and treatment plan. And that's why dental preventive care is at the core of our philosophy.



### Our philosophy of care

### Integrated approach

Our dentists collaborate with your doctors, providing integrated care, which helps you rest easy, knowing we are looking out for your total health.

Your dental team has access to your health history, so the team can alert you to important health screenings or tests you may need.

### Quality

For more than 2 decades, we've received the highest level of accreditation from the Accreditation Association for Ambulatory Health Care (AAAHC). This means our Dental Program has met rigorous national standards. Currently we are the only dental practice in the Pacific Northwest with AAAHC accreditation.



### Urgent and emergency care

Emergency dental conditions include severe swelling or infection, severe traumatic injury to teeth, bleeding that doesn't stop, and extreme pain. If you need emergency care, please call the Appointment Center any time, any day.

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### **Getting convenient care**

Hours are Monday through Friday, 7 a.m. to 6 p.m., and Saturday, 7:30 a.m. to 4 p.m.

Valley River Dental Office in Eugene is closed on Wednesdays.

Dental Appointment Center...... 1-800-813-2000 TTY......711

For more information visit kp.org/dental/nw.



## **Dental Benefits: Kaiser Permanente**

## 2020-2021 dental benefits summary

Plan benefits	Dental Plan*
Dental office visit copay <sup>†</sup>	\$20
Deductible	None
Plan year maximum	\$4,000
Oral exams, X-rays, cleaning (prophylaxis), fluoride treatments, and space maintainers	\$0
Routine fillings, inlays, and stainless steel crowns <sup>1,2,3</sup>	\$0
Simple tooth extractions <sup>3</sup>	\$0
Surgical tooth extractions, including diagnosis and evaluation <sup>3</sup>	\$50
Diagnosis, evaluation, and treatment of gum disease including scaling and root planing <sup>3</sup>	\$0
Root canal and related therapy including diagnosis and evaluation <sup>3</sup>	\$50
Gold or porcelain crowns and onlays <sup>3</sup>	\$250
Full and partial dentures, relines, rebases <sup>3</sup>	\$100
Bridge retainers and pontics <sup>3</sup>	\$250
Orthodontic treatment <sup>3</sup>	\$2,500 copay + \$20 per visit
Implants	50% (limit of 4 per lifetime)
Occlusal guards (night guards)	10%
Athletic mouth guards	10%

<sup>\*</sup>Services must be provided by a contracted Kaiser Permanente provider in order for benefits to be payable. See Evidence of Coverage (EOC) for details. †Office visit copay applies at each visit, in addition to any plan copays for services.

<sup>&</sup>lt;sup>1</sup>Posterior fillings paid to amalgam fee.

<sup>&</sup>lt;sup>2</sup>Fillings are covered at 100% for amalgam fillings on back teeth and composite tooth color fillings on front (smile line) teeth. Patients can request composite fillings for back teeth and pay additional fees. Contact Kaiser Permanente directly for fee information.

<sup>&</sup>lt;sup>3</sup>Benefit is subject to a 12-month benefit waiting period for late enrollees.

This is not a contract. This benefit summary does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. For more details of your benefit coverage, exclusions and limitations, claims review, and adjudication procedures, please see your Evidence of Coverage (EOC) or call Member Services. In the case of a conflict between this summary and the EOC, the EOC will prevail.



## **Dental Benefits: Willamette Dental Group**



For almost 50 years, Willamette Dental Group has proudly partnered with public employers throughout the Pacific Northwest, offering high quality dental care and outstanding insurance coverage to more than 500,000 patients.

Our evidence-based, proactive treatment approach to dental care focuses on what matters most: providing quality, individualized care to each patient that educates for the future rather than only solving the immediate issues at hand.

