

State Health Assessment (SHA) Steering Committee Orientation

April 9, 2024 1:00 pm – 3:00 pm

Attendees: Cristy Munoz, Emily Mosites, Sokho Eath, TJ Foltz, Ailiah Schafer, Alisha Overstreet, Annie Valtierra-Sanchez, Ben Sanford, Elijah Penner, Jessica Hamner, Kathryn Hart, Krystal Perkins, Liberty Avila, Mica Contreras, Sadie Siders

OHA and Metgroup staff: Victoria Demchak, Sara Beaudrault, Rose Harding, Debra Clark, Kirsten Gunst, Kristin Gimbel, Matt Baer

Welcome and agenda review

- Meeting started with quick overview of meeting purpose and agenda review.
- Key agenda items were:
 - Revisit group agreements
 - Relationship building activity
 - Recap from orientation meeting #1
 - Exercise: Defining the community
 - Break
 - Share out from the defining the community session (in breakout rooms)
 - Mission and vision exercise
 - Questions, reflections, and next steps

Group Agreements

- Group agreements were shared.
- These group agreements are:
 - Lean forward and lean back: Share space allowing room for differing opinions.
 - Curiosity is queen: Be open to continuous learning.
 - Explain and unpack jargon and acronyms.
 - Be present, be authentic: Show up as fully as you can.

- Honor all experiences and expertise.
- Extend grace to each other and to ourselves: Always assume the best intentions.

Relationship Building Activity

- Participants were asked to share a song that is symbolic of a value they are bringing into this work, or a song that inspires them that change is possible.
- Ben Sanford shared the song 'A Spoonful Weighs a Ton' by the Flaming Lips, noting that the song has a message of collective action.
- Annie Valtierra-Sanchez shared the song 'Where's The Love?' by the Black-Eyed Peas, noting that the song serves as a call to action to advocate for others.
- Alisha Overstreet shared a multitude of songs and noted their connection to the idea of rurality and personal lived experiences.

Orientation 1 Overview

- The overview began with a recap on previous discussions about the previous and current state health improvement plan.
- There was also an overview of MAPP 2.0 Methodology and its focus on health equity. There was also a small discussion about the OHA health equity statement.
- A small discussion about meeting timing and whether there was desire to hold in-person meetings.
- Ben Sanford had a reflection on in person meeting and asked about whether hybrid meetings were possible.
- It was mentioned that a hybrid meeting format may potentially be difficult due to longer meetings times and logistical issues that may create potential challenges.

- The overview moved into anticipated work that would be happening throughout the rest of the year.
- Phase 1:
 - April - Orient, focus the workgroup
 - May - Structures, mission, SHA and SHIP alignment
 - June - Gather lessons from past, group charter
 - July/August/September - Finalize starting point assessment MWV. This may be two meetings.
- Anticipated Phase 2 and 3:
 - Developing the SHA 2024-2025
 - Developing the future SHIP
- Sara Beaudrault took over the presentation to discuss the ongoing cycle of the state health assessment and the state health improvement plan.
- The previous comprehensive state health assessment was conducted in 2018, focusing on health priorities, health disparities, and capacity.
- The next state health assessment will focus on the public health system, capacity, outcomes, and a deeper focus on assets within communities and opportunities to improve HealthEquity within communities.
- The goal is to take the work from 2018 to the next level and go deeper on working with specific communities throughout the state.
- After the completion of the 2024 state health assessment, a new five-year state health improvement plan will be developed and implemented.
- TJ Foltz raised a question about the tribal input in the past from any of the 9 tribes in Oregon and how many people/organizations are currently providing tribal input. He expressed concern about health disparities in tribal communities and the need for tribal input in the future.
- Victoria Demchak acknowledged the importance of tribal input and mentioned that they worked with two tribal representatives in the previous state health assessment and state health improvement plan. She also agreed to work with TJ

and Jessica Hamner to find out the best ways to proceed and improve tribal input in the future.

Breakout Activity: Defining the Community

- The group planned a breakout activity called “Defining the Community” to help the committee define what community means and set the foundation for defining the mission and values of the committee.
- The group was divided into breakout rooms to discuss and answer several questions using Jamboard.
- The questions included:
 - How do you define community?
 - Who is in our community?
 - Why does this group exist?
 - Why do we need this group to improve community health?
 - Why is that important? Why should people care?
 - Who is part of the community that the map is designed to serve?
 - What must be in place to ensure that our process centers on the needs of those affected by inequalities?
- The group planned to take a brief break after the breakout activity and then reconvene to share their discussions.

Breakout Activity: Reflections and Sharing

- The group reconvened to share reflections from the breakout activity “Defining the Community”.
- **Group One Reflections:**
 - Defined community as a group of people with common characteristics or shared interests, including refugees, people from Africa and Middle East, Asia, the elderly, young, middle-aged people, families, professionals

supporting students, individuals navigating disabilities, working class farmers, agricultural workers, rural folks, houseless veterans.

- Discussed the tension between community and system requirements.
- Emphasized the need for individuals who have not been included in the process to be present and acknowledged.

- **Group Two Reflections:**

- Discussed the overlaps and interconnections between communities, including Latino, Latina, Latinx, Black, Pacific Islander, Native, White, Geographic communities, immigrant communities, farm workers, different counties, and tribes.
- Emphasized the need for all groups to be included to create health equity and not overtax marginalized communities.

- **Group Three Reflections:**

- Defined community as every living thing within a specific boundary.
- Discussed the importance of centering voices of people who have been excluded from the system.
- Emphasized the need to bring diverse perspectives of communities and geographic regions to improve community health.
- Discussed the need to engage with communities in a way that serves them and to share or transfer power with communities.

- **Group Four Reflections:**

- Discussed the importance of social connectedness and the impacts of health, education, livability, and housing on communities.
- Discussed the importance of having a sense of place in Oregon and the diversity of the groups of people in Oregon.
- Discussed the importance of a bottom-up approach to health equity and the potential for reparation from the public health standpoint of working with the community.
- Discussed the mistrust that community may have on the existing system and the impact on folks that have been left behind out of the conversation.

Discussion on Core Values

- The group discussed the importance of defining core values for their collective work.
- The core values will serve as guideposts for the group's decisions and processes.
- The group acknowledged the tensions inherent in the process, such as the need for inclusion without overburdening marginalized communities.
- The group used a Jamboard to add 3-4 values that they believe should be central to their work as a steering committee.
- The group also discussed how these values should manifest in the context of their process.
- Krystal shared the value of a "growth mindset", emphasizing the opportunity to learn from each other and about each other's communities.
- Mica highlighted the importance of "anti-racism", discussing the need to view everything through this lens to avoid perpetuating harm and systems of oppression.
- Soko brought up the value of "humility", particularly in fact-finding and fact-sharing of knowledge, and how humility factors into how communities share information.

Next Steps Identified

- The group will continue to discuss and prioritize these values in future meetings.
- The group will also begin to look at vision and mission in the upcoming meeting.
- The group will have the opportunity to shape and define the vision and mission in the context of their process.
- Victoria will send out the deck used in the meeting and the agenda packet to all members.
- Recordings of the meeting will be available on their website for those who had to step out for other meetings and conflicts.

- An evaluation form will be sent out for feedback.

Closing Remarks

- The group expressed appreciation for the advocacy seen in the call, particularly for communities that have been historically and traditionally marginalized.
- The group acknowledged the importance of making space for these voices to be included in the process.
- The group closed the meeting with thanks to all members for their participation.

Meeting Adjourned