



## **SHIP SUBCOMITTEE MEETING #5: Adversity, trauma and toxic stress**

Tuesday, January 7, 2:00 – 4:00  
800 NE Oregon Street, Suite 900  
Portland, OR 97232

OR

Zoom Meeting: <https://zoom.us/j/393128009>  
Phone: +1 669 900 6833  
Meeting ID: 393 128 009

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientation, socioeconomic status, nationalities and geographic locations.

Meeting Objectives:

- Community indicator update
- Strategy identification

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2:00 – 2:15      **Welcome, agenda overview, and subcommittee business**

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2:15 – 2:25      **Community Indicator Update**

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2:25 – 3:45      **Strategy discussion**

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3:45 – 3:50      **Public Comment**

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3:50 – 4:00      **Wrap-up & Next Steps**

- Next meeting: February 4th

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# Welcome & introductions

Share name, agency and pronouns

New year's thoughts – what is one thing you are looking forward to this year?

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# Subcommittee Business

- Zoom functions
  - Please enable your video
  - Use those emoticons!
  - Keep lines muted when you're not talking
  
- [SHIP Navigation Map](#)

# Indicator finalization

Looking at the three proposed indicators:

- Opportunity 360 Index was mentioned from Margaret Braun
- Concentrated Disadvantage from Dr. Franklin
- Neighborhood Safety and Support from the National Survey of Children's Health from Nurit Fischler

# Getting clear on language

*Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientations, socioeconomic status, nationalities and geographic locations.*

**Strategy:** Policy, community and individual level interventions needed to achieve the goal

**Process measure:** Short term measure that would indicate strategy has been achieved.

# Strategy development

- Goal: Identify a total of 10-15 strategies at policy, community and individual level
  - Existing strategies
  - New strategies
  - Interventions needed to make progress towards the goals
- Process
  - Identify possible strategies
  - Apply criteria to narrow strategies
  - Identify approximately 3 – 5 strategies for each layer of framework

Strategy Criteria	
Selection criteria	Definition
Proven impact on disparities	<ul style="list-style-type: none"> <li>• Strategy addresses disparities in priority populations (POC, low income, disability, LGBTQ, rural/frontier)</li> </ul>
Will achieve intended outcome	<ul style="list-style-type: none"> <li>• Right strategy for the goal</li> <li>• Strategy aligns with evidence-based or promising practice</li> </ul>
Politically feasible	<ul style="list-style-type: none"> <li>• Ability to influence and implement a policy change</li> </ul>
Resourced or likely to be resourced	<ul style="list-style-type: none"> <li>• Funding is available or likely to be available</li> <li>• Local expertise exists</li> </ul>
Relevant to community	<ul style="list-style-type: none"> <li>• Strategy is in use in local community</li> <li>• Strategy is realistic and of interest from a local perspective</li> </ul>
Alignment with other strategic initiatives (locally or federally)	<ul style="list-style-type: none"> <li>• Strategy nationally recognized or recommended</li> </ul>
Change likely in next 5 years	<ul style="list-style-type: none"> <li>• Impacts likely to be seen within 5 years of implementation</li> </ul>
Addresses lifespan	<ul style="list-style-type: none"> <li>• Relevant to a wide range of age</li> <li>• Relevant to young children or older adults</li> </ul>

# Policy Strategy levels

Includes:

- New legislative concepts
  - Example: Require the state juvenile justice department to provide trauma-informed training for juvenile probation and supervision officers  
From: [Legislation passed in Texas in June 2017](#)
    - Process measure: # of juvenile probation and supervision officers who have received training
- Broad-scale systemic changes
  - Example: Integrate trauma-Informed care practices into Patient-Centered Primary Care Home standards for certification
    - Process measure: Proposed revision of one or more standards to include trauma-informed practice for consideration at next meeting of the Standard Advisory Committee (2021/2022)

# Strategy example: Policy

*Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientations, socioeconomic status, nationalities and geographic locations.*

**Strategy:** Develop and implement K-12 Social and Emotional Learning Standards

- Percentage of K-12 public schools that have implemented the standards by 2022

From: [Ohio's K-12 Social and Emotional Learning Standards](#)

More info: [Link between trauma-informed schools and social emotional learning](#)

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The logo for the Oregon Health Authority. It features the word "Oregon" in a smaller, orange font above the word "Health" in a large, dark blue font. Below "Health" is the word "Authority" in a smaller, orange font. A thin orange horizontal line is positioned above the "Health" text.

# Strategy Levels

**Policy** Current: *Promote family friendly policies that decrease stress and adversity and increase economic stability for families*

- Example of more specific: Conduct public awareness campaign to promote Earned Income Tax credit
  - Process measure: Number of social media pages/channels with one or more posts on the awareness campaign

Examples from spreadsheet:

**Individual:** Promote universal family focused interventions such as Strengthening Families and The Incredible Years to help family connectedness and protective factors and mitigate the impact of adverse childhood conditions.

