

Are you now trying to lose weight?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	48.6	38.3	45.7	54.6	50.9	57.4	42.2
No	51.4	61.7	54.3	45.4	49.1	42.6	57.8
Male Yes	40.2	25.2	37.2	49.5	39.6	50.1	35.8
Male No	59.8	74.8	62.8	50.5	60.4	49.9	64.2
Female Yes	56.6	52.2	54.7	59.9	61.6	64.4	46.9
Female No	43.4	47.8	45.3	40.1	38.4	35.6	53.1

Denominator is:
All survey respondents.

Are you now trying to lose weight?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	4,745	255	598	725	957	973	1,237
Yes	2,395	103	291	389	507	572	533
No	2,332	151	306	333	445	398	699
Don't know/Not sure	8		1		3	2	2
Refused	10	1		3	2	1	3
Male Total	1,848	110	227	285	385	379	462
Male Yes	760	28	85	132	157	187	171
Male No	1,077	81	141	151	225	190	289
Male Don't know/Not sure	5		1		2	1	1
Male Refused	6	1		2	1	1	1
Female Total	2,897	145	371	440	572	594	775
Female Yes	1,635	75	206	257	350	385	362
Female No	1,255	70	165	182	220	208	410
Female Don't know/Not sure	3				1	1	1
Female Refused	4			1	1		2

Denominator is:
All survey respondents.

In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes, lose weight		15.1	4.6	12.6	16.7	17.1	24.0	13.4
Yes, gain weight		1.9	4.0	2.4	1.5	1.1	.9	2.1
Yes, maintain current weight		2.1	1.7	1.2	1.3	3.3	2.5	2.4
No		80.9	89.6	83.7	80.5	78.5	72.6	82.0
Male	Yes, lose weight	13.0	2.1	9.2	14.2	13.9	22.4	14.8
	Yes, gain weight	1.4	4.0	.8	1.3	.6	1.1	1.6
	Yes, maintain current weight	1.8	2.0	.4	.5	3.7	2.4	2.3
	No	83.8	92.0	89.7	84.0	81.8	74.1	81.4
Female	Yes, lose weight	17.1	7.2	16.3	19.3	20.1	25.5	12.4
	Yes, gain weight	2.4	4.1	4.1	1.8	1.6	.8	2.5
	Yes, maintain current weight	2.4	1.4	2.1	2.1	3.0	2.6	2.6
	No	78.1	87.2	77.4	76.9	75.4	71.1	82.5

Denominator is:

All survey respondents.

In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		4,741	254	598	725	956	972	1,236
Yes, lose weight		803	15	84	123	175	235	171
Yes, gain weight		83	11	16	9	13	9	25
Yes, maintain current weight		102	4	7	11	29	24	27
No		3,737	222	490	580	734	700	1,011
Don't know/Not sure		8	1			3	3	1
Refused		8	1	1	2	2	1	1
Male	Total	1,845	109	227	285	385	378	461
	Yes, lose weight	275	2	22	36	58	83	74
	Yes, gain weight	24	5	2	4	3	4	6
	Yes, maintain current weight	34	2	1	2	10	9	10
	No	1,504	98	201	242	312	280	371
	Don't know/Not sure	3	1			1	1	
	Refused	5	1	1	1	1	1	
Female	Total	2,896	145	371	440	571	594	775
	Yes, lose weight	528	13	62	87	117	152	97
	Yes, gain weight	59	6	14	5	10	5	19
	Yes, maintain current weight	68	2	6	9	19	15	17
	No	2,233	124	289	338	422	420	640
	Don't know/Not sure	5				2	2	1
	Refused	3			1	1		1

Denominator is:

All survey respondents.

Overweight and obesity prevalence among adults.

