

**Table II: Age-Adjusted and Unadjusted Rates for Modifiable Risk Factors among Adults, by County, Oregon 2004-2007**

County	% classified as overweight		% classified as obese		% of adults who met CDC recommendations for physical activity	
	unadjusted	age-adjusted	unadjusted	age-adjusted	unadjusted	age-adjusted
<b>OREGON</b>		<b>36.3%</b>		<b>24.1%</b>		<b>57.9%</b>
Baker	40.0%	39.4 %	23.4%	21.1%	48.4%	49.9%
Benton	35.4%	36.0%	19.1%	19.5% **	63.9%	63.4%
Clackamas	36.8%	36.4%	23.1%	23.0%	58.4%	58.6%
Clatsop	35.8%	35.6 %	25.6%	24.8%	57.5%	57.5%
Columbia	35.4%	34.9%	33.2%	32.3% **	61.6%	62.3%
Coos	36.6%	36.2%	28.3%	27.8%	62.1%	64.1%
Crook	39.3%	39.1%	23.9%	23.6%	68.7%	69.2%
Curry	41.5%	37.3%	22.6%	24.4%	54.5%	63.9%
Deschutes	39.8%	39.8%	18.5%	18.3% **	61.0%	60.9%
Douglas	37.3%	36.5%	28.2%	28.1% **	56.0%	57.2%
Grant	30.4%	28.1%	28.7%	27.9%	76.5%	80.3% **
Harney	32.7%	34.2%	32.9%	35.2%	67.9%	68.6%
Hood River	41.3%	41.3%	24.5%	24.4%	53.1%	52.3%
Jackson	38.6%	38.2%	20.8%	20.7% **	58.7%	58.7%
Jefferson	44.4%	44.6%	27.6%	28.1%	57.0%	57.1%
Josephine	33.6%	31.9%	23.8%	23.8%	58.0%	59.8%
Klamath	33.8%	33.4%	27.9%	28.0%	55.3%	55.8%
Lake	41.2%	39.8%	26.5%	26.5%	75.0%	78.2% **
Lane	35.2%	35.3%	25.1%	25.3%	59.9%	59.9%
Lincoln	40.0%	37.0%	27.8%	28.6%	54.5%	56.3%
Linn	36.0%	35.4%	30.9%	30.9% **	52.1%	52.3%
Malheur	36.3%	35.8%	34.9%	35.4% **	48.4%	48.4%
Marion	37.4%	37.4%	28.2%	28.3% **	53.7%	53.6%
Morrow	36.1%	36.0%	37.6%	37.9% **	56.3%	56.5%
Multnomah	34.7%	34.9%	20.4%	20.6% **	59.4%	59.1%
Polk	35.3%	35.3%	27.5%	27.8%	59.5%	58.5%
Tillamook	35.6%	32.9%	24.2%	24.1%	56.2%	58.6%
Umatilla	36.5%	36.4%	32.6%	32.8% **	50.3%	50.2%
Union	42.4%	42.0%	21.2%	22.1%	60.8%	60.7%
Wallowa	40.2%	39.0%	16.3%	14.6% **	55.9%	57.0%
Washington	36.6%	36.9%	22.7%	22.7%	55.7%	55.4%
Yamhill	37.1%	37.5%	28.3%	28.1%	57.4%	57.5%
Gilliam/Wheeler	37.5%	32.8%	20.9%	19.1%	78.6% †	86.7% ** †
Sherman/Wasco	35.1%	33.8%	26.4%	25.6%	60.1%	60.4%

\*Unadjusted rates provide a description of the absolute burden of disease or risk factor for a county. Age-adjusted rates allow you to compare rates for a given county to the State's rate. When comparing counties with Oregon or with each other, it's best to use age-adjusted rates.

\*\* Statistically significant difference compared to Oregon.

† % based on less than 50 respondents; may not accurately reflect behavior of entire county.

Sources: BRFSS 2004-2007

**Table II (continued): Age-Adjusted and Unadjusted Rates for Modifiable Risk Factors among Adults, by County, Oregon 2004-2007**

County	% of adults who consumed at least 5 serving of fruits and vegetables per day		% of adults who currently smoke cigarettes	
	unadjusted	age-adjusted	unadjusted	age-adjusted
<b>OREGON</b>		<b>26.6%</b>		<b>18.7%</b>
<b>Baker</b>	24.3%	25.2%	19.1%	19.7%
<b>Benton</b>	30.7%	32.2%	11.3%	10.8% **
<b>Clackamas</b>	25.2%	25.2%	16.7%	17.1%
<b>Clatsop</b>	26.5%	26.9%	22.4%	23.0%
<b>Columbia</b>	29.0%	29.8%	19.8%	20.3%
<b>Coos</b>	23.2%	22.6%	24.3%	26.6% **
<b>Crook</b>	17.4%	16.0% **	25.9%	27.3% **
<b>Curry</b>	21.7%	20.4%	19.8%	23.8%
<b>Deschutes</b>	31.1%	31.2%	13.5%	13.9% **
<b>Douglas</b>	26.4%	25.7%	25.2%	27.3% **
<b>Grant</b>	22.9%	24.6%	19.9%	19.8%
<b>Harney</b>	21.0%	24.9%	28.8%	30.3%
<b>Hood River</b>	37.7%	37.8%	8.8%	8.8% **
<b>Jackson</b>	29.1%	28.8%	19.9%	20.9%
<b>Jefferson</b>	30.2%	29.9%	18.6%	19.0%
<b>Josephine</b>	20.9%	20.5%	25.2%	28.3% **
<b>Klamath</b>	27.4%	27.1%	24.3%	25.3% **
<b>Lake</b>	24.4%	28.4%	20.5%	20.7%
<b>Lane</b>	24.4%	24.3%	19.7%	19.9%
<b>Lincoln</b>	28.7%	30.0%	25.8%	28.5% **
<b>Linn</b>	22.1%	22.1%	21.4%	22.2% **
<b>Malheur</b>	15.1%	14.9% **	15.4%	15.6%
<b>Marion</b>	25.0%	25.1%	17.2%	17.2%
<b>Morrow</b>	13.7%	13.6% **	24.4%	23.2%
<b>Multnomah</b>	29.6%	29.8% **	19.9%	19.6%
<b>Polk</b>	24.6%	24.5%	15.2%	15.8%
<b>Tillamook</b>	35.3%	34.7%	18.9%	20.2%
<b>Umatilla</b>	21.9%	21.7%	24.4%	24.6% **
<b>Union</b>	25.8%	24.8%	15.7%	16.0%
<b>Wallowa</b>	29.1%	24.4%	11.4%	12.0%
<b>Washington</b>	27.3%	27.7%	13.4%	13.1% **
<b>Yamhill</b>	26.7%	26.9%	20.6%	20.4%
<b>Gilliam/Wheeler</b>	23.9% †	17.4% †	14.6%	14.4%
<b>Sherman/Wasco</b>	24.3%	23.5%	20.4%	21.8%

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