- Process measure: # of organizations adopting the Strengthening Families program

**Community:** Community resilience trainings in disaster response and mental health first aid.

- Process measure: # of organizations contacted with training opportunities

# Current SHIP: Improve Oral Health examples

## *Population interventions*

Strategy 1: Increase the number of fluoridated public water districts

- Measure 1.1: Percentage of people in Oregon residing in areas served by optimally fluoridated water

## *Health equity interventions*

Strategy 1: Provide dental sealants in schools that serve students at high risk of tooth decay

- Measure 1.1: Percentage of eligible schools served (40% Free or Reduced Lunch [FRL] or greater) (target grades 1 and 2 or grades 2 and 3)

Strategy 3: Ensure that Oregon has an adequate number of oral health professionals

- Measure 3.1: Number of expanded practice dental hygienists practicing in Oregon communities

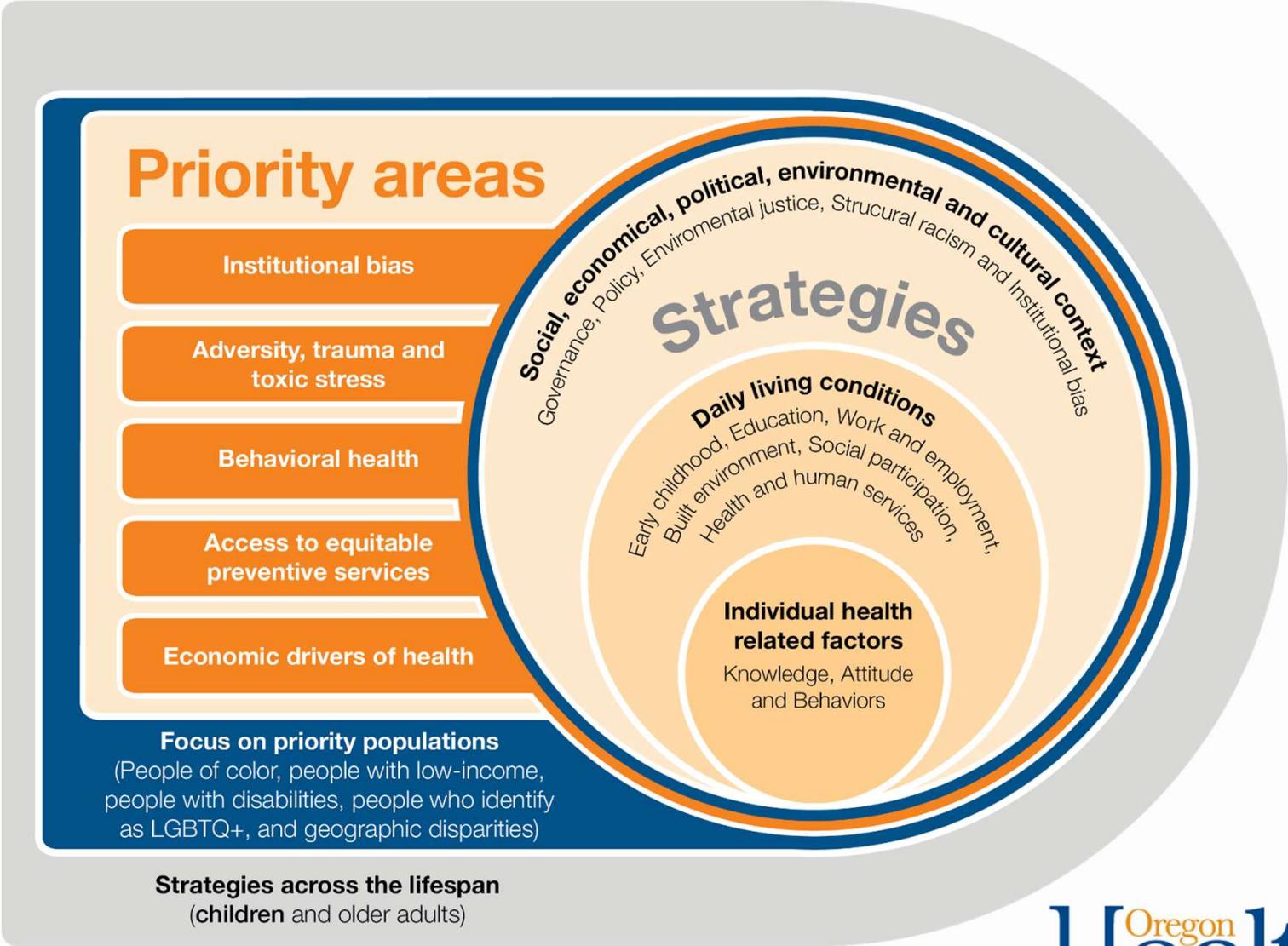
## *Health system interventions*

Strategy 1: Create incentives for private and public health plans and health care providers to improve oral health

- Measure 1.1: Number of public health plans that receive an incentive or shared savings payment for improved oral health outcomes



# 2020 SHIP Framework



# Public Comment

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# Next Steps & Final Thoughts

-+/Delta feedback review

- Next subcommittee meeting is February 4

- Homework:

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