#### **QUICK FACTS**



No annual maximum<sup>1</sup>, no deductibles



OEBB patient satisfaction averages over 96%



Services covered at predictable, low copays



Most offices open 7AM to 6 PM Mon – Fri with Saturday appointments available



Affordable orthodontic coverage for adults and children



No premium or copay changes for 2020/2021 plan year

#### MORE THAN 50 DENTAL OFFICE LOCATIONS



Learn more about providers and locations at willamettedental.com/oebb





## **Dental Benefits: Willamette Dental Group**

#### WILLAMETTE DENTAL GROUP PLAN BENEFIT SUMMARY

To receive the excellent benefits of the Willamette Dental Group plan, members must use a Willamette Dental Group provider at one of our more than 50 Willamette Dental Group dental office locations.

This is a summary. Refer to the Certificate of Coverage for a complete description of benefits, exclusions, and limitations.

Annual Maximum  Deductible  Office Visit  \$20 per visit²  Diagnostic & Preventive Services  Routine & Emergency Exams  Covered at 100%  X-rays  Covered at 100%  Y-rays  Covered at 100%  Sealants (per tooth)  Covered at 100%  Restorative Dentistry & Prosthodontics¹  Fillings  Compeled Upper or Lower Denture  Bridge (per tooth)  Sayson'  Endodontics & Periodontics¹  Root Planing (per quadrant)  Covered at 100%  Procelain-Metal Crowns  Complete Upper or Lower Denture  Stop or Lower Dentitre  Bridge (per tooth)  Covered at 100%  Procelain-Metal Crowns  Complete Upper or Lower Denture  Stop or Lower Denture  Stop or Lower Denture  Bridge (per tooth)  Covered at 100%  Covered at 100%  Covered at 100%  Fre-Orthodontics & Periodontics¹  Root Planing (per quadrant)  Covered at 100%  Oral Surgery²  Routine Extraction (Single Tooth)  Covered at 100%  Orthodontic Services¹  Pre-Orthodontic Service  \$150°  Comprehensive Orthodontia  \$2,500  Dental Implants Surgery  Implant benefit maximum of \$1,500 per calendar year  Miscellaneous²  Nitrous Oxide (per visit)  Stop overed at 100%  Covered at 100%  Covered at 100%  Covered at 100%  Covered Implant Surgery  Implant benefit maximum of \$1,500 per calendar year  Miscellaneous²  Nitrous Oxide (per visit)  Stop overed at 100%  Covered at 100%	Benefits	
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Complete Upper or Lower Denture \$100\(^4\)  Bridge (per tooth) \$250\(^4\)  Endodontics & Periodontics^3  Root Canal Therapy \$50  Root Planing (per quadrant) Covered at 100\(^6\)  Oral Surgery\(^3\)  Routine Extraction (Single Tooth) Covered at 100\(^6\)  Surgical Extraction \$50  Orthodontic Services\(^3\)  Pre-Orthodontic Service \$150\(^5\)  Comprehensive Orthodontia \$2,500  Dental Implants\(^3\)  Dental Implant Surgery Implant benefit maximum of \$1,500 per calendar year Miscellaneous\(^3\)  Nitrous Oxide (per visit) \$15  Occlusal (Night) Guard Covered at 100\(^6\)  Athletic Mouth Guard \$100\(^6\)		
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Endodontics & Periodontics³  Root Canal Therapy \$50  Root Planing (per quadrant) Covered at 100%  Oral Surgery³  Routine Extraction (Single Tooth) Covered at 100%  Surgical Extraction \$50  Orthodontic Services³  Pre-Orthodontic Service \$150⁵  Comprehensive Orthodontia \$2,500  Dental Implants³  Dental Implant Surgery Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³  Nitrous Oxide (per visit) \$15  Occlusal (Night) Guard Covered at 100%  Athletic Mouth Guard \$100	Complete Upper or Lower Denture	\$100 <sup>4</sup>
