

#### SHIP SUBCOMITTEE MEETING #6: Behavioral health

Wednesday, January 15, 2:00 – 4:00pm 800 NE Oregon Street, Suite 900 Portland, OR 97232

OR

Zoom Meeting: https://zoom.us/j/393128009

Meeting ID: 393 128 009 Phone: 1 669 900 6833

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientation, socioeconomic status, nationalities and geographic locations.

#### Meeting Objectives:

• Identify policy, community and individual level strategies

2:00 – 2:15	Welcome, agenda overview, subcommittee business
2:15 – 2:30	Update from Governor's Behavioral Health Advisory Council
2:30 – 3:30	Breakout sessions: Strategy Brainstorm
3:30 – 3:45	Report out to full subcommittee
3:45 – 3:50	Public Comment
3:50 – 4:00	Wrap-up & Next Steps  • Next meeting: January 15th

#### **Welcome & introductions**

Share name and pronouns



# The Governor's Behavioral Health Advisory Council

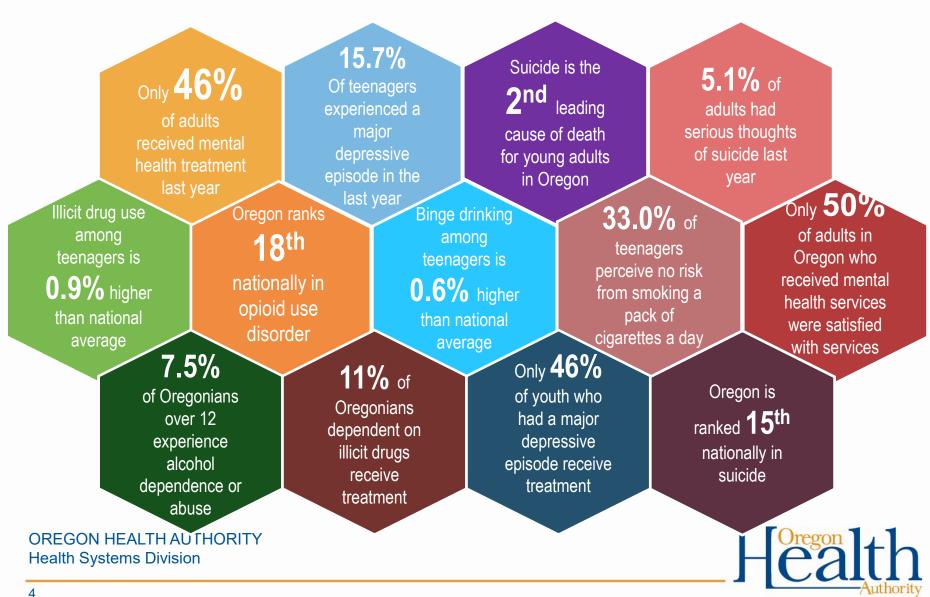
#### **Wes Rivers**

Government Relations
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OREGON HEALTH AUTHORITY
Health Systems Division

### Why now?

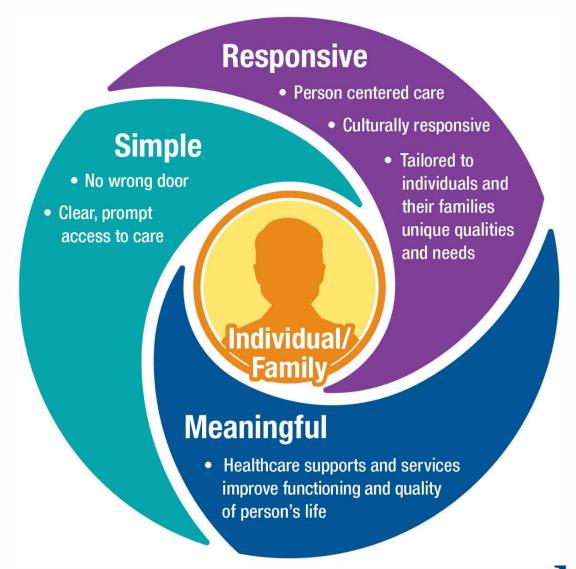


### **GBHAC Charge**

- 47 member council established by <u>Executive Order</u>
- Meets monthly from October 2019 to October 2020
  - Council timeline intentional
- Charged with producing evidence-informed strategies and recommendations for the Governor's budget and the 2021 Legislative Session
- Scope/Target Population:
  - Adults with serious mental illness and co-occurring substance use disorders
  - Transition-aged youth (age 12+)

