

## Health risk and protective factors among Oregon adults, by county, 2012-2015

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.



County	Consumed seven or more sodas per week		Current cigarette smoking		Binge drinking within past month <sup>2</sup>		Heavy drinking within past month <sup>3</sup>	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	11.6	359,200	17.0	526,400	16.4	507,800	7.7	238,400
Baker	12.8 ^	1,700 ^	20.9	2,700	14.2 ^	1,900 ^	--	--
Benton	11.0 ^	8,100 ^	10.1	7,500	17.8	13,100	7.0	5,200
Clackamas	9.8	29,700	15.5	46,900	15.6	47,300	7.8	23,700
Clatsop	10.5 ^	3,100 ^	19.4	5,800	14.7	4,400	4.5 ^	1,400 ^
Columbia	12.6 ^	4,900 ^	18.6	7,200	10.2	4,000	8.2	3,200
Coos	16.0	8,200	27.1	13,800	16.2	8,200	10.4	5,300
Crook	--	--	22.7	3,800	11.4 ^	1,900 ^	--	--
Curry	--	--	18.6	3,500	16.1	3,100	8.2 ^	1,600 ^
Deschutes	9.7	12,500	15.6	20,100	16.9	21,800	7.4	9,500
Douglas	12.3	10,800	21.4	18,800	13.3	11,700	6.9	6,100
Grant	20.3 ^	1,200 ^	14.7 ^	900 ^	19.2 ^	1,200 ^	--	--
Harney	--	--	9.2 ^	500 ^	--	--	--	--
Hood River	23.8 ^	4,200 ^	9.2 ^	1,600 ^	23.0	4,100	8.9 ^	1,600 ^
Jackson	13.1	21,500	17.8	29,300	15.0	24,600	8.0	13,200
Jefferson	--	--	11.2	1,900	9.0 ^	1,500 ^	5.2 ^	900 ^
Josephine	13.3	8,900	21.4	14,300	14.5	9,700	9.9	6,600
Klamath	11.5	6,100	21.3	11,200	11.3	5,900	4.7	2,500
Lake	--	--	16.9 ^	1,100 ^	18.7 ^	1,200 ^	--	--
Lane	11.7	34,100	17.9	52,000	17.9	52,100	9.0	26,100
Lincoln	11.9 ^	4,600 ^	25.3	9,900	12.5	4,900	6.2	2,400
Linn	12.9	11,800	18.9	17,300	17.0	15,600	6.0	5,500
Malheur	27.4 ^	6,500 ^	20.8	4,900	14.5	3,400	5.8 ^	1,400 ^
Marion	14.8	35,800	16.0	38,700	14.1	34,100	4.9	11,800
Morrow	--	--	15.6 ^	1,300 ^	18.7 ^	1,600 ^	--	--
Multnomah	9.7	59,700	18.0	110,200	21.3	130,700	10.0	61,400
North Central <sup>1</sup>	--	--	18.5	4,300	10.9	2,500	6.4 ^	1,500 ^
Polk	13.2	7,800	13.7	8,100	13.5	7,900	6.5 ^	3,800 ^
Tillamook	--	359,200	25.6	5,200	18.9	3,900	10.3 ^	2,100 ^
Umatilla	12.5 ^	1,700 ^	18.2	10,500	15.0	8,700	3.8	2,200
Union	15.4 ^	8,100 ^	12.3	2,500	15.0	3,100	1.8 ^	400 ^
Wallowa	--	29,700	--	--	17.3 ^	1,000 ^	--	--
Washington	9.6	3,100	11.9	50,300	15.1	63,900	7.0	29,400
Wheeler	--	4,900	16.1 ^	200 ^	--	--	--	--
Yamhill	15.7	8,200	16.6	12,900	14.6	11,300	7.2	5,600

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

<sup>1</sup> North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

<sup>2</sup> Binge drinking is consuming five or more drinks for men, or four or more drinks for women, on one occasion.

<sup>3</sup> Heavy drinking is consuming an average of more than two drinks a day for men or more than one drink a day for women.

