



OEBB
Reliant
Behavioral
Health

866-750-1327
ibhsolutions.com
Access Code:
OEBB



OEBB Employee Assistance Program (EAP)

What Is An EAP?

2

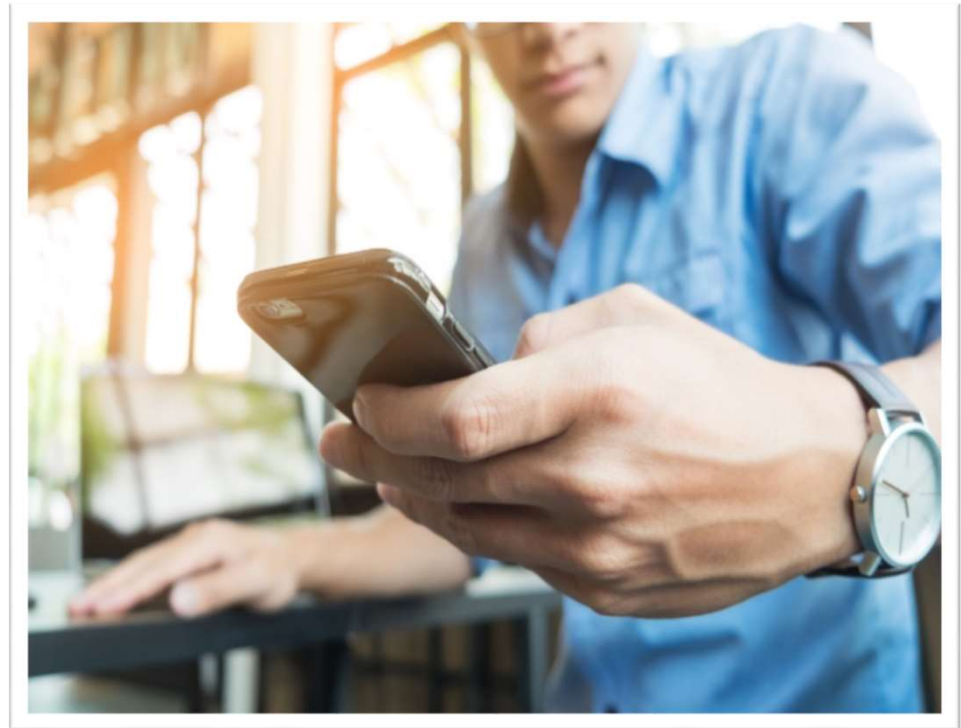
- Work-Life Balance Resource
- Counseling & Other Work-Life Services
- Confidential
- Employer Paid
- OEBB Employees & Their Household Members



Counseling

3

- ❑ 1-866-750-1327
- ❑ No Co-Pays
- ❑ Face-to-face Sessions
- ❑ Counseling by Phone
- ❑ 24-Hour Crisis Help
- ❑ RBH eAccess
 - www.ibhsolutions.com
 - click “members”
 - click the RBH Logo
 - Access Code: OEBC
 - “Go to eAccess” link



Additional Work-Life Balance Resources

4

- ❑ Legal & Mediation
- ❑ Childcare, Adult & Eldercare



Additional Work-Life Balance Resources



5

- ❑ Online Will Preparation
 - www.ibhsolutions.com
 - Click “members”
 - Click the *RBH* Logo
 - Access Code: OEBC
 - Click *Life-Balance* tab
 - Click *Wills & Other Legal Forms*
- ❑ Homebuyers Program
- ❑ Identity Theft Recovery Assistance



Additional Work-Life Balance Resources



6

- ❑ Financial
- ❑ Personal Advantage
 - www.ibhsolutions.com
 - Click “members”
 - Click the *RBH* Logo
 - Access Code: *OEBB*
 - Sign on to *Personal Advantage*



Resilience Resources!

7

- ❑ Free Resilience Webinars
- ❑ Optional 1:1 Resilience Coaching



Thank You!



8

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