

**52. On an average school night, how many hours of sleep do you get?**

|                  | Total |       | Female |       | Male  |       | Non-Binary/GNC |       |
|------------------|-------|-------|--------|-------|-------|-------|----------------|-------|
|                  | Count | %     | Count  | %     | Count | %     | Count          | %     |
| Total            | 11543 | 100.0 | 5605   | 100.0 | 5275  | 100.0 | 663            | 100.0 |
| 4 or less hours  | 799   | 7.1   | 364    | 7.0   | 318   | 5.8   | 117            | 17.6  |
| 5 hours          | 1394  | 12.3  | 775    | 13.6  | 528   | 10.4  | 91             | 16.3  |
| 6 hours          | 2928  | 25.9  | 1504   | 26.9  | 1263  | 25.0  | 161            | 24.5  |
| 7 hours          | 3595  | 30.9  | 1690   | 30.5  | 1733  | 32.0  | 172            | 24.5  |
| 8 hours          | 2201  | 18.5  | 1002   | 17.2  | 1121  | 20.8  | 78             | 12.0  |
| 9 hours          | 480   | 4.1   | 210    | 3.8   | 248   | 4.6   | 22             | 2.6   |
| 10 or more hours | 146   | 1.2   | 60     | 1.0   | 64    | 1.3   | 22             | 2.6   |

- Unweighted counts and weighted percentages exclude missing and/or refused answers.
- Non-binary/GNC includes those who identify as transgender, gender non-conforming, genderqueer, gender fluid, intersex/intergender or something else.