Note: For an explanation of age-adjusted estimates, please see <http://public.health.oregon.gov/DiseasesConditions/ChronicDisease/DataReports/Pages/TechnicalNotes.aspx>.

## Health risk and protective factors among Oregon adults, by county, 2012-2015

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.

County	High blood cholesterol		High blood pressure		No physical activity outside of work within past month		Meets CDC guidelines for both aerobic and muscle strengthening activities	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	37.4	1,158,000	30.9	956,700	17.5	541,800	23.9	740,000
Baker	52.1	6,800	48.8	6,400	34.5	4,500	11.3 ^	1,500 ^
Benton	31.8	23,400	22.8	16,800	9.1	6,700	31.1	22,900
Clackamas	38.1	115,600	28.4	86,100	17.3	52,500	22.7	68,800
Clatsop	42.6	12,700	37.9	11,300	22.1	6,600	35.7	10,700
Columbia	40.9	15,900	31.7	12,300	18.1	7,000	22.3	8,700
Coos	46.8	23,900	44.7	22,800	22.8	11,600	15.0	7,700
Crook	40.5	6,700	52.4	8,700	28.5	4,700	--	--
Curry	46.0	8,800	33.1	6,300	25.7	4,900	--	--
Deschutes	38.8	50,000	29.4	37,900	13.6	17,500	25.4	32,700
Douglas	50.2	44,100	43.3	38,100	22.0	19,300	21.0	18,500
Grant	49.6 ^	3,000 ^	40.6 ^	2,500 ^	32.2	2,000	33.1 ^	2,000 ^
Harney	--	--	39.6 ^	2,300 ^	22.0 ^	1,300 ^	--	--
Hood River	--	--	15.9 ^	2,800 ^	12.8	2,300	18.9 ^	3,400 ^
Jackson	37.3	61,400	32.7	53,800	19.9	32,600	28.0	46,000
Jefferson	30.0 ^	5,100 ^	24.6	4,200	20.0 ^	3,400 ^	12.3 ^	2,100 ^
Josephine	39.9	26,700	31.3	20,900	17.8	11,900	25.8	17,200
Klamath	39.8	21,000	40.4	21,300	18.3	9,600	23.8	12,500
Lake	22.7 ^	1,500 ^	32.7	2,100	29.9 ^	2,000 ^	--	--
Lane	38.2	111,100	28.5	82,900	17.1	49,600	24.0	69,800
Lincoln	38.2	14,900	36.9	14,400	17.6	6,800	22.1	8,600
Linn	36.8	33,700	35.9	32,800	20.8	19,000	21.6	19,800
Malheur	39.1	9,200	39.8	9,400	24.4	5,800	16.7 ^	4,000 ^
Marion	34.7	83,800	34.7	83,900	20.9	50,600	21.4	51,700
Morrow	39.6 ^	3,300 ^	49.3 ^	4,200 ^	11.4 ^	1,000 ^	--	--
Multnomah	33.6	206,100	26.3	161,400	13.7	84,200	26.1	160,300
North Central <sup>1</sup>	33.0 ^	7,600 ^	28.1	6,500	18.1	4,200	23.5 ^	5,500 ^
Polk	33.5	19,700	31.9	18,800	16.6	9,800	28.2	16,600
Tillamook	42.7	8,700	37.1	7,600	20.0	4,100	14.8 ^	3,000 ^
Umatilla	40.9	23,600	36.8	21,300	22.9	13,200	11.8	6,800
Union	35.4	7,200	30.6	6,300	17.0	3,500	35.0	7,200
Wallowa	44.7	2,500	41.0	2,300	--	--	23.8 ^	1,400 ^
Washington	34.8	147,000	25.1	105,900	15.1	63,900	27.2	115,000
Wheeler	--	--	--	--	--	--	--	--
Yamhill	43.8	34,100	33.5	26,000	20.6	16,000	16.8	13,100

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<sup>1</sup> North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

## Health risk and protective factors among Oregon adults, by county, 2012-2015

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.

