

Mental Health

2007 Oregon Healthy Teens

High School (Grades 9-12) State Summary

45. During the past 30 days, how much of the time have you been a very nervous person?

	Total		Female		Male	
Total	3,452	100.0	1,773	100.0	1,679	100.0
All of the time	92	2.9	52	2.7	40	3.1
Most of the time	193	5.8	125	7.5	68	4.0
A good bit of the time	305	8.4	180	10.1	125	6.6
Some of the time	565	15.7	328	17.9	237	13.4
A little of the time	1,364	36.4	719	38.6	645	34.1
None of the time	933	30.9	369	23.2	564	38.9

Weighted percentages and unweighted counts exclude missing and/or refused answers.

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High School (Grades 9-12) State Summary

46. During the past 30 days, how much of the time have you felt calm and peaceful?

	Total		Female		Male	
Total	3,449	100.0	1,773	100.0	1,676	100.0
All of the time	246	8.4	68	4.4	178	12.5
Most of the time	1,363	38.1	600	33.7	763	42.7
A good bit of the time	777	21.4	435	24.1	342	18.6
Some of the time	556	16.7	332	19.0	224	14.3
A little of the time	415	12.1	285	15.6	130	8.4
None of the time	92	3.4	53	3.2	39	3.5

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47. During the past 30 days, how much of the time have you felt downhearted and blue?

	Total		Female		Male	
Total	3,442	100.0	1,772	100.0	1,670	100.0
All of the time	77	2.6	41	2.7	36	2.4
Most of the time	274	8.0	167	8.5	107	7.5
A good bit of the time	366	11.6	228	14.6	138	8.6
Some of the time	535	14.8	343	17.7	192	11.7
A little of the time	1,322	35.1	687	36.6	635	33.5
None of the time	868	27.9	306	19.9	562	36.3

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48. During the past 30 days, how much of the time have you been a happy person?

	Total		Female		Male	
Total	3,456	100.0	1,778	100.0	1,678	100.0
All of the time	413	13.7	163	9.2	250	18.3
Most of the time	1,629	45.1	809	44.8	820	45.5
A good bit of the time	701	19.0	368	19.7	333	18.3
Some of the time	423	12.8	267	16.0	156	9.4
A little of the time	231	7.5	141	8.6	90	6.4
None of the time	59	1.9	30	1.8	29	2.0

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49. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?

	Total		Female		Male	
Total	3,443	100.0	1,773	100.0	1,670	100.0
All of the time	41	1.5	19	1.1	22	1.8
Most of the time	121	3.9	74	4.5	47	3.2
A good bit of the time	196	6.3	113	7.2	83	5.4
Some of the time	294	9.0	191	10.7	103	7.3
A little of the time	724	19.3	430	22.1	294	16.4
None of the time	2,067	60.0	946	54.3	1,121	65.9

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50. During the past 12 months, did you ever feel so sad or hopeless every day for two weeks or more in a row that you stopped doing some usual activities?

	Total		Female		Male	
Total	3,416	100.0	1,761	100.0	1,655	100.0
Yes	637	18.7	426	24.5	211	12.7
No	2,779	81.3	1,335	75.5	1,444	87.3

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**2007 Oregon Healthy Teens
High School (Grades 9-12) State Summary
51. During the past 12 months, did you ever seriously
consider attempting suicide?**

	Total		Female		Male	
Total	3,413	100.0	1,762	100.0	1,651	100.0
Yes	431	13.2	269	15.8	162	10.5
No	2,982	86.8	1,493	84.2	1,489	89.5

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**2007 Oregon Healthy Teens
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52. During the past 12 months, how times did you actually attempt
suicide?**

	Total		Female		Male	
Total	3,376	100.0	1,743	100.0	1,633	100.0
0 times	3,195	94.6	1,624	93.4	1,571	95.9
1 time	89	2.8	59	3.5	30	2.0
2 or 3 times	58	1.6	45	2.5	13	.7
4 or 5 times	14	.6	9	.4	5	.8
6 or more times	20	.5	6	.2	14	.7

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**2007 Oregon Healthy Teens
High School (Grades 9-12) State Summary
53. If you attempted suicide during the past 12 months, did any attempt result
in an injury, poisoning, or overdose that had to be treated by a doctor or
nurse?**

	Total		Female		Male	
Total	3,251	100.0	1,676	100.0	1,575	100.0
I did not attempt suicide in the past 12 months	3,077	94.5	1,565	93.5	1,512	95.5
Yes	70	2.0	43	2.2	27	1.8
No	104	3.5	68	4.2	36	2.7

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**2007 Oregon Healthy Teens
High School (Grades 9-12) State Summary**
**53.x. Amongst only those who attempted suicide during the
past 12 months: Did any attempt result in an injury,
poisoning, or overdose that had to be treated by a doctor or
nurse?**

	Total		Female		Male	
Total	174	100.0	111	100.0	63	100.0
Yes	70	36.8	43	34.6	27	40.1
No	104	63.2	68	65.4	36	59.9

Weighted percentages and unweighted counts exclude missing and/or refused answers.