

SU'AALAHHA GUUD EE SHS EE SANNADKA 2026

SURVEY ADMINISTRATION/DP INSTRUCTIONS

NOTE: GLOBAL CHANGE: FINISH TRANSITION FROM "30 DAYS" TO "MONTH", "12 MONTHS" TO "YEAR."



Dhamaan dhalinta Oregon waxa ay mudan yihiin in ay faraxsanadaan, caafimaad qabaan misna noqdaan kuwo adag.

Fadlan inagu caawi in aan horumarino caafimaadka ardayda adigoo sameynaya sahamintan. Tani waa fursadi aad inagu ogeysiin laheyd waxa kasocdo iskuulkaaga iyo nolashaada. Tani waxa ay inaga caawineysa in aan fahano halka ardayda adigoo kale ay ku fiican yihiin iyo halka ay ku dhiban yihiin caawinaadna uuga baahan yihiin si ay guul uga galaan.

Jawaabahaaga waxey ahaan doonaan kuwo sir ah oo qarsoon. Waxaan balan qaadeyna in cidna aysan arki doonin jawaabtaada.

Inta aadan bilaabin kahor, waa in aad ogaato:

Tani in AYSAN imtixaan AHEYN.

Waxaan rabnaa in aad daacad ahaato. Xasuusnoow, cidna in aysan ogaan doonin jawaabtaada. Majirto jawaab sax ah ama qalad ah.

Qasab ma ahan in aad sameyso sahamintan haddii aadan rabin.

Qasab ma ahan in aad ka jawaabto su'aal walbo oo aadan rabin in aad ka jawaabto.

Haddii aysan jawaabna ku habooneyn sida ugu mudan, dooro mida ugu soo dhaw.

Su'aal haddii lagu weydiiyo micnaheedu ma ahan in loo heysto in aad sameyneyso ama in ay caadi tahay in la sameyo.

Sababtoo ah sahamintu waa mid sir qarsoodi ah mana garaneyno adiga jawaabtaada, qofna lama daba gali karo. Haddii aad dareento in aad caawin u baahan tahay, fadlan la hadal qof weyn oo aad ku kalsoon tahay, sida waalid, macalin, ama lataliye. Tix nambaro aad waci karto ama fariin u qori karto si aad kaalmo u hesho ayaa sidoo kale lagu siin doonta dhamaadka sahaminta.

Isticmaal kaliya Gadaal (Back) ama badhanka Xiga (Next) ee xaga hoose oo shaashada si aad dib uuga noqoto a su'aasha xigta ugu gudubto.

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NUUCA SAHMINTA - AYADOO LAGUU XILSAARAY/HA WEYDIDIININ

Dooro nuuca sahmintaa SURVEYVERSION

- 1 6^{aad}
- 2 8^{aad}
- 3 11^{aad}

OGOLAANSO (CONSENT)

S1. Ma ogoshahay in aad ka qeyb qadato Sahminta Caafimaadka Ardayga (Student Health Survey - SHS) PARTICIPATE

- 1 Haa
- 2 May

MUST ANSWER THIS QUESTION (YES/PARTICIPATE=1) TO PROCEED WITH SURVEY.

CAAFIMAADKA GUUD - UDUB (OVERALL HEALTH – CORE)

Waxaan rabnaa in aan fahano waxyaabaha aad daremeyso si markaa aan fikir fiican uuga helno waxa aan si wanaagsan u sameyn karno si aan u caawino caruurta Oregon.

Aan ka bilaawno in aan aragno guud ahaan sida aad adigu tahay.

1. Ma is leedahay in guud ahaan dareenkaaga iyo caafimaadkaaga maskaxeed waa mid... GHEALTH

- 1 Boqolkiiba boqol wanaagsan
- 2 Aad ayee u fiican tahay
- 3 Wuu fiican yahay.
- 4 Waa iska meel dhaxaad
- 5 Wuu xun yahay
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

2. Ma is leedahay in guud ahaan caafimaadkaaga jirka uu yahay mid... GHEALTHP

- 1 Boqolkiiba boqol wanaagsan
- 2 Aad ayee u fiican tahay
- 3 Wuu fiican yahay.
- 4 Waa iska meel dhaxaad
- 5 Wuu xun yahay
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

FARXADA - UDUB (HAPPINESS – CORE)

-
3. Guud ahaan, ma isleedahay waxaad tahay qof... ^{HAPPY}
- 1 Aad ayaad u faraxsanahay
 - 2 Xooga faraxsan
 - 3 Aan aad u faraxsaneyn
 - 4 Gabi ahaan aan faraxsaneyn
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin

RAJO - UDUB (HOPE – CORE)

4. Ilaa heerke ayaad ku raacsan tahay ama aad qilaafsan tahay walxaha soo socda: Waxaan daremeyo rajo badan oo mustaqbalkeyga ah. ^{HOPEFUTURE}
- 1 Aad ayaan ugu raacsanahay
 - 2 Waan ku raacsanahay
 - 3 Kuma raacsani
 - 4 Xooga ayaan raacsaneyn
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin

**DARYEELKA - UDUB (LAGA TIRIYO SANADAHA KISIGA) (WELL-BEING – CORE
(MOVED FROM ODD YEARS))**

5. Waa maxay walxaha nolashada ku jira ee kaa caawiya dareenka iyo caafimaadka maskaxda? **Waxaad dooran kartaa hal wax kabadan.**
- 01 Saaxiibo ^{MHFRIENDS}
 - 02 Qoyska ^{MHFAMILY}
 - 02 Wiilka ama gabadha shukansato ama lamaane ^{MHPARTNER}
 - 03 La hadlida lataliye, dhaqtarka terabiga, ama xirfadle kale ee caafimaad ^{MHPROFESSIONAL}
 - 04 Howlaha ama waxqabadyada iskuulka kadib (clubs, sports, iwm.) ^{MHACTIVITIES}
 - 05 Jimicsiga ^{MHPA}
 - 06 Diin/Imaan (caabadeysiga, tagida kaniisada, isku imaadyada) ^{MHRELIGION} Joornal
 - 07 qorida ^{MHJOURNAL}
 - 08 Waqti ku qaadashada dibada/dabiiciga ^{MHNATURE}
 - 09 Xayawanada la xananeysto/xoolo ^{MHPET}
 - 10 Ciyaaraha/ciyaaraha gemka muqalka ^{MHGAMING}
 - 11 AI (ChatGPT, Gemini, Meta AI, My AI, Copilot, Claude, iwm.)
 - 95 Wax kale ayaa ku haboon si wanaagsan ^{MHSE}
(Fadlan wax badan inoo sheeg) _____ ^{MHSEO}
- IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE**
- 97 Aniga ma hubo ^{MHNS}
 - 98 Ma garanayo su'aashan waxa ay iweydiineyso ^{MHDK}
 - 99 Waxaan jeclahay in aan ka jawaabin ^{MHREF}

**HELIDA XANAANO (BAAHI AAN LA HAQAB TIRIN) - UDUB (ACCESS TO CARE
(UNMET NEEDS) – CORE)**

6. Intii lagu jiray sannadkii hore, ma jirtay waqti aad rabtay in aad aragto dhaqtar, kalkaaliso ama xirfadle caafimaad oo jirka laakiin aad awoodi weysay? UNMETPHYSICAL

- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-

7. Intii lagu jiray sannadkii hore, ma jirtay waqti aad rabtay in aad aragto lataliye (counselor), shaqaallaha bulshada, ama xirfadlayaasha caafimaadka maskaxda laakiin aad awoodi weysay? UNMETMENTAL

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

**BAAHIYAHA ASSAASIGA/QEEXAYASHA CAAFIMAADKA BULSHO (SDOH) -
UDUB (BASIC NEEDS/SOCIAL DETERMINANTS OF HEALTH (SDOH) – CORE)**

Waxaan rabnaa in aan fahano haddii aad heli karto waxyaabaha aad u baahan tahay si aad u ahaato mid caafimaad qaba iskuulkana ku fiican.

