

OEBB Healthy Futures Exemptions Policy

POLICY EFFECTIVE DATE: March 5, 2014

REVISED: August 7, 2017

PURPOSE: The purpose of this policy is to establish guidelines for request, review and approval of subscriber exemption from completion of the Healthy Futures health risk assessment and/or the two healthy activities requirements.

AUTHORITY: ORS 243.864(1)(a)

APPLICABILITY: OEBB subscribers and OEBB staff

I. Healthy Futures Exemption Eligibility

The Oregon Educators Benefit Board (OEBB) will allow exemptions from the Healthy Futures' online health assessment and/or the two healthy activities requirements for eligible subscribers whose condition, disability or situation makes it unreasonably difficult or medically inadvisable. Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you are unable to meet the standards for a reward under Healthy Futures, completing the health assessment and two healthy activities, you might qualify for an opportunity to earn the same reward by different means.

Exceptions include:

- Serving in the military overseas
- Incarcerated in a state or federal correctional facility
- The health assessment does not meet my gender identity needs
- Medical condition* or disability

*Medical condition or disability includes any physical or mental condition that would prevent the member from completing the online health assessment or participating in any of the Healthy Futures activities online, at work, at home, or in

the community. These include, but are not limited to, visual impairments, physical and mental conditions, hospice care, or receiving long-term care.

II. Procedure for Requesting Exemption

1. Subscribers that meet one of the exemptions listed above complete and submit an [OEBB Healthy Futures Exemption Form](#) no later than October 15 of the plan year for the health assessment and healthy activities. Written forms will be provided to the subscriber via fax or mail if necessary.
2. Subscribers will be notified in writing or email whether they are exempt from the Healthy Futures program requirements no later than 30 days after the exemption request is received. The exemption only applies to the plan year for which it is approved.
3. Subscribers receiving an exemption from the Healthy Futures program requirements will be eligible to receive the reduced medical plan deductible under the program.