



# 2012

## Oregon Student Wellness Survey

2012 Oregon Student Wellness Survey

Oregon Health Authority, Addictions and Mental Health Division

Conducted by International Survey Associates dba Pride Surveys



# Contents

<b>1 INTRODUCTION</b>	<b>9</b>
1.1 Participants by Gender	10
1.2 Race and Ethnicity	10
1.3 Language Used at Home	10
<b>2 SCHOOL CLIMATE</b>	<b>11</b>
2.1 Supportive Atmosphere	11
2.2 Attachment to School	13
2.3 Opportunities for Participation	15
2.4 Safe Environment	17
2.5 Serious Problem Behaviors	22
<b>3 POSITIVE YOUTH DEVELOPMENT</b>	<b>24</b>
3.1 PYD Benchmark	24
3.2 General Health	24
3.3 Competence, Confidence, Support and Service	24
<b>4 MENTAL AND EMOTIONAL HEALTH</b>	<b>28</b>
4.1 Psychological Distress	28
4.2 Depression and Suicide Ideation	29
<b>5 PROBLEM GAMBLING</b>	<b>31</b>
5.1 Types of Gambling in the Past 30 Days	31
5.2 Risk of Problem Gambling	32
5.3 Communication about the Risks of Gambling	32
<b>6 SUBSTANCE USE</b>	<b>37</b>
6.1 Abstinence from Substance Use	37
6.2 Substance Use in the Past 30 Days	37
6.3 Norms About Alcohol Use	41
6.4 Factors Associated with Initiation of Substance Use	42
6.5 Availability	42
6.6 Parental Attitude toward Substance Use	42
6.7 Student Attitude toward Substance Use	43
6.8 Perceived Risk of Harm	43
6.9 Communication about Substance Use	44
<b>7 DRUG FREE COMMUNITIES CORE MEASURES</b>	<b>45</b>
7.1 30 Day Use	45
7.2 Perception of Moderate or Great Risk	46
7.3 Parents Feel It Would Be Wrong or Very Wrong	46
7.4 Average Age (in years) of Onset	46
<b>8 HEIGHT, WEIGHT &amp; BODY MASS INDEX (BMI)</b>	<b>47</b>

<b>A FREQUENCY DISTRIBUTION TABLES</b>	<b>49</b>
A.1 Frequency Distribution Tables	49
A.1.1 Demographics	49
A.1.2 Transitions and Mobility	51
A.2 School Climate	51
A.2.1 Academic Performance	51
A.2.2 School Commitment	52
A.2.3 Safe School Environment	55
A.2.4 Harassment and Bullying	57
A.3 Social, Emotional and Mental Health	60
A.3.1 Positive Youth Development	60
A.3.2 Mental Health Inventory	62
A.3.3 Depression and Suicidality	63
A.3.4 Problem Gambling	64
A.4 Substance Use	66
A.4.1 Tobacco Use	66
A.4.2 Alcohol Use	68
A.4.3 Marijuana Use	74
A.4.4 Other Drug Use	75
A.4.5 Lifetime Drug Use	77
A.4.6 Availability of Alcohol, Tobacco and Drugs	79
A.4.7 Perceived Risk of Harm from Substance Use	80
A.4.8 Communication about Substance Use	83
A.5 Parenting and Parental Attitudes	84
A.5.1 Family Management	84
A.5.2 Parental Attitudes towards Substance Use	85
A.6 Height and Weight	86
A.6.1 BMI and Weight	86
<b>B SWS QUESTIONNAIRES</b>	<b>88</b>

## List of Tables

1	Participants by Gender	10
2	Race and Ethnicity	10
3	Hispanic or Latino/Latina?	10
4	Language Used at Home	10
5	Supportive Atmosphere	11
6	Attachment to School	13
7	Value School Work	13
8	Accountability to Parents	13
9	Opportunities for Participation	15
10	Safe Environment	17
11	Bullying	17
12	Harassment	18
13	Serious Problem Behaviors on School Property	22
14	Serious Problem Behaviors	22
15	PYD Benchmark	24
16	General Health	24
17	Competence, Confidence, Support and Service	24
18	Psychological Distress	28
19	MHI-5 Questions	28
20	Depression and Suicide Ideation	29
21	Types of Gambling in the Past 30 Days	31
22	Signs of Problem Gambling	32
23	Communication About the Risks of Gambling	32
24	Abstinence from Substance Use	37
25	Substance Use in the Past 30 Days	37
26	Alcohol Use in the Past 30 Days	41
27	Attitudes about Drinking	41
28	Availability	42
29	Parental Attitude toward Substance Use	42
30	Student Attitude toward Substance Use	43
31	Perceived Risk of Harm	43
32	Communication about Substance Use	44
33	30 Day Use	45
34	Perception of Moderate or Great Risk	46
35	Parents Feel It Would Be Wrong or Very Wrong	46
36	Average Age (in years) of Onset	46
37	Average Weight	47
38	Average Height	47
39	BMI Categories	47
40	How do you describe your weight?	47
41	What Are You Trying To Do About Your Weight?	47
42	During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight?	47

43	During the past 30 days, did you take diet pills, powders, or liquids to lose weight or to keep from gaining weight?	48
44	During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?	48
45	How old are you?	49
46	What is your sex?	49
47	Which of the following best describes you?	49
48	In what grade are you?	50
49	What is your race?	50
50	Are you Hispanic or Latino/Latina?	50
51	What is the language you use most often at home?	50
52	Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?	51
53	How many times have you changed homes since kindergarten?	51
54	Putting them all together, what were your grades like last year?	51
55	During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?	52
56	How do you like school?	52
57	How important do you think the things you are learning in school are going to be for your later life?	52
58	How often do you feel that the schoolwork you are assigned is meaningful and important?	52
59	I have lots of chances to be part of class discussions or activities.	53
60	Thinking back over the past school year, how often did you try to do your best work in school?	53
61	There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	53
62	I respect most of my teachers.	53
63	My teachers notice when I am doing a good job and let me know about it.	54
64	I can talk to my teachers openly and freely about my concerns.	54
65	In my school, teachers treat students with respect.	54
66	Most students at my school help each other when they are hurt or upset.	54
67	In my school, students that work hard to get good grades are picked on by other students.	54
68	During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?	55
69	During the past 30 days, on how many days did you carry a gun as a weapon on school property?	55
70	During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property?	55
71	During the past 12 months, how many times were you in a physical fight?	55

72	During the past 12 months, how many times were you in a physical fight on school property? . . . . .	56
73	During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)? . . . . .	56
74	During the past 12 months, how many times have you been suspended from school? . . . . .	56
75	During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property? . . . . .	56
76	During the past 12 months, how many times have you been drunk or high at school? . . . . .	57
77	During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property? . . . . .	57
78	Any harassment in the past 30 days . . . . .	57
79	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin? . . . . .	57
80	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender? . . . . .	58
81	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are? . . . . .	58
82	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)? . . . . .	58
83	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention? . . . . .	58
84	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, chat rooms, instant messaging, Web sites, texting or phone? . . . . .	59
85	In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons? . . . . .	59
86	How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus? . . . . .	59
87	How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus? . . . . .	59
88	How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus? . . . . .	60
89	Positive Youth Development . . . . .	60

90	Would you say that in general your emotional and mental health is... . . . . .	60
91	Would you say that in general your physical health is... . . . . .	61
92	I can do most things if I try. . . . .	61
93	I can work out my problems. . . . .	61
94	I volunteer to help others in my community. . . . .	61
95	There is at least one teacher or other adult in my school that really cares about me. . . . .	61
96	On an average school night, how many hours of sleep do you get? . . . . .	62
97	Mental Health Inventory 5 . . . . .	62
98	During the past 30 days, how many times have you been a happy person? . . . . .	62
99	During the past 30 days, how many times have you been a very nervous person? . . . . .	62
100	During the past 30 days, how many times have you felt calm and peaceful? . . . . .	63
101	During the past 30 days, how many times have you felt downhearted and blue? . . . . .	63
102	During the past 30 days, how many times have you felt so down in the dumps that nothing could cheer you up? . . . . .	63
103	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? . . . . .	63
104	During the past 12 months, did you ever seriously consider attempting suicide? . . . . .	64
105	During the past 12 months, how many times did you actually attempt suicide? . . . . .	64
106	Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days: . . . . .	64
107	During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money? . . . . .	65
108	During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could? . . . . .	65
109	Have you ever lied to anyone about betting/gambling? . . . . .	65
110	Have you ever bet/gambled more than you wanted to? . . . . .	65
111	Have your parents ever talked to you about the risks of betting/gambling? . . . . .	65
112	Have your teachers ever talked to you about the risks of betting/gambling? . . . . .	65
113	During the past 30 days, on how many days did you smoke cigarettes? . . . . .	66
114	During the past 30 days, on how many days did you use other tobacco products? . . . . .	66
115	During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe? . . . . .	66

116	During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.	67
117	Used any tobacco product during the past 30 days	67
118	How old were you when you smoked a whole cigarette for the first time?	67
119	How old were you when you smoked a whole cigarette for the first time?	67
120	How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?	68
121	How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?	68
122	During your life, on how many days have you had at least one drink of alcohol?	68
123	During the past 30 days, on how many days did you have at least one drink of alcohol?	68
124	During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	69
125	During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate)	69
126	During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)	69
127	Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?	69
128	During the past 30 days, what type of alcohol did you usually drink? (Select only one response)	70
129	During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.	70
130	In the last 12 months, which of the following have you experienced? (Mark all that apply)	71
131	During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?	71
132	During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol?	71
133	During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?	72
134	During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?	72

135	During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol?	72
136	During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol?	72
137	How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?	73
138	How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?	73
139	How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?	73
140	How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?	73
141	During the past 30 days, how many times did you use marijuana?	74
142	During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply.	74
143	How old were you when you tried marijuana for the first time?	75
144	How old were you when you tried marijuana for the first time?	75
145	During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?	75
146	During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?	75
147	Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply)	76
148	Any illicit drug use including marijuana, cocaine, ecstasy, herion, hallucinogens or methamphetamines)	76
149	Any illicit drug use including cocaine, ecstasy, herion, hallucinogens or methamphetamines)	76
150	During your life, how many times have you used marijuana?	77
151	During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	77
152	During your life, how many times have you taken steroid pills or shots without a doctor's prescription?	77
153	During your life, how many times have you taken a prescription drug without a doctor's prescription?	77
154	During your life, how many times have you used any form of cocaine, including powder, crack or freebase?	78
155	During your life, how many times have you used ecstasy (also called MDMA)?	78

156	During your life, how many times have you used heroin (also called smack, junk, or China White)?	78
157	During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?	78
158	During your life, how many times have you used a needle to inject any illegal drug into your body?	79
159	Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)	79
160	Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)	79
161	If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	79
162	If you wanted to get some, how easy would it be for you to get some cigarettes?	79
163	If you wanted to get some, how easy would it be for you to get some marijuana?	80
164	If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?	80
165	How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	80
166	How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?	80
167	How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?	81
168	How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?	81
169	How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?	81
170	How wrong do you think it is for someone your age to have one or two drinks of an alcoholic beverage nearly every day?	81
171	How wrong do you think it is for someone your age to smoke one or more packs of cigarettes a day?	82
172	How wrong do you think it is for someone your age to try marijuana or hashish once or twice?	82
173	How wrong do you think it is for someone your age to use marijuana or hashish once a month or more?	82
174	How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?	82
175	During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?	83

176	During the past 12 months, have you had a special class about drugs or alcohol in school?	83
177	During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?	83
178	Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?	83
179	My parents ask if I've gotten my homework done.	84
180	My parents would catch me if I skipped school.	84
181	When I am not at home, one of my parents knows where I am and whom I am with.	84
182	My family has clear rules about alcohol and drug use.	84
183	How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use."	85
184	How wrong do you think your parents feel it would be for you to drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?	85
185	How wrong do you think your parents feel it would be for you to smoke cigarettes?	85
186	How wrong do you think your parents feel it would be for you to smoke marijuana?	85
187	BMI Percentile Ranking	86
188	How do you describe your weight?	86
189	Which of the following are you trying to do about your weight?	86
190	During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?	86
191	During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)	87
192	During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?	87

## List of Figures

1	Supportive Atmosphere . . . . .	12
2	Attachment to School . . . . .	14
3	Opportunities for Participation . . . . .	16
4	Harassment - Grade 6 . . . . .	19
5	Harassment - Grade 8 . . . . .	20
6	Harassment - Grade 11 . . . . .	21
7	Serious Problem Behaviors . . . . .	23
8	Positive Youth Development - Grade 6 . . . . .	25
9	Positive Youth Development - Grade 8 . . . . .	26
10	Positive Youth Development - Grade 11 . . . . .	27
11	Psychological Distress, Depression and Suicide . . . . .	30
12	Gambling - Grade 6 . . . . .	33
13	Gambling - Grade 8 . . . . .	34
14	Gambling - Grade 11 . . . . .	35
15	Signs of Problem Gambling . . . . .	36
16	Alcohol, Tobacco and Other Drug Use - Grade 6 . . . . .	38
17	Alcohol, Tobacco and Other Drug Use - Grade 8 . . . . .	39
18	Alcohol, Tobacco and Other Drug Use - Grade 11 . . . . .	40



# 1 INTRODUCTION

This is a report of key findings from the *Oregon Student Wellness Survey*, a survey of 6th, 8th and 11th grade youth, conducted in the spring of 2012. The *Oregon Student Wellness Survey* is an anonymous and voluntary survey sponsored by the Oregon Department of Human Services (DHS) in collaboration with the Oregon Department of Education. DHS contracted with International Survey Associates to recruit schools, administer the survey and report survey results. The survey was available free of charge to all Oregon schools that chose to participate including public, charter and private. Schools that agreed to participate in the *Oregon Student Wellness Survey* were given the option of administering the survey either online over the Internet or by paper and pencil with the schools determining which method would be best for their particular circumstances.

The *Oregon Student Wellness Survey* was designed to assess a wide range of topics that included school climate, positive youth development, mental health, physical health, substance use, problem gambling, fighting and other problem behaviors.

*Oregon Student Wellness Survey* results are used by schools, state and local agencies, organizations and communities to assess and monitor the health and well being of Oregon youth and the environments in which they live. *Oregon Student Wellness Survey* data can serve as a valuable tool for program planning, implementation, and evaluation. The data are essential information for communications with legislators and the public, and communities and local agencies will find the data improves their ability to procure funding by providing the baseline data needed for grant writing. In these ways, schools, communities and policy makers will find themselves poised to make effective decisions about health related policies, services, programs and educational activities.

The *Oregon Student Wellness Survey* was designed as a split survey. The 6th and 8th grade version of the survey consisted of a subset of the questions found on the 11th grade versions. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version appear in this report as missing.

The initial dataset for the *Oregon Student Wellness Survey* consisted of 65,659 surveys collected from 33 counties, 115 public school districts, and 422 schools. The filtering process removed records that had invalid grade values, reported ages that were out of sync with the reported grade levels, unrealistically high levels of use for illicit drugs or bad behavior and inconsistent responses to lifetime vs past 30 day use for illicit drugs. The final dataset consisted of 56,244 surveys (before weighting). It is important to note that all of the tables and graphs in this report are based on *weighted* data. For weighted data, frequency counts for a particular variable are based on a rounded sum of the weights rather than on the distribution

of values. This has the effect that frequency counts for each variable can vary slightly depending on the results of the rounding. For instance, the total n-size for the final weighted data set is 56,244. If you look at Table 1, the breakdown of sex by grade level, and sum across the TOTAL line, due to the rounding that occurs you will get a figure of 55,611. This is normal and to be expected when dealing with weighted data.

This report is divided into topic specific sections. Each section provides a brief overview of the topic, followed by summary data tables that include results for all three grades. State data was weighted in a manner similar to the Oregon Healthy Teen Survey to allow for comparative results on questions that both surveys have in common. The primary weighting factor was based on enrollment numbers.