8. Sanadkii tagay, waxyaabahan soo socda adiga makugu dhaceyn? **Waxaad dooran kartaa hal wax kabadan.**
- 01 Qof qoyskeena kamida ayee shaqo la'aan kudhacday ama saacadaha shaqo iska dhimay ^{BASICJOB}
 - 02 Waxaan ku qasbnaa in aan masuuliyad dheraad ah isa saaro si aan qoyskeyga u caawiyo (sida xanaaneynta walaalahey ama in aan shaqo helo si aan lacagta uuga cawiyo) ^{BASICRESPONSIBLE}
 - 03 Qoyskeena waxaa laga jartay korantada, biyaha ama kuleeliyaha ^{BASICUTILS}
 - 04 Waxaan heystay dhar nadiif ah, u haboon cilimada iyo kabo ile'eg ^{BASICCLOTHES}
 - 05 Waxaan heli karay qudaar iyo miro maalin walbo ^{BASICFRUITS}
 - 06 Waxaan ka boodi jiray cunada sababtoo ah qoyskeyga ma heysto lacag ku filan oo uu cuno iigu iibiyo ^{BASICFOOD}
 - 07 Waxaan heystay hab amaan ah oo aan ku tagi karo meelaha aan rabo in aan tago ^{BASICTRANSPORT}
- IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE**
- 97 Aniga ma hubo ^{BASICNS}
 - 98 Ma garanayo su'aashan waxa ay iweydiineyso ^{BASICDK}
 - 99 Waxaan jeclahay in aan ka jawaabin ^{BASICREF}

KOBACA DHALINTA WANAAGSAN (PYD)¹ - UDUB (POSITIVE YOUTH DEVELOPMENT (PYD) – CORE)

Jumladahan soo socdo, ayaa calaamadeynaya sida saxda aad adigu mar walbo u aragto.

9. Inta badan wax walbo waan sameyn karaa haddii aan isku dayo. CANDOTRY

- 1 Aad iyo aad waa run
- 2 Waa run sax ah
- 3 Xooga waa run
- 4 Gabi ahaan run ma ahan
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

10. Dhibteyda aniga ayaa xalisan karo. WORKPROB

- 1 Aad iyo aad waa run
- 2 Waa run sax ah
- 3 Xooga waa run
- 4 Gabi ahaan run ma ahan
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

11. Waxaa nolasheyda ku jiro dad igu dhiiro galiya waxa iigu wanaagsan in aan sameyo. ENCOURAGE

- 1 Aad iyo aad waa run
- 2 Waa run sax ah
- 3 Xooga waa run
- 4 Gabi ahaan run ma ahan
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

¹ Caafimaadka jirka, caafimaadka qalbiga/maskaxda iyo xanaaneeye macalin/qof weyn ee iskuulka ayaa lagu daray moowduucyada kale.

-
12. Waxaan aaminsanahay in aan isbadal ku sameyn karo bulshadeyda. DIFFERENCE
- 1 Aad iyo aad waa run
 - 2 Waa run sax ah
 - 3 Xooga waa run
 - 4 Gabi ahaan run ma ahan
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin

CIMILADA ISKUULKA - UDUB (SCHOOL CLIMATE – CORE)

Fadlan inoo sheeg ilaa sida ugu adag heerka aad ku raacsan tahay ama aad qilaafsan tahay jumladaha xiga.

13. Waxaa jiro ugu yaraan hal macalin ama qof weyn oo aniga run ahaanti iga walwalo samaanteydana jecel. SRELACARE

- 1 Aad iyo aad waa run
- 2 Waa run sax ah
- 3 Xooga waa run
- 4 Gabi ahaan run ma ahan
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

14. Waxaan dareema in aan ku nabad qabo iskuulka. SCHOOLSAFE

- 1 Aad ayaan ugu raacsanahay
- 2 Waan ku raacsanahay
- 3 Kuma raacsani
- 4 Xooga ayaan raacsaneyn
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

15. Waxa ay ila tahay in iskuulkan soo dhaweeyo misna xushmeyo ardayda...	Aad ayaan ugu raacsanahay	Waan ku raacsana hay	Kuma raacsani	Xooga ayaan raacsaneyn	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
Dhamaan jinsiyada iyo faracyada WELCOMERE	1	2	3	4	7	8	9
Dhamaan dhaqamada WELCOMECULTURE	1	2	3	4	7	8	9
Dhamaan diimaha WELCOMERELIGION	1	2	3	4	7	8	9
Of all gender identities WELCOMEGI	1	2	3	4	7	8	9
Of all sexual orientations WELCOMESO	1	2	3	4	7	8	9
Who have disabilities WELCOMEDISABILITY	1	2	3	4	7	8	9

MAQNAASHAHA ISKUULKA - UDUB (ABSENTEEISM – CORE)

16. Intii lagu jiray bishii lasoo dhaafay, maalina ma ka maqneed iskuulka? ABSENT30DAYS
- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin

GARDAREYSIGA² - UDUB(BULLYING – CORE)

Su'aallaha xiga waxa ay ku saabsan yihiin gardareysiga (bullying).

Haddii adiga ama qof aad garaneyso u baahan yahay caawinaad, kaalmo bilaash ah oo sir ah qofna ogaan doonin qofku yahay waad heli kartaa 24/7. Fadlan eeg Warqada Agabka Taagero (Support Resource Sheet) oo lagu siin doono marka aad dhameeyso warbixinta sahmintan.

17. Intii lagu jiray sannadki tagay, ma dhacday in laguugu gardareystay iskuulka xeyn-daabkiisa? ^{BULLYSCHOOL}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

18. Intii lagu jiray sannadki lasoo dhaafay, ma lagu gardareystay adiga oo aan ku jirin xeyndaabka iskuulka? ^{BULLYANYWHERE}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

19. Intii lagu jiray sannadki ugu danbeyay, ma dhacday in laguugu daan-daansado si dhabateyn leh qadka internetka? Waxaad ku dartaa in laguugu dhibateyo fariin qoraaled, Instagram, baraha bulshada kale, ciyaaraha onleynka, ama muuqaal baahinta tooska ah. ^{BULLYTECH}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

² Su'aallaha gardareysiga ayaa isbadalaya markee timaado kooxda lala shaqeynayo ee dooda si loo kala duwo kuwa jooga iskuulka iyo dibada iskuulka iyo kala saarida daandansiga gardareysi elektaroniga/ayadoon leysku duubeynin gardareysiga daandaansi ee gudaha iskuulka.

CAAFIMAADKA MASKAXDA - UDUB (MENTAL HEALTH - CORE)

Horay waxaan uuga soo hadalnay caafimaadkaaga maskaxda guud ahaan, hadda waxaan jecelnahay in aan ku weydiino dhowr su'aallood oo ku saabsan sida aad daremeyso.

20. Intii lagu jiray bishii hore ee lasoo dhaafay, ilaa intee dareentay walwalid ama istarees inuu ku hayo? ^{STRESS}

- 1 Maya gabi ahaanba
- 2 Dhowr maalmood
- 3 Inkabadan kala bar maalmaha
- 4 Ugu yaraan maalin walbo
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

21. Intii lagu jiray sanadkii hore, wali ma dareentay murugo aad u badan ama in aadan caawinaad heysan maalin kasto **mudo labo isbuuc ah ama wax ka badan oo isku xigo** ayadoo tani ay kaa joojisay in aad qabsano howlahii caadiga ahaa? ^{SAD2WKS}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

22. Intii lagu jiray sannadkii hore, ma sameysay wax aad si ula kac ah naftaada ugu wax yeleyneso adigoo rabin in aad is disho, sida in aad is jarto ama si kas ah isku gubto? ^{SELFHARM}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay
- 9 iweydiineyso Waxaan jeclahay in aan ka jawaabin

KA HORTAGA ISDILIDA - UDUB (SUICIDE PREVENTION - CORE)

23. Intii lagu jiray sanadkii hore, ma ku fikirtay isku dayday in aad is disho? SUICONSIDER

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

24. Intii lagu jiray sanadkii hore, ma isku dayday in aad is disho? SUIATTEMPT

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

SEPARATE SCREEN

**Haddii aad u baahan tahay caawinaad dareen, wac ama fariin usoo dir qadka tooska
dhibaataada qaranka ee caafimaadka maskaxda **988**
waa bilaash waana mid caawintiisu sir tahay 24/7.**

