Frequently asked questions

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What is Weight Watchers®/WW?

WW is Weight Watchers reimagined.

Our purpose is to inspire healthy habits for real life. For people, families, communities, the world, for everyone. We will always have the best weight-loss program on the planet, and now we’re putting our decades of experience in behavior change to work for an even greater mission. We are becoming the world’s partner in wellness. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—we will bring you science-based solutions that fit into your life.

As a reflection of our new mission, we are moving from Weight Watchers to WW—a mark that’s rooted in the familiar but reimagined to welcome everyone who seeks to be healthier, not just manage their weight.

Why is PEBB partnering with WW?

PEBB has teamed up with WW to bring you a program that gives you real-life solutions to get healthier, all at a special price.

If I register for WW, will my membership and weight information be kept confidential?

Yes, it will. Although PEBB will receive information about the total membership, it will not receive any individual or personally identifiable information.

What are the WW offerings through (PEBB)?

Three WW offerings are available to you. You can choose the plan that fits your lifestyle.

Offering 1: Digital (previously referred to as OnlinePlus)

Offering 2: Digital + Workshops (previously referred to as Meetings + OnlinePlus)

Offering 3: Digital + Local Workshop Voucher
Who can take advantage of the WW offerings through PEBB?

PEBB Subscribers and their covered spouses, domestic partners, and dependents age 10* and older are eligible to participate. If you live in Lane, Douglas, Coos, Curry, Josephine, Jackson or Klamath County call 1-800-651-6000.

To become a WW member, you must:

• Not be pregnant.

• Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.

*Dependents age 10-16 may participate in Local Workshops only with written medical permission. To enroll the dependent must present a doctor’s note to the Local Workshop Wellness Coach. The note should contain the dependent’s name, a weight loss goal, and be written on the medical provider’s letterhead or a prescription sheet. The Wellness Coach will provide the dependent with a code required to call WW at 1-866-454-2144 and complete enrollment. Dependents participating in Lane, Douglas, Coos, Curry, Josephine, Jackson, or Klamath County can complete their enrollment at the Local Studio after presenting their doctor’s note. Dependents age 17 may participate in Local Workshops only and do not need a doctor’s note to enroll. Dependents age 18 and older have the choice of participating in Workshops in a local Studio or with Digital and do not need a doctor’s note to enroll. Individuals under the age of 18 are not permitted to subscribe to WW Digital

What is the cost of the WW offerings through PEBB?

Members can participate in up to four, 13 week series per year at no cost.

Member can enroll in the first series by calling WW. Proof of participation in at least 10 out of 13 weeks is required to participate in each subsequent series.

Digital members who have payment information on file with WW must cancel their subscription before the end of your three month plan to avoid being charged the standard monthly rate (currently at $19.95)

How do I register for the WW offerings through PEBB?

You can purchase any one these offerings by calling 1-866-454-2114 (Monday-Friday 8:00 a.m.-10:00 p.m. ET; Saturday 11:00 a.m.-5:00 p.m. ET). Members residing in Lane, Douglas, Coos, Curry, Josephine, Jackson or Klamath County call 1-800-651-6000.
How do I cancel my WW membership?

Our cancellation process is hassle-free. You can easily cancel your Digital or Digital + Workshops (previously known as Meetings + OnlinePlus) membership on our website. Simply log in to your account, go to “Settings,” and then go to “Account” to view your cancellation options. If you would like assistance with cancelling your account, you can call 866-204-2885.