

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1998

Would you say that in general your health is?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Excellent		21.1	24.0	21.9	21.8	26.5	18.5	14.1
Very good		36.3	41.6	40.8	37.8	34.8	32.8	30.9
Good		29.2	26.7	29.8	29.0	25.7	28.1	34.3
Fair		10.9	7.1	6.5	9.7	10.7	14.2	16.7
Or poor		2.5	.7	1.0	1.6	2.3	6.5	3.9
Male	Excellent	22.2	29.1	25.7	19.5	28.3	12.7	16.6
	Very good	35.9	37.0	42.2	37.3	33.3	37.5	27.6
	Good	29.6	29.7	24.3	30.9	29.9	26.3	35.9
	Fair	10.4	4.2	5.7	10.7	7.2	19.3	17.1
	Or poor	1.9		2.0	1.6	1.3	4.2	2.8
Female	Excellent	20.1	18.6	18.0	24.1	24.7	23.9	12.4
	Very good	36.8	46.5	39.3	38.2	36.3	28.2	33.3
	Good	28.8	23.5	35.4	27.2	21.5	29.9	33.1
	Fair	11.3	10.0	7.2	8.8	14.3	9.4	16.4
	Or poor	3.1	1.5		1.6	3.2	8.6	4.8
Denominator is: All survey respondents								

Would you say that in general your health is?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		1815	155	350	381	372	254	303
Excellent		385	37	77	90	87	50	44
Very good		656	66	140	147	132	81	90
Good		536	39	108	105	105	74	105
Fair		189	12	22	32	38	37	48
Or poor		48	1	3	7	10	12	15
Don't know/Not sure		1						1
Male	Total	741	62	158	142	164	111	104
	Excellent	157	18	40	28	41	13	17
	Very good	267	24	67	54	56	41	25
	Good	224	17	39	43	54	31	40
	Fair	74	3	9	14	10	20	18
	Or poor	19		3	3	3	6	4
	Total	1074	93	192	239	208	143	199
	Excellent	228	19	37	62	46	37	27

Female	Very good	389	42	73	93	76	40	65
	Good	312	22	69	62	51	43	65
	Fair	115	9	13	18	28	17	30
	Or poor	29	1		4	7	6	11
	Don't know/Not sure	1						1
Denominator is: All survey respondents								

Oregon Public Health Division - healthoregon.org/brfss

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1998

For how many days during the past 30 days was your physical health not good?
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	5.5	7.6	7.4	6.4	6.7	3.0	1.7	
2	7.1	12.9	9.4	6.7	4.4	8.1	3.8	
3	3.6	3.3	3.9	3.4	3.8	3.7	3.2	
4	1.5	1.4	2.1	1.2	1.7	.9	1.3	
5	3.1	2.9	1.9	3.8	2.8	3.3	3.9	
6	.4		.5	.5	.3	.6	.2	
7	2.0	6.0	1.0	2.4	1.1	1.1	1.7	
8	.4	.6	.6	.6	.4			
9	.1	.5			.1			
10	1.5		1.7	1.6	.4	3.3	1.9	
11	.0				.1			
14	.9	1.4	1.3	.8	1.2	.4	.6	
15	2.0	1.3	1.3	2.5	2.1	1.4	2.6	
18	.0				.2			
19	.0				.3			
20	.6		.5	1.5	.9		.2	
21	.3		.3		.7		.5	
25	.4			.6	.5	1.7		
26	.0						.2	
27	.1				.1	.5		
28	.2	1.0		.2				
30	5.4	1.9	1.7	3.7	4.0	9.0	12.2	
None	64.8	59.2	66.2	63.9	68.0	62.9	66.0	
Male	1	5.1	9.1	8.6	3.8	3.9	2.6	2.8
	2	7.6	12.4	12.5	7.0	2.6	6.9	5.1
	3	3.5	5.5	3.7	2.9	3.9	3.7	2.3
	4	1.2	1.8	1.4		2.9		1.1
	5	2.6		.7	5.2	1.6	3.7	3.4
	6	.1						.6
	7	2.0	6.1	.7	2.9	1.3	.5	1.1
	8	.4	1.2	.7	.4			
	10	1.2		1.4	.8		1.1	4.0
	11	.0				.1		
	14	1.1	1.8	2.0	.8	1.3	.8	
	15	2.3	1.2	1.0	4.1	2.6	1.6	2.3

