

FUNDAMENTALS OF PEER SUPPORT *

(Addiction Recovery Coach Academy by CCAR:
Oregon Supplement)

When:	Thursday	Jan 30	8:00 am to 4:30 pm
	Friday	Jan 31	8:00 am to 4:30 pm
	Saturday	Feb 1	8:00 am to 4:30 pm
	Friday	Feb 7	8:00 am to 4:30 pm
	Saturday	Feb 8	8:00 am to 4:30 pm

Where: **Foundations for Recovery**

110 N Ivy Street
Medford, Oregon 97501 (541)-245-HOPE (4673)

Dear Participant:

Whether you are in recovery, a friend, or family member of someone in recovery, or a recovery ally, this course will provide you with the knowledge and skills necessary to guide and mentor others through their own recovery process. Much like the journey of recovery, this training provides you with a transformational experience...whether you end up coaching professionally or use these concepts in a volunteer role, or just use it to work on your own recovery...you will be transformed.

This course is accepted by the OHA and MHACBO (formerly ACCBO) for both PSS and CRM certifications. **Participants seeking certification must meet abstinence requirement of 2 years and identify as a person in recovery.**

Participants in this course will learn to:

- ◆ Describe the roles and functions of a recovery coach
- ◆ List the components, care values & guiding principle of recovery
- ◆ Build skills to enhance relationships
- ◆ Explore many dimensions of recovery & recovery coaching
- ◆ Discover attitudes about self-disclosure
- ◆ Understand the stages of recovery & stages of change
- ◆ Gain a working knowledge of Oral Health Care
- ◆ Increase awareness of culture, power & privilege
- ◆ Address ethical & boundary issues
- ◆ Incorporate trauma-informed care into a peer support approach

Thank you for your willingness to help others along their path of recovery.

FFR Staff
susan@rogueretreat.com

* This training program has been approved by the Oregon Health Authority to provide certification training for Traditional Health Workers. If you have any questions, comments or concerns about Oregon's Traditional Health Worker training & certification program, contact THW.Program@state.or.us



Cost:

**\$ 425.00
per person**

(includes all materials, breakfast, lunch, snacks, coffee/ water)

Foundations for Recovery is accepting applications for PSS Training for Adult Addictions. This training will equip the student with skills to effectively mentor adults seeking drug and alcohol recovery support. For more information please contact FFR at 541-245-HOPE.