25. Waxaa jiro macalin ama qof kale weyn oo jooga iskuulkeyga oo aan ku aamin qabo
haddii aan u baahdo in aan help caawinaad. STAFFHELPX

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma fahansani su'aashan
- 9 Waxaan jeclahay in aan ka jawaabin

ASK IF STAFFHELPX = 1 (YES); ELSE GO TO Q27/SAFESPACE

26. Ilaa intee suurto gal tahay in aad u tagto macalinkan ama qofkan weyn ee jooga iskuulka haddii aad caawinaad u baahan tahay? SCHOOLIKELY
- 1 Waa macquul
 - 2 Xooga waa macquul
 - 3 Xooga suurto gal ma ahan
 - 4 Gabi ahaanba macquul maahan
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-
27. Waxii ka baxsan saacadaha iskuulka, waxaa jirto goob amaan ah ama qof aan u tagi karo haddii aan u baahanahay caawinaad. SAFESPACE
- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-
28. Ilee intee suurto gal tahay in aad tagto goob amaana ama qof iskuulka ka baxsan haddii aad caawinaad u baahan tahay? OUTSIDELIKELY
- 1 Waa macquul
 - 2 Xooga waa macquul
 - 3 Xooga suurto gal ma ahan
 - 4 Gabi ahaanba macquul maahan
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin

ISBADALKA CIMILADA – SANADAHA KISIGA (CLIMATE CHANGE – EVEN YEARS)

Su'aalaha xigo ayaa wax kaa weydiin doono isbadalka cimilada.

29. Ilaa iyo intee ayaad kalsooni ku qabtaa in isbadalka cimiladu uu yahay wax jiro oo dhacayo ama in uusan dhaceynin? CLIMATEHAPPENX

- 1 Aad ayaan ugu kalsoonahay IN UUSAN dhaceynin
- 2 Xooga ayaan ku kalsoonahay IN UUSAN dhaceynin
- 4 Xooga ayaan ku kalsoonahay IN AY dhaceyso
- 5 Aad ayaan ugu kalsoonahay IN AY dhaceyso
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

30. Ilaa intee ayaa inta badan dareenta istarees dareen (tusaale, caawin la'aan, walwalid ama murugo) ku saabsan mustaqbalka sababo la xiriiro isbadalka cimilada? CLIMATESTRESS

- 1 Maya Ebid
- 2 Dhif dhif
- 3 Mar marka qaar
- 4 Inta badan
- 5 Inta badan
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

31. Intii lagu jiray in sanadkii lasoo dhaafay, dareenkaaga ku saabsan isbadalka cimilada si xun ma u saameyay nolal maal meedkaaga (tusaale: awoodaada diirad saarid ama niyad siin, hurdo, cuno, baashaal, farxada xiriiradaada)? CLIMATEIMPACT

- 1 Maya Ebid
- 2 Dhif dhif
- 3 Mar marka qaar
- 4 Inta badan
- 5 Inta badan
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

FAHAMKA WAXBARASHADA GALMADA - UDUB (COMPREHENSIVE SEX EDUCATION – CORE)

Su'aallaha waxa ay wax kaa weydiinayaan mowduucyo laga yaabo in laguugu dhigay iskuulka intii lagu jiray sannadkii hore (2025-26).

32. Intii lagu jiray sanadkii hore, malaguugu dhigay iskuulka sida loo isticmaalo kondhomka si looga hortago uurka iyo cudurada infekshinka leyskugu gudbiyo galmada, oo ay kamid tahay HIV? ^{CSEPREV}

- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-

33. Intii lagu jiray sanadkii hore, malaguugu dhigay iskuulka sida loo isticmaalo uur iska ilaalinta (birth control) ama meesha laga helo uur iska ilaalinta (birth control)? ^{CSEBC}

- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-

34. Intii lagu jiray sannadkii hore, ma laguugu dhigay iskuulka wax ku saabsan xiriirada wanaagsan iyo isxushmeynta? ^{CSERESPECT}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

35. Waxaad ka fikirta casharada aad ku qaadatay sanad dugsiyeedki hore ee ku saabsan

xiriirada wanaagsan oo xushmada ku dhisan, halka LGBTQ2SIA+ (lesbian, gay, bisexual, transgender, queer, two-spirit, intersex, asexual, etc.) dadka isku sheega in lagu daray casharada fasalka? ^{CSELGBTQ}

- 1 Haa, LGBTQ2SIA+ kuwa isku sheega waa lagu daray fasalada
- 2 Maya, LGBTQ2SIA+ kuwa isku sheega laguma darin fasalada
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

KAHORTAGA QALALAASAH IYO DHAWAACA - UDUB (INJURY AND VIOLENCE PREVENTION – CORE)

SEPARATE SCREEN

Su'aallaha xiga waxa ay wax kaa weydiin doonaan qalalaasaha shukaansiga, dhibaateynta galmo, iyo qalalaasha guriga, ama ku tacdiyda dhibaateyn. Waxaad xasuusnata in jawaabahaagu ay ahaan doonaan kuwa sir ah. Qasab ma ahan in aad ka jawaabto su'aal aadan rabin in aad ka jawaabto.

Su'aallaha qaar ayaa laga yaaba in ay ku soo xasuusiyaan dareemo iyo gucashooyin adag. Haddii adiga ama qof aad garaneyso uu ku jiro xaalad adag caawinaadna u baahan yahay.

- YouthLine
Dhalinta ayaa diyaar u ah in ay caawiyaan maalin walbo laga bilaabo 4-10 pm PST (dadka waaweyn ayaa lagu heli karaa qadka taleefanka waqtiyada kale)
Wac: **877.968.8491**
U-dir fariin: **teen2teen lambarkan 839863B**
- Xadgudubka Galmo ee Qaranka (National Sexual Assault) 24-Saac Qadka Tooska: **1-800-656-HOPE** (1-800-656-4673) ama [RAINN.org](https://rainn.org)
- Xadgudubka Guriga ee Qaranka (National Sexual Assault) 24-Saac Qadka Tooska: **1-800-799-SAFE** (1-800-799-7233) ama thehotline.org

36. Waligaa malaguugu qasbay ama culeys laguugu saaray in aad sameyo ficil galmo adiga oo aadan rabin? SEXFORCE

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma fahansani su'aashan
- 9 Waxaan jeclahay in aan ka jawaabin

37. Waligaa qof weyn dhibaato jir makugu sameyay? Tusaale, dharbaaxsho ama kala tuur, in wax laguugu soo tuuro ama makaa hor istaagay in aad baxdo markaa darentay in aysan amaan aheyn? ^{ADULTABUSE}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma fahansani su'aashan
- 9 Waxaan jeclahay in aan ka jawaabin

QAMAARKA – SANADAHA KISIGA (GAMBLING – EVEN YEARS)

Su'aallaha xiga waxa ay ku saabsan yihiin ciyaaraha qamaarka.

38. Celcelis maalinta iskuulka, meeqo saacadood ayaad ku qaadataa ciyaarida geemka kombiyutarka, canjalka, ama moobilka (kuma jirto waxqabadyada iskuulka la xiriiro)?