	18	.1				.3		
	20	.5		.7	1.7			
	21	.1				.7		
	25	.3			.8	.7		
	27	.1					1.1	
	28	.1			.4			
	30	4.7	1.8	2.4	2.5	2.6	10.6	10.7
	None	67.0	59.1	64.4	66.6	75.4	67.5	66.7
Female	1	5.9	6.0	6.2	9.0	9.5	3.4	.9
	2	6.6	13.4	6.2	6.4	6.2	9.2	2.8
	3	3.6	1.0	4.2	4.0	3.7	3.8	3.9
	4	1.7	1.0	3.0	2.4	.5	1.7	1.4
	5	3.7	6.0	3.2	2.6	4.1	2.9	4.2
	6	.7		1.1	.9	.7	1.3	
	7	2.1	6.0	1.3	1.9	.8	1.7	2.1
	8	.4		.5	.7	.8		
	9	.2	1.0			.3		
	10	1.7		2.1	2.3	.8	5.5	.4
	14	.8	1.0	.5	.7	1.1		1.1
	15	1.7	1.5	1.6	.9	1.6	1.3	2.8
	19	.1				.5		
	20	.8		.3	1.4	1.9		.4
	21	.4		.5		.8		.9
	25	.5			.5	.3	3.4	
	26	.1						.4
	27	.0				.3		
	28	.2	2.0					
	30	6.1	2.0	1.1	4.9	5.4	7.5	13.3
None	62.8	59.3	68.2	61.4	60.7	58.5	65.6	
Denominator is: All survey respondents								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1998

For how many days during the past 30 days was your physical health not good?
(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Total	1815	155	350	381	372	254	303	
1	101	12	27	26	24	7	5	
2	126	19	33	25	19	20	10	
3	66	4	16	13	13	9	11	
4	34	2	11	7	7	2	5	
5	58	5	7	14	13	9	10	
6	8		2	1	2	2	1	
7	34	8	4	9	4	3	6	
8	7	1	2	2	2			
9	2	1			1			
10	27		6	7	2	7	5	
11	1				1			
14	17	2	5	2	4	2	2	
15	32	2	5	7	8	3	7	
18	1				1			
19	1				1			
20	12		2	5	4		1	
21	6		1		3		2	
25	5			2	2	1		
26	1						1	
27	2				1	1		
28	2	1		1				
30	101	3	5	17	17	23	36	
Don't know/Not sure	14	1		2	2	4	5	
None	1157	94	224	241	241	161	196	
	Total	741	62	158	142	164	111	104
	1	38	7	14	5	6	3	3
	2	49	5	17	10	6	7	4
	3	27	3	7	3	6	5	3
	4	11	1	3		6		1
	5	21		1	7	4	5	4
	6	1						1
	7	11	2	2	3	2	1	1
	8	3	1	1	1			
	10	9		2	2		1	4

Male	11	1				1		
	14	9	1	3	1	2	2	
	15	14	1	2	5	3	1	2
	18	1				1		
	20	3		1	2			
	21	1				1		
	25	2			1	1		
	27	1					1	
	28	1			1			
	30	35	1	3	3	5	11	12
	Don't know/Not sure	3			1	1		1
	None	500	40	102	97	119	74	68
Female	Total	1074	93	192	239	208	143	199
	1	63	5	13	21	18	4	2
	2	77	14	16	15	13	13	6
	3	39	1	9	10	7	4	8
	4	23	1	8	7	1	2	4
	5	37	5	6	7	9	4	6
	6	7		2	1	2	2	
	7	23	6	2	6	2	2	5
	8	4		1	1	2		
	9	2	1			1		
	10	18		4	5	2	6	1
	14	8	1	2	1	2		2
	15	18	1	3	2	5	2	5
	19	1				1		
	20	9		1	3	4		1
	21	5		1		2		2
	25	3			1	1	1	
	26	1						1
	27	1				1		
	28	1	1					
	30	66	2	2	14	12	12	24
	Don't know/Not sure	11	1		1	1	4	4
None	657	54	122	144	122	87	128	
Denominator is: All survey respondents								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1998