Root Canal Therapy \$50 Root Planing (per quadrant) Covered at 100%  Oral Surgery³ Routine Extraction (Single Tooth) Covered at 100%  Surgical Extraction \$50  Orthodontic Services³ Pre-Orthodontic Service \$150⁵ Comprehensive Orthodontia \$2,500  Dental Implants³ Dental Implant Surgery Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³ Nitrous Oxide (per visit) \$15  Occlusal (Night) Guard Covered at 100%  Athletic Mouth Guard \$100	Bridge (per tooth)	\$250 <sup>4</sup>
Root Planing (per quadrant)  Oral Surgery³  Routine Extraction (Single Tooth)  Surgical Extraction  Orthodontic Services³  Pre-Orthodontic Service  Comprehensive Orthodontia  \$2,500  Dental Implants³  Dental Implant Surgery  Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³  Nitrous Oxide (per visit)  Occlusal (Night) Guard  Athletic Mouth Guard  Sovered at 100%  Covered at 100%  Covered at 100%  Athletic Mouth Guard	Endodontics & Periodontics <sup>3</sup>	
Oral Surgery³  Routine Extraction (Single Tooth)  Surgical Extraction  Orthodontic Services³  Pre-Orthodontic Service  \$1505  Comprehensive Orthodontia  \$2,500  Dental Implants³  Dental Implant Surgery  Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³  Nitrous Oxide (per visit)  Occlusal (Night) Guard  Athletic Mouth Guard  \$100	Root Canal Therapy	\$50
Routine Extraction (Single Tooth)  Surgical Extraction  Orthodontic Services³  Pre-Orthodontic Service  \$150 <sup>5</sup> Comprehensive Orthodontia  \$2,500  Dental Implants³  Dental Implant Surgery  Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³  Nitrous Oxide (per visit)  Occlusal (Night) Guard  Athletic Mouth Guard  Covered at 100%	Root Planing (per quadrant)	Covered at 100%
Surgical Extraction \$50  Orthodontic Services³  Pre-Orthodontic Service \$150⁵  Comprehensive Orthodontia \$2,500  Dental Implants³  Dental Implant Surgery Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³  Nitrous Oxide (per visit) \$15  Occlusal (Night) Guard Covered at 100%  Athletic Mouth Guard \$100	Oral Surgery <sup>3</sup>	
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Pre-Orthodontic Service \$150 <sup>5</sup> Comprehensive Orthodontia \$2,500  Dental Implants³  Dental Implant Surgery Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³  Nitrous Oxide (per visit) \$15  Occlusal (Night) Guard Covered at 100%  Athletic Mouth Guard \$100	Surgical Extraction	\$50
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Dental Implants³  Dental Implant Surgery Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³  Nitrous Oxide (per visit) \$15  Occlusal (Night) Guard Covered at 100%  Athletic Mouth Guard \$100	Pre-Orthodontic Service	\$150 <sup>5</sup>
Dental Implants³  Dental Implant Surgery Implant benefit maximum of \$1,500 per calendar year  Miscellaneous³  Nitrous Oxide (per visit) \$15  Occlusal (Night) Guard Covered at 100%  Athletic Mouth Guard \$100	Comprehensive Orthodontia	\$2,500
Dental Implant Surgery  Miscellaneous³  Nitrous Oxide (per visit)  Occlusal (Night) Guard  Athletic Mouth Guard  Implant benefit maximum of \$1,500 per calendar year  \$15  Covered at 100%  \$100		
Miscellaneous³Nitrous Oxide (per visit)\$15Occlusal (Night) GuardCovered at 100%Athletic Mouth Guard\$100		Implant benefit maximum of \$1,500 per calendar year
Occlusal (Night) Guard Covered at 100% Athletic Mouth Guard \$100		
Occlusal (Night) Guard Covered at 100% Athletic Mouth Guard \$100	Nitrous Oxide (per visit)	\$15
Athletic Mouth Guard \$100	100	Covered at 100%
·	, ,	
	Out of Area Emergency Care is Reimbursed Up to \$100	

