

**Oregon BRFSS 2002**

**Currently takes a multivitamin or other supplement containing folic acid (Women only).**

(Weighted Column Percents)

	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
Yes, takes folic acid	53.2	45.0	55.5	56.5
No, does not take folic	46.8	55.0	44.5	43.5

Denominator is:

All female survey respondents younger than 45 who take either a multivitamin or other supplement that contains folic acid .

**Currently takes a multivitamin or other supplement containing folic acid (Women only).**

(Unweighted Frequencies)

	Total	Age Groups		
		18-24	25-34	35-44
Female	480	97	177	206
Yes, takes folic acid	261	46	95	120
No, does not take folic acid	208	50	74	84
Don't know/Not sure	4	1	3	
Refused	7		5	2

Denominator is:

All female survey respondents younger than 45 who take either a multivitamin or other supplement that contains folic acid .

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**How often took folic acid: weekly.**

(Weighted Column Percents)

	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
None	46.8	55.0	44.5	43.5
Approximately 3 or fewer times per week	9.0	12.4	10.4	5.6
Approximately 4-6 times per week	3.7	.7	5.2	4.3
Approximately 7+ times per week	40.4	31.9	40.0	46.3
Unknown	.1			.2

Denominator is:

All female survey respondents younger than 45 who take either a multivitamin or other supplement that contains folic acid .

**How often took folic acid: weekly.**

(Unweighted Frequencies)

	Total	Age Groups		
		18-24	25-34	35-44
Female	469	96	169	204
None	208	50	74	84
Approximately 3 or fewer times per week	34	7	15	12
Approximately 4-6 times per week	20	1	10	9
Approximately 7+ times per week	206	38	70	98
Unknown	1			1

Denominator is:

All female survey respondents younger than 45 who take either a multivitamin or other supplement that contains folic acid .

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**Why is folic acid recommended?**

(Weighted Column Percents)

	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
To make strong bones	11.7	16.5	9.0	11.0
Prevent birth defects	51.5	35.3	61.3	53.6
Prevent high blood pressure	2.8	4.5	.8	3.5
Other reason	10.4	16.5	6.8	9.5
Don't know/Not sure	23.6	27.3	22.1	22.4

Denominator is:  
All female survey respondents younger than 45 .

**Why is folic acid recommended?**

(Unweighted Frequencies)

	Total	Age Groups		
		18-24	25-34	35-44
Female	480	97	177	206
To make strong bones	51	13	15	23
Prevent birth defects	253	36	106	111
Prevent high blood pressure	12	4	1	7
Other reason	47	15	11	21
Don't know/Not sure	110	29	39	42
Refused	7		5	2

Denominator is:  
All female survey respondents younger than 45 .