County	Received medical advice to reduce salt intake		Consumed fruits and vegetables five or more times per day		Obesity		One or more risk factors <sup>2</sup>	
	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults	Unadjusted (%)	Number of adults
Oregon	16.5	510,900	20.3	628,500	27.3	845,300	78.8	2,439,800
Baker	19.6 ^	2,600 ^	19.3 ^	2,500 ^	30.0	3,900	89.1	11,700
Benton	15.5	11,400	20.2	14,900	20.2	14,900	73.3	54,000
Clackamas	15.6	47,300	20.6	62,400	26.4	80,100	78.7	238,600
Clatsop	16.0	4,800	19.0	5,700	29.3	8,800	84.0	25,100
Columbia	27.0	10,500	12.6	4,900	33.4	13,000	79.7	31,000
Coos	20.0	10,200	17.2	8,700	31.6	16,100	88.9	45,300
Crook	32.3	5,300	11.2 ^	1,900 ^	29.1	4,800	83.5	13,800
Curry	22.3	4,200	10.5 ^	2,000 ^	35.8	6,800	89.0	17,000
Deschutes	10.2	13,200	12.3	15,800	21.2	27,300	71.3	91,900
Douglas	21.5	18,900	23.5	20,600	35.4	31,100	85.0	74,700
Grant	22.1 ^	1,400 ^	22.2 ^	1,400 ^	39.6	2,400	85.5	5,300
Harney	45.6	2,600	--	--	47.3	2,700	90.6	5,200
Hood River	21.4 ^	3,800 ^	15.2 ^	2,700 ^	24.9	4,400	48.9	8,700
Jackson	15.7	25,800	25.1	41,200	24.5	40,300	79.7	130,900
Jefferson	19.8 ^	3,300 ^	22.0 ^	3,700 ^	35.6	6,000	81.5	13,800
Josephine	15.2	10,200	20.8	13,900	28.2	18,900	79.9	53,400
Klamath	17.4	9,200	13.2	6,900	27.8	14,600	84.5	44,500
Lake	15.0 ^	1,000 ^	23.6 ^	1,600 ^	29.2	1,900	87.3	5,700
Lane	15.4	44,800	17.4	50,500	26.9	78,100	79.8	232,000
Lincoln	17.1 ^	6,600 ^	25.0	9,700	27.7	10,800	82.8	32,300
Linn	16.5	15,100	18.4	16,900	34.0	31,100	87.2	79,900
Malheur	12.3 ^	2,900 ^	12.4 ^	2,900 ^	32.5	7,700	88.7	21,000
Marion	18.2	44,000	20.9	50,400	33.2	80,300	81.2	196,200
Morrow	--	--	48.3 ^	4,100 ^	34.1	2,900	87.9	7,400
Multnomah	14.7	90,100	23.9	146,900	21.9	134,500	73.5	451,100
North Central <sup>1</sup>	18.1	4,200	25.6	5,900	30.9	7,200	80.7	18,700
Polk	14.2	8,400	22.6	13,300	32.0	18,900	80.2	47,300
Tillamook	36.9	7,500	17.2 ^	3,500 ^	27.4	5,600	85.2	17,400
Umatilla	19.2	11,100	12.2	7,000	35.9	20,800	91.2	52,800
Union	--	--	22.1	4,500	29.9	6,100	81.9	16,800
Wallowa	17.8 ^	1,000 ^	21.6 ^	1,200 ^	19.5	1,100	76.6	4,400
Washington	14.1	59,700	20.0	84,500	25.9	109,400	73.2	308,900
Wheeler	--	--	--	--	44.3 ^	500 ^	82.9	1,000
Yamhill	18.8	14,600	21.5	16,700	30.3	23,500	81.6	63,500

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<sup>1</sup> North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

<sup>2</sup> One or more risk factors includes current cigarette smoking, current smokeless tobacco user, high blood pressure, high blood cholesterol, no physical activity outside of work within past month, or obese.

Source: Oregon Behavioral Risk Factors Surveillance System 2012-2015 county combined; age-adjusted to the 2000 standard population.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section.

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<https://public.health.oregon.gov/DiseasesConditions/ChronicDisease/DataReports/Pages/CountyData.aspx>.

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