

Mental Health

Oregon Healthy Teens 2009 - 11th Grade State Summary Report

39. During the past 30 days, how much of the time have you been a very nervous person?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,518	100.0	1,797	100.0	1,721	100.0
All of the time	89	2.6	45	2.6	44	2.6
Most of the time	250	7.2	167	9.4	83	4.9
A good bit of the time	385	10.7	233	12.2	152	9.1
Some of the time	699	19.6	405	22.3	294	16.7
A little of the time	1,291	37.1	639	36.3	652	38.0
None of the time	804	22.8	308	17.2	496	28.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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40. During the past 30 days, how much of the time have you felt calm and peaceful?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,513	100.0	1,795	100.0	1,718	100.0
All of the time	204	6.1	50	3.1	154	9.2
Most of the time	1,231	35.1	516	29.1	715	41.5
A good bit of the time	905	25.4	498	26.8	407	23.9
Some of the time	603	17.0	365	20.6	238	13.1
A little of the time	473	13.7	315	17.6	158	9.5
None of the time	97	2.8	51	2.7	46	2.8

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41. During the past 30 days, how much of the time have you felt downhearted and blue?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,492	100.0	1,789	100.0	1,703	100.0
All of the time	78	2.2	45	2.5	33	1.9
Most of the time	263	7.5	163	8.9	100	6.0
A good bit of the time	438	12.8	273	15.4	165	10.0
Some of the time	548	15.6	310	17.6	238	13.6
A little of the time	1,342	38.3	698	39.3	644	37.3
None of the time	823	23.6	300	16.3	523	31.3

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42. During the past 30 days, how much of the time have you been a happy person?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,509	100.0	1,795	100.0	1,714	100.0
All of the time	368	10.0	137	7.3	231	12.9
Most of the time	1,644	47.5	824	46.9	820	48.2
A good bit of the time	702	19.9	383	20.8	319	19.0
Some of the time	466	12.9	271	14.7	195	11.0
A little of the time	264	7.5	154	8.7	110	6.3
None of the time	65	2.1	26	1.6	39	2.6

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43. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,490	100.0	1,787	100.0	1,703	100.0
All of the time	53	1.5	27	1.4	26	1.6
Most of the time	132	3.7	78	4.2	54	3.3
A good bit of the time	209	5.7	110	6.0	99	5.4
Some of the time	286	8.1	171	9.4	115	6.6
A little of the time	824	24.1	500	28.3	324	19.6
None of the time	1,986	56.9	901	50.6	1,085	63.5

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44. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,486	100.0	1,784	100.0	1,702	100.0
Yes	733	20.9	455	24.9	278	16.6
No	2,753	79.1	1,329	75.1	1,424	83.4

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45. During the past 12 months, did you ever seriously consider attempting suicide?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,479	100.0	1,783	100.0	1,696	100.0
Yes	478	13.5	287	16.0	191	10.8
No	3,001	86.5	1,496	84.0	1,505	89.2

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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46. During the past 12 months, how times did you actually attempt suicide?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,443	100.0	1,768	100.0	1,675	100.0
0 times	3,240	94.2	1,648	93.0	1,592	95.5
1 time	91	2.6	53	2.9	38	2.2
2 or more times	112	3.2	67	4.0	45	2.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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47. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,402	100.0	1,743	100.0	1,659	100.0
I did not attempt suicide during the past 12 months	3,210	94.6	1,636	93.8	1,574	95.4
Yes	55	1.6	34	1.9	21	1.2
No	137	3.8	73	4.2	64	3.4

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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47.x. Amongst only those who attempted suicide during the past 12 months: Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	192	100.0	107	100.0	85	100.0
Yes	55	29.1	34	31.1	21	26.2
No	137	70.9	73	68.9	64	73.8

Unweighted counts and weighted percentages exclude missing and/or refused answers.