

## How is your general health?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Excellent		21.8	24.1	25.3	26.5	21.4	20.7	13.0
Very good		35.2	36.0	37.4	35.3	37.6	33.0	31.5
Good		28.7	28.5	28.2	28.0	25.1	28.9	34.2
Fair		10.5	10.8	7.4	7.7	10.4	12.4	14.9
Or poor		3.7	.7	1.7	2.5	5.5	4.9	6.5
Male	Excellent	22.3	26.8	26.4	26.9	18.9	19.4	14.6
	Very good	35.2	37.7	37.8	34.1	38.4	32.1	30.2
	Good	29.1	24.7	28.7	30.1	27.2	30.8	33.4
	Fair	9.8	10.7	5.5	6.9	10.0	12.8	14.8
	Or poor	3.5	.2	1.5	2.1	5.6	5.0	7.0
Female	Excellent	21.4	21.2	24.0	26.0	23.8	22.0	11.8
	Very good	35.2	34.2	37.0	36.6	36.9	34.0	32.4
	Good	28.3	32.5	27.7	25.9	23.1	27.0	34.8
	Fair	11.2	11.0	9.4	8.5	10.8	12.1	14.9
	Or poor	3.9	1.1	1.9	2.9	5.4	4.9	6.1

Denominator is:  
All survey respondents.

## How is your general health?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		9,833	426	1,041	1,502	1,999	2,204	2,661
Excellent		2,031	105	264	405	441	464	352
Very good		3,373	152	392	539	728	726	836
Good		2,829	122	290	402	504	617	894
Fair		1,114	41	78	115	216	275	389
Or poor		454	5	15	40	108	116	170
Don't know/Not sure		25	1	2		2	4	16
Refused		7			1		2	4
Male	Total	3,718	193	390	557	758	869	951
	Excellent	780	56	105	158	149	176	136
	Very good	1,250	70	148	194	281	271	286
	Good	1,097	47	111	155	214	261	309
	Fair	407	18	20	37	77	113	142
	Or poor	169	1	5	13	35	46	69
	Don't know/Not sure	12	1	1		2	1	7
	Refused	3					1	2
Female	Total	6,115	233	651	945	1,241	1,335	1,710
	Excellent	1,251	49	159	247	292	288	216
	Very good	2,123	82	244	345	447	455	550
	Good	1,732	75	179	247	290	356	585
	Fair	707	23	58	78	139	162	247
	Or poor	285	4	10	27	73	70	101
	Don't know/Not sure	13		1			3	9
	Refused	4			1		1	2

Denominator is:

All survey respondents.

## For how many days during the past 30 days was your physical health not good?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		63.3	63.0	65.9	63.1	60.3	62.0	65.7
1-14 days		27.0	31.4	28.4	30.6	27.7	24.2	19.7
15-29 days		3.1	.4	2.4	3.0	3.6	4.9	3.6
30 days		6.6	5.2	3.3	3.3	8.4	8.9	10.9
Male	No days	66.4	68.5	67.6	68.1	62.6	64.0	68.4
	1-14 days	25.0	30.0	26.3	27.7	24.4	22.3	19.0
	15-29 days	2.7		2.3	2.4	3.4	4.8	2.8
	30 days	5.8	1.5	3.8	1.8	9.5	8.9	9.7
Female	No days	60.3	57.0	64.1	57.9	58.1	60.1	63.7
	1-14 days	28.8	32.9	30.6	33.7	30.9	26.0	20.2
	15-29 days	3.5	.9	2.5	3.6	3.7	5.0	4.3
	30 days	7.4	9.2	2.8	4.8	7.3	9.0	11.8

Denominator is:  
All survey respondents.

## For how many days during the past 30 days was your physical health not good?

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		4,853	227	504	769	982	1,088	1,283
No days		2,988	138	323	461	585	666	815
1-14 days		1,231	70	150	245	273	255	238
15-29 days		171	2	11	26	35	52	45
30 days		378	12	15	30	81	97	143
Don't know/Not sure		79	5	3	7	6	16	42
Refused		6		2		2	2	
Male	Total	1,855	104	185	289	394	430	453
	No days	1,221	72	122	201	251	273	302
	1-14 days	411	30	50	73	91	87	80
	15-29 days	58		4	8	13	22	11
	30 days	136	1	6	6	35	39	49
	Don't know/Not sure	26	1	1	1	3	9	11
	Refused	3		2		1		
Female	Total	2,998	123	319	480	588	658	830
	No days	1,767	66	201	260	334	393	513
	1-14 days	820	40	100	172	182	168	158
	15-29 days	113	2	7	18	22	30	34
	30 days	242	11	9	24	46	58	94
	Don't know/Not sure	53	4	2	6	3	7	31
	Refused	3				1	2	

Denominator is:  
All survey respondents.

## For how many days during the past 30 days was your mental health not good?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		67.1	52.7	63.7	63.6	66.0	70.7	83.1
1-14 days		25.2	37.7	29.4	29.3	25.0	19.8	12.0
15-29 days		3.6	4.6	3.2	3.8	4.3	4.2	1.8
30 days		4.1	5.0	3.7	3.3	4.6	5.3	3.2
Male	No days	71.3	57.8	68.9	67.7	72.2	73.8	87.1
	1-14 days	22.4	36.8	25.9	25.7	20.9	16.7	8.6
	15-29 days	3.1	2.4	3.3	3.3	3.2	4.5	2.0
	30 days	3.2	2.9	1.9	3.2	3.8	5.0	2.3
Female	No days	63.0	47.3	58.3	59.3	60.0	67.7	79.9
	1-14 days	27.9	38.7	33.0	33.0	29.2	22.8	14.6
	15-29 days	4.0	6.8	3.1	4.3	5.4	3.9	1.6
	30 days	5.0	7.1	5.6	3.4	5.4	5.5	3.9

Denominator is:  
All survey respondents.

