

Health risk and protective factors among Oregon adults, by county, 2012-2015

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.



County	Consumed seven or more sodas per week (%)		Current cigarette smoking (%)		Binge drinking within past month ² (%)		Heavy drinking within past month ³ (%)	
	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted
Oregon	11.6	12.5	17.0	17.9	16.4	17.7	7.7	7.8
Baker	12.8 ^	12.9 ^	20.9	23.5	14.2 ^	18.9 ^	--	--
Benton	11.0 ^	12.7 ^	10.1	10.6	17.8	16.2	7.0	6.7
Clackamas	9.8	10.5	15.5	16.5	15.6	17.0	7.8	7.6
Clatsop	10.5 ^	12.0 ^	19.4	21.0	14.7	17.4	4.5 ^	4.0 ^
Columbia	12.6 ^	12.4 ^	18.6	19.8	10.2	12.0	8.2	9.7
Coos	16.0	19.8	27.1	30.0	16.2	19.2	10.4	12.0
Crook	--	--	22.7	26.3	11.4 ^	15.6 ^	--	--
Curry	--	--	18.6	25.6	16.1	20.5	8.2 ^	9.8 ^
Deschutes	9.7	10.8	15.6	17.3	16.9	19.4	7.4	7.3
Douglas	12.3	15.3	21.4	24.2	13.3	15.1	6.9	7.3
Grant	20.3 ^	27.1 ^	14.7 ^	15.4 ^	19.2 ^	25.6 ^	--	--
Harney	--	--	9.2 ^	10.9 ^	--	--	--	--
Hood River	23.8 ^	24.5 ^	9.2 ^	8.8 ^	23.0	25.2	8.9 ^	9.0 ^
Jackson	13.1	14.3	17.8	19.6	15.0	17.6	8.0	8.0
Jefferson	--	--	11.2	12.7	9.0 ^	10.6 ^	5.2 ^	5.3 ^
Josephine	13.3	13.4	21.4	24.7	14.5	16.3	9.9	10.4
Klamath	11.5	13.1	21.3	23.2	11.3	12.5	4.7	4.3
Lake	--	--	16.9 ^	19.0 ^	18.7 ^	22.9 ^	--	--
Lane	11.7	13.0	17.9	19.0	17.9	19.0	9.0	9.3
Lincoln	11.9 ^	15.4 ^	25.3	31.5	12.5	13.1	6.2	5.1
Linn	12.9	14.0	18.9	20.3	17.0	19.2	6.0	6.2
Malheur	27.4 ^	28.0 ^	20.8	22.1	14.5	16.8	5.8 ^	6.4 ^
Marion	14.8	15.5	16.0	16.5	14.1	14.8	4.9	4.9
Morrow	--	--	15.6 ^	15.7 ^	18.7 ^	20.5 ^	--	--
Multnomah	9.7	9.8	18.0	18.1	21.3	21.2	10.0	10.0
North Central ¹	--	--	18.5	20.0	10.9	11.8	6.4 ^	6.4 ^
Polk	13.2	15.2	13.7	14.3	13.5	14.8	6.5 ^	7.0 ^
Tillamook	--	--	25.6	30.9	18.9	22.4	10.3 ^	9.4 ^
Umatilla	12.5 ^	12.5 ^	18.2	18.4	15.0	15.6	3.8	3.9
Union	15.4 ^	15.4 ^	12.3	13.7	15.0	15.4	1.8 ^	1.5 ^
Wallowa	--	--	--	--	17.3 ^	20.5 ^	--	--
Washington	9.6	9.7	11.9	12.0	15.1	15.5	7.0	7.0
Wheeler	--	--	16.1 ^	12.2 ^	--	--	--	--
Yamhill	15.7	16.8	16.6	17.7	14.6	15.4	7.2	7.0

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

¹ North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

² Binge drinking is consuming five or more drinks for men, or four or more drinks for women, on one occasion.

³ Heavy drinking is consuming an average of more than two drinks a day for men or more than one drink a day for women.