<sup>&</sup>lt;sup>5</sup>Copay credited towards the Comprehensive Orthodontia Treatment copay if patient accepts treatment plan.





 $<sup>^1</sup>$ Benefits for implant surgery have a benefit maximum, if covered.  $^2$ An office visit copayment applies at each visit, in addition to any copayments for services.

<sup>&</sup>lt;sup>3</sup>Benefit is subject to a 12 month waiting period for members who previously waived dental coverage.

<sup>&</sup>lt;sup>4</sup>Dental implant-supported prosthetics (crowns, bridges, and dentures) are not a covered benefit.



## **Dental Benefits: Delta Dental**

# Quality coverage for your **smile**

**△** DELTA DENTAL®

With Delta Dental of Oregon plans, you'll have access to Delta Dental, the nation's largest dental network.

#### **Dental benefit highlights**

Our Delta Dental of Oregon plans connect you with great benefits and quality innetwork dentists. You can count on:

- Freedom to choose a dentist
- Contracted-fee savings from participating dentists
- Savings from in-network dentists
- Cleanings every six months
- Predetermination of benefits if requested in a pretreatment plan
- No claim forms
- Superior customer service

Our dental plans also include useful online tools, resources and special programs for those of you who may need extra attention for your pearly whites.

## Delta Dental networks go where you go

Each Delta Dental of Oregon plan comes with a Delta Dental network. It includes thousands of dentists across the state and country.

In-network dentists agree to accept our contracted fees as full payment. They also don't balance bill — the difference between what we pay and the dentist's fees. This can help you save on out-of-pocket costs. If you see providers outside the network, you may pay more for care.





## **Dental Benefits: Delta Dental**

#### **Delta Dental Premier® Network**

This is the largest dental network in Oregon and nationwide. It includes more than 2,400 providers in Oregon and over 156,000 Delta Dental Premier Dentists nationwide. To have access to our Premier Network, you will want to select Dental Plan 1, 5 or 6.

#### Delta Dental PPOSM Network

This is one of the largest preferred provider organization (PPO) dental networks in Oregon and across the country. It includes more than 1,388 participating providers in Oregon and offers access to over 112,451 Delta Dental PPO dentists nationwide. These providers have agreed to lower contracted rates, which means more savings for you. In order to access the PPO network savings, you will want to select the Exclusive PPO plan.

#### **Exclusive PPO plan option**

The Exclusive PPO plan option uses the Delta Dental PPO Network. It is important to keep in mind that the Exclusive PPO plan does not pay for services provided by a Premier or non-contracted dentist.

## Health through Oral Wellness® program

All plans include access to the Health through Oral Wellness Program. This patient-centered program provides enhanced benefits designed to help you maintain better oral health through risk assessment, education and additional evidence-based preventive care.

#### **Dental tools**

You can use our dental tools to manage your dental health easily, in one online location. Use dental tools to:

- Find a dentist
- Schedule appointments
- View benefits and claims
- Find out your risk for cavities and gum disease
- View articles about dental health topics



## **Dental Benefits: Delta Dental**

020 - 21 Dental plan benefit table	Incentive Plans			
	Plan 1 <sup>2</sup>	Plan 5²	Plan 6³	Exclusive PPO <sup>3,4</sup>
Network		Premier		PPO
	Iı	n-network, you p	pay	In-network, you pay
Plan-year costs				
Deductible	\$50	\$50	\$50	\$50
Benefit maximum	\$2,200	\$1,700	\$1,200	\$1,500
Preventive and diagnostic services <sup>1</sup>				
Exam and prophylaxis/cleanings (once every six months)	30% - 0%²	30% - 0%²	0%	0%
Bitewing X-rays (once every 12 months)	30% - 0%2	30% - 0%2	0%	0%
Topical fluoride application (ages 18 and under)	30% - 0%2	30% - 0%2	0%	0%
Sealants and space maintainers	30% - 0%2	30% - 0%²	0%	0%
Restorative services				
Fillings (posterior teeth paid to composite)	30% - 0%²	30% - 0%2	20%	10%
Inlays (composite reimbursement fee)	30% - 0%²	30% - 0%²	20%	10%
Oral surgery and extractions	30% - 0%²	30% - 0%2	20%	10%
Endodontics and periodontics	30% - 0%²	30% - 0%²	20%	10%
Major restorative services				
Gold or porcelain crowns	30% - 0%²	30%	50%	20%
Implants	30% - 0%²	50%	50%	20%
Onlays	30% - 0%²	30%	50%	20%
Prosthodontics services				
Dentures and partial dentures	30% - 0%²	50%	50%	20%
Bridges	30% - 0%2	50%	50%	20%
Other services				
Nitrous Oxide	50%	50%	50%	50%
Occlusal guards night guards <sup>5</sup> and athletic mouthguards)	50%	50%	50%	50%
Orthodontic services <sup>1,6</sup>				
Lifetime maximum — \$1,800	20%	20%	N/A	20%

<sup>1</sup> Deductible waived.