Your questions, concerns and comments are invited. For more information about the theory behind the content of the *Oregon Student Wellness Survey* or how to use survey results for prevention planning, contact:

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## 1.1 Participants by Gender

Table 1: Participants by Gender

	Grade 6 State	Grade 8 State	Grade 11 State
Female	9,385	10,656	7,457
Male	9,373	10,577	7,823
NA*	127	135	78
TOTAL	18,885	21,368	15,358

\* NA - No Answer

## 1.2 Race and Ethnicity

Schools throughout Oregon vary considerably in the racial and ethnic composition of their students. The *Oregon Student Wellness Survey* asks one question about race and another about Hispanic or Latino ethnicity.

The table below shows the percentage of students that self-identified as...

Table 2: Race and Ethnicity

	Grade 6 State	Grade 8 State	Grade 11 State
American Indian or Alaska Native	4.9	3.2	2.5
Asian	6.6	6.4	5.1
Black or African American	3.7	3.1	2.8
Native or Other Pacific Islander	4.0	3.5	2.6
White	69.5	72.2	78.2
Multiracial	11.3	11.6	8.7

Percentages exclude missing answers.

The table below shows the student responses to the question "Are you Hispanic or Latino/Latina?"

Table 3: Hispanic or Latino/Latina?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	22.8	21.1	18.6
No	77.2	78.9	81.4

Percentages exclude missing answers.

## 1.3 Language Used at Home

Students were asked what language they used most often at home.

Table 4: Language Used at Home

	Grade 6 State	Grade 8 State	Grade 11 State
English	84.0	85.9	87.9
Russian	1.0	1.2	0.9
Spanish	11.0	8.3	7.6
Vietnamese	1.2	1.4	0.5
A tribal language	0.2	0.4	0.4
Another language	2.6	2.8	2.6

Percentages exclude missing answers.

## 2 SCHOOL CLIMATE

School climate is an important issue to parents, administrators and the community. The environment within a school directly impacts students' academic, social, emotional and mental states. Respectful, supportive relationships among students, teachers and parents are fundamental. When students have opportunities to collaborate and share a sense of purpose and ideals, students, faculty and staff look forward to school. When students are attached to school and to teachers and prosocial peers, they are more likely to behave in prosocial ways themselves, and to avoid engaging in high-risk behaviors.

There is strong evidence that the learning environment influences student attachment to school. Classroom and school interventions that make the learning environment safer, more caring, better managed and highly participatory and that enhance students' social competence have been shown to increase student attachment to school. A comprehensive assessment of school climate involves input from students, faculty and staff on a wide range of topics. The data collected with the *Oregon Student Wellness Survey* deals exclusively with the student perception aspect of school climate. It provides an assessment of whether students feel they belong, are valued and physically and emotionally safe at school.

### 2.1 Supportive Atmosphere

In supportive atmospheres students feel more comfortable approaching and interacting with teachers and peers, thereby strengthening their relationships.

The table below reports the percentage of students that agree with the following statements.

Table 5: Supportive Atmosphere

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
My teachers notice when I am doing a good job and let me know about it.	80.6	68.1	67.3
I can talk to my teachers openly and freely about my concerns.	69.1	56.3	60.8
In my school, teachers treat students with respect.	87.1	77.0	79.3
Most students at my school help each other when they are hurt or upset.	76.5	65.0	62.8
In my school, students that work hard to get good grades are picked on by other students.	34.0	30.3	21.3

*Percentages exclude missing answers.*

Supportive Atmosphere  
2012 Oregon Student Wellness Survey

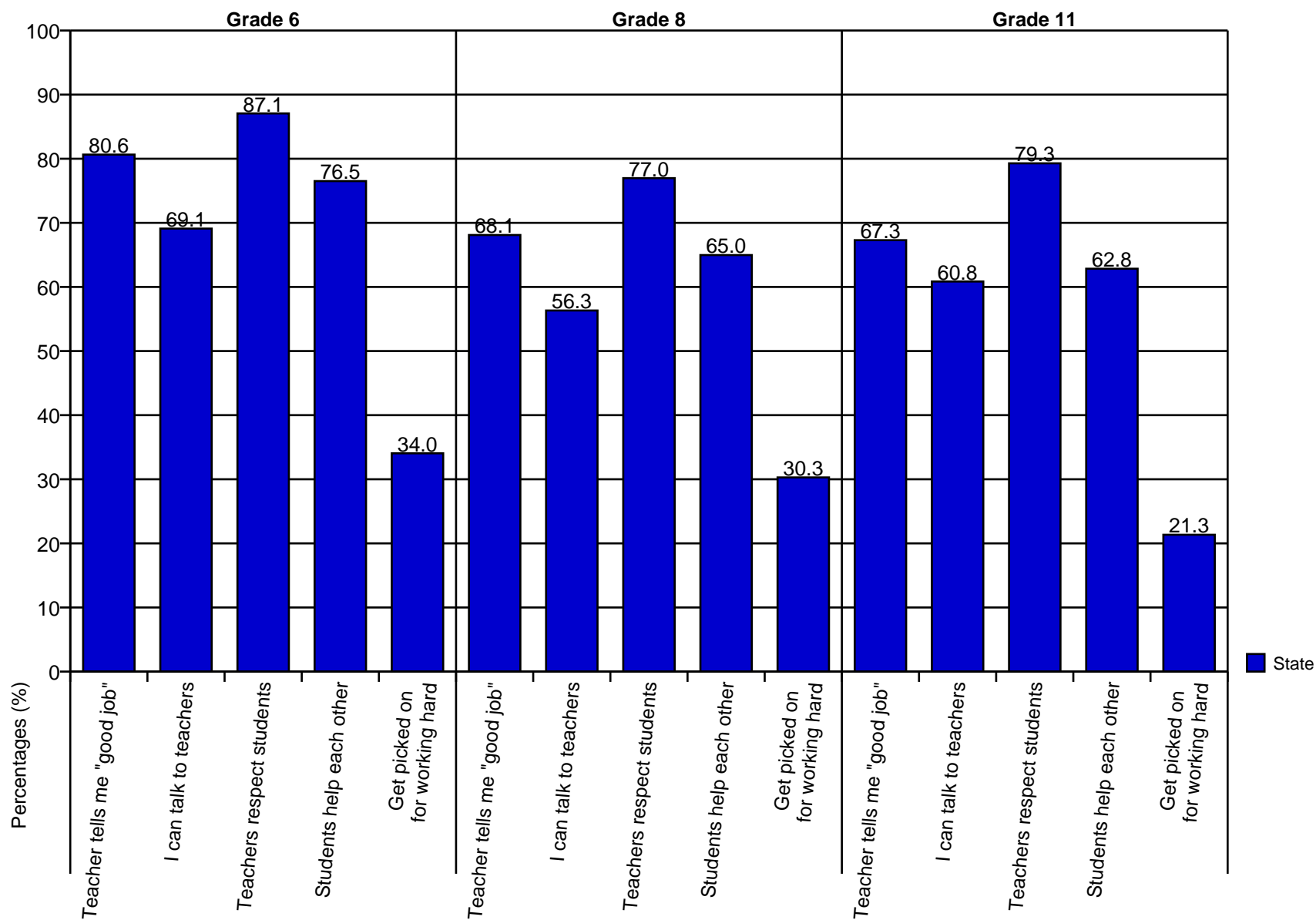


Figure 1: Supportive Atmosphere

## 2.2 Attachment to School

Students who like school, feel their assignments are important, and that what they are learning in school will be valuable to them later in life, are better prepared to make successful transitions after graduation. Young people who do not feel a part of society, are not bound by rules, don't believe in trying to be successful or responsible are at high risk of academic failure and developing mental, emotional or behavioral disorders.

Table 6: Attachment to School

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
I like school	62.9	48.9	45.7
I did not skip school in the last four weeks	75.9	76.7	69.9
I respect my teachers	93.6	86.8	90.2

*Percentages exclude missing answers.*

This table show the percentage of students that say...

Table 7: Value School Work

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
I feel that schoolwork is meaningful and important	66.6	46.4	28.5
I tried to do my best work in school over the past year	87.8	76.5	66.0
I think the things I am learning in school are going to be important later in life	83.1	66.0	50.1

*Percentages exclude missing answers.*

Table 8: Accountability to Parents

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
My parents ask if I've gotten my homework done.	91.7	83.6	73.0
My parents would catch me if I skipped school.	90.3	83.7	69.0
When I am not at home, one of my parents knows where I am and whom I am with.	91.2	86.6	79.6

*Percentages exclude missing answers.*

Attachment to School  
2012 Oregon Student Wellness Survey

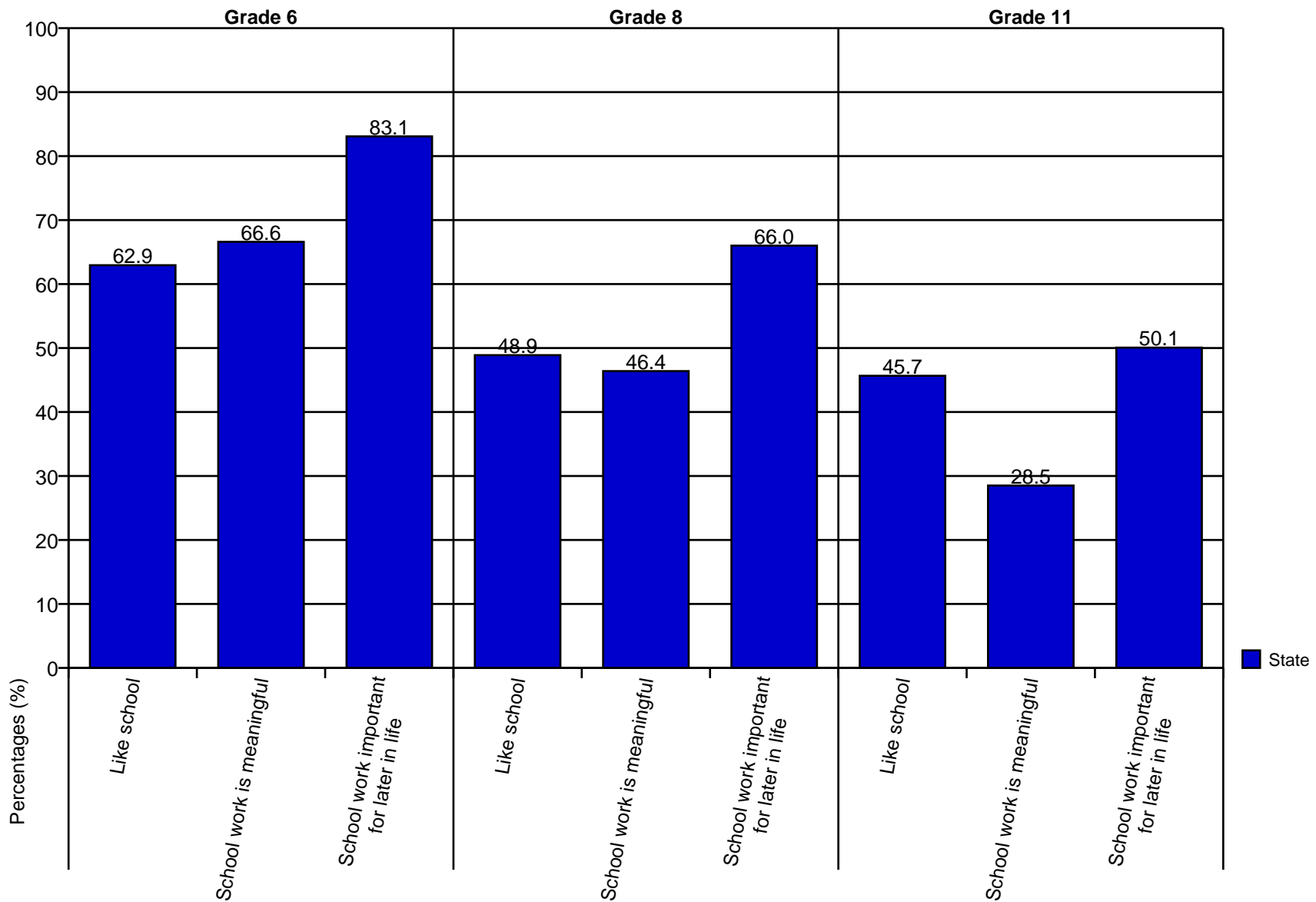


Figure 2: Attachment to School

## 2.3 Opportunities for Participation

When young people are given many opportunities to participate meaningfully in school activities that are important to them, they are less likely to engage in problem behaviors. When opportunities are available for positive participation outside of class, children are less likely to engage in substance use, and other problem behaviors.

The table below shows the percentage of students that agree with the following statements about their school.

Table 9: Opportunities for Participation

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
I have lots of chances to be part of class discussions or activities.	90.5	88.1	89.3
There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	88.1	84.5	90.3

*Percentages exclude missing answers.*

Opportunities for Participation  
2012 Oregon Student Wellness Survey

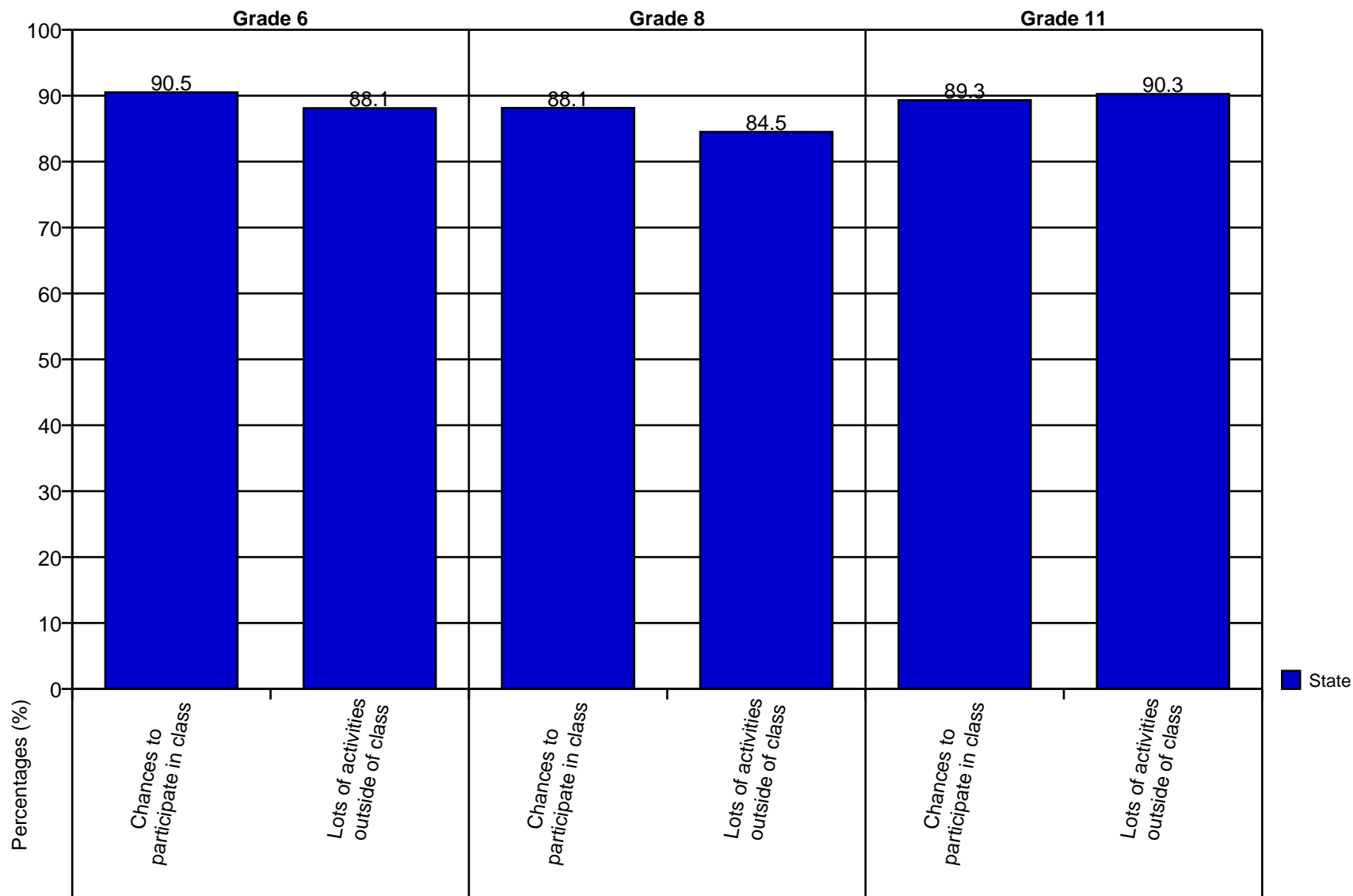


Figure 3: Opportunities for Participation



## 2.4 Safe Environment

Students who are harassed, feel unsafe or otherwise victimized are more likely to cut classes, skip school, feel depressed or become involved in problem behaviors. Comprehensive discipline, positive behavior support and anti-bullying programs in schools have been shown to reduce the incidence of harassment.