VIDEOGAMES

- 01 Ma ciyaaro geemiska muqalka
- 02 Wax ka yar 1 saac maalintii
- 03 Qiyaasti 1 saac maalin walbo
- 04 Qiyaasti 2 saac maalintii
- 05 Qiyaasti 3 saac maalintii
- 06 Qiyaasti 4 saac maalintii
- 07 5 ama wax ka badan saacado maalintii
- 97 Mahubo aniga
- 98 Ma garanayo su'aashan waxa ay iweydiineyso
- 99 Waxaan jeclahay in aan ka jawaabin

39. Intii lagu jiray 3 bilood ee lasoo dhaafay, ma sameysay wax kamida waxqabadyadan soo socda halkaas oo aad wax halis galisay qiimaha ka (sida lacag, kaararka hadiyada, ama agab shaqsi) adigoo rajeynaya in aad ku guuleysato wax kale? Tani waxaa kamida qamartanka ciyaaraha, qamarka ama ciyaaraha abaalmarinta leh. **Waxaad dooran kartaa hal wax kabadan.**

- 01 Ma aanan ciyaarin wax qamaar ah 3 bilood ee lasoo dhaafay ^{BETNO11} **IF SELECTED, CANNOT SELECT ANY OTHER RESPONSE. GO TO Q41/BETSKIP**
- 02 Ciyaaraha isboortiga ee aan awoodin in aan ciyaaro (qamaar dhigashada natiijada ciyaaraha, goolasha, baqtiyanasibka (raffle), pool, iwm.) ^{BETSPORT11}
- 03 Ciyaaraha xirfada oo aan anigu ciyaarayay (isboortiga, ciyaaraha gemka muqalka, xujada, iwm.) ^{BETSKILL11}
- 04 Ciyaaraha nasiibka oo aan aniga ciyaarayay (turubka, laandhuga, baqtiyo nasiibka, iwm.) ^{BETCHANCE11}
- 05 Ciyaaraha baqti nasiibka (kaar xoqoshada, PowerBall®, Megabucks™, iwm.) ^{BETLOTTERY11}
- 06 Qamaarka qadka internetka (isticmaalka lacag sax ah oo aad ku iibsato dhibco ama sanduuq baqtiyansiiba e-sports, ciyaaraha casino, video games, iwm.) ^{BETONLINE11}
- 07 Qamarka online-ka ah (tusaale., Draft Kings) ^{BETONLINESPORTS11}
- 08 Saadalinta muuqaalka (tusaale., Kalshi, Polymarkets) ^{BETPREDICT11}
- 09 Waxqabadyada kale ee aan ku qamartamayo ^{BETOTHER11}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 97 Aniga ma hubo ^{BETNS11}
- 98 Ma garanayo su'aashan waxa ay iweydiineyso ^{BETDK11}
- 99 Waxaan jeclahay in aan ka jawaabin ^{BETREF11}

Intii lagu jiray 3 bilood lasoo dhaafay, ilaa iyo intee ayaad adiga...	Maya Ebid	Mar marka qaar	Inta badan waqtiga	Ugu badnaan Marwalb o	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
40. Waxaan u ganbiyay asxaabta iyo qoyska aan qamaar ciyaarin si aan waqti ula qaato asxaabta ama xubnaha qoyska ciyaaro qamaarka? BETSKIP	1	2	3	4	7	8	9
41. Waxaan dareemay in aan qabto dhibaato qamaar ciyaarida? BETPROB	1	2	3	4	7	8	9
42. Waxaaad qamaartankaaga ka qarisay waalidka iyo xubnaha kale ee qoyska ama macalimiinta? BETHIDE	1	2	3	4	7	8	9

QAMRIGA - UDUB (ALCOHOL – CORE)

Su'aalaha xigo ayaa wax kaa weydiin doono cabitaanka qamriga. Waxaa kamid ah cabida biirka, qamriga, cabitaanka qamriga leh (sida White Claw, Twisted Tea, ama Buzz Ballz), ama liquor sida rum, gin, vodka, ama whiskey. Su'aallahan marke timaado, cabitaanka qamriga kama mid ahan cabitaanka dhowr kabasho oo qamri (wine) arrimo diimeed awgeed.

43. Waligaa ma cabtay qamri marka laga tako dhowr kabasho? ^{ALCEVER}

- 1 Haa
- 2 Waligey qamri ma cabin
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

44. Meeqo jir ayaad aheyd markii kuugu horeysay ee aad cabto qamri marka laga reebo

dhowr kabasho? ^{ALCFSTX}

- 02 12 sanno jir ama ka yar
- 03 13 sanno jir
- 04 14 sanno jir
- 05 15 sanno jir
- 06 16 sanno jir
- 07 17 sanno jir ama ka weyn
- 97 Mahubo aniga
- 98 Ma garanayo su'aashan waxa ay iweydiineyso
- 99 Waxaan jeclahay in aan ka jawaabin

45. Intii lagu jiray bishii lasoo dhaafay, ma isku dayday in aad cabto ugu yaraan mar qamri? ALCDAY30X

- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-

46. Intii lagu jiray bishii lasoo dhaafay, ma cabtay wax ka badan 5 cabitaan qamri oo isku

xiga, dhowr saacadood gudahood? ALC30GESX

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

XASHIISHKA - UDUB (MARIJUANA – CORE)

Su'aallaha xiga waxa ay ku saabsan yihiin xashiishka. Tan micnaheedu waa xashiish ama caleenta xashiis (cannabis) nuuc kasta, mar marka qaar loo yaqaan xasuushka budada (weed), hash ama pot. Haku darin hemp-based ama CBD-kaliya agabyada.

47. Waligaa xashiish ma isticmaashay nuuc kastu ahaadoba? ^{MJEVER}

- 1 Haa
 - 2 Maya waligey ma isticmaalin xashiish ama cannabis
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-

48. Meeqo jir ayaad aheyd marka isu dayday in aad isticmaasho xashiish markii kuugu

horeysay? ^{MJFSTX}

- 02 12 sanno jir ama ka yar
- 03 13 sanno jir
- 04 14 sanno jir
- 05 15 sanno jir
- 06 16 sanno jir
- 07 17 sanno jir ama ka weyn
- 97 Mahubo aniga
- 98 Ma garanayo su'aashan waxa ay iweydiineyso
- 99 Waxaan jeclahay in aan ka jawaabin

49. Intii lagu jiray bishii lasoo dhaafay, ma isticmaashay xashiish? MJ30X2

- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-

50. Intii lagu jiray bishii lasoo dhaafay, ma isticmaashay xashiish?

Waxaad dooran kartaa hal wax kabadan.

- 01 Waan cabay (duub, bong, pipe, blunt) MJ30SMK
- 02 Feeb ahaan (e.g., vape pen) MJ30VAP
- 03 Waan cunay (brownies ahaan, keek, buskudka kuukiga, nacinac) MJ30EAT
- 04 Waan cabay (shaah, cola, qamri) MJ30DRNK
- 05 Waan isticmaalay MJ30DAB
- 06 Si kale ayaan u isticmaalay MJ30OTH

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 97 Aniga ma hubo MJ30NS
- 98 Ma garanayo su'aashan waxa ay iweydiineyso MJ30DK
- 99 Waxaan jeclahay in aan ka jawaabin MJ30REF

TUBAACO - UDUB (TOBACCO – CORE)

51. Waligaa ma isticmaashay shiishada, e-sigaarka ama tubaakoyinka kale sida nicotine pouches, sigaarada, tubaakada la ruugo, cigarillos, ama hookah? ^{TBEVER811XX}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

52. Intii lagu jiray bishii lasoo dhaafay, walxahe isticmaashay? **Waxaad dooran kartaa hal wax kabadan.**

- 01 Sigaar ^{TOBCIG}
- 02 Agabka shiishada ama e-sigaarka ah ^{TOBVAPE6}
- 08 Nicotine pouch, sida Zyn ama Velo ^{TOBPOUCH6}
- 03 Tubaakada la ruugo, sida Skoal ama Copenhagen ^{TOBCHEW}
- 04 Cigarillos ama sigaar yar cigars, sida Swisher Sweets ^{TOBCIGAR}
- 05 Hookah ama shiishada tubada la dhuuqa ^{TOBHOOKAH}
- 06 Tubaako kale nuuce doonto ha ahaate ^{TOBOTHER}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 07 Ma isticmaalin mid kamida walxahan bishii lasoo dhaafay ^{TOBNONE}
- 97 Aniga ma hubo ^{TOBNS}
- 98 Ma garanayo su'aashan waxa ay iweydiineyso ^{TOBDK}
- 99 Waxaan jeclahay in aan ka jawaabin ^{TOBREF}