For limitations and exclusions, visit modahealth.com/oebb/members and refer to your Member Handbook.

<sup>2</sup> Under this incentive plan, benefits start at 70 percent for your first plan year of coverage. Thereafter, benefit payments increase by 10 percent each plan year (up to a maximum benefit of 100 percent) provided the individual has visited the dentist at least once during the previous plan year. Failure to do so will cause a 10 percent reduction in benefit payment the following plan year, although payment will never fall below 70 percent.

3 Moving from a constant benefit plan (6 or Exclusive PPO) to an incentive benefit plan (1 or 5) will cause the benefit level to start at 70 percent.

<sup>4</sup> This plan has no out-of-network benefit. Services performed outside the Delta Dental PPO network are not covered unless for a dental emergency. Covered emergencies consist of problem focused exam, palliative treatment and X-rays. All other services are considered non-covered.

<sup>5 \$250</sup> maximum, once every five years.

<sup>6</sup> Orthodontic services do not apply toward the plan-year benefit maximum.



# VISION STATES

Kaiser Permanente Moda Health VSP



## **Vision Benefits:** Kaiser Permanente



## Kaiser Permanente vision coverage

At Vision Essentials by Kaiser Permanente, we see eye care differently. Healthy sight is more than glasses and contact lenses. Our optometrists and ophthalmologists provide comprehensive eye care, including routine eye exams, to help keep your vision sharp and your eyes healthy.







Through our electronic health record system, all your care providers can see a comprehensive picture of your health and act as part of a team to help you make better health care decisions.

Providers will notify you of gaps in your health care and help you schedule preventive appointments, including vaccinations, physicals, and important eye health screenings.



#### Convenience

We have clinic locations from Salem to Longview, most located in medical offices. To schedule an exam, order contact lenses, or find a location near you, visit kp2020.org or call 1-800-813-2000 (TTY 711).

#### **Getting care in Lane County**

Members in Lane County can get routine eye exams at Oregon Eye Associates or PeaceHealth Eye Care and Optical Shop.

To make an appointment, please contact:

Oregon Eye Associates ......541-484-3937

1-800-426-3937

PeaceHealth Eye Care and Optical Shop......458-205-6257

## 2020-2021 vision benefits summary

Plan benefits – every 12 consecutive months	Vision Plan*
Routine eye exam	See medical plan summary
Hardware allowance: frames, lenses, and contact lenses \$100 of your annual \$250 allowance may be used toward nonprescription sunglasses and/or digital eyestrain glasses.	\$250
Additional benefits	
50/50 Protection Plan	Included
Second pair of complete glasses	Save 30%

<sup>\*</sup>Must be enrolled in a Kaiser Permanente medical plan to enroll in the Kaiser Permanente vision plan.

This is not a contract. This benefit summary does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. For more details of your benefit coverage, exclusions and limitations, claims review, and adjudication procedures, please see your Evidence of Coverage (EOC) or call Member Services. In the case of a conflict between this summary and the EOC, the EOC will prevail.



## **Vision Benefits: Moda Health**

# Bringing it all into **focus**

Seeing is believing when it comes to better health. These vision plans ensure that you can focus on feeling your best.

#### 2020-21 Vision plan benefit table

	Opal	Pearl	Quartz
Benefit maximum	\$600	\$400	\$250
	What you pay		
Eye examinations (including refraction) Frequency: Once per plan year	0%1		
Lenses² Frequency: Contacts (including disposable contacts) or one pair of lenses per plan year	0%1		
Frames Frequency: One pair per plan year for members under 17 years old. One pair every two plan years for members 17 and older.	O%¹		

<sup>1</sup> Subject to benefit maximum.

