

Oregon 2015 BRFSS  
Health Status

**Would you say that in general your health is...?**

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Excellent		18.2	21.8	21.2	20.2	18.2	16.3	13.6
Very good		34.3	38.8	36.3	35.9	32.5	31.0	32.9
Good		29.1	32.6	31.4	26.6	25.5	27.2	31.8
Fair		13.2	5.9	8.6	11.4	17.3	17.3	15.9
Poor		5.2	.8	2.6	5.9	6.5	8.2	5.8
Male	Excellent	18.0	25.6	23.1	19.1	15.0	14.1	13.5
	Very good	33.1	37.9	35.5	32.1	33.1	30.1	31.3
	Good	29.9	28.1	32.2	29.3	27.5	28.8	32.7
	Fair	13.7	7.1	6.6	13.4	18.8	18.1	16.1
	Poor	5.4	1.2	2.6	6.1	5.6	8.9	6.5
Female	Excellent	18.4	17.9	19.2	21.4	21.3	18.4	13.8
	Very good	35.4	39.8	37.2	39.7	32.0	31.8	34.2
	Good	28.4	37.3	30.5	23.9	23.5	25.6	31.0
	Fair	12.8	4.7	10.6	9.3	15.8	16.6	15.8
	Poor	5.1	.4	2.5	5.8	7.4	7.5	5.2

Denominator is: All survey respondents.

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**Would you say that in general your health is...?**

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,354	514	887	1,045	1,369	2,043	3,496
Excellent		1,681	104	204	240	261	365	507
Very good		3,259	205	324	378	469	672	1,211
Good		2,681	167	268	269	355	553	1,069
Fair		1,211	31	68	105	200	302	505
Poor		476	4	18	50	80	143	181
Don't know / Not sure		34	2	5	3	3	4	17
Refused		12	1			1	4	6
Male	Total	4,090	268	449	469	647	875	1,382
	Excellent	712	61	108	104	100	137	202
	Very good	1,396	105	164	147	230	278	472
	Good	1,218	78	137	141	176	262	424
	Fair	535	20	28	53	108	133	193
	Poor	207	3	8	23	31	61	81
	Don't know / Not sure	15	1	4	1	1	1	7
	Refused	7				1	3	3
Female	Total	5,264	246	438	576	722	1,168	2,114
	Excellent	969	43	96	136	161	228	305
	Very good	1,863	100	160	231	239	394	739
	Good	1,463	89	131	128	179	291	645
	Fair	676	11	40	52	92	169	312
	Poor	269	1	10	27	49	82	100
	Don't know / Not sure	19	1	1	2	2	3	10
	Refused	5	1				1	3

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**For how many days during the past 30 days was your physical health not good?**

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		58.8	55.0	61.6	58.7	57.5	57.5	60.9
1-14 days		28.4	39.3	31.6	30.2	28.4	22.4	22.9
15-29 days		4.8	3.5	2.9	3.9	5.2	6.3	6.5
30 days		8.0	2.2	4.0	7.2	8.9	13.8	9.7
Male	No days	63.2	58.4	68.8	65.7	59.6	61.0	63.8
	1-14 days	24.6	34.0	26.2	23.5	28.2	19.8	19.5
	15-29 days	4.3	4.2	.9	2.9	5.3	5.4	7.0
	30 days	7.9	3.5	4.2	7.9	6.9	13.9	9.8
Female	No days	54.6	51.5	54.1	51.6	55.4	54.2	58.5
	1-14 days	32.0	44.9	37.1	36.9	28.6	24.9	25.8
	15-29 days	5.4	2.7	5.0	4.9	5.0	7.2	6.1
	30 days	8.1	.9	3.8	6.6	11.0	13.7	9.6

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**For how many days during the past 30 days was your physical health not good?**

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,354	514	887	1,045	1,369	2,043	3,496
No days		5,320	274	519	593	776	1,142	2,016
1-14 days		2,466	202	291	326	389	485	773
15-29 days		467	15	26	42	64	111	209
30 days		791	11	32	70	115	255	308
Dont' know/Not sure/Refused		310	12	19	14	25	50	190
Male	Total	4,090	268	449	469	647	875	1,382
	No days	2,524	153	293	299	388	535	856
	1-14 days	955	93	128	117	174	184	259
	15-29 days	170	8	4	16	31	37	74
	30 days	324	8	15	31	41	103	126
	Dont' know/Not sure/Refused	117	6	9	6	13	16	67
Female	Total	5,264	246	438	576	722	1,168	2,114
	No days	2,796	121	226	294	388	607	1,160
	1-14 days	1,511	109	163	209	215	301	514
	15-29 days	297	7	22	26	33	74	135
	30 days	467	3	17	39	74	152	182
	Dont' know/Not sure/Refused	193	6	10	8	12	34	123

