

Oregon Healthy Teens 2017 - 8th Grade
Nutrition

38. In the past 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	14196	100.0	6813	100.0	6655	100.0	728	100.0
Yes	2004	14.4	982	14.4	846	13.2	176	24.6
No	12192	85.6	5831	85.6	5809	86.8	552	75.4

- Unweighted counts and weighted percentages exclude missing and/or refused answers.
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39-44. Summary: Five-a-day measure: In the past 7 days, average servings per day where student reported consuming fruits or vegetables.

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	13890	100.0	6714	100.0	6470	100.0	706	100.0
None	124	.8	47	.7	57	.7	20	2.1
< One serving per day	1330	9.6	691	10.7	567	8.5	72	9.1
1 to < 3 servings per day	5776	41.7	2947	44.1	2566	39.4	263	39.4
3 to < 5 servings per day	3245	22.9	1557	22.6	1536	23.6	152	19.7
5 or more servings per day	3415	25.1	1472	22.0	1744	27.8	199	29.7

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45. During the past 7 days, on how many days did you eat breakfast?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	14286	100.0	6851	100.0	6704	100.0	731	100.0
0 days	1395	9.6	792	11.5	483	7.0	120	15.7
1 day	913	6.3	551	7.8	301	4.5	61	8.0
2 days	1209	8.4	704	10.2	427	6.3	78	10.9
3 days	1262	9.3	733	10.8	469	7.8	60	8.4
4 days	1111	7.9	610	9.0	455	7.0	46	6.3
5 days	1297	9.3	606	9.3	619	9.2	72	9.5
6 days	1151	7.8	518	7.3	586	8.4	47	7.1
7 days	5948	41.3	2337	34.0	3364	49.7	247	34.1

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53. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	14113	100.0	6799	100.0	6596	100.0	718	100.0
0 times in past 7 days	4482	31.0	2476	35.6	1768	25.9	238	32.7
1 to 3 times in past 7 days	6909	49.9	3284	49.0	3309	51.2	316	45.7
4 to 6 times in past 7 days	1424	10.0	546	8.1	810	12.0	68	9.8
1 time per day	554	3.9	209	3.0	320	4.8	25	3.1
2 times per day	340	2.6	128	2.1	180	2.9	32	4.1
3 times per day	157	1.1	64	.9	81	1.3	12	1.7
4 or more times per day	247	1.6	92	1.2	128	1.8	27	2.8

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54. During the past 7 days, how many times did you drink: Fruit-flavored beverages such as Kool-Aid, Sunny Delight, or Snapple? (Do not include 100% fruit juice).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	14039	100.0	6780	100.0	6549	100.0	710	100.0
0 times in past 7 days	7255	51.0	3720	54.9	3147	46.7	388	53.1
1 to 3 times in past 7 days	4209	30.2	2020	29.8	2007	30.9	182	27.5
4 to 6 times in past 7 days	1348	9.9	555	8.3	720	11.6	73	9.5
1 time per day	540	4.0	205	2.9	309	5.1	26	4.2
2 times per day	295	2.2	133	2.1	151	2.4	11	1.7
3 times per day	168	1.2	66	1.0	91	1.4	11	1.8
4 or more times per day	224	1.5	81	1.1	124	1.9	19	2.2

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55. During the past 7 days, how many times did you drink: Energy drinks such as Red Bull, Rockstar, or Monster? (Do not include diet or sugar-free energy drinks)

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	13992	100.0	6760	100.0	6519	100.0	713	100.0
0 times in past 7 days	10620	75.7	5028	74.8	5065	76.9	527	73.2
1 to 3 times in past 7 days	2296	16.4	1231	17.7	967	15.2	98	14.7
4 to 6 times in past 7 days	524	3.8	271	4.0	223	3.5	30	4.4
1 time per day	240	2.0	102	1.8	121	2.3	17	1.9
2 times per day	142	.9	66	.8	61	.8	15	1.4
3 times per day	51	.4	25	.4	20	.3	6	1.0
4 or more times per day	119	.9	37	.5	62	1.0	20	3.5

