EAP | SUMMARY OF SERVICES

Here for you when life gets challenging.

The Employee Assistance Program (EAP) is a **FREE** and **CONFIDENTIAL** benefit for you and your family members provided by **OEBB.**

Counseling Eight (8) sessions in-person, on the phone, or virtually for concerns such as:

- Depression
- Anxiety
- Relationships and family
- Workplace challenges
- Stress management
- Alcohol or substance misuse
- Grief and loss
- Professional development

ADDITIONAL SERVICES

Resources for Life

Assistance in finding childcare, adult care, caregiving resources, and more.

Legal Consultations/Mediation

Free 30-minute consultation and a 25% discount on services thereafter.

Financial Coaching

Unlimited guidance to improve spending, debt reduction, credit enhancement, savings, and retirement planning.

Identity Theft

60-minute consultation with a Fraud Resolution Specialist™ to restore identity and credit.

Home Ownership and Housing Support

Aid and discounts for home transactions and housing assistance resources.

Coaching

Eight (8) phone or video sessions with a Coach for goal setting, healthy habits, and personal development.

Pet Parent Resources

Information, support, and discounts for pet owners.

Wellbeing Tools

Fertility health support, wellness resources, gym discounts.

Member Site

Personal and professional development videos, webinars, self-assessments, online legal tools, and more at canopy.myrevive.health. Log in or register as a new user with your organization's name: **OEBB**

Self-Scheduling Portal

Register with your work email address for online provider search and appointment management.

Anonymous Virtual Peer Support

A safe place to connect, share, and discuss what's on your mind. Visit canopy.myrevive.health and select "Peer Support".

Enlight

Access digital therapy and wellness tools to improve the way you feel. Download the Canopy app by searching for "Canopy EAP" in Google Play or the App Store.

Crisis Counselors are available 24/7/365

HOW TO ACCESS SUPPORT

PHONE
800-433-2320

TEXT
503-850-7721

MEMBER PORTAL

VISIT
canopy.myrevive.health

ORG NAME
OEBB

revive | oebb

Always affordable. Always available. Always awesome.

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