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Underweight (less than 18.5)		1.5	2.4	1.8	1.1	1.2	1.1	1.9
Normal weight (18.5 to less than 25)		38.8	59.4	41.1	35.6	33.6	30.2	38.1
Overweight (25 to less than 30)		35.9	24.8	34.4	37.0	37.0	37.8	41.3
Obese (30.0 or more)		23.8	13.3	22.8	26.2	28.2	30.9	18.7
Male	Underweight (less than 18.5)	.8	1.4	1.2	.3	.8	.6	.5
	Normal weight (18.5 to less than 25)	32.8	58.6	34.7	27.0	25.3	25.0	33.0
	Overweight (25 to less than 30)	42.0	27.5	41.1	44.7	45.8	41.4	47.7
	Obese (30.0 or more)	24.4	12.5	23.0	28.0	28.1	33.0	18.8
Female	Underweight (less than 18.5)	2.3	3.5	2.4	2.0	1.6	1.6	2.9
	Normal weight (18.5 to less than 25)	44.9	60.4	48.2	45.1	42.3	35.5	42.1
	Overweight (25 to less than 30)	29.7	21.8	26.9	28.6	27.8	34.1	36.4
	Obese (30.0 or more)	23.1	14.3	22.5	24.3	28.4	28.8	18.6

Denominator is:

All survey respondents.

Overweight and obesity prevalence among adults.

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		14,954	759	1,952	2,350	3,032	3,057	3,804
Underweight (less than 18.5)		233	22	36	30	39	33	73
Normal weight (18.5 to less than 25)		5,418	408	772	871	1,050	906	1,411
Overweight (25 to less than 30)		5,106	176	594	781	1,006	1,080	1,469
Obese (30.0 or more)		3,457	97	404	567	801	871	717
Don't Know/Not Sure/Refused		740	56	146	101	136	167	134
Male	Total	5,816	325	759	895	1,233	1,225	1,379
	Underweight (less than 18.5)	35	5	7	3	6	6	8
	Normal weight (18.5 to less than 25)	1,767	181	261	245	323	312	445
	Overweight (25 to less than 30)	2,509	86	305	401	555	515	647
	Obese (30.0 or more)	1,405	40	154	238	333	377	263
	Don't Know/Not Sure/Refused	100	13	32	8	16	15	16
Female	Total	9,138	434	1,193	1,455	1,799	1,832	2,425
	Underweight (less than 18.5)	198	17	29	27	33	27	65
	Normal weight (18.5 to less than 25)	3,651	227	511	626	727	594	966
	Overweight (25 to less than 30)	2,597	90	289	380	451	565	822
	Obese (30.0 or more)	2,052	57	250	329	468	494	454
	Don't Know/Not Sure/Refused	640	43	114	93	120	152	118

Denominator is:
All survey respondents.

At risk for chronic disease based on Body Mass Index (BMI) being 25.0 or higher.

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Not at risk (BMI < 25)		40.3	61.8	42.8	36.8	34.8	31.3	40.0
At risk (BMI >= 25)		59.7	38.2	57.2	63.2	65.2	68.7	60.0
Male	Not at risk (BMI < 25)	33.5	60.0	35.9	27.3	26.1	25.6	33.5
	At risk (BMI >= 25)	66.5	40.0	64.1	72.7	73.9	74.4	66.5
Female	Not at risk (BMI < 25)	47.2	63.9	50.6	47.1	43.9	37.1	45.0
	At risk (BMI >= 25)	52.8	36.1	49.4	52.9	56.1	62.9	55.0

Denominator is:
All survey respondents.

At risk for chronic disease based on Body Mass Index (BMI) being 25.0 or higher.

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		14,954	759	1,952	2,350	3,032	3,057	3,804
Not at risk (BMI < 25)		5,651	430	808	901	1,089	939	1,484
At risk (BMI >= 25)		8,563	273	998	1,348	1,807	1,951	2,186
Don't Know/Not Sure/Refused		740	56	146	101	136	167	134
Male	Total	5,816	325	759	895	1,233	1,225	1,379
	Not at risk (BMI < 25)	1,802	186	268	248	329	318	453
	At risk (BMI >= 25)	3,914	126	459	639	888	892	910
	Don't Know/Not Sure/Refused	100	13	32	8	16	15	16
Female	Total	9,138	434	1,193	1,455	1,799	1,832	2,425
	Not at risk (BMI < 25)	3,849	244	540	653	760	621	1,031
	At risk (BMI >= 25)	4,649	147	539	709	919	1,059	1,276
	Don't Know/Not Sure/Refused	640	43	114	93	120	152	118

Denominator is:

All survey respondents.