For how many days during the past 30 days was your mental health not good?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
1		3.8	5.1	4.8	4.6	3.8	4.1	1.0
2		7.1	4.7	10.1	11.2	5.7	3.5	4.5
3		3.1	3.2	5.0	2.5	2.9	3.3	2.2
4		1.9	2.3	3.3	2.6	1.4	.2	.9
5		3.5	7.5	3.7	3.2	3.9	1.6	2.2
6		.4	1.0		.4	.5	.8	.2
7		2.3	6.1	2.1	2.3	1.2	2.5	1.1
8		.7	3.1	.1	.6	.3	.6	.2
9		.0				.1		
10		2.1	6.2	2.5	2.1	1.4	.2	1.2
12		.2	.5	.7				
14		1.0	.5	1.6	1.9	.4	1.2	
15		2.9	4.2	3.6	3.2	2.4	2.7	1.5
17		.0						.2
20		1.4	.6	3.4	1.1	1.2	2.0	.2
22		.1		.3				
25		.2	.6	.6		.2		
27		.0						.2
28		.1		.6		.2		
30		4.4	4.0	4.0	6.1	4.4	4.4	3.0
None		64.7	50.4	53.4	58.2	70.0	72.9	81.4
Male	1	2.2	3.0	2.1	4.8	1.3	1.1	
	2	6.8	1.2	11.3	11.2	3.6	3.7	5.5
	3	2.1	3.0	4.4	1.2	1.6	1.6	1.1
	4	1.2	1.2	1.7	.8	1.3		1.7
	5	3.3	10.9	1.4	2.5	3.3	1.1	2.8
	6	.4			.8		1.6	
	7	3.0	7.3	2.4	4.1	1.8	1.6	1.1
	8	.6	4.2		.4			
	10	1.4	4.2	1.7	1.7	.3		.6
	14	.8		1.4	1.2	.3	1.6	
	15	2.3	3.0	3.4	3.3	2.1		1.1
	20	1.6	1.2	4.4	1.2	1.0	1.1	
	22	.1		.7				
25	.3	1.2	.7		.1			

	28	.2		.7		.3		
	30	4.2	1.8	3.4	5.8	3.9	5.6	3.9
	None	69.7	57.6	60.3	60.8	79.1	81.2	82.3
Female	1	5.4	7.3	7.7	4.5	6.5	7.0	1.7
	2	7.4	8.3	8.9	11.3	7.8	3.3	3.8
	3	4.1	3.4	5.6	3.7	4.1	4.9	2.9
	4	2.5	3.4	4.8	4.3	1.4	.4	.3
	5	3.7	3.9	6.2	3.9	4.6	2.1	1.7
	6	.5	2.0			1.1		.3
	7	1.7	4.9	1.9	.5	.7	3.3	1.0
	8	.7	2.0	.3	.7	.5	1.2	.3
	9	.0				.3		
	10	2.9	8.3	3.4	2.5	2.5	.4	1.7
	12	.3	1.0	1.3				
	14	1.2	1.0	1.9	2.5	.5	.8	
	15	3.4	5.4	3.8	3.1	2.7	5.4	1.7
	17	.1						.3
	20	1.3		2.4	.9	1.4	2.9	.3
	25	.1		.5		.3		
	27	.1						.3
	28	.1		.5				
	30	4.6	6.4	4.6	6.5	4.9	3.3	2.4
None	59.9	42.8	46.3	55.6	60.6	64.9	80.7	