Table 10: Safe Environment

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Did not go to school one or more times in the past 30 days because you felt unsafe at school or on your way to or from school	8.3	7.0	4.1

*Percentages exclude missing answers.*

The following table shows the percentage of students that witnessed another student being harassed in school or on the school bus in the past year.

Table 11: Bullying

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?	74.5	80.7	77.1
Seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?	58.5	65.3	55.7
Heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	69.7	76.8	76.6

*Percentages exclude missing answers.*

This table shows the percentage of students that have been harassed during the past 30 days. Students were asked to indicate whether they were harassed at school or on the way to or from school for any of the following reasons.

Table 12: Harassment

	<b>Grade 6</b>	<b>Grade 8</b>	<b>Grade 11</b>
	State	State	State
Your race or ethnic origin	11.4	13.2	10.8
Someone said your were gay, lesbian, bisexual and transgender	16.0	13.7	8.1
Your group of friends	21.4	22.7	16.1
Your weight, clothes, acne or other physical characteristics	28.6	30.2	21.2
Unwanted sexual comments or attention	8.2	12.1	11.4
E-mail, chat rooms, IM, Web sites, texting or phone	12.5	15.4	11.9
For other reasons.	23.1	23.9	16.2
Any harassment in the past 30 days	50.6	51.4	39.6

*Percentages exclude missing answers.*

Harassment - Grade 6  
2012 Oregon Student Wellness Survey

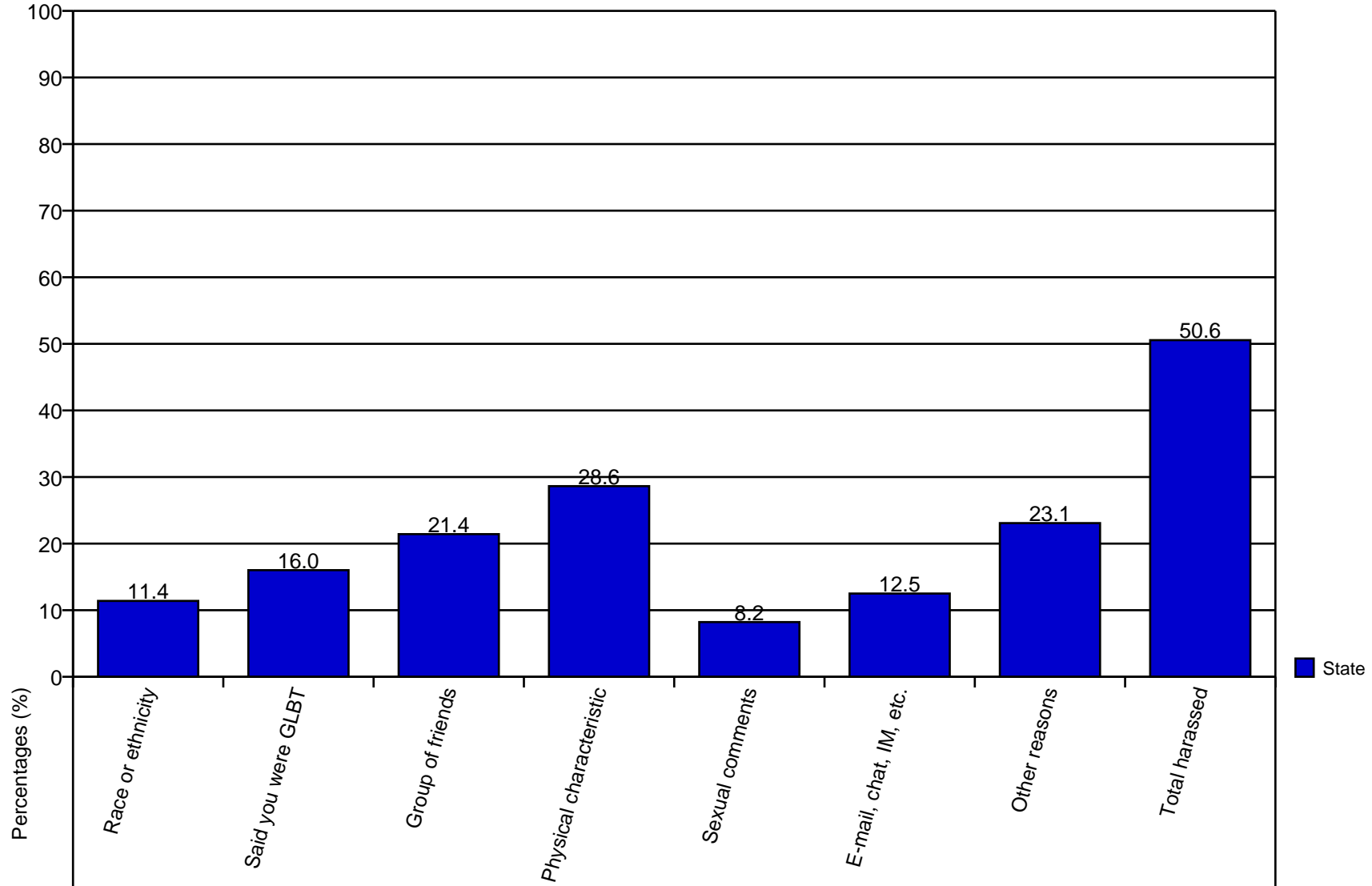


Figure 4: Harassment - Grade 6

Harassment - Grade 8  
2012 Oregon Student Wellness Survey

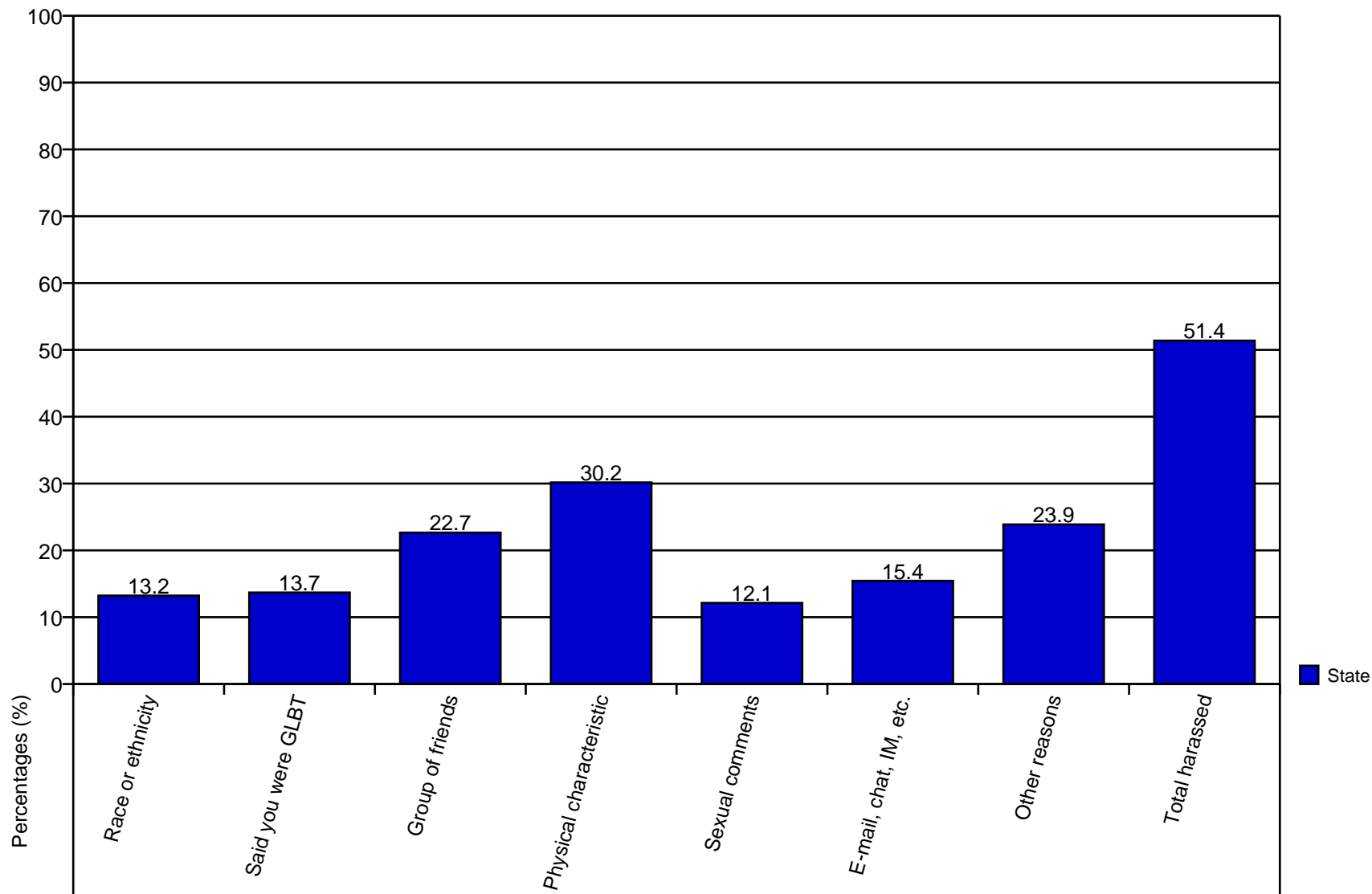


Figure 5: Harassment - Grade 8

Harassment - Grade 11  
2012 Oregon Student Wellness Survey

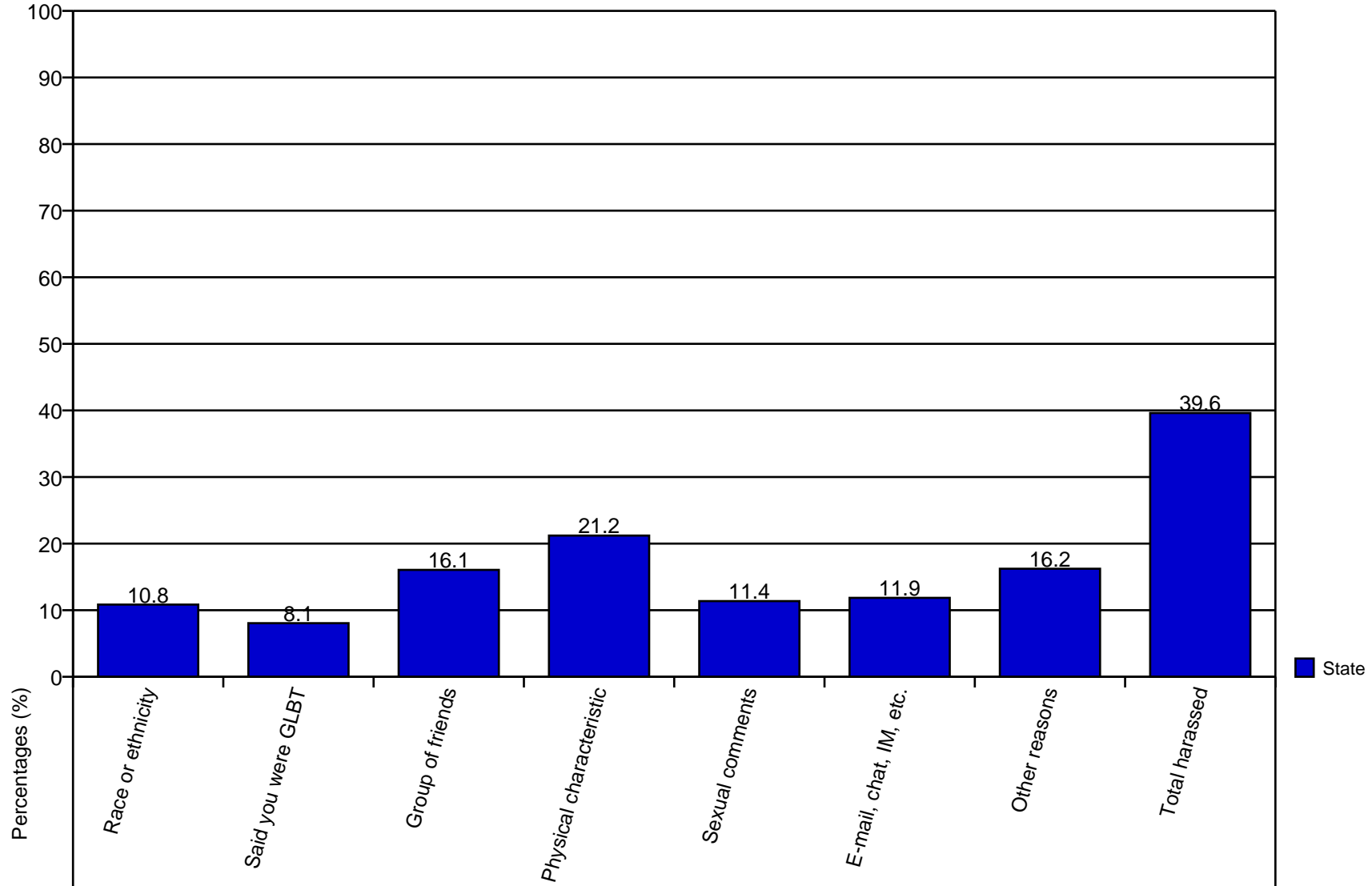


Figure 6: Harassment - Grade 11

## 2.5 Serious Problem Behaviors

Schools are one of the safest places for our children. This does not mean that they are free of serious problem behaviors.

This table shows the prevalence of other serious problem behaviors reported to have occurred in the past 12 months at school.

Table 13: Serious Problem Behaviors on School Property

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Someone has offered, sold or given you an illegal drug at school	3.3	11.9	22.4
Were in a physical fight on school property	15.1	15.1	6.6
Been threatened with a weapon on school property	9.6	10.0	6.7
Took a weapon other than a gun to school	3.1	5.1	7.3
Took a gun to school	0.7	1.4	1.5
Have a gun/weapon on school property	3.3	5.3	7.5

*Percentages exclude missing answers.*

This table shows problem behaviors that took place in the past 12 months, but they may take place anywhere, not necessarily on school property.