## For how many days during the past 30 days was your mental health not good?

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		4,853	227	504	769	982	1,088	1,283
No days		3,309	116	311	463	620	754	1,045
1-14 days		1,083	83	153	236	257	207	147
15-29 days		178	12	18	36	42	46	24
30 days		209	10	18	26	51	59	45
Don't know/Not sure		61	5	3	4	10	20	19
Refused		13	1	1	4	2	2	3
Male	Total	1,855	104	185	289	394	430	453
	No days	1,360	58	125	194	275	314	394
	1-14 days	343	39	47	71	87	64	35
	15-29 days	57	3	6	10	11	20	7
	30 days	67	2	3	10	16	23	13
	Don't know/Not sure	23	1	3	2	4	9	4
	Refused	5	1	1	2	1		
Female	Total	2,998	123	319	480	588	658	830
	No days	1,949	58	186	269	345	440	651
	1-14 days	740	44	106	165	170	143	112
	15-29 days	121	9	12	26	31	26	17
	30 days	142	8	15	16	35	36	32
	Don't know/Not sure	38	4		2	6	11	15
	Refused	8			2	1	2	3

Denominator is:  
All survey respondents.

**During the past 30 days, how many days did poor physical or mental health  
keep you from doing your usual activities, such as self-care, work, or recreation?**

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		59.6	63.9	64.2	61.6	53.7	55.4	59.1
1-14 days		29.8	34.6	28.2	31.6	31.0	28.7	23.7
15-29 days		4.2	.2	5.1	2.8	4.7	6.2	6.7
30 days		6.3	1.2	2.5	4.0	10.6	9.6	10.5
Male	No days	57.8	53.6	61.5	63.8	54.0	53.3	58.9
	1-14 days	30.3	45.8	29.0	29.4	27.2	28.1	22.4
	15-29 days	4.5		6.8	3.4	4.8	5.4	7.1
	30 days	7.3	.6	2.8	3.4	14.1	13.3	11.6
Female	No days	61.1	72.8	66.7	59.7	53.5	57.3	59.2
	1-14 days	29.4	24.9	27.4	33.5	34.0	29.3	24.5
	15-29 days	4.0	.4	3.6	2.2	4.6	7.0	6.5
	30 days	5.5	1.8	2.3	4.6	7.8	6.4	9.8

Denominator is:

All survey respondents who reported days when their physical or mental health was not good.

**During the past 30 days, how many days did poor physical or mental health  
keep you from doing your usual activities, such as self-care, work, or recreation?**

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		2,551	139	280	454	553	557	568
No days		1,458	90	181	271	299	298	319
1-14 days		737	42	81	150	171	156	137
15-29 days		121	1	12	12	29	34	33
30 days		192	4	6	17	51	53	61
Don't know/Not sure		38	2		3	2	14	17
Refused		5			1	1	2	1
Male	Total	876	59	94	148	194	203	178
	No days	494	35	58	91	110	104	96
	1-14 days	241	21	28	46	52	55	39
	15-29 days	44		5	4	10	14	11
	30 days	83	1	3	5	22	27	25
	Don't know/Not sure	12	2		1		3	6
	Refused	2			1			1
Female	Total	1,675	80	186	306	359	354	390
	No days	964	55	123	180	189	194	223
	1-14 days	496	21	53	104	119	101	98
	15-29 days	77	1	7	8	19	20	22
	30 days	109	3	3	12	29	26	36
	Don't know/Not sure	26			2	2	11	11
	Refused	3				1	2	

Denominator is:

All survey respondents who reported days when their physical or mental health was not good.



**At risk: Adult respondents who are in fair or poor health.**

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Not At Risk		85.8	88.5	90.9	89.8	84.1	82.7	78.7
At Risk		14.2	11.5	9.1	10.2	15.9	17.3	21.3
Male	Not At Risk	86.7	89.2	93.0	91.0	84.5	82.3	78.2
	At Risk	13.3	10.8	7.0	9.0	15.5	17.7	21.8
Female	Not At Risk	85.0	87.9	88.7	88.6	83.8	83.0	79.0
	At Risk	15.0	12.1	11.3	11.4	16.2	17.0	21.0

Denominator is:  
All survey respondents.

**At risk: Adult respondents who are in fair or poor health.**

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		9,833	426	1,041	1,502	1,999	2,204	2,661
Not At Risk		8,233	379	946	1,346	1,673	1,807	2,082
At Risk		1,568	46	93	155	324	391	559
Don't Know/Not Sure/Refused/Missing		32	1	2	1	2	6	20
Male	Total	3,718	193	390	557	758	869	951
	Not At Risk	3,127	173	364	507	644	708	731
	At Risk	576	19	25	50	112	159	211
	Don't Know/Not Sure/Refused/Missing	15	1	1	2	2	2	9
Female	Total	6,115	233	651	945	1,241	1,335	1,710
	Not At Risk	5,106	206	582	839	1,029	1,099	1,351
	At Risk	992	27	68	105	212	232	348
	Don't Know/Not Sure/Refused/Missing	17	1	1	1	4	4	11

Denominator is:  
All survey respondents.