

Oregon Healthy Teens 2019 - 11th Grade
Nutrition

44. In the past 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12263	100.0	5941	100.0	5685	100.0	637	100.0
Yes	1937	15.9	940	16.0	828	14.5	169	27.5
No	10326	84.1	5001	84.0	4857	85.5	468	72.5

- Unweighted counts and weighted percentages exclude missing and/or refused answers.
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45-50. Summary: Five-a-day measure: In the past 7 days, average servings per day where student reported consuming fruits or vegetables.

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12106	100.0	5894	100.0	5580	100.0	632	100.0
None	149	1.2	46	.8	80	1.4	23	3.7
< One serving per day	1508	12.4	751	12.9	665	11.6	92	14.3
1 to < 3 servings per day	5954	48.4	2947	49.5	2696	47.3	311	48.4
3 to < 5 servings per day	2556	21.6	1252	21.6	1200	22.4	104	14.6
5 or more servings per day	1939	16.4	898	15.2	939	17.3	102	19.0

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51. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12217	100.0	5924	100.0	5658	100.0	635	100.0
0 times in past 7 days	3919	32.5	2258	38.4	1450	25.9	211	36.3
1 to 3 times in past 7 days	5453	44.3	2643	44.0	2567	45.5	243	35.9
4 to 6 times in past 7 days	1567	13.1	580	10.4	901	15.8	86	13.4
1 time per day	628	4.8	232	3.5	348	5.8	48	8.0
2 or more times per day	650	5.4	211	3.7	392	7.0	47	6.4

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52. During the past 7 days, how many times did you drink: Fruit-flavored beverages such as Kool-Aid, Sunny Delight, or Snapple? (Do not include 100% fruit juice).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12173	100.0	5905	100.0	5636	100.0	632	100.0
0 times in past 7 days	6828	55.9	3596	60.2	2869	51.3	363	57.6
1 to 3 times in past 7 days	3634	29.5	1690	28.7	1770	30.6	174	26.6
4 to 6 times in past 7 days	1040	9.1	382	6.9	610	11.4	48	8.0
1 time per day	349	2.7	125	2.0	202	3.4	22	3.5
2 or more times per day	322	2.8	112	2.2	185	3.3	25	4.3

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53. During the past 7 days, how many times did you drink: Energy drinks such as Red Bull, Rockstar, or Monster? (Do not include diet or sugar-free energy drinks)

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12179	100.0	5901	100.0	5642	100.0	636	100.0
0 times in past 7 days	7805	64.4	3560	60.8	3826	67.9	419	65.9
1 to 3 times in past 7 days	2930	23.8	1546	26.0	1251	22.0	133	19.5
4 to 6 times in past 7 days	805	6.7	462	7.9	298	5.4	45	8.2
1 time per day	378	2.9	210	3.2	150	2.6	18	3.6
2 or more times per day	261	2.2	123	2.2	117	2.1	21	2.9

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54. During the past 7 days, how many times did you drink: Sports drinks such as Gatorade or Powerade?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12150	100.0	5894	100.0	5623	100.0	633	100.0
0 times in past 7 days	7546	61.9	4216	71.1	2917	51.9	413	66.3
1 to 3 times in past 7 days	3071	25.4	1257	21.6	1683	30.2	131	18.3
4 to 6 times in past 7 days	908	7.5	255	4.4	612	10.8	41	7.4
1 time per day	335	2.8	91	1.7	216	3.7	28	5.2
2 or more times per day	290	2.3	75	1.2	195	3.4	20	2.8

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55. During the past 7 days, how many times did you drink: Flavored milk such as Chocolate or Strawberry milk? (Do not include plain milk).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12143	100.0	5892	100.0	5617	100.0	634	100.0
0 times in past 7 days	8280	67.6	4511	76.3	3383	59.5	386	59.6
1 to 3 times in past 7 days	2295	18.9	937	15.7	1227	21.8	131	21.7
4 to 6 times in past 7 days	831	7.1	238	4.3	542	9.8	51	7.7
1 time per day	437	3.8	118	2.1	288	5.4	31	4.3
2 or more times per day	300	2.8	88	1.6	177	3.5	35	6.6

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56. During the past 7 days, how many times did you drink: Plain milk? (Include milk that you added to cereal).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12092	100.0	5866	100.0	5595	100.0	631	100.0
0 times in past 7 days	3559	29.4	2237	37.9	1156	21.2	166	25.0
1 to 3 times in past 7 days	3387	27.9	1802	31.3	1425	24.8	160	25.4
4 to 6 times in past 7 days	2154	17.7	899	15.2	1140	20.2	115	17.0
1 time per day	1493	12.4	499	8.5	904	16.1	90	14.5
2 or more times per day	1499	12.7	429	7.2	970	17.6	100	18.1

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57. During the past 7 days, how many times did you drink: Sweetened coffee or tea beverages such as Starbucks Frappuccino or an Arizona Iced Tea?

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12120	100.0	5877	100.0	5608	100.0	635	100.0
0 times in past 7 days	5747	47.4	2302	38.7	3152	56.7	293	43.7
1 to 3 times in past 7 days	3816	31.6	2145	37.5	1488	25.9	183	28.8
4 to 6 times in past 7 days	1262	10.3	748	12.4	440	7.9	74	12.0
1 time per day	794	6.4	447	7.3	303	5.3	44	8.1
2 or more times per day	501	4.3	235	4.1	225	4.2	41	7.4

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58. During the past 7 days, how many times did you drink: Plain water? (Include tap and bottled water).

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12176	100.0	5909	100.0	5632	100.0	635	100.0
0 times in past 7 days	168	1.4	77	1.3	74	1.4	17	2.5
1 to 3 times in past 7 days	582	4.2	302	4.5	247	3.8	33	4.7
4 to 6 times in past 7 days	928	7.5	468	7.7	397	7.1	63	9.7
1 time per day	791	6.6	371	6.2	368	7.0	52	8.1
2 times per day	1372	11.6	635	11.3	665	12.1	72	9.9
3 times per day	1889	14.8	894	14.6	897	14.9	98	15.8
4 or more times per day	6446	53.9	3162	54.6	2984	53.7	300	49.3

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**59. During the past 7 days, did you visit a convenience store such as Plaid
Pantry, 7-Eleven, Circle K, a mini-mart, or a gas station store?**

	Total		Female		Male		Non-Binary/GNC	
	Count	%	Count	%	Count	%	Count	%
Total	12097	100.0	5890	100.0	5571	100.0	636	100.0
Yes	5818	47.9	2510	42.4	2989	53.2	319	51.8
No	6279	52.1	3380	57.6	2582	46.8	317	48.2

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