Denominator is:
All survey respondents

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1998

For how many days during the past 30 days was your mental health not good?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		1815	155	350	381	372	254	303
1		74	11	18	17	15	9	4
2		139	9	35	49	24	10	12
3		63	6	21	11	10	9	6
4		37	4	9	12	8	1	3
5		67	11	15	12	18	5	6
6		8	2		1	2	2	1
7		38	7	8	7	6	6	4
8		11	4	1	3	1	1	1
9		1				1		
10		41	11	10	9	6	1	4
12		4	1	3				
14		19	1	5	8	2	3	
15		60	7	16	14	12	5	6
17		1						1
20		29	1	11	6	4	6	1
22		1		1				
25		6	1	3		2		
27		1						1
28		3		2		1		
30		91	9	13	24	20	14	11
Don't know/Not sure		11		3	1	3	1	3
None		1110	70	176	207	237	181	239
Male	Total	741	62	158	142	164	111	104
	1	16	3	3	6	3	1	
	2	53	1	18	17	7	4	6
	3	17	3	7	2	2	2	1
	4	9	1	2	1	3		2
	5	26	7	3	4	7	2	3
	6	3			1		2	
	7	20	3	4	6	4	2	1
	8	4	3		1			
	10	11	3	3	3	1		1
	14	6		2	2	1	1	
	15	19	2	7	5	4		1

	20	11	1	6	2	1	1	
	22	1		1				
	25	3	1	1		1		
	28	2		1		1		
	30	34	1	3	8	8	9	5
	Don't know/Not sure	4		3	1			
	None	502	33	94	83	121	87	84
Female	Total	1074	93	192	239	208	143	199
	1	58	8	15	11	12	8	4
	2	86	8	17	32	17	6	6
	3	46	3	14	9	8	7	5
	4	28	3	7	11	5	1	1
	5	41	4	12	8	11	3	3
	6	5	2			2		1
	7	18	4	4	1	2	4	3
	8	7	1	1	2	1	1	1
	9	1				1		
	10	30	8	7	6	5	1	3
	12	4	1	3				
	14	13	1	3	6	1	2	
	15	41	5	9	9	8	5	5
	17	1						1
	20	18		5	4	3	5	1
	25	3		2		1		
	27	1						1
	28	1		1				
	30	57	8	10	16	12	5	6
	Don't know/Not sure	7				3	1	3
None	608	37	82	124	116	94	155	
Denominator is: All survey respondents								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1998

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
1	6.6	12.4	7.7	6.3	8.4	2.7	.9
2	6.3	8.8	8.1	7.1	5.6	3.7	2.9
3	3.8	4.2	4.0	4.7	3.6	3.3	2.5
4	1.9	.4	4.4	2.0	.8	.9	1.5
5	3.3	9.3	2.3	2.7	3.2	2.6	.9
6	.5	1.0			.6	1.0	1.1
7	1.6	4.1	1.6	.4	2.0	.9	1.5
8	.2	.7		.4			
9	.0				.3		
10	2.2	1.0	3.1	3.0	.6	3.3	1.8
12	.1		.6				
14	.7		.2	.6	1.3	.3	1.8
15	2.6	.7	3.0	2.4	2.2	7.7	1.1
18	.1		.3				
20	1.5		1.9	3.5		2.8	
21	.2	.7					.5
23	.3						1.8
25	.3			.5	1.1		
27	.1					.9	
28	.0				.3		
30	4.8	1.8	2.8	1.9	7.4	9.4	8.9
None	62.9	54.9	60.1	64.4	62.8	60.8	72.7
Male	1	6.8	17.5	7.8	4.9	7.0	
	2	5.3	4.6	7.8	4.9	7.9	1.5
	3	5.1	7.4	3.6	7.8	2.6	1.5
	4	2.0		6.0	1.4		2.7
	5	3.1	7.4	3.0	2.8	.9	4.4
	6	.8	1.8				1.5
	7	2.5	6.5	2.4		4.4	2.7
	10	1.2	1.8	1.8	1.4		1.5
	12	.3		1.2			
	14	.3				1.7	.7
	15	3.1		4.8	2.1	3.5	7.4
	18	.1		.6			
		2.2		1.2	4.9		7.4