Table 14: Serious Problem Behaviors

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
In a physical fight	28.8	28.7	18.3
Bullied someone physically or verbally	22.2	29.1	19.9

*Percentages exclude missing answers.*

**Serious Problem Behaviors**  
2012 Oregon Student Wellness Survey

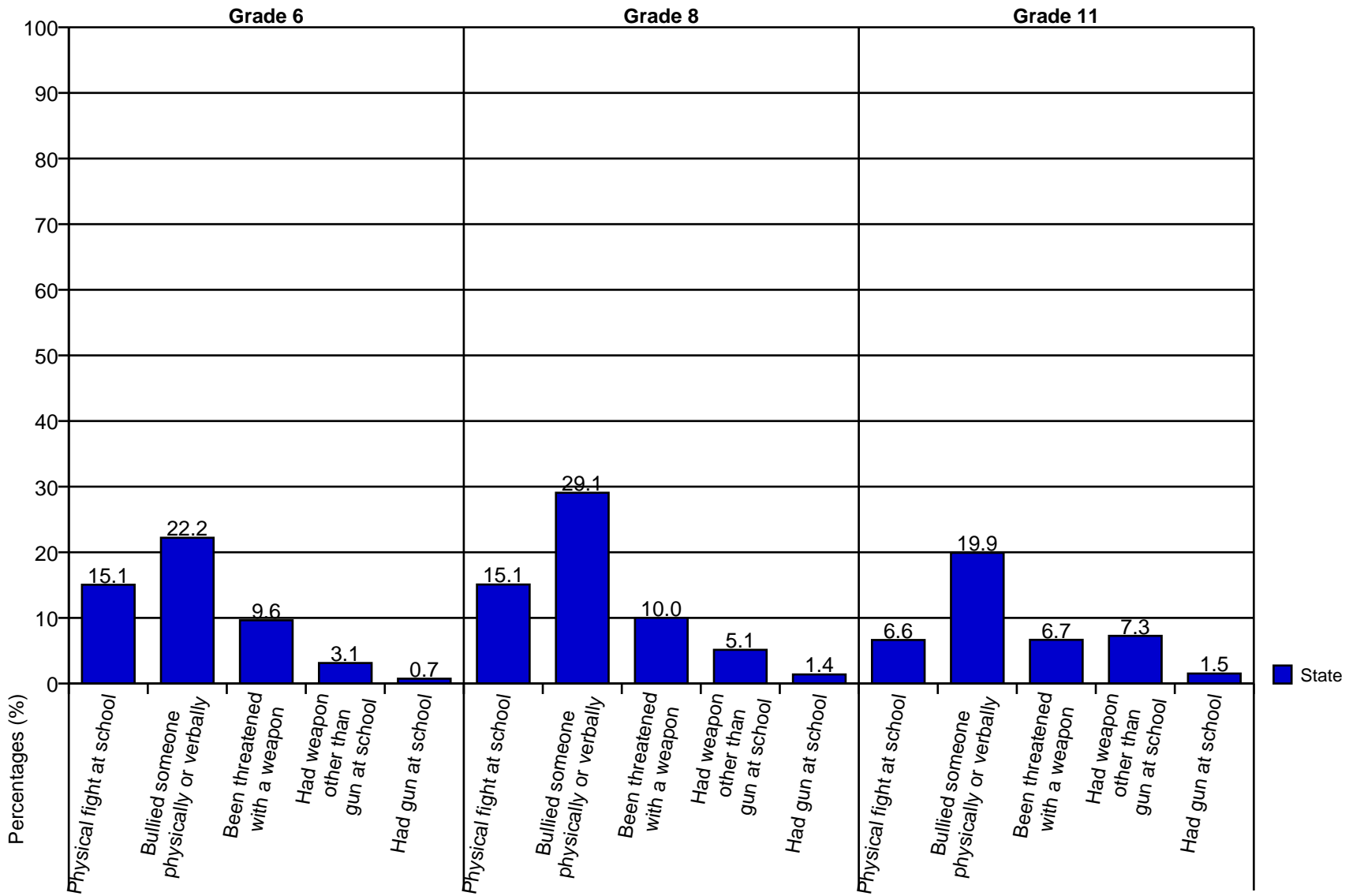


Figure 7: Serious Problem Behaviors

### 3 POSITIVE YOUTH DEVELOPMENT

In 2006, a statewide benchmark of positive youth development (PYD) was established for 8th and 11th graders. High levels of positive youth development are strongly associated with healthy behaviors and student success. The benchmark looks at six components: emotional and mental health, physical health, feelings of competence, self-confidence, support of a caring adult in school, and service to the community.

#### 3.1 PYD Benchmark

Students that answer at least five of the six PYD questions in a positive manner are considered to have strong positive youth development.

Table 15: PYD Benchmark

	Grade 6 State	Grade 8 State	Grade 11 State
Strong positive youth development	69.1	59.9	65.6
Weak positive youth development	30.9	40.1	34.4

#### 3.2 General Health

Two questions are asked as an assessment of student health.

Table 16: General Health

	Grade 6 State	Grade 8 State	Grade 11 State
Good to excellent physical health	94.1	91.6	88.4
Good to excellent emotional and mental health	93.1	87.8	86.2

#### 3.3 Competence, Confidence, Support and Service

The following table reports the percentage of students that indicated the statement is "pretty much true" or "very much true."

Table 17: Competence, Confidence, Support and Service

	Grade 6 State	Grade 8 State	Grade 11 State
I can work out my problems.	84.9	83.4	89.1
I can do most things if I try.	77.1	82.7	89.6
There is at least one teacher or other adult in my school that really cares about me.	75.0	64.4	69.4
I volunteer to help others in my community.	61.9	50.0	55.6



Positive Youth Development - Grade 6  
2012 Oregon Student Wellness Survey

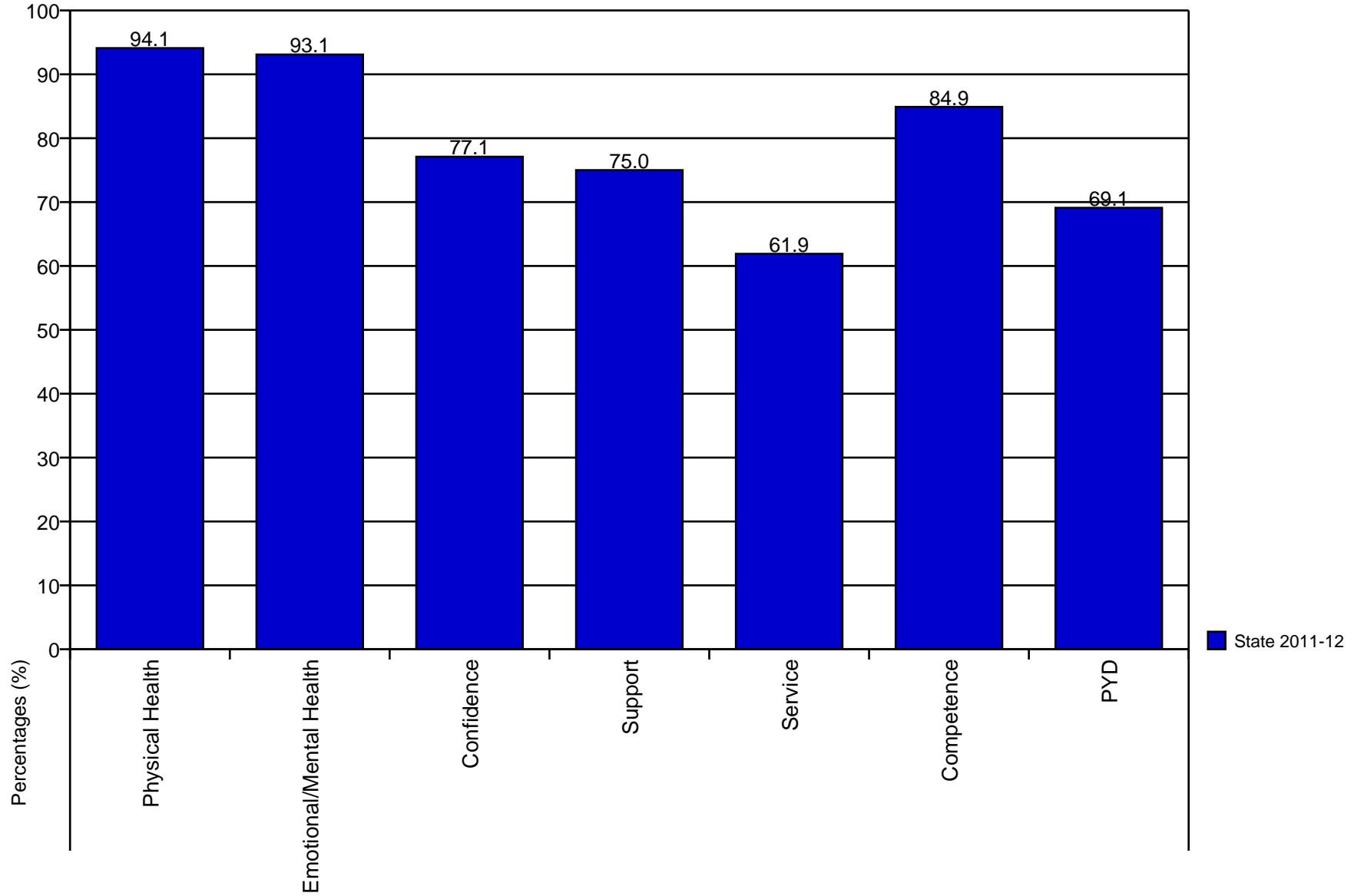


Figure 8: Positive Youth Development - Grade 6

Positive Youth Development - Grade 8  
2012 Oregon Student Wellness Survey

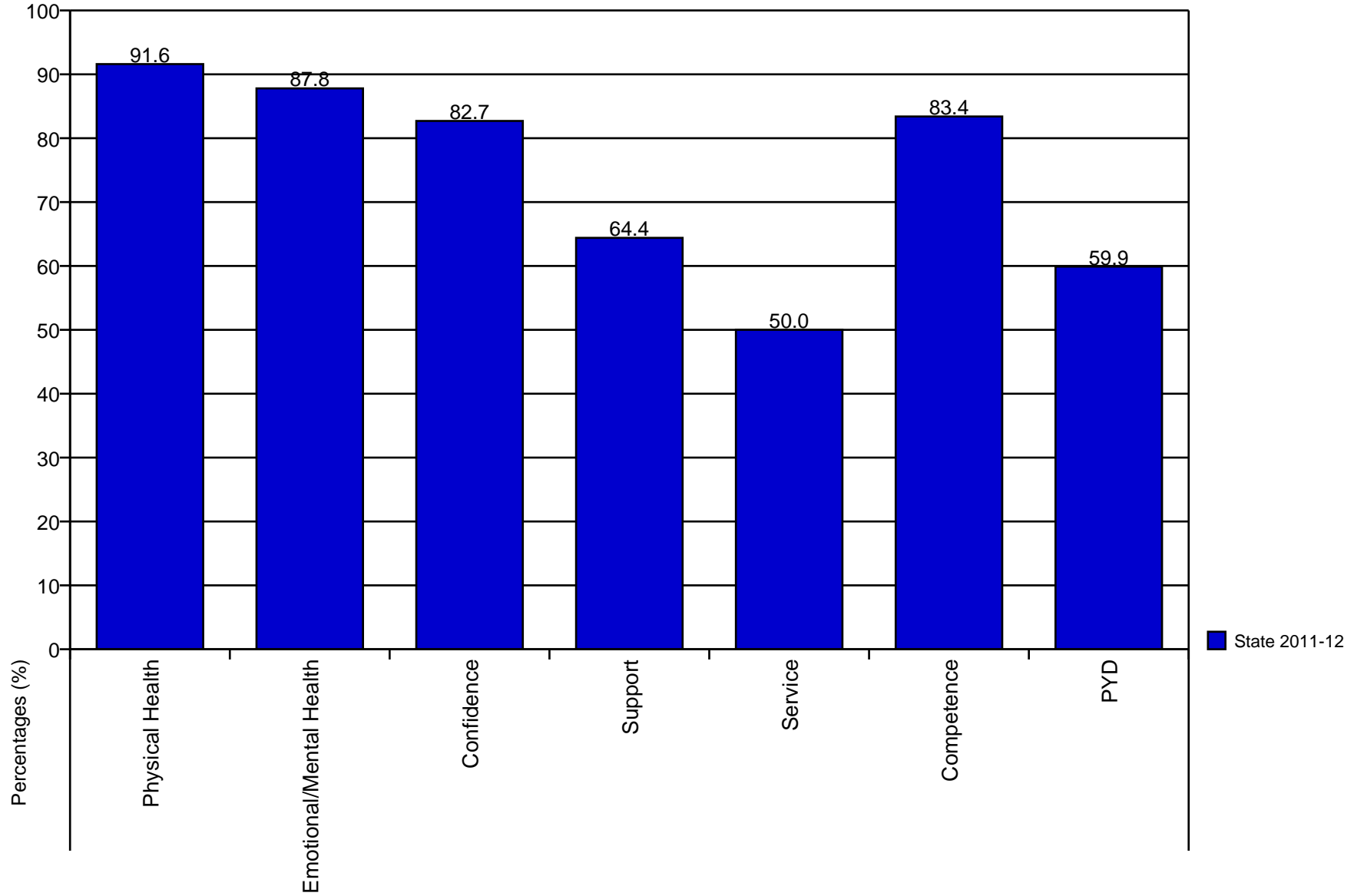


Figure 9: Positive Youth Development - Grade 8

Positive Youth Development - Grade 11  
2012 Oregon Student Wellness Survey

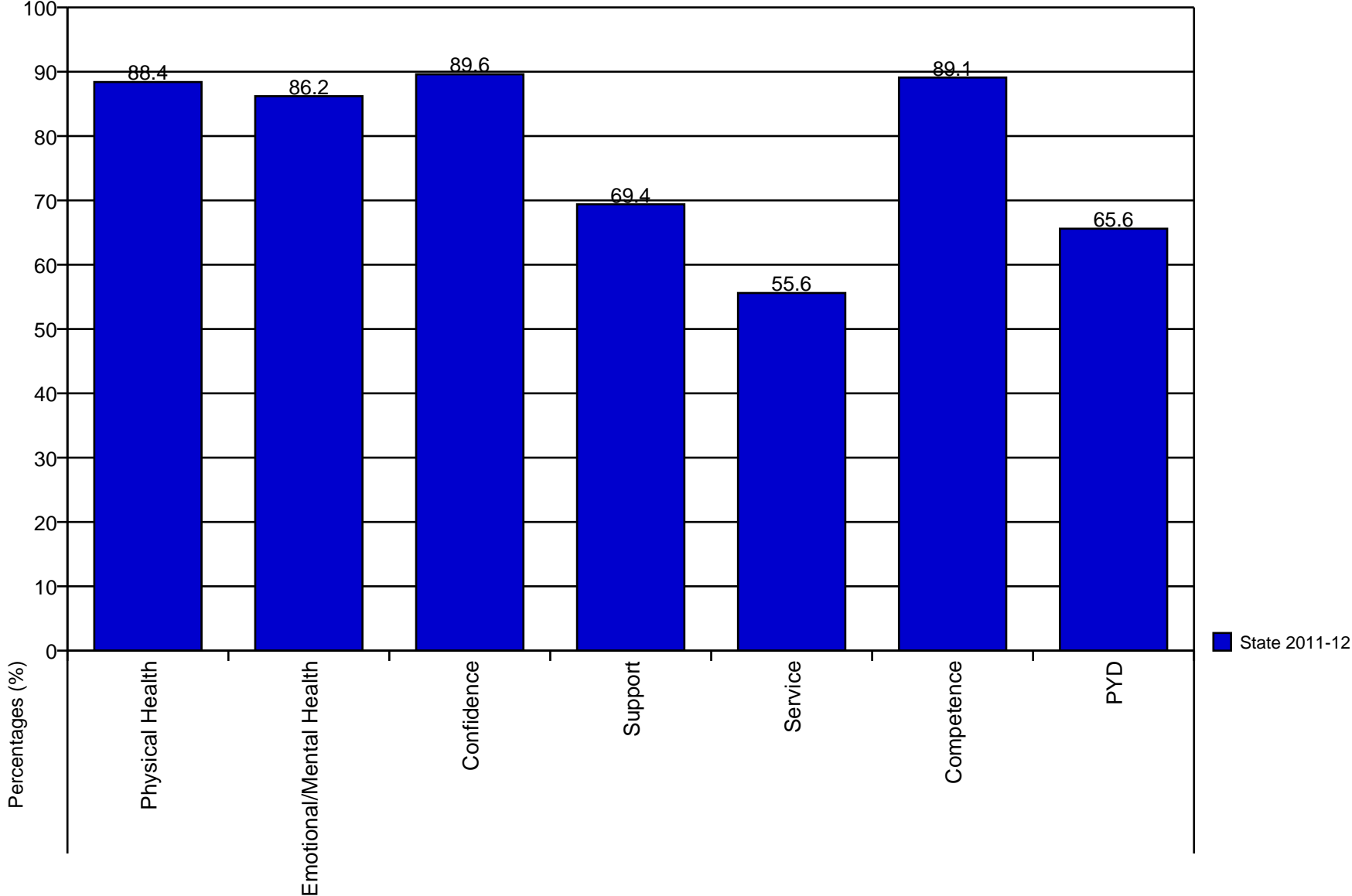


Figure 10: Positive Youth Development - Grade 11

## 4 MENTAL AND EMOTIONAL HEALTH

Good mental and emotional health makes it easier for youth to establish constructive interpersonal relationships, succeed in school and make a successful transition into the workforce. Depression and psychological distress can interfere with the development of positive teacher and peer relationships. Youth with depression or high levels of psychological distress may find it difficult to focus on academics. They are more likely to smoke, drink alcohol or use other drugs and they are at increased risk of suicide.

