Health care choices for PEBB retirees

As an active state employee enrolled in PEBB benefits, you have several health coverage options to consider if you’re planning to retire before you’re eligible for Medicare. They include:

- Continuing your PEBB coverage by enrolling as an eligible retiree
- Enrolling in a plan offered by the Public Employees Retirement System (PERS)
- Continuing coverage in PEBB plans through the federal law known as COBRA
- Enrolling in an individual plan through the healthcare plans marketplace.

PEBB retiree program administration

BenefitHelp Solutions (BHS) administers the benefit program for PEBB-eligible retirees (see Resources, p. 4). BHS is responsible for

- Enrolling retirees in their selection of medical, dental and vision plans
- Collecting, accounting for and transferring premium payments
- Notifying retirees of their coverage continuation options

If you enroll in PEBB plans as a retiree, you must self pay the premiums. The state as the employer pays no share of retiree premiums. See next year’s healthcare rates below.

BHS will enroll eligible retirees and continue their coverage only with timely payment of premium. Premium payment is due by the first of the month for coverage in that month. Retirees may make premium payments via electronic funds transfer between their financial institution.

Contact BHS about methods of premium payment.
Eligibility for the PEBB retiree program

Who is eligible to enroll?

To be eligible to enroll you must meet both of the following requirements:

• Eligible to receive retirement benefits through PERS or another state retirement system
• Enrolled in a PEBB medical or dental plan

You may move to PEBB retiree coverage only from either active employee coverage or COBRA coverage.

What’s the effect of Medicare eligibility?

Retirees who become eligible for Medicare are no longer eligible for PEBB. If you’re eligible for Medicare, contact the PERS health insurance program or Medicare. For more information, contact SHIBA. See Resources on Page 4.

Who else may I cover?

You can cover a spouse or domestic partner and dependents who are currently covered in your health care plans at the time of your retirement and who are not eligible for Medicare. You may not add any new dependents to coverage when you move to retiree status.

What plans are available to retirees?

All PEBB medical (vision) and dental plans that are available to active employees are available to retirees. This includes the plans available only to part-time employees.

You can enroll in different medical, dental and plans from those you had as an active employee. You can enroll yourself and your dependents in medical only, dental only, or both medical and dental plans.

Note that if you choose only dental coverage, you can’t add medical later. The same holds true if you choose only medical. You may discontinue either coverage, but you may not enroll for that coverage later.

Are there pre-existing condition criteria?

No. Medical plans can’t deny coverage based on pre-existing conditions.

May survivors continue coverage?

Your PEBB-covered survivors may continue coverage as long as they pay the premium, don’t have a lapse in coverage or become eligible for Medicare. Ex spouses and former domestic partners may not continue coverage.

Comparing plans - and thinking about vision coverage

Compare your choice of PEBB health plans by viewing the plan comparisons and retiree premium rates in the attachment. You can choose from both part-time and full-time plans. Kaiser full-time medical plans include vision coverage. If you enroll in a medical plan other than a Kaiser full-time plan, you can enroll in vision coverage in the VSP Basic or Plus Plan.
Enrolling as a retiree

When do I enroll as a PEBB retiree?

Your PEBB coverage must be continuous – without a lapse – and you must enroll within 30 days of when your active-employee PEBB coverage ends. Contact your agency for the date your active-employee coverage will end. The enrollment deadline is 30 days from that date.

If you enroll and pay premiums during this 30-day window, coverage is retroactive to the date your active-employee group coverage ends.

There are two exceptions.

If you and your spouse or domestic partner are both PEBB-eligible employees, and you’re covered through the other employee’s plan, you may enroll as a PEBB retiree later if you lose that coverage.

If you choose COBRA coverage, you may transfer to the retiree group during or at the end of the COBRA period.

How do I enroll for PEBB coverage?

Complete the Enrollment Form on the PEBB website at www.oregon.gov/oha/pebb and send the completed form to BHS.

When may I change plans?

You may make plan changes during the retiree Plan Change Period, typically the same time as the annual Open Enrollment for active employees.

During the Plan Change Period you can’t add coverage you didn’t already have as a retiree.

Also, you can’t add dependents during this period. You may add dependents only within 30 days of a change in eligibility status. Examples include marriage, divorce, and birth or of a child.

Optional benefits

You can continue optional employee life insurance coverage, but you must do so within 30 days from the date of your retirement. Contact The Standard for more information. See rates on the attached below.

You can also roll payment of the premium to a spouse or domestic partner who is an active state employee.

You can continue long term care insurance you purchased through PEBB by converting the policy to an individual plan within 30 days of your retirement. Contact Unum Provident.

You can’t continue spouse or domestic partner life, dependent life, disability, or accidental death and dismemberment insurance.
Resources

BenefitHelp Solutions (BHS)  
503-412-4241; 855-289-6314  
Fax 503-765-3453  
http://www.benefithelpsolutions.com/pebb/pebb_retiree

Kaiser Plans (medical & dental)  
503-813-2000, 800-813-2000  
my.kp.org/nw/pebb

Moda Health  
877-605-3229  
www.modahealth.com/pebb/

PEBB Statewide & Providence Choice  
Administered by Providence Health Plan  
800-423-9470  
www.providence.org/healthplans/pebb

VSP (Vision Service Plan)  
800-877-7195  
www.vsp.com

ODS (Moda) Dental  
888-217-2365  
www.modahealth.com/pebb/dental

Willamette Dental Insurance  
800-460-7644  
www.willamettedental.com

The Standard Insurance Company  
Phone 800-842-1707  Fax 800-227-4165  
www3.standard.com

Unum  
800-227-4165  
w3.unum.com/enroll/pebb/index.aspx

Cover Oregon - Healthcare.gov  
1-855-268-3767  
www.coveroregon.com

PERS Health Insurance  
503-224-7377, 800-768-7377  
www.pershealth.com

Medicare  
800-MEDICARE or 800-633-4227

SHIBA  
800-722-4134

500 Summer St NE, Salem OR 97301  
Phone: 503-373-1102  
Fax: 503-373-1654  
Member Services: call 503-373-1102 or email inquiries.pebb@dhsoha.state.or.us.  
Feedback about PEBB programs? Provide input to the Board by email at pebb.connect@dhsoha/state.or.us.

http://oregon.gov/oha/pebb  
This document can be provided upon request in an alternative format for individuals with disabilities or in a language other than English.