



## Oregon's State Health Improvement Plan

### WHAT IS OREGON'S STATE HEALTH IMPROVEMENT PLAN?

Oregon's state health improvement plan is Oregon's plan for improving the health of everyone in the state. Everyone in Oregon should have the opportunity to lead long, healthy and meaningful lives. This means that our communities are safe and supportive of optimal health and that individuals are protected from disease. The state health improvement plan is designed to bring individuals, communities and organizations together in order to improve the health of all people in Oregon. It addresses the leading causes of death, disease, and injury in Oregon through evidence-based and measurable strategies. The plan is also designed to reduce avoidable differences in health experienced by many diverse communities in Oregon.

### WHAT ARE THE HEALTH PRIORITIES IN OREGON'S STATE HEALTH IMPROVEMENT PLAN?

The state health improvement plan focuses on seven priority areas:

- Prevent and reduce tobacco use
- Slow the increase of obesity
- Improve oral health
- Reduce harms associated with alcohol and substance use
- Prevent deaths from suicide
- Improve immunization rates
- Protect the population from communicable diseases

### WHO IS THIS PLAN DESIGNED FOR?

Oregon's state health improvement plan is a tool for governmental and community public health agencies, CCOs, hospitals, health systems, private insurers, businesses, social service agencies, and any other group that works to improve health. It is designed to bring these organizations together towards shared health outcomes.

The strategies outlined for each priority area include population-level interventions, interventions specifically intended to address health equity and interventions that occur within the healthcare delivery system. We will never substantively improve population health in Oregon if some of our residents are left to experience a disproportionate burden of death, disease, and injury.

### WHAT IS THE TIME FRAME FOR OREGON'S STATE HEALTH IMPROVEMENT PLAN?

This is a five year plan. Implementing the strategies in this plan will lead to measurable improvements in the seven priority areas by 2020.

### WHO IS RESPONSIBLE FOR OREGON'S STATE HEALTH IMPROVEMENT PLAN?

The Oregon Health Authority, Public Health Division (PHD) is responsible for working with partners to implement the state health improvement plan. PHD will convene partners to implement the strategies in the plan, monitor progress toward goals, and make adjustments when desired outcomes are not

met. The Public Health Advisory Board (PHAB), the oversight body for Oregon's state public health system, will hold PHD accountable for achieving the health improvements laid out in this plan.

### **HOW WERE THE PRIORITY AREAS SELECTED?**

This state health improvement plan builds upon the work of previous groups, including the Oregon Health Improvement Plan Committee and *Oregon's Healthy Future* Advisory Group, which was convened in 2012.

Recognizing a need to solicit additional input from stakeholders, community members, and other partners, PHD held community engagement meetings across the state from May through September 2014. Based on feedback from these meetings and a review of the most recent state population health data, PHD updated the state health improvement plan. This revised version of Oregon's state health improvement plan is expected to be released in the summer of 2015.

### **WHY MUST WE WORK TOGETHER TO ADDRESS OREGON'S HEALTH PRIORITIES?**

We are proud that Oregon ranks 12<sup>th</sup> among U.S. states for overall health (America's Health Rankings, 2014). Yet, we realize that more must be done to improve the health of all people in Oregon and to address persistent health inequities experienced by people of color; LGBT communities, and people with disabilities. Improving the health of everyone in Oregon is complex and takes time, and no single sector or agency can solve them on its own.

Our state health improvement plan advances our shared vision for a state where every individual, family, and community can attain the highest level of health possible.

### **WHERE CAN I LEARN MORE?**

Information about Oregon's state health improvement plan is available on the PHD website at [healthoregon.org/about](http://healthoregon.org/about) or contact the Policy Team at [PublicHealth.Policy@dhsosha.state.or.us](mailto:PublicHealth.Policy@dhsosha.state.or.us).