



SHIP SUBCOMITTEE MEETING #3: Behavioral Health

Wednesday, October 16th, 2:00 – 4:00pm
800 NE Oregon Street, Suite 900
Portland, OR 97232

OR

Go to Meeting: <https://global.gotomeeting.com/join/342131813>

Conference call: [+1 \(646\) 749-3122](tel:+16467493122)

Access Code: 342-131-813

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientation, socioeconomic status, nationalities and geographic locations.

Meeting Objectives:

- Finalize outcome measures
- Identify existing policy level strategies, gaps and opportunities

Time	Item	Lead
2:00 – 2:20	Welcome, introductions and agenda overview	
2:20 – 2:30	Other Subcommittee Business Subcommittee charter finalized	
2:30– 2:55	Follow-up from last meeting – finalize indicators	
2:55 – 3:50	Access to care: landscape of existing efforts	
3:50– 3:55	Public Comment	
3:55 – 4:00	Wrap-up & Next Steps <ul style="list-style-type: none">• Next meeting: November 20th – Policy level strategies	

Welcome & introductions

Share name, agency and pronouns

Who's your equity hero?

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The logo for the Oregon Health Authority. It features the word "Oregon" in a smaller, orange, sans-serif font above the word "Health" in a large, blue, serif font. Below "Health" is the word "Authority" in a smaller, orange, sans-serif font. A thin orange horizontal line is positioned above the "Health" text.