53. Intii lagu jiray bishii hore, waligaa ma isticmaashay tubaako la meceyay ama agabka shiishada sida nacnac kuleel, furuut, coffee, nacnac, ama mac macaan kale? Ka reeb xashiiska ^{SMKFLAV}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

TUBAAKO - SANADAHA KISIGA (TOBACCO – EVEN YEARS)

54. Intii lagu jiray bishii hore, ma aragtay xayeysiin lagu xayeysiinayo tubaako ama agabka xashiiska gudaan gudahiis, boor ama hab onleyn ah? ^{ADTOB30}

- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin
-

55. Intii lagu jiray bishii lasoo dhaafay, ma cabtay sigaarka menthol? ^{MENTHOL}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

56. Markii ugu horeysay ee aad isticmaasho tubaako am agabka shiishada, agab nuuce ah ayaad isitcmaashay? SMKFIRSTX
- 01 Sigaar
 - 02 Tubaakada la ruugo
 - 03 Cigarillo cigar yar
 - 04 Hookah
 - 05 E-cigarette ama agabka shiishada
 - 06 Nicotine pouch, sida Zyn ama Velo
 - 07 Agab nuuc kale
 - 97 Mahubo aniga
 - 98 Ma garanayo su'aashan waxa ay iweydiineyso
 - 99 Waxaan jeclahay in aan ka jawaabin

57. Intii lagu jiray bishii lasoo dhaafay, halkee ka heleyse tubaakadaada ama agabka shiishada? **Waxaad dooran kartaa hal wax kabadan.**

- 1 Dukaan ama kaalinta shidaalka ^{TBGETSTORE}
- 2 Asxaabta ama xubnaha qoyska 21 ama wax ka weyn ^{TBGETADULT}
- 3 Saaxibada ama xubnaha qoyska 21 ka yar ^{TBGETMINOR}
- 4 Internetka ^{TBGETINTERNET}
- 5 Ilo kaleeto ^{TBGETOTHER}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 7 Aniga ma hubo ^{TBGETNS}
- 8 Ma garanayo su'aashan waxa ay iweydiineyso ^{TBGETDK}
- 9 Waxaan jeclahay in aan ka jawaabin ^{TBGETREF}

DAROOGOYINKA KALE – SANADAHA KISIGA (OTHER DRUGS – EVEN YEARS)

Su'aallaha xiga waxa ay wax kaa weydiinayaan daroogoyinka.

Waligaa ma isticmaashay...	Haa	May	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
58. Dawooyinka dhaqtarka qoro oo aan dhaqtar kuu qorin sida Oxycontin, Adderall ama Xanax? EVERRX	1	2	7	8	9
59. Daroogada sida fentanyl, methamphetamine, cocaine ama ecstasy/MDMA, ama psychedelics sida magic mushrooms? EVERILLCIT	1	2	7	8	9
60. Daroogoyinka sida nitrous oxide (Galaxy Gas) ama kratom (7-OH)? EVERGASKRATOM	1	2	7	8	9

Intii lagu jiray bishii lasoo dhaafay, ma isticmaashay...	Haa	May	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
61. ASK IF EVERRX=1 (YES) Dawooyinka dhaqtarka qoro oo aan dhaqtar kuu qorin sida Oxycontin, Adderall ama Xanax? MONTHRX	1	2	7	8	9
62. ASK IF EVERILLCIT=1 (YES) Daroogada sida fentanyl, methamphetamine, cocaine, ama ecstasy/MDMA, ama psychedelics sida magic mushrooms? MONTHILLCIT	1	2	7	8	9
63. ASK IF EVERGASKRATOM=1 (YES) Daroogoyinka sida nitrous oxide (Galaxy Gas) ama kratom (7-OH)? MONTHGASKRATOM	1	2	7	8	9

Naloxone waa buufis sanko ama daawo cirbad leysku duro. Waxa ay daweyso isticmaalka badan ee opioidka ayadoo soo celineyso neefsashada.

64. Ma garanaysa sida loo isticmaalo Naloxone (sidoo kale loo yaqaan Narcan)? ^{NARCAN}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

Intii lagu jiray sanad dugsiyeedki tagay, wax maka baratay...	Haa	May	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
65. Opioids-ka sida fentanyl ama Vicodin? LEARNOPIODS	1	2	7	8	9
66. Sida looga hortago misna looga jawaabo celiyo isticmaalka badan (overdose)? LEARNOVERDOSE	1	2	7	8	9
67. Halista kaniiniyada been abuurka? LEARNFAKE					
68. Halista isku darida ama lifaaqida walxaha sida qamriga iyo kaniiniyada? LEARNMIX	1	2	7	8	9

BULSHO KA MADAX BANAAN DAROOGO (DFC) – SANADAHA KISIGA (DRUG-FREE COMMUNITIES (DFC) – EVEN YEARS)

Su'aallahan soo socda waxa ay ku saabsan yihiin adiga, waalidkaaga, asxaabtada waxa aad ka aaminsan tihiin qamriga, tubaakada, iyo daroogoyinka kale.

Ilaa in intee le'eg ayaad adigu umaleyneysa in dadku u bareeraan in ay halis galiyaan naftooda (jir ahaan ama siyaaboyin kale) haddii ay;	Halis jirin	Halista yar tahay	Halista dhex dhexaadka ah	Halista weyn tahay	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
69. Cabida shan ama wax kabadan oo cabitaanka qamriga mar ama labo mar Isbuucii? RISKALCD5	1	2	3	4	7	8	9
70. Cabida hal baakad ama wax ka badan oo sigaar ah maalintii? RISKCIGS	1	2	3	4	7	8	9
71. Isticmaalka e-sigaar ama agabka shiishada, sida Juul? RISKECIGX	1	2	3	4	7	8	9
72. Isticmaalka xashiishka (marijuana) (mar ama labo mar isbuuci) RISKMJREG	1	2	3	4	7	8	9
73. Isticmaalka dawooyinka dhaqtarka soo qoro ee aan loo qorin? RISKALRX	1	2	3	4	7	8	9

In intee le'eg ayuu waalidkaaga u arkaa in ay qalad tahay in aad adiga isticmaasho	Wax qalad ah uma arkaan gabi ahaan	Wax yar qaldan ah	Qalad	Qalad saa'ida	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
74. Cabida mid ama labo cabitaan qamro ugu yaraan maalin walbo? PWRGDALC	1	2	3	4	7	8	9
75. Sigaar cabida? PWRGSMK	1	2	3	4	7	8	9
76. Isticmaalka xashiishka? PWRGMJUSE	1	2	3	4	7	8	9
77. Isticmaalka dawooyinka dhaqtarka soo qoro ee aan adiga lagugu talo galin? PWRGRX	1	2	3	4	7	8	9

Qalad intee le'eg ayee asxaabtada dareemayay haddii aad adiga	Wax qalad ah uma arkaan gabi ahaan	Wax yar qaldan ah	Qalad	Qalad saa'ida	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
78. Cabto mid ama labo cabitaan qamri ugu yaraan maalin walbo? FRIENDDRINK	1	2	3	4	7	8	9
79. Sigaar cabida? FRIENDSMOKEX	1	2	3	4	7	8	9
80. Isticmaalka xashiishka? FRIENDMJUX	1	2	3	4	7	8	9
81. Isticmaalka dawooyinka dhaqtarka soo qoro ee aan adiga lagugu talo galin? FRIENDRX	1	2	3	4	7	8	9

Haddii aad rabtid adiga, in intee le'eg ayee kuu fududahay in aad hesho...	Aad ayee u fudeed u tahay	Xooga fudeyd	Xooga adag	Aad u adag	Mahubo aniga	Ma garanayo su'aashan waxa ay iweydiineyso	Waxaan jeclahay in aan ka jawaabin
82. Qamri biir (beer), wine ama liquor adag (tusaale, vodka, whiskey ama gin)? EASYGTALC	1	2	3	4	7	8	9
83. Sigaar? EASYGTCIG	1	2	3	4	7	8	9
84. E-cigarettes ama wax kale agabka shiishada, sida Juul? EASYGTECIGX	1	2	3	4	7	8	9
85. Xashiish? EASYGTMJ	1	2	3	4	7	8	9
86. Dawooyinka dhaqtarka soo qoro ee aan adiga lagugu talo galin sida Oxycontin, Adderall ama Xanax? EASYGTRXX	1	2	3	4	7	8	9
87. Daroogoyinka sida fentanyl, methamphetamine, cocaine, ecstasy/MDMA, ama psychedelics sida magic mushrooms? EASYGTILLICITX	1	2	3	4	7	8	9
88. Daroogoyinka sida nitrous oxide (Galaxy Gas) ama kratom (7-OH)? EASYTGASKRATOM	1	2	3	4	7	8	9

