

Oregon 2014 BRFSS
Health Status

Would you say that in general your health is...?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Excellent		19.7	25.1	23.5	20.7	19.6	16.8	15.1
Very Good		34.2	42.0	34.4	33.6	31.7	33.5	32.4
Good		29.9	26.1	30.9	30.8	29.8	28.5	31.8
Fair, or		11.6	6.1	9.1	10.9	12.4	14.2	14.7
Poor		4.7	.7	2.1	4.1	6.6	7.0	6.0
Male	Excellent	19.8	29.0	23.5	22.8	18.9	13.7	14.0
	Very Good	32.8	43.8	32.6	31.3	30.7	30.3	31.1
	Good	31.3	23.7	32.3	33.4	30.8	33.4	32.1
	Fair, or	11.4	3.2	9.7	8.9	12.7	15.5	15.7
	Poor	4.7	.3	1.9	3.7	6.9	7.1	7.0
Female	Excellent	19.6	21.1	23.5	18.5	20.2	19.7	15.9
	Very Good	35.5	40.1	36.2	35.9	32.7	36.5	33.5
	Good	28.5	28.7	29.5	28.1	28.7	23.9	31.5
	Fair, or	11.8	9.1	8.4	13.0	12.1	13.0	13.9
	Poor	4.6	1.1	2.4	4.5	6.3	7.0	5.1

Denominator is: All survey respondents.

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Would you say that in general your health is...?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		10,372	558	966	1,096	1,462	2,344	3,946
Excellent		1,974	142	226	239	312	427	628
Very Good		3,570	234	356	405	500	790	1,285
Good		3,029	143	288	308	410	648	1,232
Fair, or		1,226	33	76	99	163	300	555
Poor		536	4	18	44	75	172	223
Don't know / Not sure		25	1	1		1	5	17
Refused		12	1	1	1	1	2	6
Male	Total	4,377	291	477	493	635	982	1,499
	Excellent	817	81	112	113	130	155	226
	Very Good	1,443	129	170	165	207	310	462
	Good	1,339	69	150	158	188	304	470
	Fair, or	527	9	36	40	74	140	228
	Poor	232	1	7	17	35	71	101
	Don't know / Not sure	14	1	1		1	2	9
Female	Total	5,995	267	489	603	827	1,362	2,447
	Excellent	1,157	61	114	126	182	272	402
	Very Good	2,127	105	186	240	293	480	823
	Good	1,690	74	138	150	222	344	762
	Fair, or	699	24	40	59	89	160	327
	Poor	304	3	11	27	40	101	122
	Don't know / Not sure	11					3	8
	Refused	7			1	1	2	3

Denominator is: All survey respondents.

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For how many days during the past 30 days was your physical health not good?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		61.5	62.1	60.8	63.0	60.3	60.3	62.7
1-14 days		26.0	31.6	31.5	26.0	23.6	23.5	22.2
15-29 days		5.0	4.1	3.2	5.5	6.6	4.7	5.4
30 days		7.5	2.2	4.6	5.5	9.6	11.5	9.6
Male	No days	66.0	66.5	66.0	70.4	64.4	64.2	64.8
	1-14 days	22.6	29.6	27.9	19.5	20.0	19.9	20.8
	15-29 days	4.2	2.2	1.9	4.9	5.8	5.0	4.7
	30 days	7.2	1.7	4.2	5.2	9.8	11.0	9.6
Female	No days	57.2	57.3	55.6	55.4	56.2	56.7	60.9
	1-14 days	29.3	33.8	35.0	32.6	27.1	26.9	23.4
	15-29 days	5.7	6.2	4.5	6.2	7.3	4.5	6.0
	30 days	7.8	2.7	4.9	5.8	9.4	11.9	9.7

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For how many days during the past 30 days was your physical health not good?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		10,372	558	966	1,096	1,462	2,344	3,946
No days		6,187	332	567	678	871	1,361	2,378
1-14 days		2,543	186	309	295	375	545	833
15-29 days		502	18	31	55	83	118	197
30 days		868	13	42	58	115	271	369
Dont' know/Not sure/Refused		272	9	17	10	18	49	169
Male	Total	4,377	291	477	493	635	982	1,499
	No days	2,801	185	307	340	413	614	942
	1-14 days	948	90	136	103	135	188	296
	15-29 days	173	5	7	23	30	49	59
	30 days	347	6	19	22	48	109	143
	Dont' know/Not sure/Refused	108	5	8	5	9	22	59
Female	Total	5,995	267	489	603	827	1,362	2,447
	No days	3,386	147	260	338	458	747	1,436
	1-14 days	1,595	96	173	192	240	357	537
	15-29 days	329	13	24	32	53	69	138
	30 days	521	7	23	36	67	162	226
	Dont' know/Not sure/Refused	164	4	9	5	9	27	110