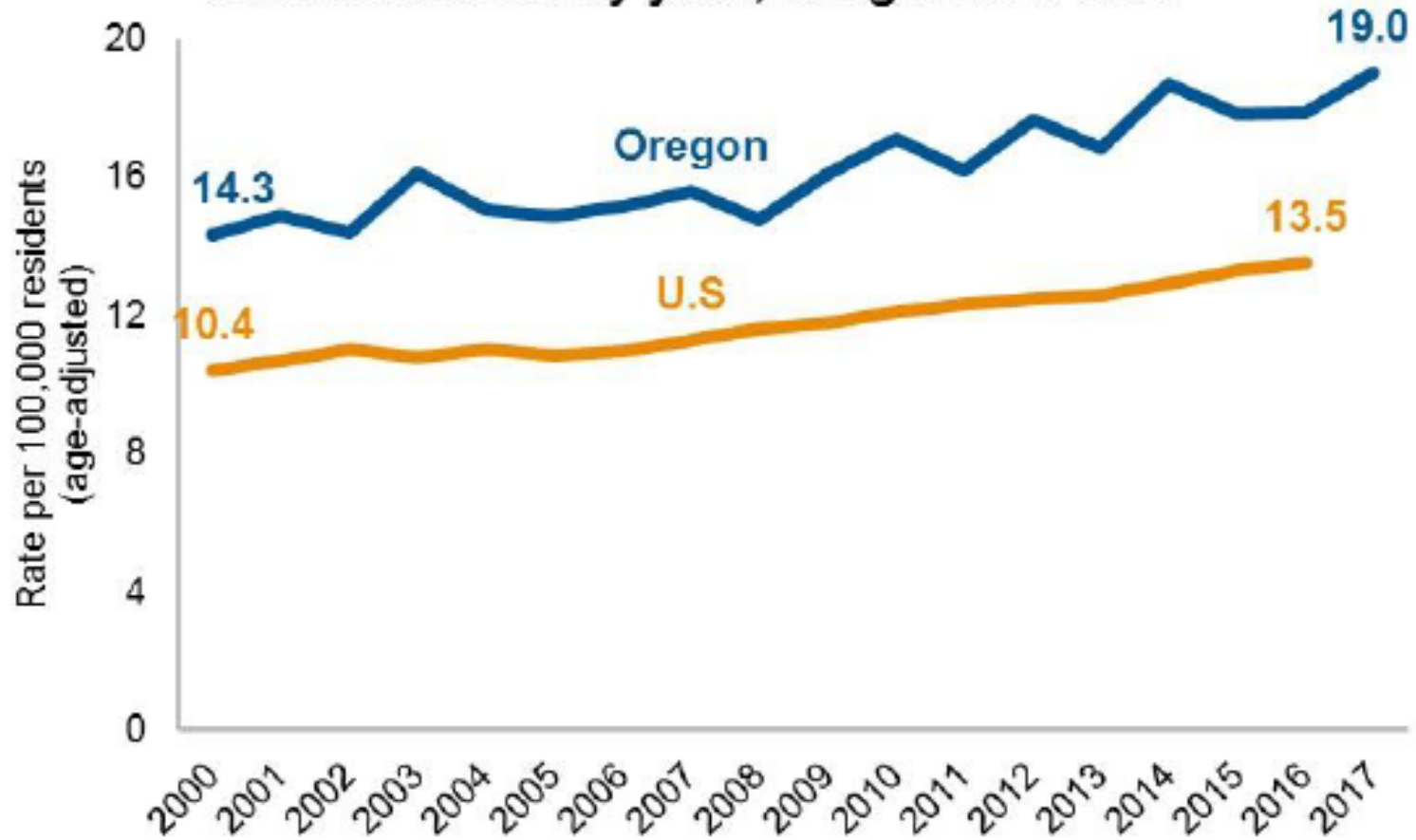
Subcommittee Business

- Subcommittee charter finalized
 - Clarified role of delegate
 - Consensus process includes discussion for those who are thumbs sideways/thumbs down

Identify key indicators

	Disparity	Feasible	Accepted?
Adult suicide rate (Vital Records)	X	X	
Emotional or mental health care needs that were not met (SHS)	X	X	
Consider attempting suicide in past 12 months (SHS)	X	X	
Positive Youth Development (SHS)	X	X	

Suicide deaths by year, Oregon and U.S.



Source: Oregon Death Certificates; CDC's WISQARS & Wonder (U.S.)