The *Oregon Student Wellness Survey* asks questions about emotional and mental health, depression, suicide thoughts and suicide attempts. The survey also asks a series of five questions known as the Mental Health Inventory (MHI-5). When responses for all five are considered together, the result is an estimate of the level of psychological distress that youth are experiencing. MHI-5 scores range from five to 30. Scores of 21 or higher are an indication that youth may be experiencing a mental health concern that requires further assessment.

### 4.1 Psychological Distress

This table shows the percentage of students with high levels of psychological distress during the past 30 days based on an MHI-5 score of 21 or higher.

Table 18: Psychological Distress

	Grade 6 State	Grade 8 State	Grade 11 State
Below MHI-5 cutoff	94.1	91.6	91.7
At or above MHI-5 cutoff	5.9	8.4	8.3

The following table contains data on each of the five Mental Health Inventory questions. This series of questions asks about how the student was feeling during the past 30 days. The table reports the percentage of students that indicated "a good bit of the time," "most of the time", or "all of the time."

Table 19: MHI-5 Questions

	Grade 6 State	Grade 8 State	Grade 11 State
Been a happy person?	84.0	78.3	77.3
Felt calm and peaceful?	69.7	62.4	60.3
Been a very nervous person?	24.7	23.5	26.5
Felt downhearted and blue?	18.6	21.3	21.8
Felt so down in the dumps that nothing could cheer you up?	14.0	14.7	13.1

## 4.2 Depression and Suicide Ideation

Suicide is the second leading cause of death among Oregon youth aged 10-24. Depression is the most common underlying cause of suicide. The following table reports the percentage of students that had signs of depression, thoughts about suicide, or actually attempted suicide during the last 12 months.

Table 20: Depression and Suicide Ideation

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	19.3	22.7	27.9
Did you ever seriously consider attempting suicide?	9.0	15.8	15.1
Actually attempted suicide?	5.2	8.0	6.0

Psychological Distress, Depression and Suicide  
2012 Oregon Student Wellness Survey

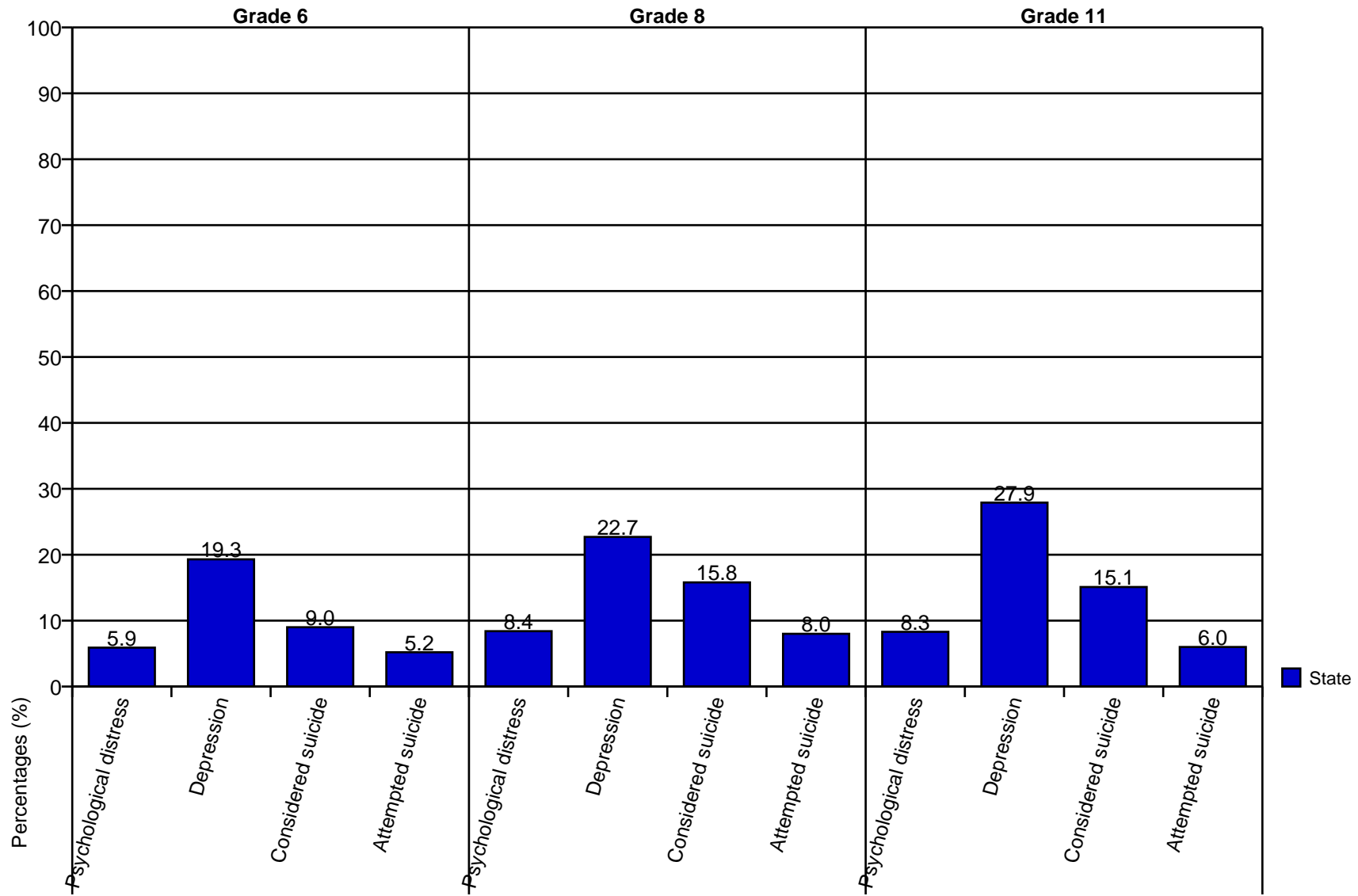


Figure 11: Psychological Distress, Depression and Suicide

## 5 PROBLEM GAMBLING

Students today are increasingly being exposed to gambling opportunities - on the Internet, in the community, at home and even at church - so it's no surprise that problems associated with gambling are being seen in youth. It's generally not perceived nor treated as risky, yet research shows that youth who gamble are much more likely to engage in other risky behaviors such as drinking, smoking and using drugs and some of them will go on to develop serious gambling problems.

The adolescent brain is developmentally inclined towards risk, minimal consideration of consequences, preference for stimulation and novelty, all of which gambling offers in abundance.

The *Oregon Student Wellness Survey* asks a series of questions that address and measure various gambling activities. Students were asked questions regarding the types of gambling they participated in, their feelings about being involved in gambling and the degree to which parents and teachers have communicated to the students the risks involved in engaging in this particular activity.

Gambling can be addictive, yet most youth and parents treat it as harmless entertainment. The following tables and charts contain data on gambling questions. These percentages are provided by grade level and statewide data are included for comparison purposes. For more information on youth gambling in Oregon, including more data and educational resources, go to [www.problemgamblingprevention.org](http://www.problemgamblingprevention.org)

### 5.1 Types of Gambling in the Past 30 Days

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event. The following table shows the percentage of students that participated in these types of gambling in the last 30 days.

Table 21: Types of Gambling in the Past 30 Days

	Grade 6 State	Grade 8 State	Grade 11 State
I did not gamble during the last 30 days.	66.8	63.1	65.7
Playing lottery ticket/Powerball/Megabucks	4.1	5.9	5.9
Playing dice or coin flips.	10.7	11.0	6.5
Playing cards (poker, etc.).	9.1	12.8	11.5
Betting on a sports team.	12.3	16.6	14.2
Betting on games of personal skill (bowling, video games, dares, etc.).	14.1	18.2	15.1
Gambling on the Internet for free or with money.	2.3	4.0	3.9
Playing Bingo for money.	3.9	3.8	2.1
Other.	10.9	14.0	10.0

*Percentages exclude missing answers.*

## 5.2 Risk of Problem Gambling

Most youth don't have large sums of money to spend on gambling, so this measure must be looked at within that context. The fact that youth are spending any money on a potentially addictive behavior is of concern, and some youth spend significant amounts on it. Even those who spend a small amount of money are still "spending" time and attention on gambling at the expense of other activities and responsibilities. By the time they get into college, where problem gambling rates are among the highest and the average college student gets 25 credit card solicitations a year, some youth have developed seemingly innocent gambling habits that will cost them dearly.

The following table shows the percentage of 11th grade students that reported the following signs of problem gambling in the last 12 months. The last two questions (lied about/bet more) are based on a valid and reliable problem gambling screening instrument which has been used for many years; saying yes to either of these is highly correlated to a potential gambling problem and indicates a need for further assessment by a trained counselor.

Table 22: Signs of Problem Gambling

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Felt bad about the amount you bet, or about what happens when you bet money	3.4	2.9	2.4
Felt that you would like to stop betting money but didn't think you could	3.1	2.0	1.3
Lied to anyone about betting/gambling	4.5	5.4	3.9
Bet/gambled more than you wanted to	4.1	5.4	5.1

## 5.3 Communication about the Risks of Gambling

Table 23: Communication About the Risks of Gambling

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Parents have talked to you about the risks of betting/gambling	50.9	46.3	35.6
Teachers have talked to you about the risks of betting/gambling	21.2	22.3	18.7



