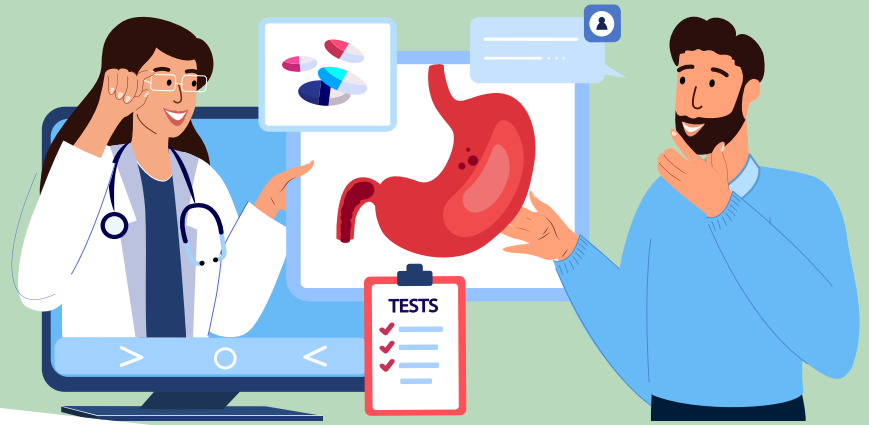




June 2025

Benefits News



OEBB's Digestive Health Resources

This document is part of the OEBB June Newsletter, Digestive Health. To access other resources, visit the [News and Events](#) page.



Moda Health

- [Health coaching](#)
- [Wellness programs and workshops](#)
- [WeightWatchers](#)



Kaiser Permanente

- [Health coaching](#)
- [Healthy lifestyle programs](#): Personalized online programs that help you create action plans to reach your health goals
- [Chronic condition support](#): Resources and programs for ongoing health conditions
- [Omada](#): Weight management program (ages 18+)
- [WeightWatchers](#)
- [Health assessment](#): Online health risk assessment



Canopy:

- [Canopy app](#): EAP mobile app
- [Peer support](#): Anonymous chat community moderated by licensed clinicians. Click the "Peer Support — Chat Now" button at the top