	20							
	25	.5			.7	2.0		
	30	4.8		3.0	2.8	5.2	11.8	12.3
	None	62.1	53.0	57.0	66.1	64.7	62.5	69.9
Female	1	6.4	6.8	7.6	7.5	9.3	4.3	1.5
	2	7.1	13.3	8.5	9.0	4.2	5.0	3.0
	3	2.8	.8	4.4	1.9	4.2	4.3	1.5
	4	1.8	.8	3.0	2.6	1.2	1.4	.7
	5	3.5	11.4	1.7	2.6	4.6	1.4	1.5
	6	.2				.9	.7	
	7	.9	1.5	.8	.8	.5	1.4	.7
	8	.4	1.5		.8			
	9	.1				.5		
	10	3.0		4.2	4.5	.9	4.3	3.0
	14	1.0		.4	1.1	.9		3.0
	15	2.2	1.5	1.3	2.6	1.4	7.9	
	20	1.0		2.5	2.3			
	21	.3	1.5					.7
	23	.5						3.0
	25	.2			.4	.5		
	27	.2					1.4	
	28	.1				.5		
	30	4.8	3.8	2.5	1.1	8.8	7.9	6.7
None	63.6	57.0	62.9	62.8	61.6	59.7	74.6	

Denominator is:

All survey respondents who answered that they had physical or mental health problems within the past 30 days

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1998

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		1013	103	221	235	199	119	136
1		58	11	17	12	14	3	1
2		64	8	19	17	12	4	4
3		38	4	11	9	7	3	4
4		22	1	9	6	3	1	2
5		32	7	7	7	6	3	2
6		5	1			1	2	1
7		16	4	4	1	4	1	2
8		3	1		2			
9		1				1		
10		25	1	8	7	2	5	2
12		1		1				
14		9		1	1	2	1	4
15		21	1	3	6	6	4	1
18		1		1				
20		12		3	7		2	
21		2	1					1
23		1						1
25		6			2	4		
27		1					1	
28		1				1		
30		49	2	7	4	12	12	12
Don't know/Not sure		4				2	1	1
None		641	61	130	154	122	76	98
Male	Total	369	40	90	81	71	43	44
	1	20	6	7	3	4		
	2	20	1	7	4	6	1	1
	3	16	3	3	5	2	1	2
	4	7		5	1			1
	5	9	1	3	2	1	2	
	6	3	1				1	1
	7	10	3	3		3		1
	10	5	1	2	1		1	
	12	1		1				
			2				1	1

	14							
	15	7		1	1	3	1	1
	18	1		1				
	20	7		1	4		2	
	25	4			1	3		
	30	21		4	2	3	6	6
	Don't know/Not sure	2				1		1
	None	234	24	52	57	44	27	30
Female	Total	644	63	131	154	128	76	92
	1	38	5	10	9	10	3	1
	2	44	7	12	13	6	3	3
	3	22	1	8	4	5	2	2
	4	15	1	4	5	3	1	1
	5	23	6	4	5	5	1	2
	6	2				1	1	
	7	6	1	1	1	1	1	1
	8	3	1		2			
	9	1				1		
	10	20		6	6	2	4	2
	14	7		1	1	1		4
	15	14	1	2	5	3	3	
	20	5		2	3			
	21	2	1					1
	23	1						1
	25	2			1	1		
	27	1					1	
	28	1				1		
	30	28	2	3	2	9	6	6
		Don't know/Not sure	2				1	1
	None	407	37	78	97	78	49	68

Denominator is:

All survey respondents who answered that they had physical or mental health problems within the past 30 days