#### Limitations and exclusions

- ${\color{blue}\textbf{-}}$  Vision exam and hardware benefits are all subject to the plan-year benefit maximum.
- Percentages shown reflect what members pay for covered vision exam, frames and lenses.
- Noncovered, excluded services are the member's responsibility and do not apply toward the plan-year maximum.

For more limitations and exclusions, visit modahealth.com/oebb/members and refer to your Member Handbook.

<sup>2</sup> Includes single vision, bifocal, trifocal or contacts.



## **Vision Benefits: VSP**



**VSP Choice Plus Plan** VSP Provider Network: VSP Choice **VSP Choice Plan®** VSP Provider Network: VSP Choice

VSP Choice Pit	is Plan VSP Provider Network: VS	or Choice	VSP Choice Pla	an VSP Provider Network: VSP (	SHOICE
Benefit	Description	Copay	Benefit	Description	Copay
Your Coverage with a VSP Choice Network Provider  Your Coverage with a VSP Choice Network Provider				r	
WellVision® Exam	<ul> <li>Focuses on your eyes and overall wellness</li> <li>Check to see if your Costco doctor is a participating provider before making an appointment.</li> <li>Every 12 months</li> </ul>	\$10	WellVision Exam	<ul> <li>Focuses on your eyes and overall wellness</li> <li>Check to see if your Costco doctor is a participating provider before making an appointment.</li> <li>Every 12 months</li> </ul>	\$10
Prescription Glas	ses	\$20	Prescription Glas	sses	\$20
Frame	\$300 allowance for a wide selection of frames     \$350 allowance for featured frame brands     20% savings on the amount over your allowance     Frame allowance is equivalent to \$165 Costco® / Wal-Mart® based on Costco® / Wal-Mart® pricing     Every 12 months	Included in Prescription Glasses	Frame	\$150 allowance for a wide selection of frames     \$200 allowance for featured frame brands     20% savings on the amount over your allowance     Frame allowance is equivalent to \$80 Costco / Wal-Mart based on Costco / Wal-Mart pricing     Every 12 months	Included in Prescription Glasses
Lenses	<ul> <li>Single vision, lined bifocal, and lined trifocal lenses</li> <li>Polycarbonate lenses for dependent children</li> <li>Every 12 months</li> </ul>	Included in Prescription Glasses	Lenses	<ul> <li>Single vision, lined bifocal, and lined trifocal lenses</li> <li>Polycarbonate lenses for dependent children</li> <li>Every 12 months</li> </ul>	Included in Prescription Glasses
Lens Enhancements	<ul> <li>Polycarbonate lenses</li> <li>Scratch-resistant and UV coating</li> <li>Anti-reflective coatings</li> <li>Standard progressive lenses</li> <li>Premium/Custom progressive lenses</li> <li>Average savings of 20-25% on other lens enhancements</li> <li>Every 12 months</li> </ul>	\$0 \$0 \$15 \$0 \$15	Lens Enhancements	Scratch-resistant and UV coating     Standard progressive lenses     Premium progressive lenses     Custom progressive lenses     Average savings of 20-25% on other lens enhancements     Every 12 months	\$0 \$0 \$95 – \$105 \$150 – \$175
Contacts (instead of glasses)	\$300 allowance for contacts (in lieu of frames and lenses)     Contact lens exam (fitting and evaluation)     15% off of contact lens exam services     Every 12 months	Up to \$60	Contacts (instead of glasses)	\$150 allowance for contacts (in lieu of frames and lenses)     Contact lens exam (fitting and evaluation)     15% off of contact lens exam services     Every 12 months	Up to \$60
Suncare	\$300 allowance for ready-made non-prescription sunglasses instead of prescription glasses or contacts     Every 12 months	\$20	Suncare	\$150 allowance for ready-made non-prescription sunglasses instead of prescription glasses or contacts     Every 12 months	\$20
Diabetic Eyecare Plus Program <sup>SM</sup> - Services related to diabetic eye disease, glaucoma and age-related macular degeneration (AMD). Retinal screening for eligible members with diabetes. Limitations and coordination with medical coverage may apply. Ask your VSP doctor for details.  - As needed  - Services related to diabetic eye disease, glaucoma and age-related macular degeneration (AMD). Retinal screening for eligible members with diabetes. Limitations and coordination with medical coverage may apply. Ask your VSP doctor for details.					\$20
Extra Savings	Glasses and Sunglasses  • Extra \$50 to spend on featured frame brands. Go to vsp.com/offers for details.  • 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP Choice Network provider within 12 months of your last WellVision Exam.				
Retinal Screening  No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam  Laser Vision Correction  Average 15% off the price or 5% off the promotional price; discounts only available from contracted facilities					