KAALMADA ISTICMAALKA DAROOGADA – SANADAHA KISIGA (SUBSTANCE USE SUPPORT – EVEN YEARS)

89. Waxaa jirto goob ama shaqsi aan u tagi karo haddii aan u baahanahay caawinaad ku

saabsan dhibaataada isticmaalka maandooriyaha aan isticmaalo ama qof aan jeclahay isticmaalo. SUBHELP

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

DEEGAANADA - JINSIGA IYO FARACA - UDUB (DEMOGRAPHICS – RACE AND ETHNICITY – CORE)

Dadka kala duwan ayaa soo maray qibrado nolal kala duwan oo saameyn karto caafimaadkooda. Fadlan wax inooga sheeg shaqsiyadaada si markaa aan sida ugu wanaagsan ugu fahmi karno bulshooyinka kala duwan si aan u siino caawinaada ugu wanaagsan si qof walbo uu u noqdo mid caafimaad qabo oo guuleysta.

Fadlan wax inooga sheeg naftaada.

90. Waa maxay jinsigaaga qoomiyadeed ama farac? **Waxaad dooran kartaa hal wax kabadan.**

- 100 Dhaladka Mareykanka, American Indian ama Dhalad Reer Alaska ^{IDAIANX}
- 200 Aasiyaan ^{IDASIAN}
- 300 Madow ama Afrikaan Ameerikaan ^{IDBLACK}
- 400 Hisbaanig ama Laatino/a/x ^{IDLATINX}
- 500 Dhalad Hawaiian ama Pacific Islander ^{IDPI}
- 601 Bariga Dhexe/ Waqooyiga Afrika/SWANA ^{IDMENA}
- 800 Cadaan ^{IDWHITE}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 997 Aniga ma hubo ^{IDNS}
- 998 Ma garanayo su'aashan waxa ay iweydiineyso ^{IDDK} **SKIP TO Q104/**
- 999 Waxaan jeclahay in aan ka jawaabin ^{IDREF}

IF AIANX SELECTED

☐ 100 Dhaladka Mareykanka, Indian ama Dhalad Reer Alaska ^{IDAIANX}

IF IDAIAN/100=1 (YES), SHOW THE FOLLOWING IN DROP-DOWN MENU:

91. Ma tahay... **Waxaad dooran kartaa hal wax kabadan.**

105 Dhalad Mareykana (Indigenous American) ^{AIANINDIGENOUS}

101 American Indian ^{AIANINDIAN}

102 Dhalad Reer Alaska ^{AIANAK}

104 Canadian Inuit, Metis, ama First Nation ^{AIANINUIT}

103 Dhalad Meksikaan, Bartahama Amerikan, ama Konfurta Amerikann ^{AIANMEXICAN}

195 Wax kale ayaa ku haboon si wanaagsan ^{AIANSE}

(Fadlan wax badan inoo sheeg) _____ ^{AIANOE}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

197 Aniga ma hubo ^{AIANNS}

198 Ma garanayo su'aashan waxa ay iweydiineyso ^{AIANDK}

199 Waxaan jeclahay in aan ka jawaabin ^{AIANREF}

IF ASIAN SELECTED

☐ 200 Aasiyaan ^{IDASIAN}

IF IDASIAN/200=1 (YES), SHOW THE FOLLOWING IN DROP-DOWN MENU:

92. Ma tahay... **Waxaad dooran kartaa hal wax kabadan.**

201 Aasiyan Hindiya ^{AINDIAN}

202 Kambodiyan ^{ACAMBODIAN}

203 Shiinees ^{ACHINESE}

204 Bulshooyinka Myanmar ^{AMYANMAR}

205 Filibino/a/x ^{AFILIPINX}

206 Hmong ^{AHMONG}

207 Jabaniis ^{AJAPANESE}

208 Kuriyaan ^{AKOREAN}

209 Laotian ^{ALAOTIAN}

210 Aasiyaanka Koonfur ^{ASASIAN}

211 Fiitnamiis ^{AVIETNAMESE}

295 Wax kale ayaa si wanaagsan ugu haboon ^{ASIANSE}

(Fadlan wax badan inoo sheeg) _____ ^{ASIANOE}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

297 Aniga ma hubo ^{ANS}

298 Ma garanayo su'aashan waxa ay iweydiineyso ^{ADK}

299 Waxaan jeclahay in aan ka jawaabin ^{AREF}

IF BLACK/AFRICAN AMERICAN SELECTED

☐ 300 Madow ama Afrikaan Ameerikaan ^{IDBLACK}

IF IDBLACK/300=1 (YES), SHOW THE FOLLOWING IN DROP-DOWN MENU:

93. Ma tahay... **Waxaad dooran kartaa hal wax kabadan.**

301 Madow ^{BBLACK}

302 Afrikan Amerikan ^{BAA}

310 Afro-Karibbiyan ^{BACARIBBEAN}

311 Afro-Latino/a/x ^{BALATIN}

303 Jamaykan ^{BJAMAICAN}

304 Haitian ^{BHAITIAN}

308 Itoobiyaan ^{BETHIOPIAN}

309 Somali ^{BSOMALI}

395 Wax kale ayaa ku haboon si wanaagsan ^{BSE}

(Fadlan wax badan inoo sheeg) _____ ^{BOE}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

397 Aniga ma hubo ^{BNS}

398 Ma garanayo su'aashan waxa ay iweydiineyso ^{BDK}

399 Waxaan jeclahay in aan ka jawaabin ^{BREF}

IF LATINX SELECTED

☐ 400 Hisbaanig ama Laatino/a/x ^{IDLATINX}

IF IDLATINX/400=1 (YES), SHOW THE FOLLOWING IN DROP-DOWN MENU:

Ma tahay... **Waxaad dooran kartaa hal wax kabadan.**

401 Mexican, Mexican American, Chicano/a ^{LMEXICAN}

402 Puerto Rican ^{LPUERTORICAN}

403 Cuban ^{LCUBAN}

404 Guatemalan ^{LGUATEMALAN}

405 Honduran ^{LHONDURAN}

406 Nicaraguan ^{LNICAGARUAN}

407 Salvadoran ^{LSALVADORAN}

421 Spanish/Spaniard ^{LSPANISH}

420 Afro-Latino/a/x/e ^{LAFROLATINX}

412 Brazilian ^{LBRAZILIAN}

413 Chilean ^{LCHILEAN}

414 Colombian ^{LCOLOMBIAN}

422 Dominican ^{LDOMINICAN}

415 Ecuadorian ^{LECUADORIAN}

416 Peruvian ^{LPERUVIAN}

417 Venezuelan ^{LVENEZUELAN}

495 Wax kale ayaa ku haboon si wanaagsan ^{LSE}
(Fadlan wax badan inoo sheeg) _____ ^{LATINXOE}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

497 Mahubo aniga ^{LATINXNS}

498 Ma garanayo su'aashan waxa ay iweydiineyso ^{LATINXDK}

499 Waxaan jeclahay in aan ka jawaabin ^{LATINXREF}

IF NATIVE HAWAIIAN/PACIFIC ISLANDER SELECTED

☐ 500 Dhalad Hawaiian ama Pacific Islander ^{IDPI}

IF IDPI/500=1 (YES), SHOW THE FOLLOWING IN DROP-DOWN MENU:

94. Ma tahay... **Waxaad dooran kartaa hal wax kabadan.**

- 501 Dhaladka Hawaiian/Kanaka Maoli ^{PHAWAIIAN}
- 502 CHAmoru **(Chamorro)** ^{PCHAMORU}
- 503 Chuukese ^{PCHUUKESSE}
- 504 Bulshooyinka deegaanka Micronesian ^{PMICRONESIAN}
- 505 Fijian ^{PFIIJIAN}
- 506 Guamanian ^{PGUAMANIAN}
- 507 Kosraean ^{PKOSRAEAN}
- 508 Maori ^{PMOARI}
- 509 Marshallese ^{PMARSHALLESE}
- 510 Palauan ^{PPALAUAN}
- 514 Samoan ^{PSAMOAN}
- 515 Tongan ^{PTONGAN}
- 595 Wax kale ayaa ku haboon si wanaagsan ^{PSE}
(Fadlan wax badan inoo sheeg) _____ ^{POE}

**HADDII MID KAMIDA INTAN SOO SOCOTA AAD DOORATAY, MA DOORAN KARTID
JAWAAB KALE**

- 597 Mahubo aniga ^{PNS}
- 598 Ma garanayo su'aashan waxa ay iweydiineyso ^{PDK}
- 599 Waxaan jeclahay in aan ka jawaabin ^{PREF}

IF MIDDLE EASTERN/NORTH AFRICAN/SWANA SELECTED

☐ 601 Bariga Dhexe/ Waqooyiga Afrika/SWANA ^{IDMENA}

IF IDMENA/601=1 (YES), SHOW THE FOLLOWING IN DROP-DOWN MENU:

95. Ma tahay... **Waxaad dooran kartaa hal wax kabadan.**

611 Egyptian ^{MENAEGYPT}

612 Iraqi ^{MENAIraq}

613 Iranian ^{MENAIran}

614 Israeli ^{MENAIsrAEL}

615 Lebanese ^{MENALeBANON}

616 Palestinian ^{MENAPALESTINE}

617 Syrian ^{MENASyRIA}

618 Turkish ^{MENATURKEY}

695 Wax kale ayaa ku haboon si wanaagsan ^{MENASE}

(Fadlan wax badan inoo sheeg) _____ ^{MENAOE}

HADDII MID KAMIDA INTAN SOO SOCOTA AAD DOORATAY, MA DOORAN KARTID JAWAAB KALE

627 Mahubo aniga ^{MENANS}

628 Ma garanayo su'aashan waxa ay iweydiineyso ^{MENADK}

629 Waxaan jeclahay in aan ka jawaabin ^{MENAREF}

IF WHITE SELECTED

☐ 800 Cadaan ^{IDWHITE}

IF IDWHITE/800=1 (YES), SHOW THE FOLLOWING IN DROP-DOWN MENU:

96. Ma tahay... **Waxaad dooran kartaa hal wax kabadan.**803 English ^{WHENGLISH}804 French ^{WHFRENCH}805 German ^{WHGERMAN}806 Greek ^{WHGREEK}808 Irish ^{WHIRISH}809 Italian ^{WHITALIAN}810 Norwegian ^{WHNORWEGIAN}811 Polish ^{WHPOLISH}812 Romanian ^{WHROMANIAN}813 Russian ^{WHRUSSIAN}814 Scottish ^{WHSCOTTISH}816 Spaniard/Spanish ^{WHSPANISH}817 Swedish ^{WHSWEDISH}818 Ukrainian ^{WHUKRANIAN}895 Wax kale ayaa ku haboon si wanaagsan ^{WHSE}
(Fadlan wax badan inoo sheeg) _____ ^{WHOE}**HADDII MID KAMIDA INTAN SOO SOCOTA AAD DOORATAY, MA DOORAN KARTID
JAWAAB KALE**897 Mahubo aniga ^{WHNS}898 Ma garanayo su'aashan waxa ay iweydiineyso ^{WHDK}899 Waxaan jeclahay in aan ka jawaabin ^{WHREF}

ASK IF MORE THAN ONE BROAD RACE/ETHNIC CATEGORY SELECTED IN FIRST R/E QUESTION:

- IDAIANX/100
- IDASIAN/200
- IDBLACK/300
- IDLATINX/400
- IDPI/500
- IDMENA/601
- IDWHITE/800
- IDSE/995

Waxaad ku jawaabtay in aad tahay in kabadan hal jinsiyad ama farac.

97. Ma jiraa mid aad isleedahay waa midka **ugu weyn** jinsi ama farac ahaan shaqsi ahaantada? ^{RACEONE}

- 1 Haa, waxaa jiro hal jinsi weyn ama farac aan leeyahay
- 2 Malihi hal farac weyn ama jinsi/Majiro farac jinsi oo aniga si qaasa aniga ii qeexaysa.
- 3 Waxaan isku sheega in aan ahay farac badne ama jinsi badne
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

ASK IF RACEONE=YES

98. **Midkee** ayaad isleedahay waa jinsiyadaada ama faracaaga **ugu weyn**? RACEMAIN

SHOW BROAD CATEGORIES THAT WERE SELECTED IN RACEGROUP. ALSO INCLUDE I AM NOT SURE, I DON'T UNDERSTAND THIS QUESTION, I PREFER NOT TO ANSWER.

Example: IF ASIAN, BLACK AND LATINX SELECTED (IDASIAN=1 AND IDBLACK=1 AND IDLATINX=1), SHOW THE CATEGORIES IN **BLUE:**

- 100 Dhaladka Mareykanka, American Indian ama Dhalad Reer Alaska
- 200 Aasiyaan
- 300 Madow Ameerikaan ah
- 400 Hisbaanig ama Laatino
- 500 Dhalad Hawaiian ama Pacific Islander
- 601 Bariga Dhexe/ Waqooyiga Afrika/ SWANA
- 800 Cadaan
- 997 Mahubo anig
- 998 Ma garanayo su'aashan waxa ay iweydiineyso
- 999 Waxaan jeclahay in aan ka jawaabin

DEEGAANADA – QABIILADA - UDUB (DEMOGRAPHICS – TRIBES – CORE)

ASK IF IDAIANX/100=1, ELSE GO TO Q103/DEMOGRAPHICS-LANGUAGES

99. Ma ka diwaan gashan tahay qabiil jooga Maamul Gobolledka Oregon? TRIBEENROLL

- 1 Haa, waan ka diwaan gashahay qabiil Oregon
- 2 Maya, ka diwaan gashan qabiil ka baxsan Oregon **SKIP TO Q104/LANGUAGES**
- 3 Maya, wax qabiil ah kama diwaan gashni **SKIP TO Q104/LANGUAGES**

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 7 Aniga ma hubo
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

100. Qabiilada Oregon midkee ayaad ka diwaan gashan tahay? TRIBEMEMBER

- 01 Qabiilka Burns Paiute
- 02 Confederated Tribes ee Coos, Lower Umpqua, iyo Siuslaw Indians 03
- 03 Confederated Tribes ee Grand Ronde
- 04 Confederated Tribes ee Siletz Indians
- 05 confederated Tribes ee Umatilla Indian Reservation
- 06 Confederated Tribes ee Warm Springs
- 07 Coquille Indian Tribe
- 08 Cow Creek band ee Umpqua Indians
- 09 Klamath Tribes
- 10 Waxaan iska diwaan galiye qabiilo kala duwan
- (Fadlan wax badan inoo sheeg) _____ TRIBEMEMBEROE
- 97 Mahubo aniga
- 98 Ma garanayo su'aashan waxa ay iweydiineyso
- 99 Waxaan jeclahay in aan ka jawaabin

DEEGAANADA – LUUQADA - UDUB (DEMOGRAPHICS – LANGUAGES – CORE)

101. **Luuqade ama luuqadahe ayaad guriga uuga hadashaan? Waxaad dooran kartaa hal wax kabadan.**

- 01 English LANGENG
- 02 Spanish LANGSPANISH
- 03 American Indian/Alaska luuqadaha qabiilada dhaladka LANGAIAN
- 04 Cantonese LANGCANTONESE
- 05 Mandarin LANGMANDARIN
- 06 Vietnamese LANGVIETNAMESE
- 07 Hawaiian LHAWAIIAN
- 08 Samoan LSAMOAN
- 09 Somali LSOMALI
- 10 Russian LRUSSIAN
- 11 AASL, PSE, turjumida tactile, iwm. LANGASL
- 95 Luuqad kale LANGSE **(Fadlan wax badan inoo sheeg)** _____ LANGOE

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 97 Aniga ma hubo LANGNS
- 98 Ma garanayo su'aashan waxa ay iweydiineyso LANGDK
- 99 Waxaan jeclahay in aan ka jawaabin LANGREF

DEEGAANADA – HOY LA'AANTA - UDUB (DEMOGRAPHICS – HOUSELESSNESS – CORE)

Halka aad ku nooshahay waxa ay saameyn kartaa caafimaadkaaga.

