

Healthy Families



Issues

We need to ease the challenges families face. Supporting Oregonians across their lifespan is essential to healthy families. From culturally responsive prenatal and postnatal care to childcare programs, to preventive services for children and adults, to assisting seniors in accessing Medicare. Proper social supports are vital for families to thrive.

While Oregon has developed a bold approach to delivering health care, many across the state continue to face barriers to accessing preventive services. HTO seeks to improve access as preventive healthcare is a powerful tool in reducing the risk of disease, disability and death as well as narrowing the health disparities too many of our communities still face.

Solutions

Strategies to support families with caregiving, parenting and access to preventive services including:

- Ensure access to and resources for affordable, high quality, culturally and linguistically responsive childcare and caregiving
- Build family resiliency through trainings and other interventions

- Ensure access to culturally responsive prenatal and postnatal care for low-income and undocumented people

Healthier Together Oregon's (HTO) approach calls for supporting individuals at all stages in life. Caring for the needs of parents and families before and after the birth of a child ensures the best possible outcomes for the entire family. Access to high quality, culturally responsive home visiting and childcare programs help cultivate youth during an important time in their life.

HTO supports strategies that address socioemotional and health literacy needs through culturally responsive trainings and access to essential social supports for families.

HTO seeks ways to expand preventive health services to ensure families receive the support and guidance they need, when they need it.

These supports increase the likelihood that a family can withstand and rebound from life's challenges and strengthen their resilience.



HTO: A Plan for Building a Better Oregon

Healthier Together Oregon (HTO) is a powerful tool for improving equity for all Oregonians. As COVID-19 has made starkly clear, not everyone has the same opportunity to live a healthy life. People of color, people with low income, people who identify as LGBTQ+, immigrants and refugees, people with disabilities and people who live in rural areas of the state face considerable barriers due to inequities in the social and physical infrastructure that affects health.

of partners across different sectors that share its commitment to these ambitious goals. These sectors include health care, elected officials, employers, philanthropy, transportation, land use and planning, state, tribal and local public health, criminal justice and law enforcement, community-based organizations, faith-based organizations, housing and human service providers and education.





Because health and well-being depend on a range of factors, HTO identifies a broad array of strategies that, when addressed and implemented collectively, have the potential to improve the lives of everyone who lives here.

HTO is intended to inform Community Health Improvement Plans as well as agencies' and organizations' priorities, programs and investments. It seeks a variety



Partner With Us

HTO is looking to connect with others committed to advancing equity in Oregon. For more information or to contact us:

 <p>WEBSITE healthiertogetheroregon.org</p>	 <p>EMAIL publichealth.policy@state.or.us</p>
 <p>BECOME A PARTNER healthiertogetheroregon.org/ potential-partner</p>	 <p>YOUTUBE bit.ly/3jvkuAE</p>