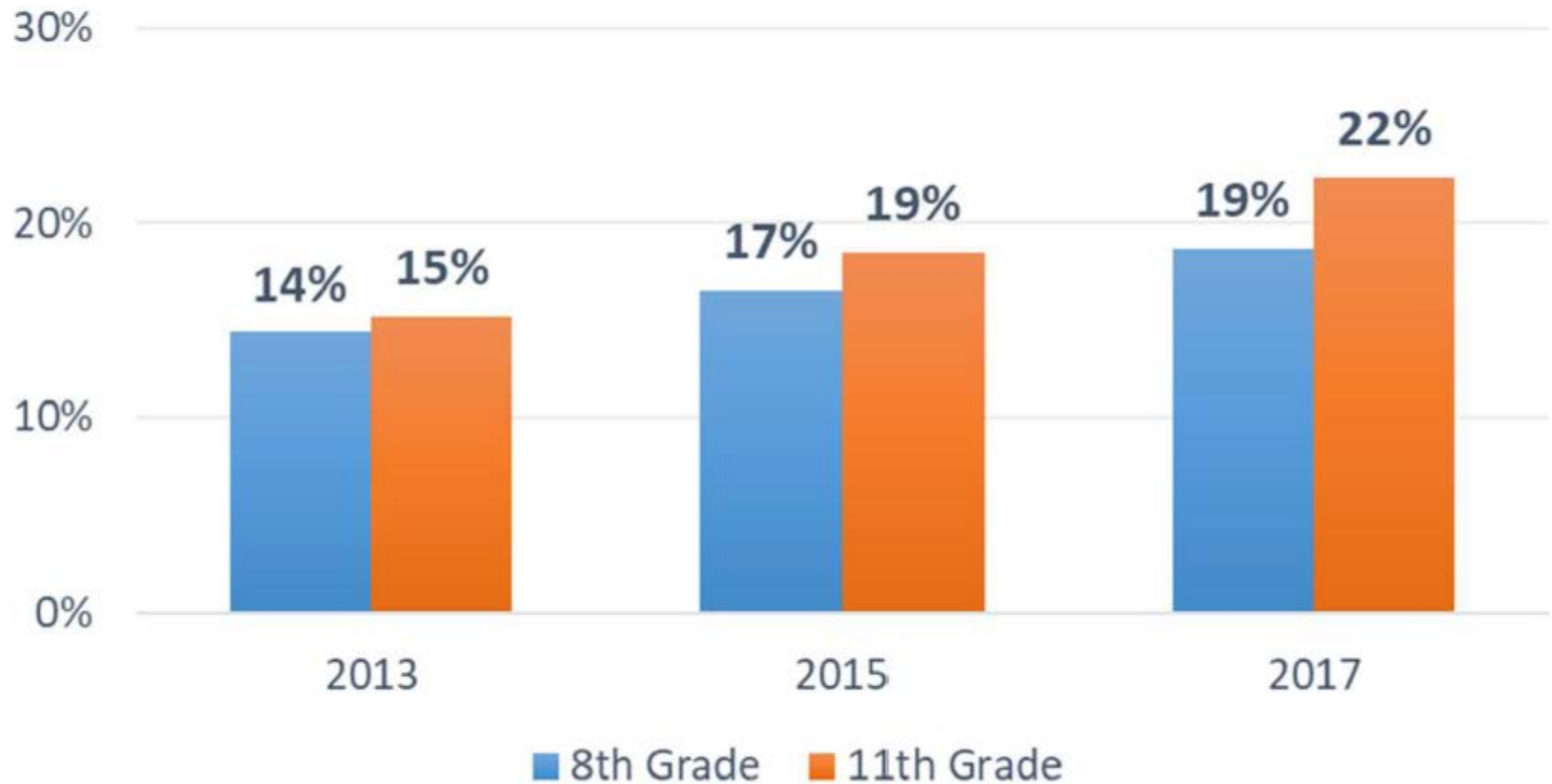
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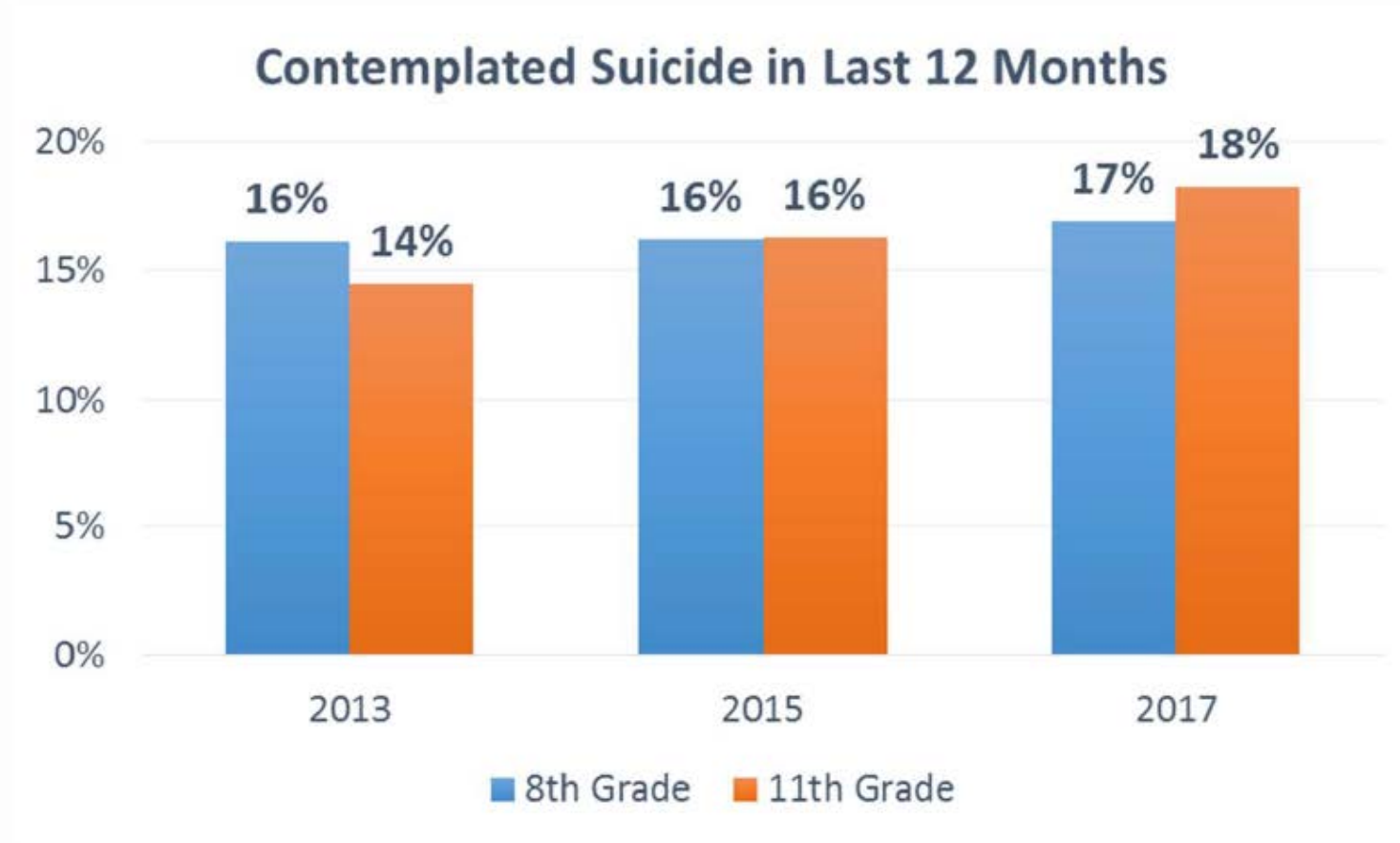
Adolescent Mental Health Indicator

