

Body Weight

**Oregon Healthy Teens 2009 - 8th Grade
State Summary Report
8-9. Summary variable: BMI Category**

| | Total | | Female | | Male | |
|-----------------------------------|-------|-------|--------|-------|-------|-------|
| | Count | % | Count | % | Count | % |
| Total | 4,800 | 100.0 | 2,457 | 100.0 | 2,343 | 100.0 |
| Not at risk for overweight | 3,577 | 73.4 | 1,907 | 76.2 | 1,670 | 70.6 |
| Overweight (85th-95th percentile) | 729 | 15.4 | 364 | 15.3 | 365 | 15.4 |
| Obese (>= 95th percentile) | 494 | 11.2 | 186 | 8.5 | 308 | 14.0 |

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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36. How do you describe your weight?**

| | Total | | Female | | Male | |
|------------------------|-------|-------|--------|-------|-------|-------|
| | Count | % | Count | % | Count | % |
| Total | 5,229 | 100.0 | 2,695 | 100.0 | 2,534 | 100.0 |
| Very underweight | 112 | 2.2 | 43 | 1.8 | 69 | 2.7 |
| Slightly underweight | 666 | 11.7 | 264 | 9.2 | 402 | 14.3 |
| About the right weight | 2,902 | 54.8 | 1,464 | 52.0 | 1,438 | 57.8 |
| Slightly overweight | 1,311 | 26.4 | 773 | 31.1 | 538 | 21.3 |
| Very overweight | 238 | 4.9 | 151 | 5.8 | 87 | 3.9 |

Unweighted counts and weighted percentages exclude missing and/or refused answers.