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56. During the past 7 days, how many times did you drink: Sports drinks such as Gatorade or Powerade?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	13662	100.0	6610	100.0	6355	100.0	697	100.0
0 times in past 7 days	7292	52.2	3989	59.2	2878	44.2	425	58.5
1 to 3 times in past 7 days	3797	28.7	1736	27.8	1912	30.4	149	22.7
4 to 6 times in past 7 days	1464	10.7	526	7.7	883	14.5	55	6.8
1 time per day	501	3.7	174	2.6	305	4.9	22	3.0
2 times per day	248	1.9	82	1.2	143	2.4	23	4.8
3 times per day	148	1.1	45	.8	97	1.5	6	.8
4 or more times per day	212	1.6	58	.8	137	2.2	17	3.4

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57. During the past 7 days, how many times did you drink: Flavored milk such as Chocolate or Strawberry milk? (Do not include plain milk).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	13875	100.0	6704	100.0	6469	100.0	702	100.0
0 times in past 7 days	8352	60.0	4444	66.6	3489	53.0	419	59.9
1 to 3 times in past 7 days	2836	20.2	1324	19.2	1373	21.4	139	20.3
4 to 6 times in past 7 days	1316	9.9	471	7.5	789	12.6	56	8.6
1 time per day	748	5.3	257	3.6	453	7.1	38	5.5
2 times per day	278	2.0	95	1.3	164	2.6	19	2.2
3 times per day	109	.8	34	.6	67	1.1	8	.8
4 or more times per day	236	1.8	79	1.3	134	2.3	23	2.8

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58. During the past 7 days, how many times did you drink: Plain milk? (Include milk that you added to cereal).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	13908	100.0	6708	100.0	6492	100.0	708	100.0
0 times in past 7 days	2571	19.0	1541	23.2	874	14.5	156	20.9
1 to 3 times in past 7 days	3226	23.0	1803	26.6	1270	19.3	153	21.9
4 to 6 times in past 7 days	2815	20.4	1354	20.2	1342	20.8	119	19.1
1 time per day	2068	14.4	855	12.3	1120	16.9	93	11.4
2 times per day	1414	10.3	530	7.9	813	12.8	71	10.2
3 times per day	672	4.5	239	3.8	398	5.4	35	4.3
4 or more times per day	1142	8.3	386	5.9	675	10.4	81	12.1

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59. During the past 7 days, how many times did you drink: Sweetened coffee or tea beverages such as Starbucks Frappuccino or an Arizona Iced Tea?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	13962	100.0	6743	100.0	6511	100.0	708	100.0
0 times in past 7 days	7334	52.4	3125	46.2	3879	59.6	330	47.6
1 to 3 times in past 7 days	4087	29.7	2289	34.5	1615	24.9	183	26.2
4 to 6 times in past 7 days	1210	8.4	681	9.9	454	6.7	75	10.0
1 time per day	670	4.8	359	5.0	269	4.5	42	5.8
2 times per day	277	1.9	138	2.1	116	1.7	23	2.6
3 times per day	144	1.0	62	.9	62	.9	20	2.4
4 or more times per day	240	1.7	89	1.3	116	1.8	35	5.3

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60. During the past 7 days, how many times did you drink: Plain water? (Include tap and bottled water).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	14092	100.0	6798	100.0	6579	100.0	715	100.0
0 times in past 7 days	203	1.4	85	1.1	100	1.6	18	1.9
1 to 3 times in past 7 days	821	6.0	438	6.5	344	5.6	39	5.5
4 to 6 times in past 7 days	1393	9.8	670	9.8	653	9.7	70	9.9
1 time per day	1017	7.5	469	7.1	489	7.6	59	8.8
2 times per day	1504	10.6	777	10.9	654	10.0	73	12.0
3 times per day	2020	14.3	966	14.4	939	13.8	115	16.8
4 or more times per day	7134	50.5	3393	50.1	3400	51.6	341	45.2

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68. During the past 7 days, how many times did you visit a convenience store such as Plaid Pantry, 7-Eleven, Circle K, a mini-mart, or a gas station store?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	13976	100.0	6739	100.0	6515	100.0	722	100.0
I did not visit a convenience store during the past 7 days	5860	40.9	3021	43.6	2544	38.3	295	38.6
1 time during the past 7 days	3632	26.1	1766	26.7	1681	25.3	185	27.3
2 or 3 times during the past 7 days	3325	24.9	1493	23.2	1662	26.7	170	25.0
4 to 6 times during the past 7 days	859	6.1	356	5.3	460	7.0	43	5.4
7 or more times during the past 7 days	300	2.0	103	1.2	168	2.7	29	3.8

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