
The doctor will see you now – on your smartphone, tablet or computer!



Telemedicine is available to all PEBB members at no cost

PEBB members and their dependents can talk with a health care worker while at work, home, school or anywhere if a health issue is a concern.

Got a kid heading to college? Have them download your insurance carrier's app and make sure they have a copy of their insurance card. Also, call your insurance carrier's customer service and find out where the preferred medical facilities are located.

- **Kaiser Permanente** – With Kaiser Permanente, [getting care when and where you need it](#) is easier than ever. In addition to seeing providers in a medical office or clinic, members can access many other convenient care options. These care options include emailing your provider, scheduling a telephone visit or [joining your doctor for a video telehealth visit](#).
 - **Moda** – Moda members can access eDoc by logging into their [MyModa account](#) at www.modahealth.com/pebb/. eDoc allows members to send secure email questions to medical providers and receive a response within 24 hours. Members can also access the Nurse Advice Line by calling 866-321-7580.
 - **Providence Choice and PEBB Statewide** – [Express Care Virtual!](#) Our licensed and board-certified providers are here to see you from 8 a.m. to midnight. No appointment needed! PEBB members receive a diagnosis and treatment plan, even a prescription or doctor's note if you need one all at no cost to the member. Just go to [Express Care Virtual](#) to get started. If you are experiencing a medical emergency, you should dial 911 immediately.
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