Note: For an explanation of age-adjusted estimates, please see <http://public.health.oregon.gov/DiseasesConditions/ChronicDisease/DataReports/Pages/TechnicalNotes.aspx>.

Health risk and protective factors among Oregon adults, by county, 2012-2015

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.

County	High blood cholesterol (%)		High blood pressure (%)		No physical activity outside of work within past month (%)		Meets CDC guidelines for both aerobic and muscle strengthening activities (%)	
	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted
Oregon	37.4	31.3	30.9	27.6	17.5	16.8	23.9	24.4
Baker	52.1	40.4	48.8	45.2	34.5	38.1	11.3 ^	6.2 ^
Benton	31.8	27.0	22.8	23.5	9.1	9.2	31.1	30.4
Clackamas	38.1	30.9	28.4	24.8	17.3	16.6	22.7	23.0
Clatsop	42.6	36.7	37.9	31.7	22.1	22.7	35.7	40.0
Columbia	40.9	33.5	31.7	25.0	18.1	14.9	22.3	24.4
Coos	46.8	38.9	44.7	38.6	22.8	21.0	15.0	14.9
Crook	40.5	28.8	52.4	48.8	28.5	29.3	--	--
Curry	46.0	29.7	33.1	20.9	25.7	28.0	--	--
Deschutes	38.8	32.4	29.4	24.8	13.6	12.7	25.4	25.2
Douglas	50.2	38.4	43.3	34.1	22.0	19.9	21.0	22.0
Grant	49.6 ^	39.7 ^	40.6 ^	32.0 ^	32.2	29.0	33.1 ^	51.0 ^
Harney	--	--	39.6 ^	41.0 ^	22.0 ^	22.6 ^	--	--
Hood River	--	--	15.9 ^	13.1 ^	12.8	12.2	18.9 ^	17.6 ^
Jackson	37.3	30.3	32.7	28.4	19.9	19.2	28.0	29.6
Jefferson	30.0 ^	30.4 ^	24.6	16.9	20.0 ^	19.3 ^	12.3 ^	10.2 ^
Josephine	39.9	31.8	31.3	24.2	17.8	16.3	25.8	32.0
Klamath	39.8	30.4	40.4	36.1	18.3	16.1	23.8	25.4
Lake	22.7 ^	16.9 ^	32.7	23.6	29.9 ^	28.3 ^	--	--
Lane	38.2	30.0	28.5	25.0	17.1	16.4	24.0	24.1
Lincoln	38.2	32.8	36.9	27.3	17.6	16.4	22.1	24.1
Linn	36.8	30.5	35.9	32.0	20.8	20.3	21.6	21.8
Malheur	39.1	31.7	39.8	37.4	24.4	24.0	16.7 ^	16.9 ^
Marion	34.7	30.8	34.7	32.5	20.9	21.0	21.4	21.9
Morrow	39.6 ^	21.8 ^	49.3 ^	52.3 ^	11.4 ^	8.8 ^	--	--
Multnomah	33.6	30.2	26.3	26.1	13.7	13.8	26.1	25.9
North Central ¹	33.0 ^	30.0 ^	28.1	22.4	18.1	16.1	23.5 ^	27.9 ^
Polk	33.5	24.9	31.9	29.7	16.6	14.5	28.2	30.4
Tillamook	42.7	33.8	37.1	28.8	20.0	14.8	14.8 ^	17.4 ^
Umatilla	40.9	34.8	36.8	34.6	22.9	21.8	11.8	12.2
Union	35.4	31.9	30.6	25.5	17.0	15.0	35.0	39.4
Wallowa	44.7	24.5	41.0	21.0	--	--	23.8 ^	25.7 ^
Washington	34.8	31.5	25.1	24.3	15.1	15.0	27.2	27.6
Wheeler	--	--	--	--	--	--	--	--
Yamhill	43.8	36.9	33.5	31.0	20.6	20.2	16.8	17.3

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Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.