Unmet Mental and Emotional Health Need



Source: 2013, 2015, 2017 Oregon Healthy Teens Survey

Adolescent Mental Health Indicator



Source: 2013, 2015, 2017 Oregon Healthy Teens Survey

Positive Youth Development Benchmark: Questions Incorporated in Benchmark

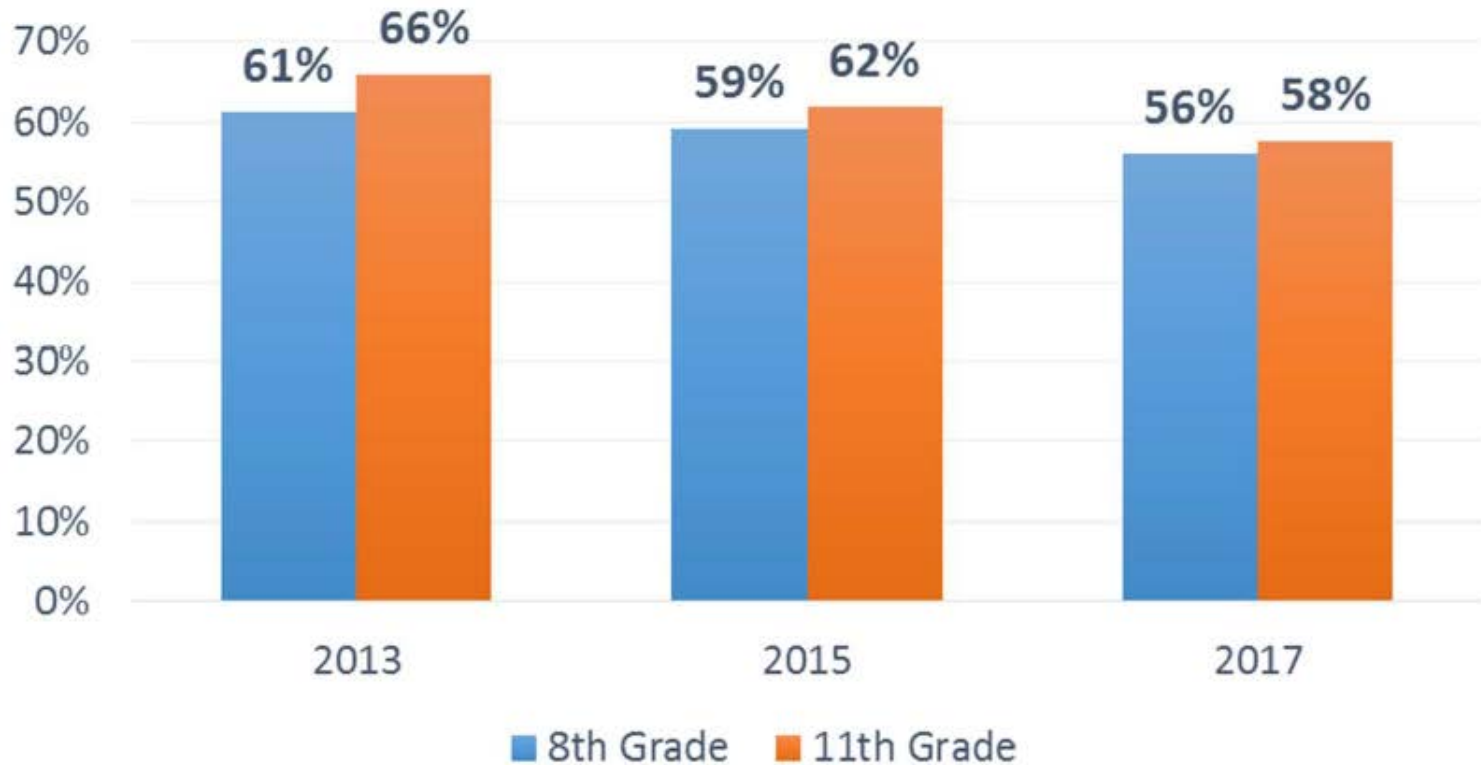
Rate Poor, Fair, Good, Very Good, Excellent

