

# Housing and Food



#### Issues

In Oregon, centuries of oppression and systemic racism have resulted in stark differences in the average wealth between White and non-White households. These have contributed to differences in:

- Ability to build intergenerational wealth through owning a home
- Ability to find affordable housing in safe neighborhoods
- Rates of houselessness

In addition to challenges finding affordable housing, one in five families across the state lacks access to healthy, affordable food. Some live in neighborhoods where fresh fruits and vegetables are scarce, and fast food and convenience stores are the only food options. In the state's rural areas, some families must travel long distances to reach a grocery store. Some families do not have access to traditional foods where they live. Oregon needs a resilient food system with nutritious options to support the health of every community.

#### Solutions

Strategies to address housing affordability, home ownership, houselessness prevention, resilient food systems and food security including:

- Increase affordable housing that is co-located with active transportation options
- Build a resilient food system that provides access to healthy, affordable and culturally appropriate food for all communities
- Increase access to affordable, healthy and culturally appropriate foods for people of color and low-income communities

Healthier Together Oregon's (HTO) approaches in housing also include supporting the transition of people out of homelessness as well as paths to homeownership for Black, Indigenous, people of color and American Indian/Alaska Native communities.

HTO seeks to increase food security for Oregonians and create a food system that supports small and large food producers and processors and builds resilience despite climate change, supply chain issues and other challenges.





## HTO: A Plan for Building a Better Oregon

Healthier Together Oregon (HTO) is powerful tool for improving equity for all Oregonians. As COVID-19 has made starkly clear, not everyone has the same opportunity to live a healthy life. People of color, people with low income, people who identify as LGBTQ+, immigrants and refugees, people with disabilities and people who live in rural areas of the state face considerable barriers due to inequities in the social and physical infrastructure that affects health.

of partners across different sectors that share its commitment to these ambitious goals. These sectors include health care, elected officials, employers, philanthropy, transportation, land use and planning, state, tribal and local public health, criminal justice and law enforcement, community-based organizations, faithbased organizations, housing and human service providers and education.



### Partner With Us

HTO is looking to connect with others committed to advancing equity in Oregon. For more information or to contact us:

••	<b>WEBSITE</b> healthiertogetheroregon.org		<b>EMAIL</b> publichealth.policy@state.or.us
W. S. C.	BECOME A PARTNER healthiertogetheroregon.org/ potential-partner	<b>&gt;</b>	YOUTUBE bit.ly/3jvkuAE