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# Behavioral Health System Improvement Engine

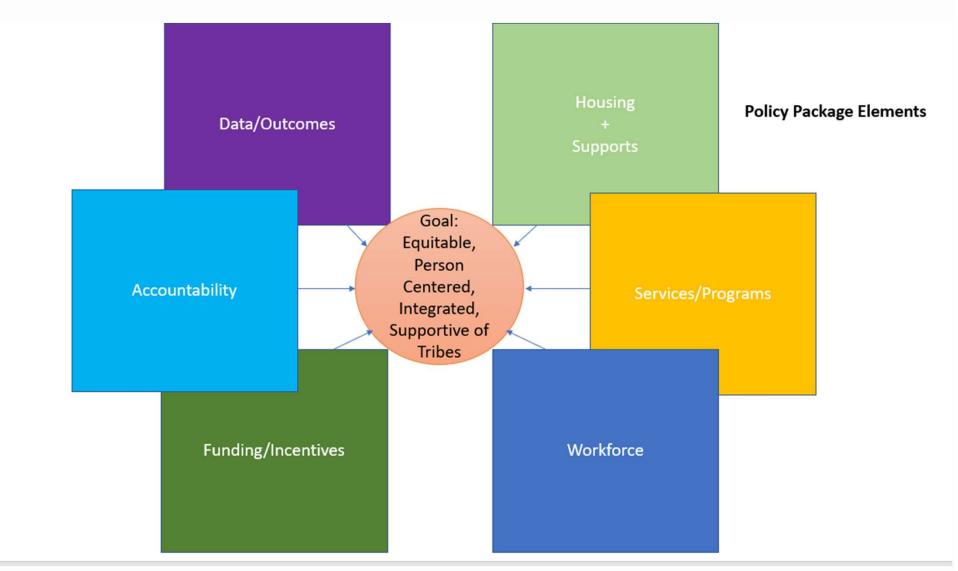




#### So far....

- The council is in an exploratory/learning phase.
   Looked at:
  - Recommendations from workgroups and reports within the last five years.
  - The continuum of housing, housing supports, and services for the unhoused.
- On deck: Policy Development





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# Strengthening Oregon's behavioral health system requires two inter-related approaches

Improve availability of adequate supports and services through investments in and development of:

Improve **effectiveness** of supports and services through:

- Workforce
- Programs
- Housing and supports

- Accountability
- Data/Outcomes
- Financing strategies (incentives)

Strategy





# How the SHIP BH Subcommittee can continue to connect with the on-going work of GBHAC

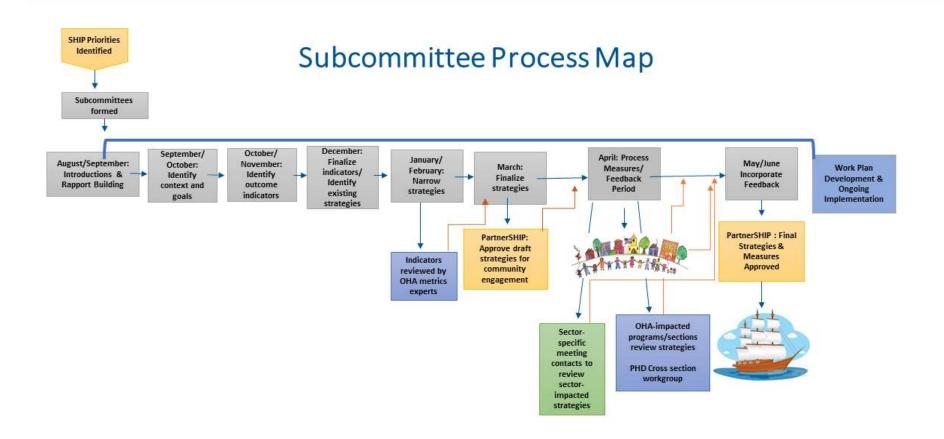
What other ways would the Subcommittee like to be engaged?