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**For how many days during the past 30 days was your mental health not good?**

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		59.5	40.6	49.2	59.3	57.1	65.2	75.9
1-14 days		28.1	41.4	36.5	29.7	29.2	22.2	16.3
15-29 days		6.8	13.4	8.3	5.8	6.5	5.4	4.1
30 days		5.6	4.7	6.0	5.2	7.2	7.2	3.7
Male	No days	64.7	47.2	56.8	65.5	60.2	71.4	80.4
	1-14 days	24.4	37.7	32.1	24.4	27.7	17.5	12.2
	15-29 days	6.1	9.8	6.9	5.3	6.2	5.2	4.2
	30 days	4.8	5.3	4.2	4.8	5.9	6.0	3.2
Female	No days	54.4	33.6	41.3	53.0	54.0	59.4	72.2
	1-14 days	31.6	45.3	41.2	35.1	30.7	26.5	19.8
	15-29 days	7.6	17.1	9.6	6.4	6.8	5.7	4.0
	30 days	6.4	4.0	7.8	5.6	8.5	8.4	4.0

Denominator is: All survey respondents.

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**For how many days during the past 30 days was your mental health not good?**

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,354	514	887	1,045	1,369	2,043	3,496
No days		5,802	201	434	589	753	1,290	2,535
1-14 days		2,322	219	318	325	410	460	590
15-29 days		528	63	71	62	86	115	131
30 days		487	26	51	57	94	139	120
Don't know/Not sure/Refused		215	5	13	12	26	39	120
Male	Total	4,090	268	449	469	647	875	1,382
	No days	2,747	121	252	295	386	610	1,083
	1-14 days	856	108	140	119	177	158	154
	15-29 days	197	20	31	25	37	38	46
	30 days	192	16	21	23	34	48	50
	Don't know/Not sure/Refused	98	3	5	7	13	21	49
Female	Total	5,264	246	438	576	722	1,168	2,114
	No days	3,055	80	182	294	367	680	1,452
	1-14 days	1,466	111	178	206	233	302	436
	15-29 days	331	43	40	37	49	77	85
	30 days	295	10	30	34	60	91	70
	Don't know/Not sure/Refused	117	2	8	5	13	18	71

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**During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?**

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		73.2	73.0	72.6	71.7	70.6	70.3	79.5
1-14 days		17.8	21.2	22.5	19.0	18.6	16.5	11.5
15-29 days		4.6	4.8	2.9	4.5	5.3	6.1	4.2
30 days		4.4	1.1	2.0	4.8	5.6	7.0	4.8
Male	No days	76.0	75.2	77.3	74.7	73.7	73.2	80.9
	1-14 days	15.7	18.6	20.6	14.8	16.7	14.2	10.6
	15-29 days	4.0	5.5	1.3	4.0	3.9	5.0	4.4
	30 days	4.3	.7	.7	6.5	5.6	7.6	4.0
Female	No days	70.5	70.8	67.8	68.6	67.4	67.5	78.3
	1-14 days	19.8	23.9	24.4	23.2	20.4	18.7	12.2
	15-29 days	5.2	3.9	4.6	5.0	6.7	7.2	3.9
	30 days	4.5	1.4	3.2	3.2	5.5	6.5	5.5

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**During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?**

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,354	514	887	1,045	1,369	2,043	3,496
No days		6,781	369	636	736	937	1,417	2,686
1-14 days		1,570	113	202	212	272	345	426
15-29 days		425	25	27	47	69	121	136
30 days		429	6	15	42	68	138	160
Don't know/Not sure/Refused		149	1	7	8	23	22	88
Male	Total	4,090	268	449	469	647	875	1,382
	No days	3,102	200	344	346	466	649	1,097
	1-14 days	608	49	94	79	114	123	149
	15-29 days	143	15	5	17	25	34	47
	30 days	180	3	4	23	32	60	58
	Don't know/Not sure/Refused	57	1	2	4	10	9	31
Female	Total	5,264	246	438	576	722	1,168	2,114
	No days	3,679	169	292	390	471	768	1,589
	1-14 days	962	64	108	133	158	222	277
	15-29 days	282	10	22	30	44	87	89
	30 days	249	3	11	19	36	78	102
	Don't know/Not sure/Refused	92		5	4	13	13	57

Denominator is: All survey respondents.