

Oregon 2016 BRFSS
Health Status

Would you say that in general your health is...?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Excellent		18.2	25.4	18.3	20.7	15.9	18.2	14.0
Very Good		34.5	34.5	35.7	36.4	35.7	33.4	32.1
Good		30.5	27.3	33.1	28.1	31.2	28.3	33.2
Fair, or		12.5	10.5	10.7	11.7	12.1	14.5	14.6
Poor		4.3	2.3	2.2	3.2	5.1	5.6	6.2
Male	Excellent	19.0	25.5	20.4	22.3	14.8	19.6	14.2
	Very Good	33.9	33.9	39.5	36.7	33.1	31.6	29.1
	Good	30.7	28.2	29.2	26.9	33.9	29.8	34.7
	Fair, or	11.9	9.1	8.7	11.4	12.5	13.8	14.8
	Poor	4.5	3.2	2.2	2.7	5.7	5.2	7.1
Female	Excellent	17.4	25.3	16.1	19.1	17.0	16.9	13.8
	Very Good	35.1	35.1	31.8	36.1	38.3	35.1	34.6
	Good	30.3	26.4	37.1	29.2	28.6	27.0	31.9
	Fair, or	13.1	11.9	12.7	11.9	11.7	15.1	14.3
	Poor	4.1	1.3	2.3	3.8	4.4	5.9	5.4

Denominator is: All survey respondents.

For how many days during the past 30 days was your physical health not good?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		61.2	62.6	57.5	63.2	62.6	61.7	60.5
1-14 days		27.3	31.3	35.0	27.2	24.4	23.4	24.2
15-29 days		4.5	4.0	4.1	3.9	4.6	5.0	5.1
30 days		7.0	2.2	3.4	5.7	8.5	9.9	10.3
Male	No days	64.7	63.1	61.5	68.0	68.0	65.7	62.2
	1-14 days	24.7	31.3	31.8	23.1	20.4	19.8	23.3
	15-29 days	4.2	3.8	3.8	4.3	4.8	4.1	4.3
	30 days	6.4	1.8	2.9	4.6	6.8	10.5	10.2
Female	No days	57.9	62.1	53.3	58.6	57.2	57.9	59.0
	1-14 days	29.8	31.2	38.4	31.2	28.4	26.9	24.9
	15-29 days	4.7	4.1	4.4	3.4	4.3	5.8	5.7
	30 days	7.6	2.6	3.9	6.8	10.1	9.4	10.4

Denominator is: All survey respondents.

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For how many days during the past 30 days was your mental health not good?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		58.7	37.3	51.2	54.1	58.5	63.7	75.9
1-14 days		28.6	41.3	33.7	33.5	28.1	24.9	17.3
15-29 days		6.7	13.5	8.6	6.3	5.3	5.9	3.4
30 days		6.0	7.9	6.5	6.0	8.1	5.5	3.4
Male	No days	64.5	44.2	56.1	61.4	64.9	69.9	81.7
	1-14 days	24.7	37.4	30.2	28.8	23.8	21.0	12.8
	15-29 days	5.7	11.5	7.9	5.2	4.8	4.6	2.4
	30 days	5.1	6.9	5.9	4.6	6.5	4.5	3.1
Female	No days	53.2	30.1	46.2	47.0	52.2	57.9	71.0
	1-14 days	32.3	45.4	37.3	38.1	32.4	28.6	21.1
	15-29 days	7.6	15.6	9.3	7.4	5.8	7.1	4.2
	30 days	6.9	8.9	7.2	7.5	9.6	6.5	3.7

Denominator is: All survey respondents.

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		73.2	71.4	71.0	72.3	70.8	72.0	79.4
1-14 days		18.2	23.5	22.0	19.9	19.0	17.1	11.6
15-29 days		4.5	3.9	4.9	4.7	4.8	5.1	3.5
30 days		4.1	1.2	2.1	3.2	5.4	5.8	5.5
Male	No days	77.5	78.1	75.0	78.6	76.1	75.9	81.0
	1-14 days	15.4	18.9	19.5	15.3	16.2	13.3	11.0
	15-29 days	3.3	2.3	4.2	3.0	2.2	5.0	2.7
	30 days	3.8	.7	1.4	3.1	5.5	5.9	5.3
Female	No days	69.1	64.5	67.0	66.1	65.4	68.5	78.0
	1-14 days	21.0	28.4	24.5	24.4	21.7	20.6	12.1
	15-29 days	5.6	5.5	5.7	6.3	7.5	5.1	4.1
	30 days	4.3	1.6	2.9	3.2	5.3	5.8	5.8

Denominator is: All survey respondents.