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For how many days during the past 30 days was your mental health not good?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		61.0	46.6	51.9	58.1	60.0	64.8	77.1
1-14 days		27.0	40.3	34.4	28.3	26.0	23.0	16.4
15-29 days		6.1	8.0	7.8	7.3	6.7	5.4	2.9
30 days		5.8	5.1	5.9	6.3	7.3	6.8	3.6
Male	No days	66.0	55.7	54.7	62.9	67.4	70.2	81.3
	1-14 days	23.7	35.5	32.7	24.1	21.3	19.8	12.6
	15-29 days	5.6	6.3	7.2	7.5	6.2	4.3	2.7
	30 days	4.7	2.6	5.4	5.4	5.1	5.8	3.3
Female	No days	56.2	36.9	49.0	53.1	52.7	59.8	73.6
	1-14 days	30.3	45.5	36.2	32.7	30.6	26.0	19.4
	15-29 days	6.6	9.9	8.3	6.9	7.2	6.5	3.1
	30 days	6.9	7.7	6.5	7.3	9.4	7.7	3.8

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For how many days during the past 30 days was your mental health not good?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		10,372	558	966	1,096	1,462	2,344	3,946
No days		6,585	249	490	603	844	1,467	2,932
1-14 days		2,509	229	336	333	415	537	659
15-29 days		539	43	74	75	100	135	112
30 days		540	29	53	72	89	159	138
Don't know/Not sure/Refused		199	8	13	13	14	46	105
Male	Total	4,377	291	477	493	635	982	1,499
	No days	2,980	153	252	299	430	669	1,177
	1-14 days	914	109	158	125	137	192	193
	15-29 days	204	18	35	37	35	41	38
	30 days	190	10	23	27	26	54	50
	Don't know/Not sure/Refused	89	1	9	5	7	26	41
Female	Total	5,995	267	489	603	827	1,362	2,447
	No days	3,605	96	238	304	414	798	1,755
	1-14 days	1,595	120	178	208	278	345	466
	15-29 days	335	25	39	38	65	94	74
	30 days	350	19	30	45	63	105	88
	Don't know/Not sure/Refused	110	7	4	8	7	20	64

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**During the past 30 days, how many days did poor physical or mental health
keep you from doing your usual activities, such as self-care, work, or recreation?**

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		73.8	73.4	72.0	72.7	71.0	73.0	79.4
1-14 days		17.5	23.0	22.0	18.5	17.2	15.5	11.6
15-29 days		4.0	2.5	3.4	4.3	5.1	4.1	3.9
30 days		4.7	1.2	2.6	4.5	6.6	7.4	5.0
Male	No days	76.9	79.8	73.0	77.3	74.9	76.0	80.7
	1-14 days	15.6	18.8	21.6	14.9	14.8	13.9	10.6
	15-29 days	3.1	1.4	2.7	3.6	3.9	2.8	4.0
	30 days	4.4		2.7	4.2	6.4	7.3	4.7
Female	No days	70.8	66.5	70.9	68.0	67.1	70.2	78.4
	1-14 days	19.4	27.4	22.4	22.1	19.7	17.0	12.4
	15-29 days	4.8	3.7	4.2	5.0	6.4	5.3	3.9
	30 days	5.1	2.4	2.4	4.8	6.9	7.5	5.3

Denominator is: All survey respondents.

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During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		10,372	558	966	1,096	1,462	2,344	3,946
No days		7,642	406	682	788	1,035	1,669	3,062
1-14 days		1,672	128	227	204	276	361	476
15-29 days		431	14	31	54	68	112	152
30 days		513	4	23	44	77	177	188
Don't know/Not sure/Refused		114	6	3	6	6	25	68
Male	Total	4,377	291	477	493	635	982	1,499
	No days	3,367	229	348	378	480	744	1,188
	1-14 days	620	55	105	72	98	128	162
	15-29 days	148	4	13	22	24	30	55
	30 days	196		10	18	29	71	68
	Don't know/Not sure/Refused	46	3	1	3	4	9	26
Female	Total	5,995	267	489	603	827	1,362	2,447
	No days	4,275	177	334	410	555	925	1,874
	1-14 days	1,052	73	122	132	178	233	314
	15-29 days	283	10	18	32	44	82	97
	30 days	317	4	13	26	48	106	120
	Don't know/Not sure/Refused	68	3	2	3	2	16	42

Denominator is: All survey respondents.