



SHIP SUBCOMITTEE MEETING #2: Adversity, trauma and toxic stress

Tuesday, October 1, 2:00 – 4:00pm
800 NE Oregon Street, Suite 900
Portland, OR 97232

OR

Gotomeeting: <https://global.gotomeeting.com/join/384717421>
Conference line: [+1 \(408\) 650-3123](tel:+14086503123)
Access Code: 384-717-421

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientation, socioeconomic status, nationalities and geographic locations.

Meeting Objectives:

- Finalize goal
- Identify outcome measures

2:00 – 2:15 **Welcome, introductions and agenda overview**

2:15– 2:45 **Follow-up from last meeting – finalize goal**

2:45 – 3:45 **Identify outcome measures**

3:45 – 3:50 **Public Comment**

3:50 – 4:00 **Wrap-up & Next Steps**

- Next meeting: November 5th – Policy level strategies

Welcome & introductions

Share name and pronouns

What are three identities you hold?

An identity is any aspect – or descriptor of yourself - that is important to you.

Getting clear on language

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientations, socioeconomic status, nationalities and geographic locations.

Goal: Broad statement(s) of what we're trying to accomplish within a given priority area to achieve the vision.

Outcome indicator: Long term measure that would indicate goal is achieved.

Strategy: Policy, community and individual level interventions needed to achieve the goal

Process indicator: Short term measure that would indicate strategy has been achieved.

Actions: Specific tasks needed to implement strategy

Getting clear on language - Example

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientations, socioeconomic status, nationalities and geographic locations.

Goal(s): Support efforts to mitigate trauma and increase resilience

Outcome indicator: Flourishing among young children

Strategy: Ensure schools are using trauma informed approaches

Process indicator: Percentage of K-12 public schools that have developed a trauma informed implementation plan

Finalizing the goal

- Prevent intergenerational trauma, toxic stress and adversity through data driven policy, system and environmental change.
- Increase resilience by promoting safe, connected and strengths-based individuals, families and communities.
- Increase capacity and collaboration with state and local partners to mitigate trauma by promoting trauma informed systems and services that assure safety and equitable access to services, and avoid re-traumatization.

Process for measure identification

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Proposed process for measure development

- Goal: Identify 2-3 outcome measures for the priority
 - Communicate hoped for changes
 - May be long-term in nature (>5 years)
 - Model indicator for CHIPs and other implementers
 - Measure progress towards goal
- Process
 - Identify possible outcome measures from State Health Indicators and other data sources
 - Apply criteria to narrow measures
 - Identify baseline and target

Outcome vs process measures

Outcome measures align with the goal

Goal: Advance policies that help children and families thrive

Outcome measure: Adults with a high ACE score

Process measures align with the individual strategies

Strategy: Eliminate racial inequities within the correctional justice system

Measure: Jail and prison incarceration rates for communities of color

Proposed outcome measurement criteria

Criteria	Definition
Addresses health disparity	Measure health disparity
Community acceptance	Right measure for the issue, measure is easy to understand by all community members
Feasible	Data is already collected, or mechanism for data has been identified

State Health Indicators & Other Data Sources

State Health Indicator	Disparity	Feasible	Accepted?
ACEs among adults aged 18 or older (<i>BRFSS</i>)	X	X	
ACEs among children (<i>National Survey of Children's Health</i>)	X	X	
Flourishing in early childhood (<i>National Survey of Children's Health</i>)	X	X	
Intimate partner violence death (<i>Oregon Violent Death Reporting System</i>)	X	X	
ACEs among youth* (<i>Student Health Survey</i>)	X	X	
Resilience among youth* (<i>Student Health Survey</i>)	X	X	
Unsafe at school (<i>Student Health Survey</i>)	X	X	

Public Comment

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Next Steps & Final Thoughts

-+/Delta feedback review

- Next subcommittee meeting is November 5th

-Homework: Continue to contribute and review strategic plans, data and policy documents to basecamp. Upload a photo of yourself to your basecamp profile.