	Your Coverage with Out-of-network Providers				
Exam	Visit <b>vsp.com</b> for details, if you plan to see a provider other than a VSP Choice Network Provider.  Examup to \$45 Single Vision Lensesup to \$30 Lined Trifocal Lensesup to \$65 Contactsup to \$100 Frameup to \$70 Lined Bifocal Lensesup to \$50 Progressive Lensesup to \$50				

Coverage with a participating retail chain may be different. Once your benefit is effective, visit vsp.com for details. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location.



# The Standard (Life & Disability Insurance)

# Unum (Long Term Care)

Reliant Behavioral Health



## Life and AD&D Insurance: The Standard

## **The Standard**

Visit The Standard's OEBB microsite at **standard.com/mybenefits/oebb/** to access product information, a needs estimator and our Decision Support Tool, which can help you assess your specific coverage needs.

#### **Optional Life Insurance**

Eligible employees may elect Optional Life coverage in units of \$10,000, to a maximum of \$500,000. Dependent coverage is available for a spouse/domestic partner in units of \$10,000, to a maximum of \$500,000 and for eligible children in units of \$2,000, to a maximum of \$10,000. Optional Dependent Life coverage cannot exceed 100% of the Employee Optional Life coverage.

The guaranteed issue amount for employee coverage elected when first eligible is \$200,000. Any amount requested in excess of the Guarantee Issue amount will be subject to medical underwriting approval. For members who have already elected Optional Life coverage, you may increase coverage by \$20,000 during the annual enrollment period (not to exceed the Guarantee Issue amount) without providing evidence of insurability. The Guaranteed Issue amount for spouse/partner coverage when first eligible is \$30,000. Any amount requested in excess of the guarantee issue amount will be subject to medical underwriting approval.

For your convenience, Life insurance from The Standard also includes helpful life planning and travel assistance tools.

- The Life Services Toolkit\* is a resource that can help employees and their beneficiaries deal with the loss of a loved one or plan for the future. Employees can access an online portal for estate planning, funeral arrangement, identity theft prevention, financial planning and health and wellness resources. Services for beneficiaries include grief and loss support, financial counseling and legal services.
- Travel Assistance\* is available to covered employees and their family members when traveling more than 100 miles from home or internationally for up to 180 days. In addition to travel planning, this service includes assistance with lost credit card replacement, passport replacement, legal and medical resources, medical evacuation and repatriation.

#### Optional Life Brochure: www.standard.com/ eforms/10391d 646595.pdf

## AD&D - Accidental Death and Dismemberment Insurance

By participating in the group Optional AD&D insurance plan through OEBB, your employer offers you an excellent opportunity to help protect your loved ones. With Optional AD&D coverage, you, your dependents or your beneficiaries as applicable may receive an AD&D insurance benefit in the event of death and dismemberment as a result of a covered accident. You may elect coverage for yourself or elect coverage for yourself and your spouse/domestic partner and/or eligible children.

- Employee in units of \$10,000, up to a maximum of \$500,000
- Spouse/domestic partner in units of \$10,000, up to a maximum of \$500,000 (not to exceed the amount of the employee's coverage)
- Children in units of \$2,000, up to a maximum of \$10,000 (not to exceed the amount of the employee's coverage)

**Optional AD&D Brochure:** 

www.standard.com/ eforms/4241\_646595.pdf

\*The Life Services Toolkit is provided through an arrangement with Morneau Shepell, which is not affiliated with The Standard. Travel Assistance is provided through an arrangement with UnitedHealthcare Global, which is not affiliated with The Standard. These services are not insurance products and may be subject to limitations or exclusions.