Gambling - Grade 6  
2012 Oregon Student Wellness Survey

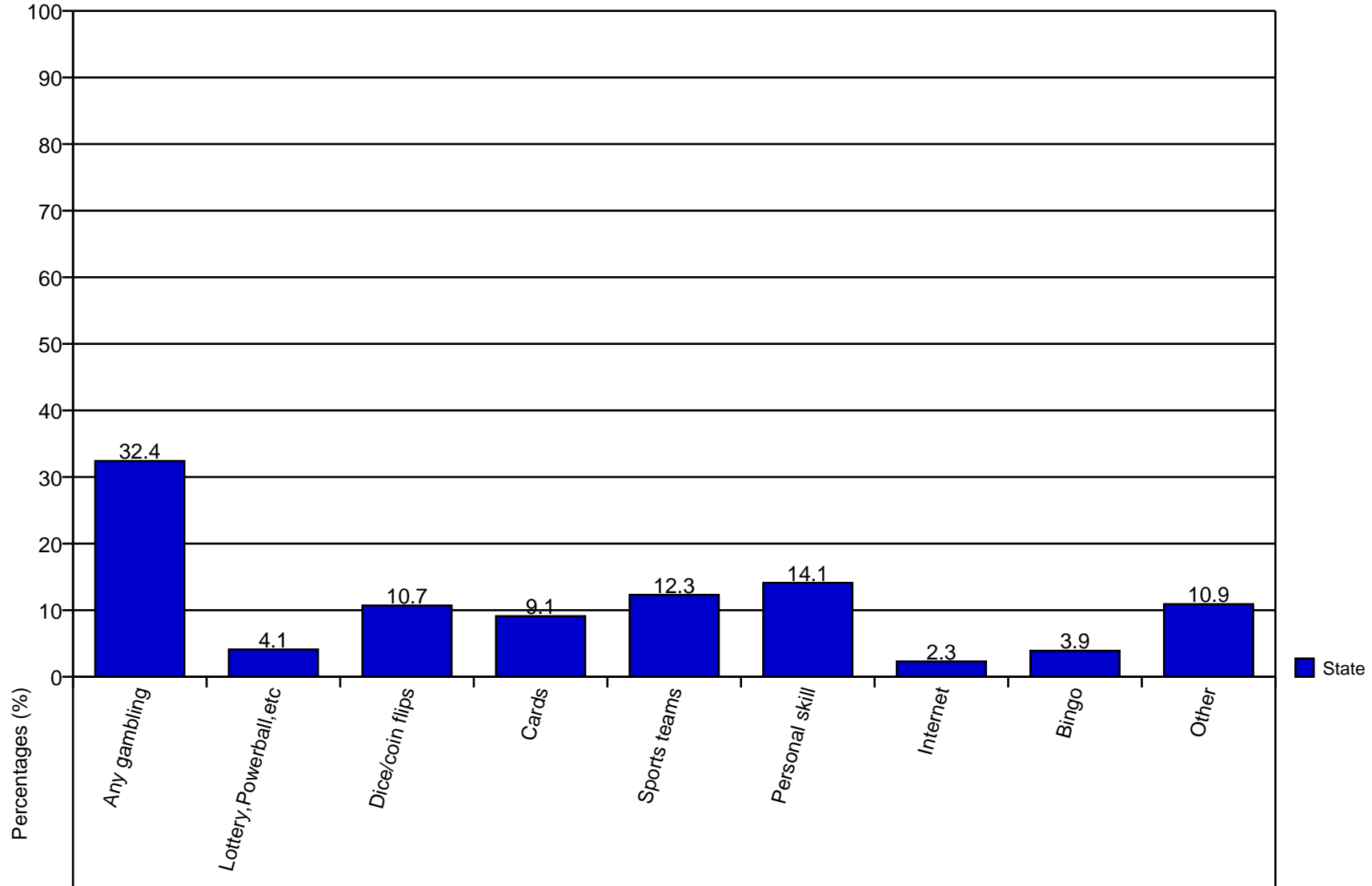


Figure 12: Gambling - Grade 6

Gambling - Grade 8  
2012 Oregon Student Wellness Survey

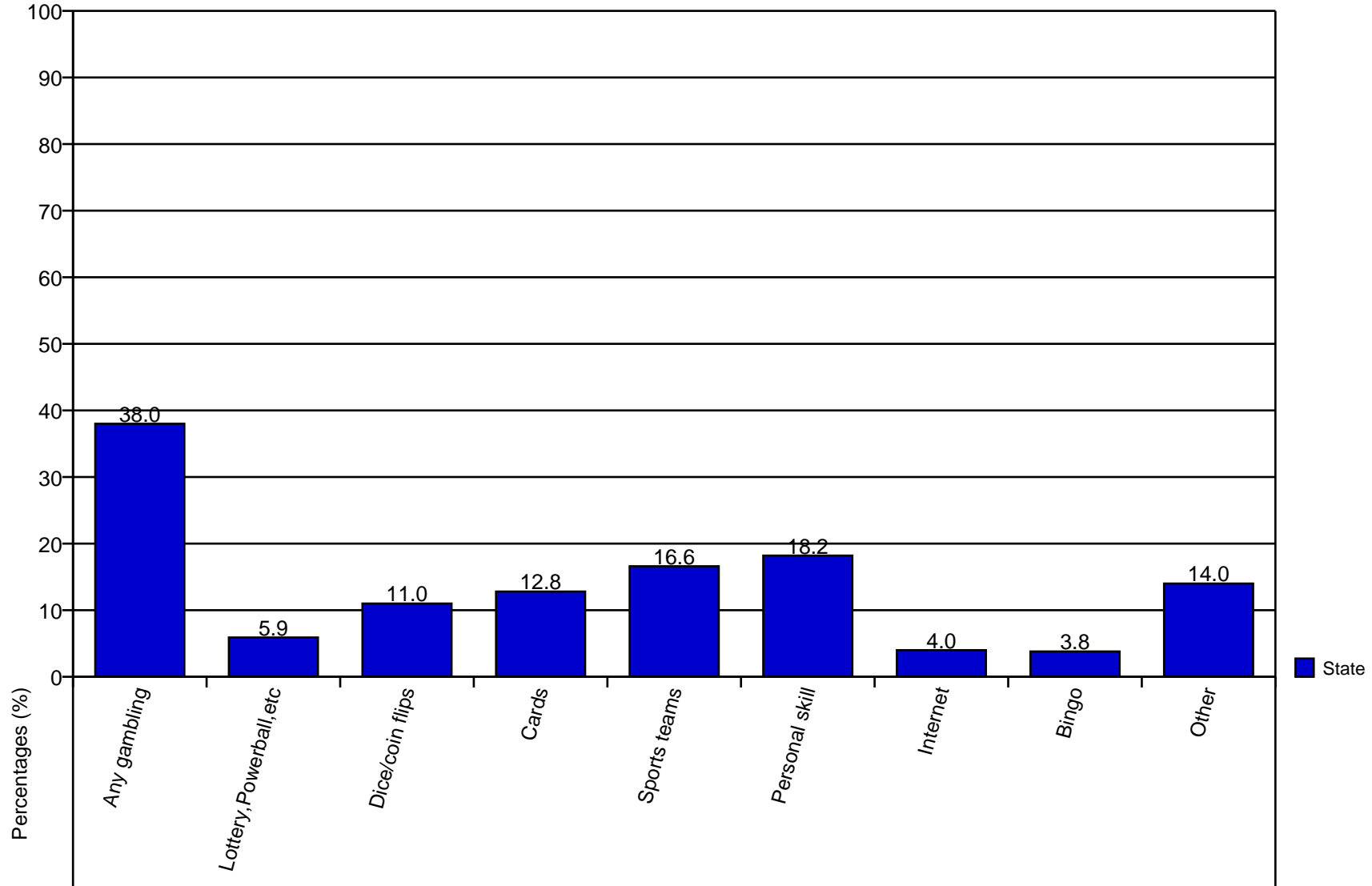


Figure 13: Gambling - Grade 8

Gambling - Grade 11  
2012 Oregon Student Wellness Survey

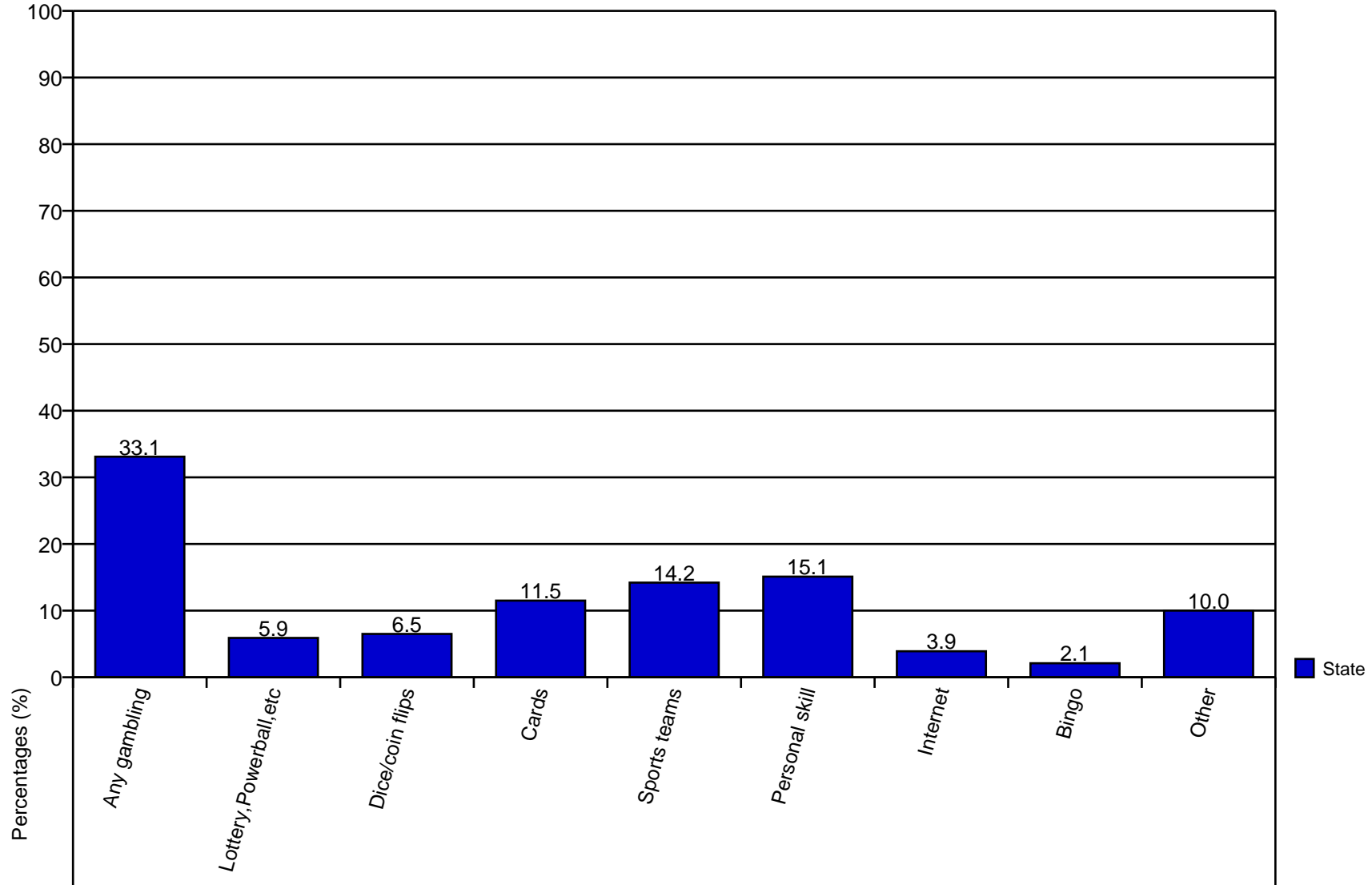


Figure 14: Gambling - Grade 11

Signs of Problem Gambling  
2012 Oregon Student Wellness Survey

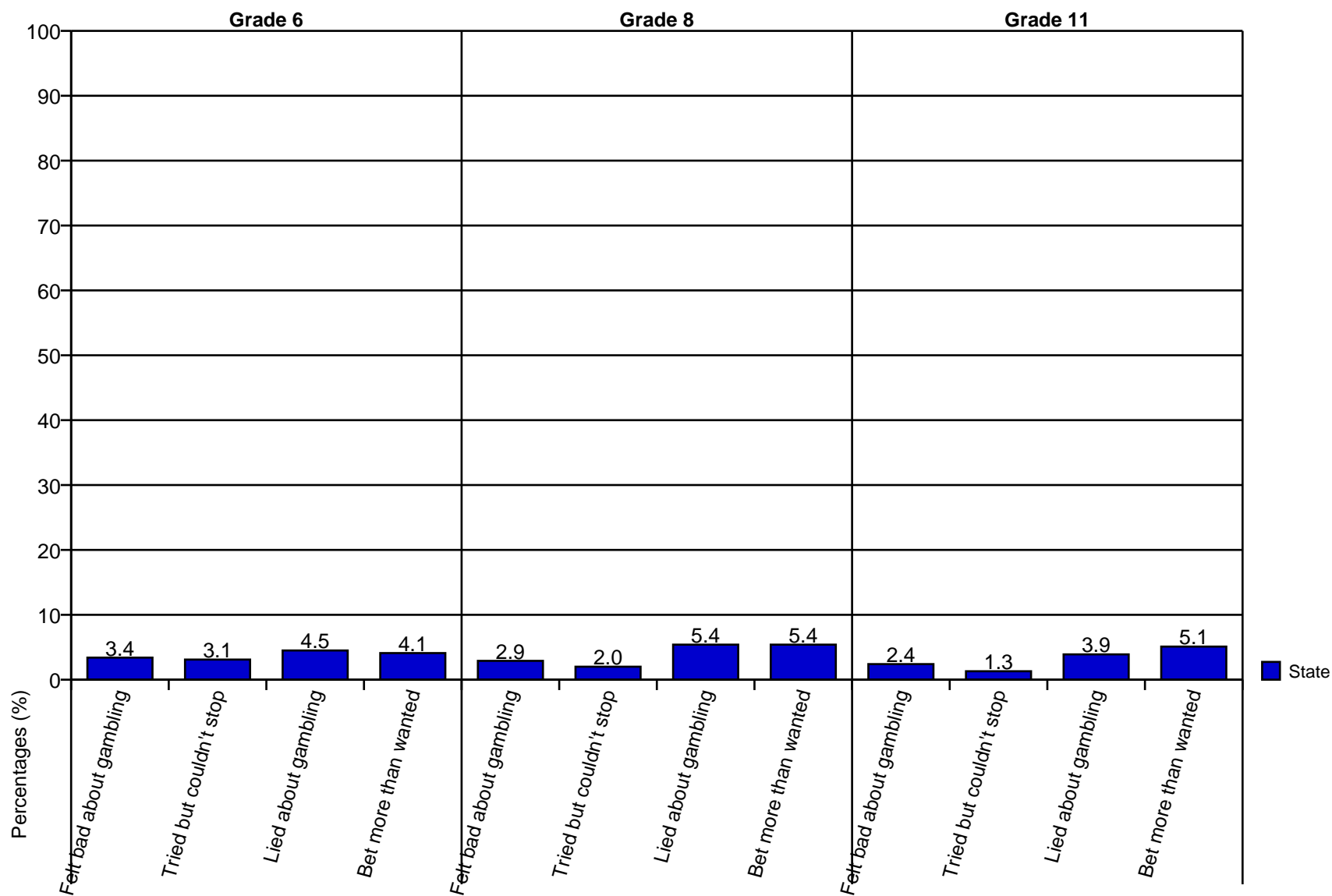


Figure 15: Signs of Problem Gambling

## 6 SUBSTANCE USE

During the elementary school years, most children express anti-drug, anti-crime and pro-social attitudes and have difficulty imagining why people use drugs. However, in middle school, as more youth are exposed to others who use cigarettes, alcohol or other drugs, their attitudes often shift toward greater acceptance of these behaviors. Typically, by 11th grade, most students have tried alcohol, and many have tried marijuana, cigarettes or other tobacco products.

### 6.1 Abstinence from Substance Use

The following table shows the percent of students that have never used these substances.

Table 24: Abstinence from Substance Use

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Never smoked a whole cigarette	96.8	88.4	76.2
Never used other tobacco products	97.7	91.9	77.9
Never had more than a sip or two of alcohol	75.6	56.0	29.9
Never tried marijuana	97.2	84.2	58.1

*Percentages exclude missing answers.*

### 6.2 Substance Use in the Past 30 Days

The table below provides the percentage of students that used one or more times in the past 30 days.

Table 25: Substance Use in the Past 30 Days

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Smoked cigarettes	1.5	5.6	11.9
Used other tobacco products	0.9	3.7	9.7
Used a hookah for tobacco	0.0	0.0	10.4
Had at least one drink of alcohol	6.7	19.6	35.9
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	1.7	8.1	21.4
Used marijuana	1.5	8.7	21.8
Sniffed glue, breathed the contents of aerosol spray cans, or any paints or sprays to get high	6.7	5.6	1.8
Used prescription drugs (without a doctor's orders)	1.7	4.5	8.4
Any illicit drug use including marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines)	1.8	9.0	22.2
Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines)	0.6	1.8	3.3

*Percentages exclude missing answers.*

# Alcohol, Tobacco and Other Drug Use - Grade 6

2012 Oregon Student Wellness Survey

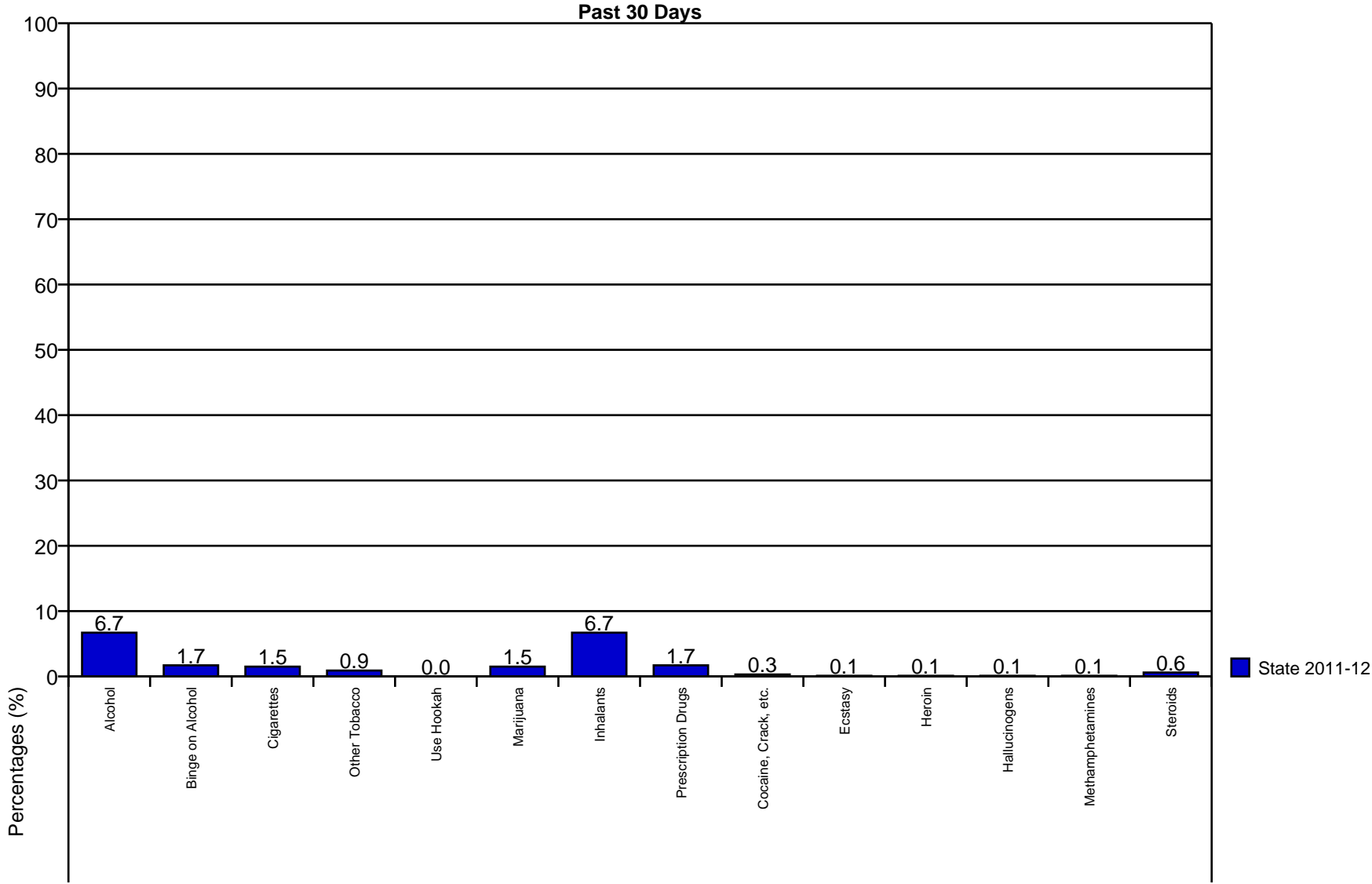


Figure 16: Alcohol, Tobacco and Other Drug Use - Grade 6

Alcohol, Tobacco and Other Drug Use - Grade 8  
2012 Oregon Student Wellness Survey