County	Received medical advice to reduce salt intake (%)		Consumed fruits and vegetables five or more times per day (%)		Obesity (%)		One or more risk factors ² (%)	
	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted
Oregon	16.5	14.7	20.3	20.3	27.3	27.1	78.8	77.2
Baker	19.6 ^	12.7 ^	19.3 ^	22.6 ^	30.0	31.2	89.1	92.6
Benton	15.5	17.3	20.2	19.8	20.2	21.6	73.3	71.9
Clackamas	15.6	13.2	20.6	21.5	26.4	25.9	78.7	77.6
Clatsop	16.0	10.2	19.0	16.7	29.3	30.5	84.0	82.7
Columbia	27.0	23.6	12.6	14.2	33.4	32.4	79.7	76.0
Coos	20.0	18.1	17.2	14.6	31.6	31.1	88.9	89.1
Crook	32.3	37.2	11.2 ^	7.7 ^	29.1	31.2	83.5	82.4
Curry	22.3	12.4	10.5 ^	5.9 ^	35.8	38.0	89.0	86.8
Deschutes	10.2	7.3	12.3	11.7	21.2	21.1	71.3	68.6
Douglas	21.5	16.9	23.5	24.8	35.4	34.4	85.0	81.6
Grant	22.1 ^	20.2 ^	22.2 ^	30.9 ^	39.6	38.7	85.5	84.5
Harney	45.6	32.7	--	--	47.3	50.3	90.6	90.1
Hood River	21.4 ^	20.3 ^	15.2 ^	14.5 ^	24.9	24.5	48.9	46.7
Jackson	15.7	13.2	25.1	25.0	24.5	24.1	79.7	77.5
Jefferson	19.8 ^	14.8 ^	22.0 ^	22.6 ^	35.6	36.5	81.5	80.1
Josephine	15.2	10.5	20.8	24.5	28.2	29.1	79.9	78.5
Klamath	17.4	11.4	13.2	12.3	27.8	26.4	84.5	84.3
Lake	15.0 ^	12.1 ^	23.6 ^	28.3 ^	29.2	28.4	87.3	82.7
Lane	15.4	13.9	17.4	16.9	26.9	26.9	79.8	78.5
Lincoln	17.1 ^	15.0 ^	25.0	27.9	27.7	26.3	82.8	79.9
Linn	16.5	14.3	18.4	18.1	34.0	33.9	87.2	86.7
Malheur	12.3 ^	14.0 ^	12.4 ^	12.4 ^	32.5	32.6	88.7	89.1
Marion	18.2	17.2	20.9	21.2	33.2	33.8	81.2	79.9
Morrow	--	--	48.3 ^	48.8 ^	34.1	32.5	87.9	92.7
Multnomah	14.7	14.4	23.9	23.9	21.9	22.0	73.5	72.6
North Central ¹	18.1	12.6	25.6	27.5	30.9	30.9	80.7	80.4
Polk	14.2	12.0	22.6	21.8	32.0	32.7	80.2	79.4
Tillamook	36.9	34.2	17.2 ^	17.7 ^	27.4	28.3	85.2	85.8
Umatilla	19.2	16.8	12.2	12.1	35.9	36.2	91.2	90.6
Union	--	--	22.1	24.4	29.9	30.3	81.9	80.9
Wallowa	17.8 ^	13.9 ^	21.6 ^	19.9 ^	19.5	17.4	76.6	56.1
Washington	14.1	13.8	20.0	20.0	25.9	25.9	73.2	72.2
Wheeler	--	--	--	--	44.3 ^	46.1 ^	82.9	66.3
Yamhill	18.8	17.2	21.5	21.5	30.3	29.6	81.6	78.0

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¹ North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

² One or more risk factors includes current cigarette smoking, current smokeless tobacco user, high blood pressure, high blood cholesterol, no physical activity outside of work within past month, or obese.

Source: Oregon Behavioral Risk Factors Surveillance System 2012-2015 county combined; age-adjusted to the 2000 standard population.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Health risk and protective factors among Oregon adults, by county, 2012-2015.

<https://public.health.oregon.gov/DiseasesConditions/ChronicDisease/DataReports/Pages/CountyData.aspx>.

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