



**Uprise Health
 Employee Assistance Program Rates
 2023-24 Plan Year**



Employer Paid Plans	
Plan Options	EAP Services (Per Employee/Per Month)
1- 8 Counseling Visits per incident including 8 sessions of digital behavioral health coaching per year	\$0.90
Individual Coaching	Included in the EAP rate. 8 coaching sessions per year.

Employer Paid Worksite Services	
Plan Options	Worksite Services
CIR Standard Response Next Day	\$300 per hour with 2 hr minimum
Educational Trainings	\$325 per webinar hr In-person \$550 per hour + travel

* Worksite services are not included in the per employee/per month cost and must be purchased separately. Discount applies if purchased during EE Plan Management.