1. Would you say that in general your *physical health* is?
2. Would you say that in general your *emotional and mental health* is?

Mark how true you feel each statement is to you

1. I can do most things if I try
2. I can work out my problems
3. There is at least one teacher or other adult in my school that really cares about me
4. I volunteer to help others in my community.

Meets PYD Benchmark



Source: 2013, 2015, 2017 Oregon Healthy Teens Survey

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Recent Developments in Behavioral Health Policy

Jackie Fabrick
Oregon Health Authority
Strategic Director



Behavioral Health in Oregon

Only **46%** of adults received mental health treatment last year

15.7% Of teenagers experienced a major depressive episode in the last year

Suicide is the **2nd** leading cause of death for young adults in Oregon

5.1% of adults had serious thoughts of suicide last year

Illicit drug use among teenagers is **0.9%** higher than national average

Oregon ranks **18th** nationally in opioid use disorder

Binge drinking among teenagers is **0.6%** higher than national average

33.0% of teenagers perceive no risk from smoking a pack of cigarettes a day

Only **50%** of adults in Oregon who received mental health services were satisfied with services

7.5% of Oregonians over 12 experience alcohol dependence or abuse

11% of Oregonians dependent on illicit drugs receive treatment

Only **46%** of youth who had a major depressive episode receive treatment

Oregon is ranked **15th** nationally in suicide

Serving Oregon's Aid and Assist Population

- Aid and Assist admissions to the Oregon State Hospital have **more than doubled** since 2012
- SB 24 and 25, Aid and Assist enacted efficiencies in forensic evaluation and amended criminal procedures to maximize participation of Community Mental Health Programs
- \$7.6 million to fund Community Restoration services and placements

IMPACTS

- SB 973 established the **Improving People's Access to Community-based Treatment, Supports and Services Program (IMPACTS)**
- Recognizes the shortage of comprehensive community supports and services for individuals with mental health or substance use disorders leading to involvement with criminal justice system, hospitalizations and institutional placements
- \$10 million for grants to counties, regional consortia and tribes

Children's BH System Improvements

- SB 1, Children's System of Care and associated funding
- Youth Suicide Prevention and Intervention
- School Mental Health Investments and the Student Success Act

Substance Use Disorder System Investments

- HB 2257, Substance Use Disorder as Chronic Illness (Recommendations from Governor's Opioid Task Force)
- \$13 million Investment in Behavioral Health Rates