# **Short and Long Term Disability Insurance:** The Standard

#### **Disability Insurance**

Short Term Disability (STD) and Long Term Disability (LTD) insurance are designed to pay a benefit to you in the event you cannot work because of a covered illness, injury or pregnancy. These benefits replace a portion of your income, thus helping you meet your financial commitments in your time of need. Check with your employer for enrollment availability.

#### **Short Term Disability**

STD insurance is designed to pay a weekly benefit to you in the event you cannot work because of a covered non-occupational illness or injury. This benefit is an income replacement insurance. The weekly benefit amount, calendar day waiting period, and benefit duration will depend upon the plan selected by your employer.

Note: If you enroll after you first became eligible or with a qualifying mid-year change event, you will be subject to a late enrollment penalty. This means that if you file a claim for any condition other than an accidental injury during the first 12 months your coverage is effective, STD benefits will not become payable until after you have been continuously disabled for 60 days and remain disabled.

## Short Term Disability Brochure: www.standard.com/

eforms/10388d\_646595.pdf

#### **Long Term Disability**

LTD insurance is designed to pay a monthly benefit to you in the event you cannot work because of a covered illness or injury. This benefit is an income replacement insurance. The monthly benefit amount and calendar day waiting period will depend upon the plan selected by your employer.



## Long Term Disability Brochure: www.standard.com/eforms/10386d 646595.pdf











## Long Term Care Insurance: Unum



#### **Unum**

OEBB offers **Long Term Care Insurance** through Unum as a valuable benefit option for participating employers to offer OEBB members. Long Term Care is the type of care you may need if you couldn't independently perform the basic activities of daily

living: bathing, dressing, using the toilet, transferring from one location to another, continence and eating, or if you suffered severe cognitive impairment from a condition such as Alzheimer's disease. If this situation were to occur, this coverage could help pay for a home health aide, an assisted living facility or a private nursing home.

Please confirm with your employer whether this benefit is available to you and, if so, how to access it. Learn more at: **w3.unum.com/enroll/OEBB** 

# **Employee Assistance Program:**Reliant Behavioral Health



OEBB offers Employee Assistance Program (EAP) benefits through Reliant Behavioral Health (RBH). This is a free benefit to you if your employer offers this program. EAP helps you privately solve problems that may interfere with your work, family and life in general. EAP services are FREE to you, your dependents and all household members. EAP services are always confidential and provided by experts.

Confidential Counseling

- 24-hour Crisis Help
- In-person Counseling
- Telephonic Counseling
- Online Consultations

Other Available Services

- Childcare Referral Services
- Adult and Eldercare Referral Services
- Discounted Legal Services
- Financial Guidance Services
- Discounted Mediation Services
- Home Ownership Program
- Online Legal Forms (e.g., Will; Living Trust; Power of Attorney, etc.)
- Identity Theft Recovery Assistance

If your employer has selected this OEBB benefit, you can access services by:

- Calling 1.866.750.1327 or
- · Logging on to ibhsolutions.com
- Select MEMBERS (top right corner)
- Click the RBH logo
- Enter the Access Code: OEBB



# **Enrollment Guide** 2020-21 Plan Year



# **Enroll starting August 15 at OEBBenroll.com**

#### **Plan Ahead!**

The MyOEBB enrollment system will be unavailable from **8 p.m. Monday, August 31 until 9 a.m. Tuesday, September 1.** Please plan your enrollment activities accordingly.



## **Need Help?**

#### **Contact OEBB Member Services**

888-4My-OEBB (888-469-6322) oebb.benefits@state.or.us

#### Regular Hours (outside Open Enrollment)

Monday-Friday, 8 a.m. - 5 p.m.

#### **Extended Hours**

(during Open Enrollment)

Monday-Friday, 7 a.m. - 6 p.m. Closed weekends & holidays including Saturday and Sunday, August 15 and 16, and Monday, September 7 (Labor Day).