
2020-2024 State Health Improvement Plan Adversity, trauma and toxic stress

September 3rd, 2019



PUBLIC HEALTH DIVISION

Office of the State Public Health Director



SHIP SUBCOMITTEE MEETING #1: Adversity, trauma and toxic stress

Tuesday, September 3rd, 2:00 – 4:00pm
800 NE Oregon Street, Suite 900
Portland, OR 97232

OR

Go to webinar: <https://global.gotomeeting.com/join/384717421>
Conference call: [+1 \(408\) 650-3123](tel:+14086503123)
Access Code: **384-717-421**

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientation, socioeconomic status, nationalities and geographic locations.

Meeting Objectives:

- Get to know other members of the subcommittee
- Set the stage for subcommittee work
- Develop shared understanding of priority and communities of concern
- Define the goal

2:00 – 2:05 **Welcome and agenda overview**

2:05 – 2:20 **Get to know other members of the subcommittee**

- Introductions

2:20 – 3:00 **Set the stage**

- Review Subcommittee charter – consensus & communication expectations
- Approve ground rules
- Review SHIP framework
- Review proposed work plan and process for strategy and measure development
- Review tools for subcommittee
- Identify a co-chair

3:00 – 3:25 **Develop a shared understanding**

- Understanding the data

3:25 – 3:50 **Define the goal**

3:50 – 3:55 **Public Comment**

3:55 – 4:00 **Wrap-up & Next Steps**

- Next meeting: October 1
 - Identifying strategies
-
-

Welcome & introductions

Share name and pronouns

Tell us a bit about your vocation. What do you do, and what is the purpose of your agency or organization?

Why is this work important to you?

Setting the stage



PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Oregon
Health
Authority

How you got here...

- PartnerSHIP member or PartnerSHIP recommendation
- PHD staff recommendation
- Known subject matter expert
- You're an existing partner:
 - Local public health
 - Tribes
 - Coordinated Care Organizations and Community Advisory Councils
 - ODE, ODOT, DHS

Subcommittee expectations

- Develop strategies and measures within health equity framework.
- Maintain vision, values and direction for the SHIP
- Facilitate two-way communication about the SHIP with your agency and community.
- Review materials ahead of the meeting and come prepared to discuss
- Respond to requests in between meetings
- Make decisions based on consensus

Ground Rules

- Explain jargon and acronyms
- Step up, step back
- Introduce self when talking
- Come prepared & stay present
- What is learned here, leaves here
- No one knows everything; together we know a lot
- We cannot be articulate all the time
- Identify when you're speaking for a group vs speaking for yourself as an individual
- Expect and accept a lack of closure – we're working to solve complex challenges

Conference calls in real life:

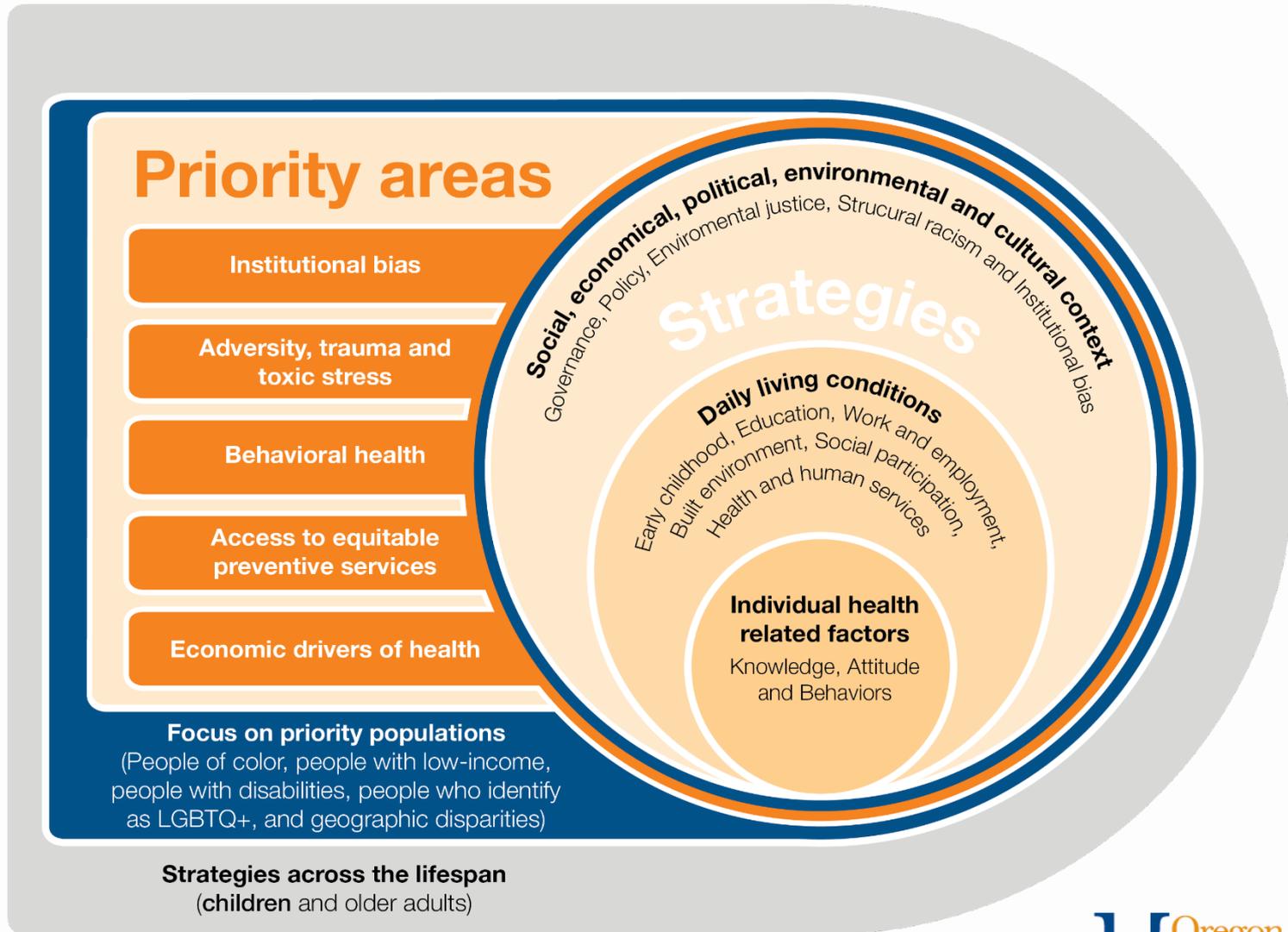
<https://www.youtube.com/watch?v=kNz82r5nyUw>

PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Oregon
Health
Authority

SHIP Framework



Proposed timeline and work plan

Month	Goal	Key Questions
September	Introductions & identify goal	What do we hope to achieve together?
October	Identify outcome measures	How will we know we've achieved our goal?
November	Identify policy level strategies and measures	What strategies are needed to achieve our goal? How will we know the strategy is working?
December	Identify community level strategies and measures	What strategies are needed to achieve our goal? How will we know the strategy is working?
January	Identify individual level strategies and measures	What strategies are needed to achieve our goal? How will we know the strategy is working?
February	Finalize draft strategies and measures	Based on review of the vision and the strategies, does the original goal need revision?
March and April	PartnerSHIP and community feedback	Are proposed strategies and measures relevant to community?
May	Incorporate community feedback	Do strategies and measures meet the needs of community?
June	Finalize plan	
July	Launch plan – implementation begins	What activities need to happen to make progress on strategies?

Subcommittee tools

- Base Camp – Meeting materials, documents and reference materials, chat and message boards
- Remote meetings – Gotowebinar & Zoom
- SHIP Website – Public access to meeting materials
- PHD Core Staff
 - Nat Jacobs, OHA Lead
 - Christy Hudson, SHIP coordinator and admin support (meeting minutes, technology support)

Discussion

- What networks do you have for purposes of sharing information about the SHIP? What resources do you need to enable information sharing?
- Who would like to be a co-chair of the subcommittee?
 - Co-facilitate meetings with OHA lead
 - Provide thought leadership for subcommittee
 - Represent the subcommittee at meetings or presentations with other stakeholders and partners as necessary.