Integrated Care

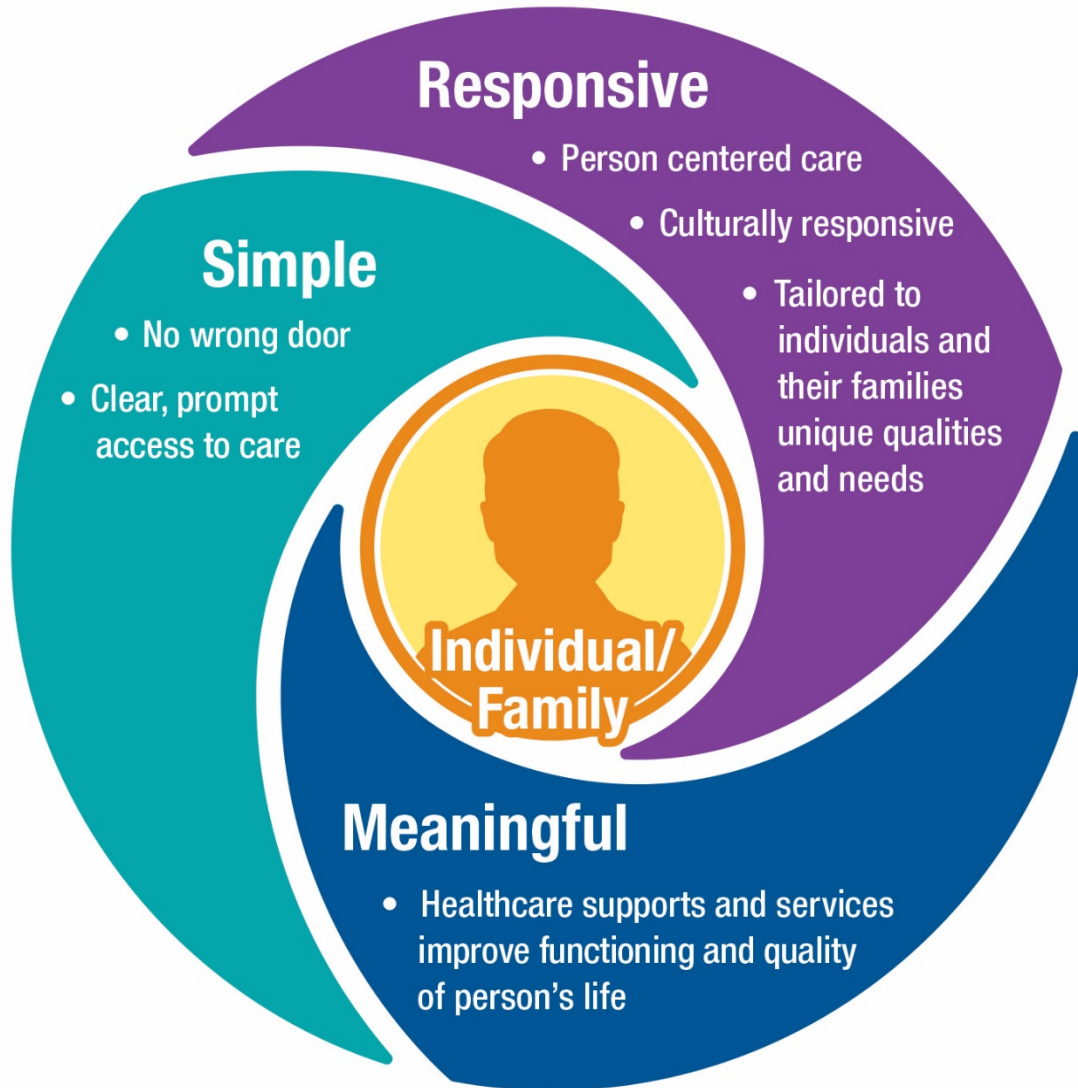
- CCO 2.0
 - Responsible for BH benefit
 - Must ensure adequate provider network and timely access to care (per OAR)
 - Must contract for and reimburse BH in primary care
 - Priority populations eligible for intensive care coordination

- SB 22, Behavioral Health Homes

Access requirement

- CCO 2.0 policy resulted in changes to OAR
- General behavioral health: 7 days
- Pregnant women and women with dependent children: immediately
- IV drug: immediately
- Opioid: 72 hours assessment and induction

FUTURE OF BEHAVIORAL HEALTH IN OREGON



Executive, Legislative and Judicial Branch Focus on Behavioral Health

- Governor's Behavioral Health Advisory Council
- House Health Care Behavioral Health Subcommittee and Senate Mental Health Committee
- Chief Justice's Behavioral Health Advisory Committee

Workforce

- Completed assessment and recommendations
- Developing 10 year strategic plan to address:
 - Composition
 - Training and competency
 - Supply and distribution

Public Comment

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Next Steps & Final Thoughts

- Next subcommittee meeting is November 20th
- Next ADPC meeting is October 24th, 1 – 4pm
- Homework: Continue to review and contribute documents in Basecamp. At the next meeting, we'll start to identify potential strategies needed to achieve our goals.