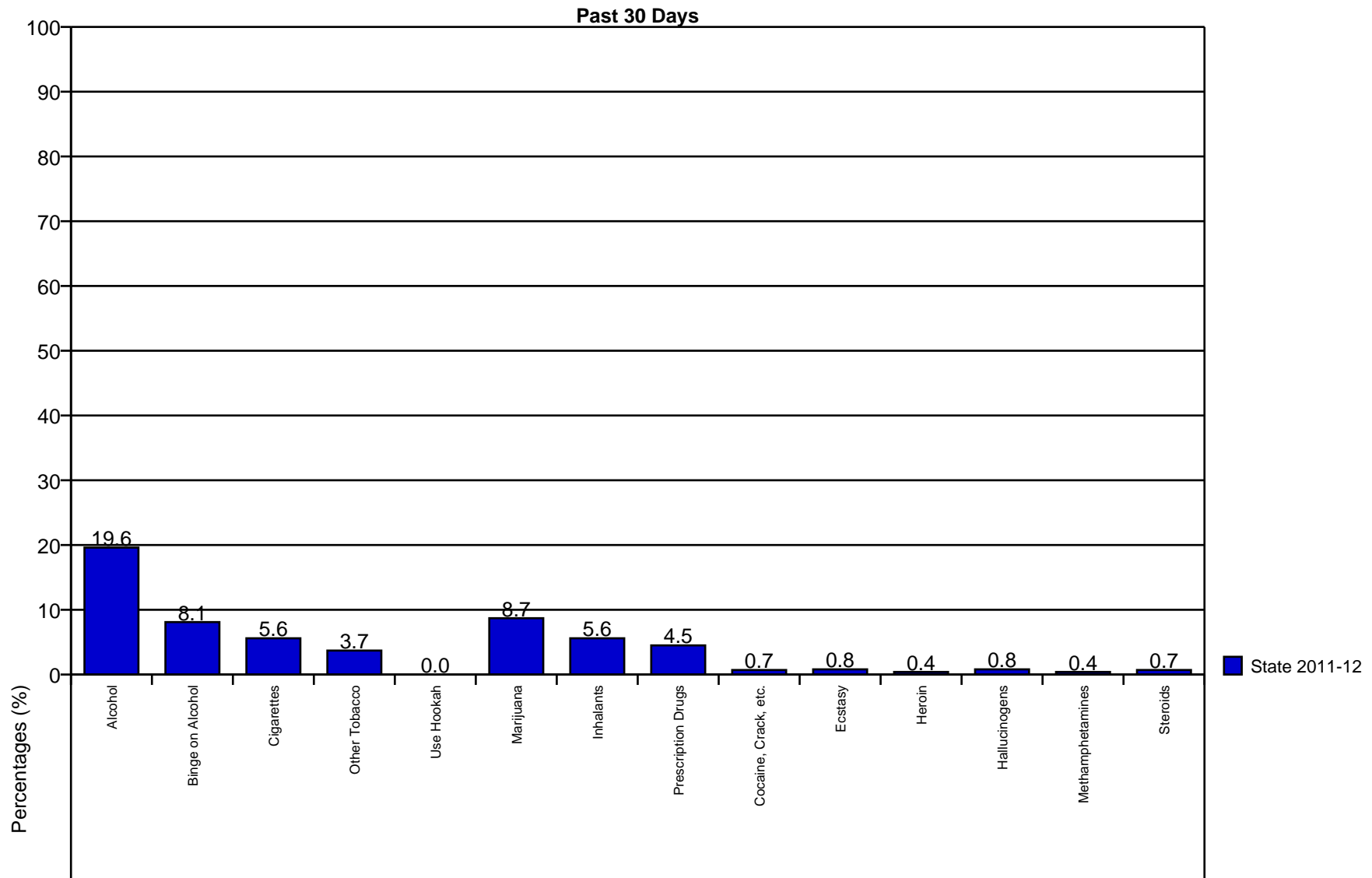


Figure 17: Alcohol, Tobacco and Other Drug Use - Grade 8

Alcohol, Tobacco and Other Drug Use - Grade 11  
2012 Oregon Student Wellness Survey

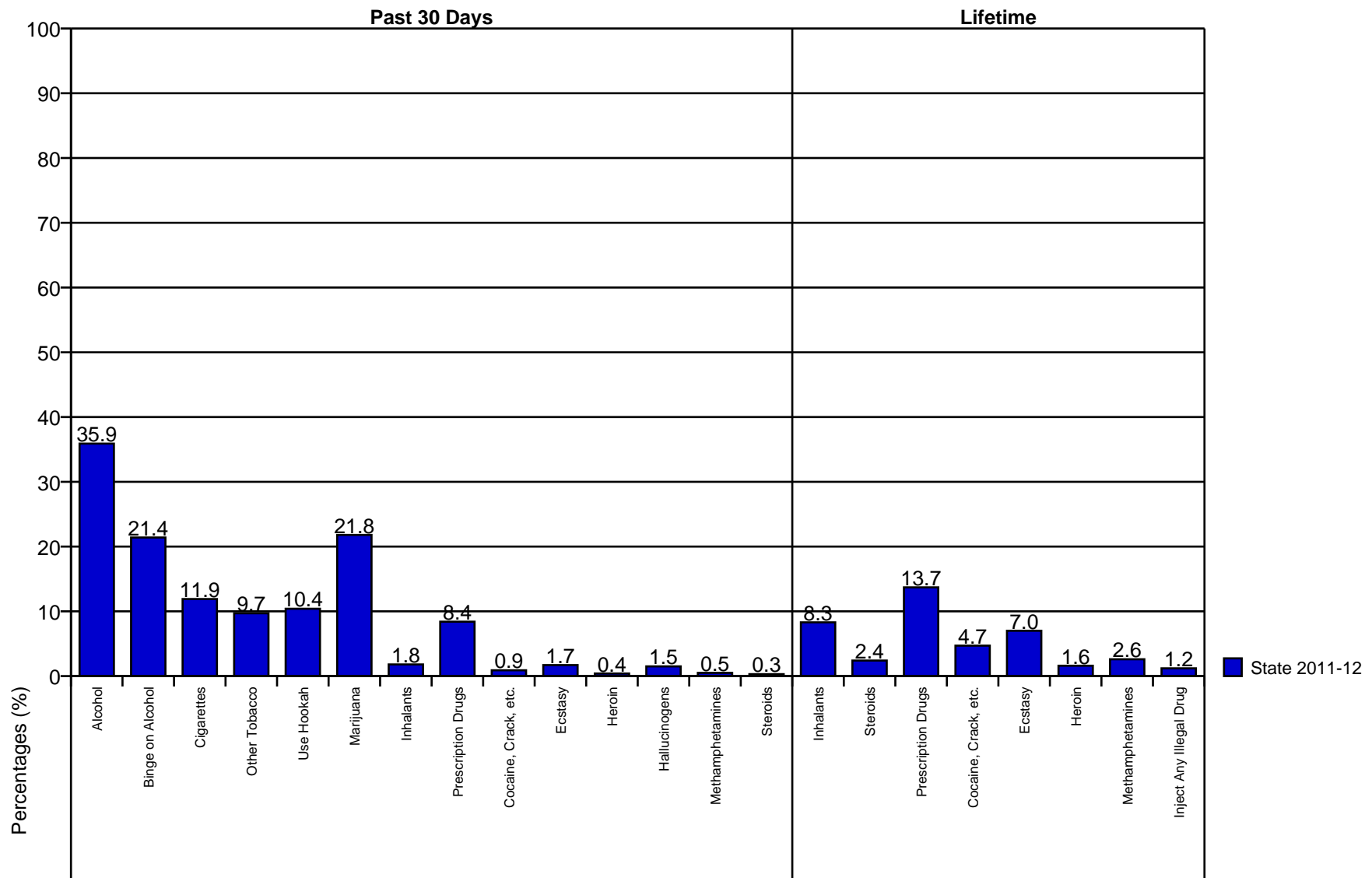


Figure 18: Alcohol, Tobacco and Other Drug Use - Grade 11



### 6.3 Norms About Alcohol Use

“Everybody’s doing it!” is a refrain commonly heard by parents and believed by far too many youth in Oregon. The Student Wellness Survey provides information about alcohol norms. A series of questions allow the comparison of actual alcohol-related behaviors to what youth think most students are doing.

Correcting misperceptions is essential to establishing new, healthy norms about underage drinking.

The table below provides the percentage of students that responded one or more times in the past 30 days.

Table 26: Alcohol Use in the Past 30 Days

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Had at least one drink of alcohol	6.7	19.6	35.9
Think most students had at least one drink of alcohol	43.5	64.5	87.6
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	1.7	8.1	21.4
Think most students had 5 or more drinks of alcohol in a row	21.3	42.8	76.4
Rode in a vehicle driven by a parent or other adult who had been drinking	11.0	14.5	15.5
Think most students rode in a vehicle driven by a parent or other adult who had been drinking	27.5	36.3	52.3

*Percentages exclude missing answers.*

The table below provides the percentage of students that responded “wrong” or “very wrong”

Table 27: Attitudes about Drinking

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
How wrong do you think it is for someone your age to have one or two drinks of an alcohol beverage nearly every day?	93.4	83.2	70.7
How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?	87.2	70.7	47.4

*Percentages exclude missing answers.*

## 6.4 Factors Associated with Initiation of Substance Use

This section reports on a variety of factors associated with initiation of substance use. Easy availability, attitudes about use, perceptions about the risk of harm from use and communication about substance use all influence whether young people choose to use tobacco, alcohol or other drugs.

### 6.5 Availability

Adolescents that report easy availability of cigarettes, alcohol, marijuana, and other illegal drugs are more likely to use these substances. Research has shown that legal restrictions on alcohol and tobacco use, such as raising the legal drinking age, restricting smoking in public, and increased taxation have been followed by decreases in consumption.

The table below shows the percentage of students that said it would be "easy" or "very easy" for the student to...

Table 28: Availability

	Grade 6 State	Grade 8 State	Grade 11 State
Get some cigarettes?	15.2	32.4	63.6
Get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	19.8	43.6	71.1
Get some marijuana?	9.2	32.8	69.3
Get a drug like cocaine, lsd, or amphetamines?	4.5	10.8	24.3

Percentages exclude missing answers.

## 6.6 Parental Attitude toward Substance Use

In families where parents are heavy users of alcohol, use illegal drugs or are tolerant of children's use, adolescents are more likely to engage in substance use. The risk is further increased if parents involve children in their own using behavior such as asking the child to light the parent's cigarette or get the parent a beer from the refrigerator.

The *Oregon Student Wellness Survey* asks students about how their parents would feel if the student used alcohol, cigarettes or marijuana. The table below reports the percentage of students that said their parents feel it would be "wrong" or "very wrong" for youth to...

Table 29: Parental Attitude toward Substance Use

	Grade 6 State	Grade 8 State	Grade 11 State
Wrong to smoke cigarettes	98.1	96.7	93.5
Wrong to drink beer, wine or liquor regularly	95.1	91.0	79.9
Wrong to smoke marijuana	98.0	93.7	85.1

Percentages exclude missing answers.

## 6.7 Student Attitude toward Substance Use

Youth who disapprove of substance use are less likely to engage in a variety of problem behaviors.

The following table shows the percentage of students that think it is "wrong" or "very wrong" for someone their age to...

Table 30: Student Attitude toward Substance Use

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Wrong to smoke one or more packs of cigarettes a day	98.1	94.7	89.0
Wrong to have one or two drinks of an alcoholic beverage nearly every day	93.4	83.2	70.7
Wrong to try marijuana or hashish once or twice	93.5	74.8	43.6
Wrong to use marijuana or hashish once a month or more	94.8	80.5	52.8

*Percentages exclude missing answers.*

## 6.8 Perceived Risk of Harm

Students who perceive cigarette, alcohol or marijuana use are risky are less likely to engage in use.

The following table reports the percentage of students that think there is "moderate risk" or "great risk" of harming themselves (physically or in other ways).

Table 31: Perceived Risk of Harm

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Smoking one or more packs of cigarettes per day is risky	81.1	85.5	87.1
Taking one or two drinks of an alcoholic beverage nearly every day is risky	47.4	53.7	54.6
Having five or more drinks of an alcoholic beverage once or twice a week is risky	65.6	72.6	76.0
Trying marijuana once or twice is risky	55.5	46.5	25.6
Smoking marijuana once or twice a week is risky	74.7	70.2	51.7

*Percentages exclude missing answers.*

## 6.9 Communication about Substance Use

The table below shows the percentage of students that recall communication about substance use during the past 12 months.

Table 32: Communication about Substance Use

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use	62.3	67.2	70.0
Had a special class about drugs or alcohol in school	42.0	53.5	47.8
Recall hearing, reading, or watching an advertisement about prevention of substance abuse	44.4	60.6	78.4

*Percentages exclude missing answers.*

## 7 DRUG FREE COMMUNITIES CORE MEASURES

The Drug-Free Communities (DFC) Support Program, administered by the Center for Substance Abuse Prevention, requests specific data which are typically referred to as the Core Measures. Beginning in 2013 there will be a new set of Core Measures. The 2014 Student Wellness Survey will meet the new Core Measure requirements. This report reflects the 2012 Core Measure requirements. At this time, grantees are required to report on three drug categories: tobacco, alcohol and marijuana. A number of Oregon DFCs focus on other substances, so this report also includes 30-day use data for binge drinking, prescription drugs, methamphetamines, and any illicit drugs other than marijuana.

Data in the tables that follow are provided by grade level. For each drug, and at each grade level, the percentage of students who responded positively to the question and the number of students who responded to the question are reported. For Average Age of Onset, the average age of first use in years and the number of students using is reported. The possible responses to this question range from 10 or under to 17 or older. The table shows the average age of onset of use by those students who answered the question with a response other than "never used."

### 7.1 30 Day Use

Table 33: 30 Day Use

	Grade 6		Grade 8		Grade 11	
	N	Pct	N	Pct	N	Pct
Had at least one drink of alcohol	17,669	6.7	20,595	19.6	15,117	35.9
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	17,633	1.7	20,515	8.1	15,047	21.4
Smoked cigarettes	17,474	1.5	20,513	5.6	14,829	11.9
Used marijuana	18,885	1.5	21,368	8.7	15,358	21.8
Used prescription drugs (without a doctor's orders)	16,609	1.7	20,040	4.5	14,842	8.4
Used methamphetamines (also called speed, crystal, crank or ice)	18,885	0.1	21,369	0.4	15,358	0.5

## 7.2 Perception of Moderate or Great Risk

Table 34: Perception of Moderate or Great Risk

	Grade 6		Grade 8		Grade 11	
	N	Pct	N	Pct	N	Pct
If they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	16,653	47.4	19,890	53.7	14,883	54.6
If they smoke one or more packs of cigarettes per day?	16,420	81.1	19,589	85.5	14,744	87.1
If they smoke marijuana once or twice a week?	16,276	74.7	19,698	70.2	14,836	51.7

Percentages exclude missing answers.

## 7.3 Parents Feel It Would Be Wrong or Very Wrong

Table 35: Parents Feel It Would Be Wrong or Very Wrong

	Grade 6		Grade 8		Grade 11	
	N	Pct	N	Pct	N	Pct
Drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?	16,782	95.1	20,111	91.0	14,547	79.9
Smoke cigarettes?	16,729	98.1	20,109	96.7	14,564	93.5
Smoke marijuana?	16,695	98.0	20,051	93.7	14,561	85.1

Percentages exclude missing answers.

## 7.4 Average Age (in years) of Onset

Table 36: Average Age (in years) of Onset

	Grade 6		Grade 8		Grade 11	
	N	Age	N	Age	N	Age
Smoked a whole cigarette	17,044	10.0	20,074	11.5	14,810	13.7
Had more than a sip or two of alcohol	17,116	9.4	20,214	10.8	14,969	13.3
Tried marijuana	17,077	10.5	20,175	11.9	14,937	14.1

Percentages exclude missing answers.

## 8 HEIGHT, WEIGHT & BODY MASS INDEX (BMI)

The 11th grade version of the *Oregon Student Wellness Survey* contains questions about height and weight. Information from these questions are broken down by sex rather than by grade. From these questions it is possible to calculate a Body Mass Index (BMI) and to classify students on a percentile rankings, based on previous CDC analysis, as being either underweight (less than 5th percentile), healthy weight (5th percentile to less than 85th percentile), overweight (85th to less than 95th percentile) or obese (greater than or equal to 95th percentile). This information is detailed in the following tables.

Table 37: Average Weight

	Female		Male	
	N	Pounds	N	Pounds
Average	6696	136.7	6944	166.6

*Percentages exclude missing answers.*

Table 38: Average Height

	Female		Male	
	N	Inches	N	Inches
Average	6942	64.6	7061	70.2

*Percentages exclude missing answers.*

Table 39: BMI Categories

	Female		Male	
	N	Pct	N	Pct
Underweight	161	2.4	260	3.8
Healthy Weight	4954	75.1	4649	68.5
Overweight	909	13.8	893	13.2
Obese	574	8.7	986	14.5

*Percentages exclude missing answers.*

Table 40: How do you describe your weight?

	Female		Male	
	N	Pct	N	Pct
Very underweight	76	1.1	170	2.3
Slightly underweight	579	8.2	1183	16.2
About the right weight	3909	55.3	4292	58.9
Slightly overweight	2129	30.1	1435	19.7
Very overweight	381	5.4	212	2.9

*Percentages exclude missing answers.*

Table 41: What Are You Trying To Do About Your Weight?