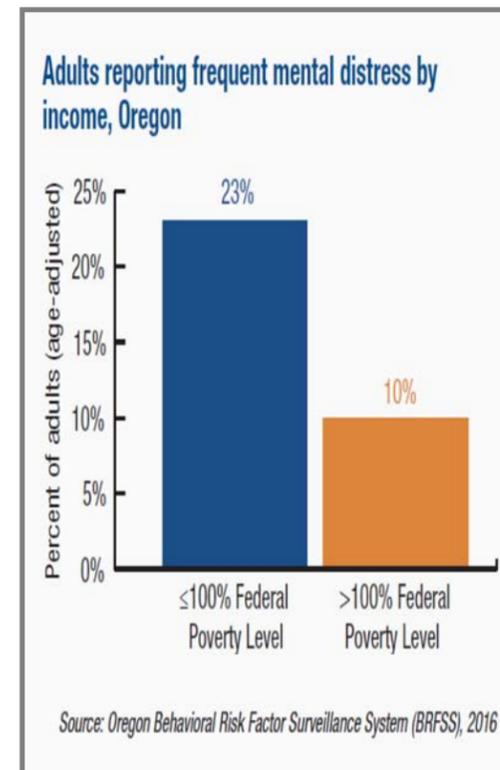
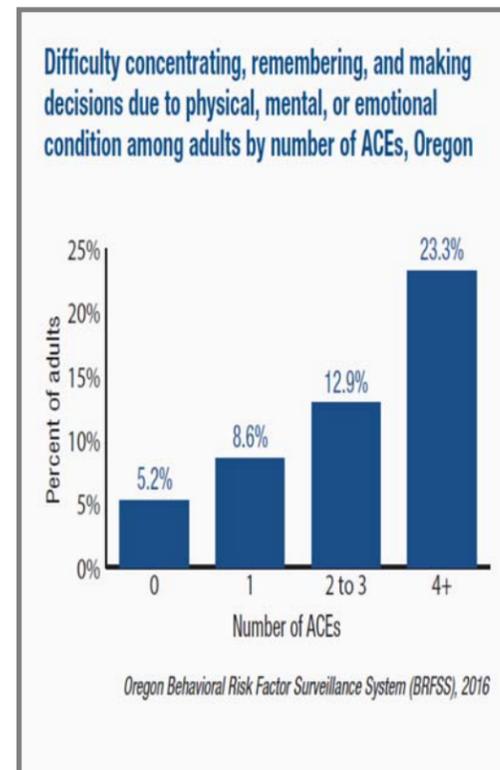
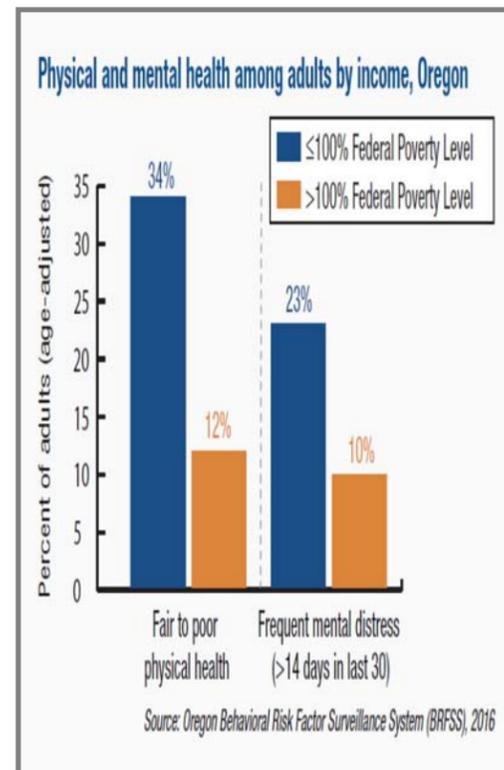
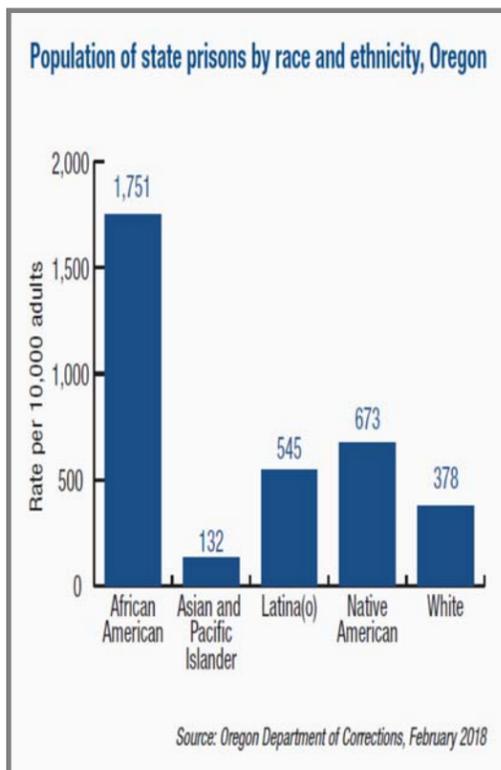
