

Oregon Youth Risk Behavior Survey (YRBS) 1997 Middle School

Question 57. On how many of the past 7 days did you exercise or play sports, such as basketball, soccer, running, swimming laps, tennis, or fast bicycling?

Unweighted Column Percents

	6th	7th	8th
Total			
0 days	5.5	6.0	6.7
1 day	6.0	6.0	5.8
2 days	8.2	7.5	7.8
3 days	10.7	8.9	9.8
4 days	10.2	10.0	10.9
5 days	13.6	13.4	14.2
6 days	6.8	8.1	8.7
7 days	39.2	40.0	35.9
Female			
Total			
0 days	7.0	6.6	7.9
1 day	7.0	6.6	6.6
2 days	8.6	8.4	9.4
3 days	10.8	9.7	11.9
4 days	10.3	12.6	12.5
5 days	15.7	14.3	15.7
6 days	7.0	9.2	9.4
7 days	33.6	32.5	26.5
Male			
Total			
0 days	3.7	5.4	5.5
1 day	4.8	5.3	5.1
2 days	7.6	6.6	6.2
3 days	10.4	8.1	7.7
4 days	10.1	7.5	9.3
5 days	11.5	12.5	12.7
6 days	6.5	7.1	8.1
7 days	45.3	47.5	45.2

Total N =
9,485

Unweighted Frequencies

	6th	7th	8th
Total			
0 days	85	214	296
1 day	93	214	257
2 days	127	268	345
3 days	166	318	432
4 days	158	358	481
5 days	212	479	624
6 days	105	290	384

7 days	609	1,427	1,579
Female			
Total			
0 days	56	117	174
1 day	56	117	144
2 days	69	150	207
3 days	86	173	261
4 days	82	225	275
5 days	125	255	344
6 days	56	163	206
7 days	268	579	581
Male			
Total			
0 days	28	96	121
1 day	36	94	113
2 days	57	117	137
3 days	78	143	170
4 days	76	133	205
5 days	86	222	279
6 days	49	125	178
7 days	339	841	993

Total N =
9,485