

Oregon Youth Risk Behavior Survey (YRBS) 1997 High School

Q99. On how many of the past 7 days did you exercise or participate in sports activities for at least 20 mins. that made you sweat and breathe hard, such as basketball, jogging, swimming laps, tennis, fast cycling, or similar aerobic?
 Weighted Column Percents

	Total	Grade			
		9th	10th	11th	12th
0 days	16.9	12.4	16.0	19.7	21.8
1 day	8.9	8.0	8.6	9.5	10.1
2 days	9.8	8.7	9.8	10.3	11.0
3 days	12.4	12.6	12.2	11.9	12.8
4 days	10.0	10.2	10.3	10.3	9.0
5 days	15.0	16.5	15.1	13.8	14.0
6 days	9.8	9.9	10.4	9.3	9.2
7 days	17.2	21.8	17.6	15.1	12.2
Female					
0 days	20.1	13.9	18.7	23.8	26.8
1 day	10.2	9.5	9.8	11.0	10.8
2 days	11.1	9.6	11.4	11.7	12.4
3 days	13.1	13.5	13.2	13.2	12.5
4 days	10.6	11.3	11.3	10.1	9.0
5 days	14.9	16.9	14.8	13.6	13.5
6 days	8.8	9.9	9.0	8.0	7.7
7 days	11.2	15.2	11.9	8.6	7.3
Male					
0 days	13.7	10.7	13.2	15.4	16.6
1 day	7.6	6.3	7.4	7.9	9.3
2 days	8.4	7.7	8.1	8.8	9.6
3 days	11.5	11.5	11.3	10.5	13.1
4 days	9.5	9.0	9.3	10.6	9.0
5 days	15.1	15.9	15.5	14.0	14.5
6 days	10.9	10.0	12.0	10.8	10.8
7 days	23.4	28.9	23.3	22.1	17.2
Total N =					
30,736					

Source: Oregon 1997 Youth Risk Behavior Surveillance System (YRBSS)

Q99. On how many of the past 7 days did you exercise
or participate in sports activities
for at least 20 mins. that made you sweat
and breathe hard, such as basketball, jogging, swimming laps,
tennis, fast cycling, or similar aerobic?
Unweighted Frequencies

	Total	Grade			
		9th	10th	11th	12th
0 days	5,232	1,138	1,348	1,413	1,333
1 day	2,732	716	728	673	615
2 days	2,982	782	831	727	642
3 days	3,701	1,090	1,031	837	743
4 days	3,041	909	869	716	547
5 days	4,730	1,482	1,330	1,045	873
6 days	2,888	868	823	660	537
7 days	5,430	2,041	1,496	1,103	790
Female					
0 days	3,214	653	814	891	856
1 day	1,638	436	432	414	356
2 days	1,733	451	495	425	362
3 days	2,053	614	565	488	386
4 days	1,614	523	464	362	265
5 days	2,425	802	659	532	432
6 days	1,320	435	361	293	231
7 days	1,817	736	512	333	236
Male					
0 days	2,018	485	534	522	477
1 day	1,094	280	296	259	259
2 days	1,249	331	336	302	280
3 days	1,648	476	466	349	357
4 days	1,427	386	405	354	282
5 days	2,305	680	671	513	441
6 days	1,568	433	462	367	306
7 days	3,613	1,305	984	770	554
Total N =					
30,736					

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