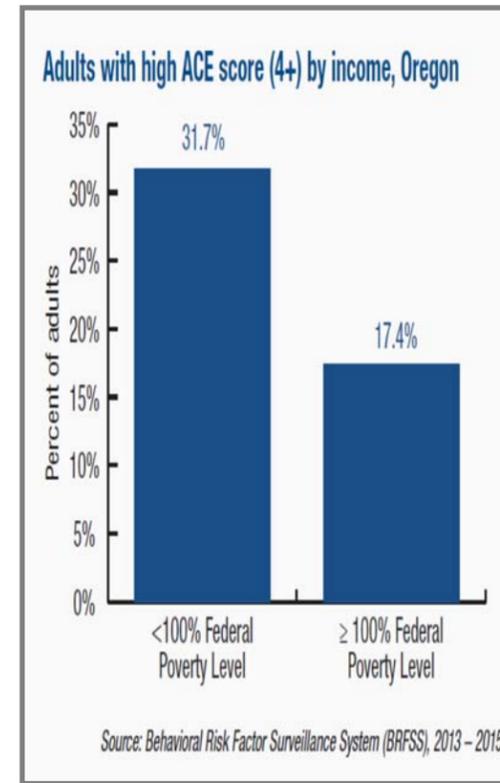
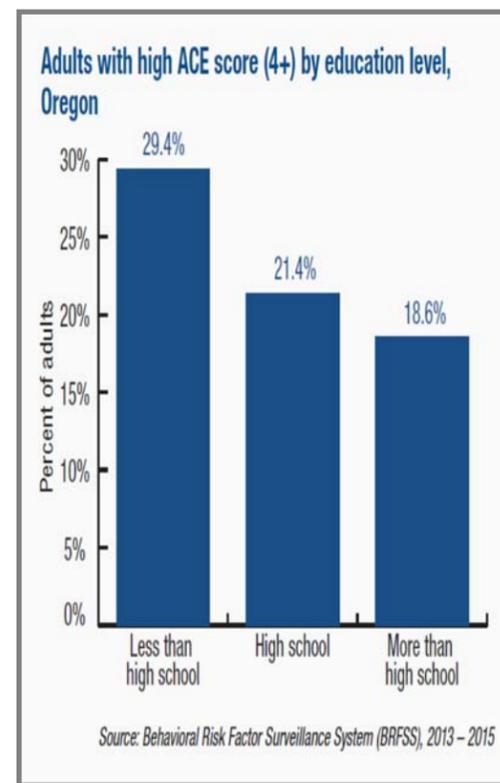
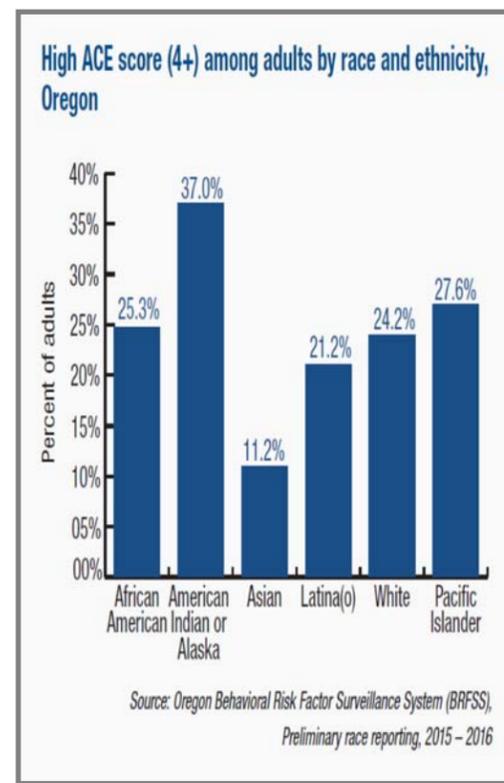
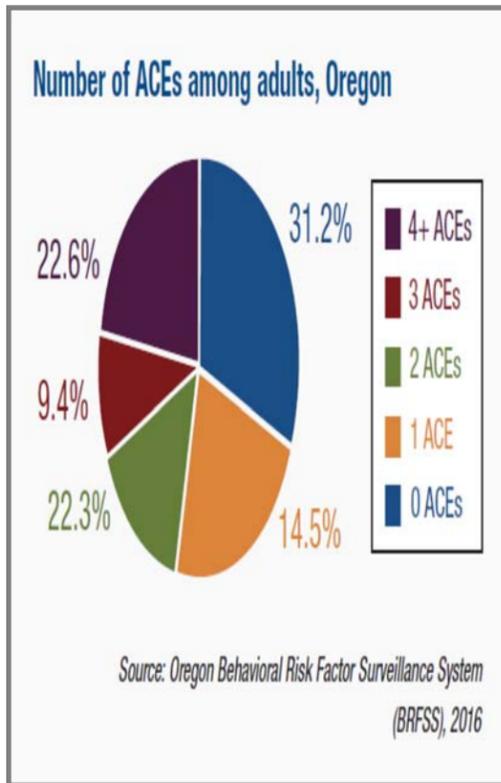
Develop a shared understanding

PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Oregon
Health
Authority

DATA PLACEMAT: ADVERSITY, TRAUMA AND TOXIC STRESS



COMMUNITY FEEDBACK

“We have programs like Babies First, Family Connects, Early Head Start, but then they seem to slow down as kids get older. The biggest issues is living wage and affordable housing-families are stressed and this is adding to ACES– they are focusing on making ends meet more than better child rearing. It is not their fault. If we don’t address basic needs first we are going to continue in this never ending cycle. We’ve got to focus on the basic needs first so that we won’t need as many of those interventions later.”

- Community Engagement Survey Respondent

“Trauma Healing Project in Eugene is an excellent model for educating traditional providers about traditional and other ways of doing care in a way that does not cause further trauma and is trauma informed (not just the catch phrase). I know Trauma Informed Oregon is doing work in this space too. Paying for Traditional/Community Health Workers”

- Community Engagement Survey Respondent

Defining the goal

Goals are broad statements of what we're hoping to accomplish. Goals are aspirational, often stated without limits.

Examples:

- Increase capacity and collaboration with state and local partners to address ACEs in Kentucky (*Kentucky SHIP*)
- Increase overall health by promoting equitable opportunities, connectedness, and violence-free communities (*California SHIP*)
- Support efforts to mitigate trauma and increase resilience (*Advanced Health CCO CHIP*)
- Advance policies that help children and families thrive (*New Jersey ACEs collaborative*)

Defining the goal

- What do we want to achieve by addressing this issue together?
- What communities are experiencing inequities related to trauma and toxic stress?

For example: *The goal is to (effect, e.g. improve, decrease, etc.) the (problem/need/opportunity) of (target population) by/through (x mechanism).*

Public Comment

PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Oregon
Health
Authority

Next Steps & Final Thoughts

-+/Delta feedback review

- Next subcommittee meeting is October 1st

-Homework: Explore basecamp! Upload additional data, existing strategic plans and policy documents.