102. Intii lagu jiray bishii lasoo dhaafay, inta badan halkee seexaneysay? ^{SLEEP}
- 01 Guriga waalidkeyga, eddo ama adeer hooyo ama qaabo qabo ama guriga masuulkeyga
 - 02 Guriga saaxiib, xubin qoyska, ama dadka kale sababtoo ah waxaan ku qasbanaa in aan gurigeyga kasoo tago ama waalidkeyga ama masuulkeyga ma awoodo guri
 - 03 Guriga xanaanada caruurta (foster home)
 - 04 Guriyenta kumel gaarka ama guriyenta gargaarka degdega
 - 05 Hoteel ama motel
 - 06 Gaari dhexdiisa, baarkaha, dhulka kaam, ama meelaha kale ee bulshada
 - 07 Meel gooniya oo aan saaxdo ma heysto
 - 95 Wax kale ayaa aad ugu haboon **(Fadlan wax badan inoo sheeg)** _____ ^{SLEEPOE}
 - 97 Mahubo aniga
 - 98 Ma garanayo su'aashan waxa ay iweydiineyso
 - 99 Waxaan jeclahay in aan ka jawaabin

DEEGAANADA - XANAANADA CARUURTA - UDUB (DEMOGRAPHICS – FOSTER CARE – CORE)

103. Waligaa malagu geyay guryaha xanaanada caruurta (foster care) ama ma joogtay guri wadar koxeed?³ ^{FOSTERGRP}
- 1 Haa
 - 2 May
 - 7 Mahubo aniga
 - 8 Ma garanayo su'aashan waxa ay iweydiineyso
 - 9 Waxaan jeclahay in aan ka jawaabin

³ PIT Sahminta Tirinta Dhalinta

DEEGAANADA – CUURYNIMO - UDUB (DEMOGRAPHICS – DISABILITY – CORE)

Waxaan rabnaa in aan fahano meeqo arday ayaa u baahan caawinaad dheeraad ah si ay iskuulka guul uuga gaaraan.

104. Ma waxaad ku jirtaa barnaamijka Waxbarashada Qaaska, heysta qorshaha 504, ama IEP (Shaqsiyaadka Barnaamijka Waxbarashada)? ACCOMMODATIONS

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

105. Dhagool miyaa tahay ama dhibaato badan maku qabtaa in aad wax maqasho? DEAF

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

106. Indhoole miyaa tahay ama dhib maku qabtaa in aad wax aragto, xitaa marka aad xiran tahay ookiyaale? BLIND

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

107. Sababo la xiriiro caqabado jirka, maskaxda, ama xaaladaha dareen, ma dareenta in ay dhib kugu tahay in aad wax diirada saarto, xasuusato ama go'aan ka gaarto? COGNITIVE

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

108. Dhib badan miyaa ku qabtaa socodka iyo korida jaran jarada? MOBILITY

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

109. Dhib miyaa ku qabtaa labisashada ama qabeysa? PERSCARE

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

DEEGANADA - SINAANTA JINSIGA IYO RABITAANKA JINSI - UDUB (DEMOGRAPHICS – GENDER IDENTITY AND SEXUAL ORIENTATION – CORE)

110. Waa maxay jinsigaaga shaqsi? **Waxaad dooran kartaa hal wax kabadan.**

- 01 labo isbiiritle ^{GITWOSPIRIT} **SHOW TWO SPIRIT/05 ONLY IF IDENTIFY AS AIAN (IDAIAN/100=1)/KEEP THIS AS THE FIRST OPTION TO APPEAR (Those who identify as AIAN would see: Two Spirit, Girl/Woman, Boy/Man, etc.)**
- 02 Gabar ama Naag ^{GIGIRL}
- 03 Wiil ama Nin ^{GIBOY}
- 04 Demigirl/Demiboy ^{GIDEMI}
- 05 Nonbinary ^{GINONBINARY}
- 06 Genderfluid ^{GIFLUID}
- 08 Genderqueer ^{GIQUEER}
- 09 Su'aal ka qaba ^{GIQUESTIONING}
- 07 Qof aan rag iyo dumar isku heysan (Agender/No gender) ^{GIAGENDER}

SHOW 20-25 ONLY IF NATIVE HAWAIIAN/PACIFIC ISLANDER (DPI/500 =1)

- 20 Fa'afafine ^{GIFAAFAFINE}
- 21 Fa'atane ^{GIFAATANE}
- 22 Leiti ^{GILEITI}
- 23 Mahu kane ^{GIMAHUKANE}
- 24 Mahu wahine ^{GIMAJUWAHINE}
- 25 Takatapui ^{GITAKATAPUI}
- 95 Wax kale ayaa ku haboon si wanaagsan ^{GISE}
(Fadlan wax badan inoo sheeg) _____ ^{GIOE}

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 97 Mahubo jinsiga aan ahay aniga ^{GINS}
- 98 Ma garanayo su'aashan waxa ay iweydiineyso ^{GIDK}
- 99 Waxaan jeclahay in aan ka jawaabin ^{GIREF}

111. MA U Qof jinsiyadiisi badalay (Transgender)? ^{TRANS}

- 1 Haa
- 2 May
- 7 Mahubo aniga
- 8 Ma garanayo su'aashan waxa ay iweydiineyso
- 9 Waxaan jeclahay in aan ka jawaabin

112. Waa maxay dareenka rabitaankaaga gogolo (sexual orientation)? **Waxaad dooran kartaa hal wax kabadan.**

- 02 Toosan ORIENTATIONSTRAIGHT
- 01 Naag-naag utagta ORIENTATIONLESBIAN
- 07 Qaniis ORIENTATIONGAY
- 03 Nimo-Naag ORIENTATIONBI
- 04 Pansexual ORIENTATIONPAN
- 05 Asexual ama Aromantic ORIENTATIONASEXUAL
- 06 Queer ORIENTATIONQUEER
- 08 Su'aal ka qabo ORIENTATIONQUESTIONING
- 95 Wax kale ayaa ku haboon si wanaagsan ORIENTATIONSE
(Fadlan wax badan inoo sheeg) ORIENTATIONOE
- 97 Aniga mahubo jinsiga galmo aan ahay ORIENTATIONNS

IF ANY OF THE FOLLOWING SELECTED, CANNOT SELECT ANY OTHER RESPONSE

- 98 Ma garanayo su'aashan waxa ay iweydiineyso ORIENTATIONDK
- 99 Waxaan jeclahay in aan ka jawaabin ORIENTATIONREF

DAACADNIMADA - UDUB (HONESTY – CORE)

-
113. In intee le'eg ayaad si daacad ah uuga jawaabtay su'aallahan? HONEST
- 1 Aniga aad iyo aad ayaan daacad u ahaa
 - 2 Daacad ayaan ahaan inta badan
 - 3 Aniga mar-mar ayaan daacad ahaa
 - 4 Aniga daacad ma aanan aheyn gabi ahaanba

GUNAANUDKA (CLOSING)

Waxaan soo gaarnay dhamaadka sahminti.

Waad ku mahdsan tahay waqtiga aad galisay ka jawaabida su'aallahan.

Waxaad iskaan saarta QR code-ka si aad u ragto goobaha ku caawin karo ama gacan kaa siin karo dhibaatooyinka aad hadda wajaheyso.