How often would the Subcommittee like updates on the Council's progress?



#### **Thank You**







### Getting clear on language

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientations, socioeconomic status, nationalities and geographic locations.

**Strategy:** Policy, community and individual level interventions needed to achieve the goal

**Process measure:** Short term measure that would indicate strategy has been achieved.

#### **Example:**

**Strategy:** Increase number of culturally responsive mental health providers

Process measure: Number of QMHPs that identify as a POC.

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### Strategy development

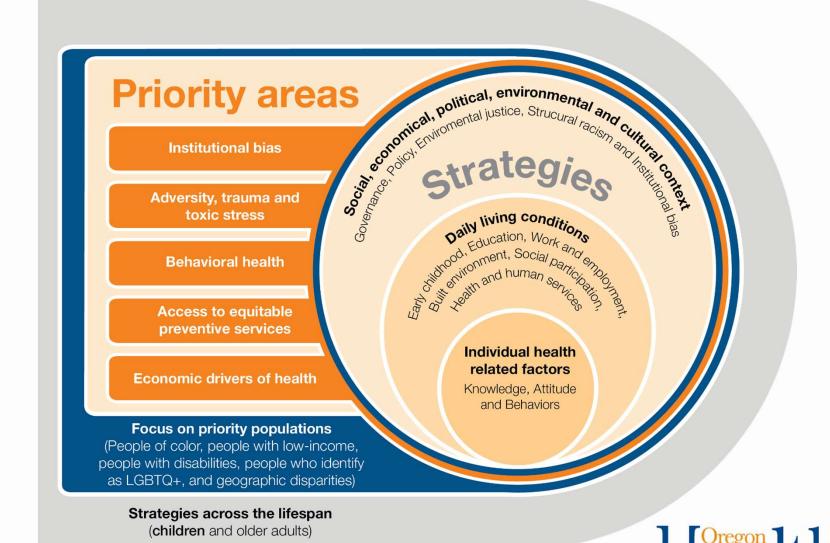
- Goal: Identify a total of 10-15 strategies at policy, community and individual level
  - Existing strategies
  - New strategies
  - Interventions needed to make progress towards the goals
- Process
  - Identify possible strategies
  - Apply criteria to narrow strategies
  - Identify approximately 3 5 strategies for each layer of framework



Strategy Criteria			
Selection criteria	Definition		
Proven impact on disparities	<ul> <li>Strategy addresses disparities in priority populations (POC, low income, disability, LGBTQ, rural/frontier)</li> </ul>		
Will achieve intended outcome	Right strategy for the goal		
	Strategy aligns with evidence-based or promising practice		
Politically feasible	Ability to influence and implement a policy change		
Resourced or likely to be	Funding is available or likely to be available		
resourced	Local expertise exists		
Relevant to community	Strategy is in use in local community		
	Strategy is realistic and of interest from a local perspective		
Alignment with other strategic	Strategy nationally recognized or recommended		
initiatives (locally or federally)			
Change likely in next 5 years	Impacts likely to be seen within 5 years of implementation		
Addresses lifespan	Relevant to a wide range of age		
	Relevant to young children or older adults		



#### **2020 SHIP Framework**



### **Brainstorming strategies**

De-duplicated strategy spreadsheet:

https://3.basecamp.com/4258680/buckets/13198374/uploads/2336005720

Any categories missing?



### **Brainstorming strategy breakouts**

- Break into 2 groups. You will be assigned into Breakout rooms in Zoom.
- Identify a notetaker who will document in Basecamp.
- Create a list of your strategies in the Meeting Materials folder.
- At 3:30pm, we'll close breakout rooms for report out in full subcommittee.



## Report out



## **Public Comment**

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### **Next Steps & Final Thoughts**

- -+/Delta feedback review
- Next subcommittee meeting is February 19
- -Homework:

