

What's new this month at WW

This Summer is all about YOU!

Success goes *way* beyond the scale. At WW, we celebrate you at every point in your wellness journey - from keeping up with your kids, having fewer negative thoughts, choosing a new outdoor activity – you name it! This Summer, we invite you to recognize all your wins. Plus, you're in good company with WW's community of members just like you.

Join our millions of members loving our award-winning app. You can get *all* this + so much more:

- A personalized plan for you and only you
- Connect – our members-only social community.
- Obé Fitness – on-demand workouts for all fitness levels
- Breathe – audio meditations for anytime, anywhere
- 11,000+ recipes and weekly progress reports



Don't miss this exciting new offer

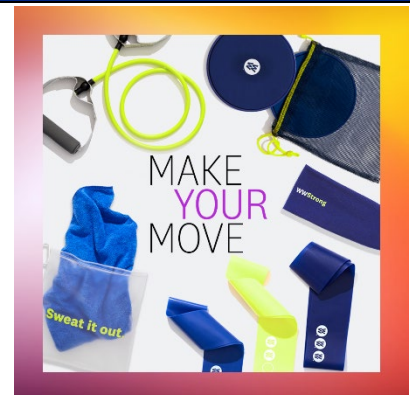
Discover what moves you

Sign Up for WW by 6/30 and get an **Activity Kit** including:

- Resistance bands to help find your strength.
- Matte sliders to build your core and improve balance.
- A cooling towel for recovery.

After you sign-up, redeem for your Kit at ww.com/activitykit

The Activity Kit may be considered taxable income under federal and state law. Please consult a tax expert with any questions regarding your tax obligations



WW recipe of the month

Caesar Salad Coleslaw



Ready for weight loss to feel easier?

Anyone age 18 and older enrolled in a PEBB medical plan can sign up at **NO COST** to you. Visit PEBB.WW.com to learn more.

Your PEBB medical plan pays for your WW and/or Kurbo by WW program monthly until you cancel or until your eligibility for PEBB benefits terminates. Available in participating areas only.