	Female		Male	
	N	Pct	N	Pct
Lose weight	4185	59.3	2100	28.8
Gain weight	300	4.2	1969	27.0
Stay the same weight	1244	17.6	1400	19.2
I am not trying to do anything about my weight	1334	18.9	1821	25.0

*Percentages exclude missing answers.*

Table 42: During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight?

	Female		Male	
	N	Pct	N	Pct
Yes	1105	15.6	470	6.5
No	5974	84.4	6800	93.5

*Percentages exclude missing answers.*

Table 43: During the past 30 days, did you take diet pills, powders, or liquids to lose weight or to keep from gaining weight?

	Female		Male	
	N	Pct	N	Pct
Yes	497	7.0	225	3.1
No	6571	93.0	7037	96.9

*Percentages exclude missing answers.*

Table 44: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Female		Male	
	N	Pct	N	Pct
Yes	436	6.2	167	2.3
No	6628	93.8	7091	97.7

*Percentages exclude missing answers.*



## A FREQUENCY DISTRIBUTION TABLES

This section contains frequency distribution tables for all of the questions found on the 2012 *Oregon Student Wellness Survey*. Two versions of the survey were used, one for 6th and 8th grades and another for the 11th grade. The 6th and 8th grade survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version were coded as missing.

### A.1 Frequency Distribution Tables

#### A.1.1 Demographics

Table 45: How old are you?

	Grade 6 State	Grade 8 State	Grade 11 State
10 or younger	0.3		
11 years old	42.4	0.0	
12 years old	55.2	0.3	
13 years old	2.0	42.5	
14 years old		55.1	0.0
15 years old		2.1	0.3
16 years old			43.9
17 years old			53.7
18 years old			2.1
19 years old or older			
N of Valid	18,824	21,331	15,330
N of Miss	61	37	28

Table 46: What is your sex?

	Grade 6 State	Grade 8 State	Grade 11 State
Female	50.0	50.2	48.8
Male	50.0	49.8	51.2
N of Valid	18,758	21,233	15,280
N of Miss	127	135	78

Table 47: Which of the following best describes you?

	Grade 6 State	Grade 8 State	Grade 11 State
Heterosexual (straight)			91.9
Gay or lesbian			1.3
Bisexual			4.6
I wonder/think I'm transgendered			0.6
Not sure			1.7
N of Valid	0	0	15,228
N of Miss	18,885	21,368	130

*\*This was not asked in grades 6 and 8.*

Table 48: In what grade are you?

	Grade 6 State	Grade 8 State	Grade 11 State
6th	100.0		
7th			
8th		100.0	
9th			
10th			
11th			100.0
12th			
N of Valid	18,885	21,368	15,358
N of Miss	0	0	0

Table 49: What is your race?

	Grade 6 State	Grade 8 State	Grade 11 State
American Indian or Alaska Native	4.9	3.2	2.5
Asian	6.6	6.4	5.1
Black or African American	3.7	3.1	2.8
Native or Other Pacific Islander	4.0	3.5	2.6
White	69.5	72.2	78.2
Multiracial	11.3	11.6	8.7
N of Valid	16,365	18,845	14,012
N of Miss	2,521	2,522	1,346

Table 50: Are you Hispanic or Latino/Latina?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	22.8	21.1	18.6
No	77.2	78.9	81.4
N of Valid	17,702	20,337	15,091
N of Miss	1,184	1,032	267

Table 51: What is the language you use most often at home?

	Grade 6 State	Grade 8 State	Grade 11 State
English	84.0	85.9	87.9
Russian	1.0	1.2	0.9
Spanish	11.0	8.3	7.6
Vietnamese	1.2	1.4	0.5
A tribal language	0.2	0.4	0.4
Another language	2.6	2.8	2.6
N of Valid	18,272	20,675	15,161
N of Miss	613	693	196

## A.1.2 Transitions and Mobility

Table 52: Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	64.6	23.2	17.7
No	35.4	76.8	82.3
N of Valid	18,446	21,074	15,279
N of Miss	440	294	80

Table 53: How many times have you changed homes since kindergarten?

	Grade 6 State	Grade 8 State	Grade 11 State
Never	35.9	28.9	25.8
1 or 2 times	32.4	33.0	33.0
3 or 4 times	19.0	20.2	20.4
5 or 6 times	7.6	9.7	10.5
7 or more times	5.2	8.2	10.3
N of Valid	18,570	21,181	15,276
N of Miss	316	188	83

## A.2 School Climate

### A.2.1 Academic Performance

Table 54: Putting them all together, what were your grades like last year?

	Grade 6 State	Grade 8 State	Grade 11 State
Mostly A's	45.6	43.0	34.7
Mostly B's	38.0	30.7	36.3
Mostly C's	12.5	18.2	21.8
Mostly D's	2.8	5.3	5.3
Mostly F's	1.2	2.8	2.0
N of Valid	17,697	20,783	15,115
N of Miss	1,189	586	243

## A.2.2 School Commitment

Table 55: During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

	Grade 6 State	Grade 8 State	Grade 11 State
None	75.9	76.7	69.9
1 day	9.7	8.7	11.0
2 days	5.6	5.4	6.3
3 days	3.4	3.5	4.9
4 to 5 days	3.2	3.0	4.6
6 to 10 days	1.1	1.2	1.9
11 or more days	1.1	1.4	1.5
N of Valid	18,564	21,157	15,292
N of Miss	321	211	66

Table 56: How do you like school?

	Grade 6 State	Grade 8 State	Grade 11 State
I like school very much	22.6	11.5	8.2
I like school	40.3	37.4	37.5
I neither like nor dislike school	26.5	34.0	34.9
I dislike school	6.0	9.3	12.7
I dislike school very much	4.6	7.8	6.7
N of Valid	18,519	21,153	15,281
N of Miss	366	216	77

Table 57: How important do you think the things you are learning in school are going to be for your later life?

	Grade 6 State	Grade 8 State	Grade 11 State
Very important	54.6	34.2	19.6
Quite important	28.5	31.8	30.5
Fairly important	12.4	22.7	30.9
Slightly important	3.4	9.0	15.8
Not at all important	1.1	2.3	3.2
N of Valid	18,646	21,220	15,294
N of Miss	240	148	65

Table 58: How often do you feel that the schoolwork you are assigned is meaningful and important?

	Grade 6 State	Grade 8 State	Grade 11 State
Almost always	30.5	13.5	5.3
Often	36.1	32.9	23.2
Sometimes	25.9	37.5	44.9
Seldom	4.9	12.1	22.0
Never	2.6	4.0	4.5
N of Valid	18,299	20,986	15,192
N of Miss	587	382	165

Table 59: I have lots of chances to be part of class discussions or activities.

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Strongly agree	45.0	37.8	37.8
Somewhat agree	45.5	50.3	51.5
Somewhat disagree	7.0	9.4	8.7
Strongly disagree	2.5	2.4	2.0
N of Valid	18,363	21,095	15,253
N of Miss	522	273	105

Table 60: Thinking back over the past school year, how often did you try to do your best work in school?

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Almost always	59.0	40.0	26.9
Often	28.9	36.5	39.1
Sometimes	9.8	17.6	24.9
Seldom	1.7	4.6	7.5
Never	0.7	1.3	1.5
N of Valid	18,400	20,968	15,201
N of Miss	485	400	158

Table 61: There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Strongly agree	56.0	48.7	62.1
Somewhat agree	32.1	35.8	28.1
Somewhat disagree	9.0	11.5	7.1
Strongly disagree	2.9	4.0	2.7
N of Valid	18,223	20,968	15,195
N of Miss	662	400	164

Table 62: I respect most of my teachers.

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Strongly agree	68.5	49.5	52.2
Somewhat agree	25.1	37.3	38.0
Somewhat disagree	4.7	9.7	8.0
Strongly disagree	1.7	3.5	1.8
N of Valid	17,861	20,547	14,999
N of Miss	1,023	821	359

Table 63: My teachers notice when I am doing a good job and let me know about it.

	Grade 6 State	Grade 8 State	Grade 11 State
Strongly agree	37.9	24.8	20.5
Somewhat agree	42.8	43.3	46.8
Somewhat disagree	14.0	22.4	25.1
Strongly disagree	5.4	9.5	7.6
N of Valid	18,314	20,936	15,185
N of Miss	572	433	174

Table 64: I can talk to my teachers openly and freely about my concerns.

	Grade 6 State	Grade 8 State	Grade 11 State
Strongly agree	32.2	20.7	20.7
Somewhat agree	36.9	35.6	40.1
Somewhat disagree	19.4	26.7	27.2
Strongly disagree	11.5	16.9	11.9
N of Valid	18,125	20,898	15,168
N of Miss	761	470	190

Table 65: In my school, teachers treat students with respect.

	Grade 6 State	Grade 8 State	Grade 11 State
Strongly agree	54.3	33.3	30.6
Somewhat agree	32.8	43.7	48.7
Somewhat disagree	9.7	17.5	16.7
Strongly disagree	3.2	5.6	4.0
N of Valid	18,023	20,805	15,081
N of Miss	863	564	277

Table 66: Most students at my school help each other when they are hurt or upset.

	Grade 6 State	Grade 8 State	Grade 11 State
Strongly agree	32.5	20.7	16.0
Somewhat agree	44.1	44.3	46.8
Somewhat disagree	16.9	24.4	27.4
Strongly disagree	6.6	10.6	9.7
N of Valid	18,158	20,953	15,119
N of Miss	728	416	239

Table 67: In my school, students that work hard to get good grades are picked on by other students.

	Grade 6 State	Grade 8 State	Grade 11 State
Strongly agree	11.6	8.3	4.5
Somewhat agree	22.4	22.0	16.8
Somewhat disagree	28.1	35.6	38.3
Strongly disagree	37.9	34.1	40.3
N of Valid	18,172	21,005	15,161
N of Miss	712	364	198

### A.2.3 Safe School Environment

Table 68: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	91.7	93.0	95.9
1 day	4.7	3.5	1.9
2 or 3 days	2.2	1.9	1.3
4 or 5 days	0.5	0.5	0.2
6 or more days	0.9	1.0	0.7
N of Valid	18,316	21,029	15,110
N of Miss	570	338	248

Table 69: During the past 30 days, on how many days did you carry a gun as a weapon on school property?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	99.3	98.6	98.5
1 day	0.3	0.4	0.3
2 or 3 days	0.1	0.3	0.3
4 or 5 days	0.0	0.1	0.1
6 or more days	0.2	0.6	0.7
N of Valid	18,153	20,912	15,063
N of Miss	732	458	296

Table 70: During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	96.9	94.9	92.7
1 day	2.1	2.4	1.9
2 or 3 days	0.4	0.9	1.2
4 or 5 days	0.2	0.3	0.5
6 or more days	0.5	1.6	3.7
N of Valid	18,151	20,920	15,081
N of Miss	734	447	277

Table 71: During the past 12 months, how many times were you in a physical fight?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	71.2	71.3	81.7
1 time	14.2	14.4	9.3
2 or 3 times	8.1	8.1	5.6
4 or 5 times	2.3	2.6	1.5
6 or 7 times	1.0	1.0	0.6
8 or 9 times	0.7	0.7	0.2
10 or 11 times	0.3	0.2	0.2
12 or more times	2.4	1.7	0.9
N of Valid	18,269	20,988	15,131
N of Miss	617	380	227

Table 72: During the past 12 months, how many times were you in a physical fight on school property?

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
0 times	84.9	84.9	93.4
1 time	9.5	9.7	4.5
2 or 3 times	3.6	3.8	1.3
4 or 5 times	0.9	0.6	0.4
6 or 7 times	0.4	0.3	0.1
8 or 9 times	0.2	0.2	0.1
10 or 11 times	0.1	0.1	0.0
12 or more times	0.4	0.4	0.2
N of Valid	18,256	20,993	15,093
N of Miss	629	376	264

Table 73: During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
0 times	77.8	70.9	80.1
1 time	12.9	12.7	7.3
2 or 3 times	5.2	8.1	5.7
4 or 5 times	1.5	2.8	2.1
6 or 7 times	0.6	1.1	0.7
8 or 9 times	0.3	0.6	0.4
10 or 11 times	0.1	0.4	0.2
12 or more times	1.7	3.6	3.4
N of Valid	18,144	20,920	15,108
N of Miss	740	449	252

Table 74: During the past 12 months, how many times have you been suspended from school?

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
0 times	92.0	85.9	88.0
1 time	5.3	8.2	7.2
2 or 3 times	1.7	3.7	2.9
4 or 5 times	0.5	1.0	1.0
6 or 7 times	0.1	0.4	0.3
8 or 9 times	0.1	0.2	0.2
10 or 11 times	0.1	0.1	0.1
12 or more times	0.2	0.5	0.4
N of Valid	18,089	20,885	15,078
N of Miss	796	485	282

Table 75: During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property?

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
0 times	90.4	90.0	93.3
1 time	5.7	5.5	3.7
2 or 3 times	2.2	2.3	1.6
4 or 5 times	0.7	0.8	0.5
6 or 7 times	0.2	0.4	0.4
8 or 9 times	0.2	0.2	0.1
10 or 11 times	0.1	0.1	0.1
12 or more times	0.5	0.7	0.3
N of Valid	18,157	20,931	15,129
N of Miss	729	437	229



Table 76: During the past 12 months, how many times have you been drunk or high at school?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			81.0
1 time			4.7
2 or 3 times			4.0
4 or 5 times			1.7
6 or 7 times			1.2
8 or 9 times			0.5
10 or 11 times			0.5
12 or more times			6.5
N of Valid	0	0	15,116
N of Miss	18,885	21,368	242

*\*This was not asked in grades 6 and 8.*

Table 77: During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	3.3	11.9	22.4
No	96.7	88.1	77.6
N of Valid	18,180	20,884	15,019
N of Miss	706	483	339

#### A.2.4 Harassment and Bullying

Table 78: Any harassment in the past 30 days

	Grade 6 State	Grade 8 State	Grade 11 State
No	49.4	48.6	60.4
Yes	50.6	51.4	39.6
N of Valid	18,262	21,055	15,136
N of Miss	623	313	222

Table 79: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	88.6	86.8	89.2
1 time	6.0	5.9	4.3
2 or 3 times	3.1	4.0	3.4
4 or 5 times	0.8	0.9	0.8
6 or more times	1.5	2.5	2.3
N of Valid	17,966	20,688	15,089
N of Miss	919	680	269

Table 80: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	84.0	86.3	91.9
1 time	7.9	5.7	3.0
2 or 3 times	3.9	3.7	2.5
4 or 5 times	1.1	1.0	0.6
6 or more times	3.2	3.3	2.0
N of Valid	18,054	20,778	15,080
N of Miss	832	590	280

Table 81: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	78.6	77.3	83.9
1 time	11.7	11.8	7.7
2 or 3 times	5.5	6.4	5.2
4 or 5 times	1.7	1.7	1.4
6 or more times	2.6	2.8	1.8
N of Valid	17,683	20,479	14,888
N of Miss	1,201	889	470

Table 82: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	71.4	69.8	78.8
1 time	12.9	12.6	9.0
2 or 3 times	7.5	8.4	7.0
4 or 5 times	2.6	2.9	1.8
6 or more times	5.7	6.2	3.4
N of Valid	18,035	20,891	15,071
N of Miss	850	478	287

Table 83: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	91.8	87.9	88.6
1 time	4.2	4.8	4.1
2 or 3 times	1.9	3.2	3.7
4 or 5 times	0.7	1.4	1.3
6 or more times	1.4	2.8	2.3
N of Valid	17,979	20,895	15,081
N of Miss	906	472	277

Table 84: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, chat rooms, instant messaging, Web sites, texting or phone?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	87.5	84.6	88.1
1 time	6.4	6.8	4.5
2 or 3 times	3.2	4.2	3.5
4 or 5 times	1.1	1.5	1.6
6 or more times	1.7	2.9	2.3
N of Valid	18,047	20,912	15,084
N of Miss	839	457	274

Table 85: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	76.9	76.1	83.8
1 time	9.6	9.1	6.3
2 or 3 times	6.3	6.4	4.8
4 or 5 times	1.9	2.4	1.5
6 or more times	5.3	6.0	3.7
N of Valid	17,973	20,861	15,039
N of Miss	913	508	317

Table 86: How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?

	Grade 6 State	Grade 8 State	Grade 11 State
Never	41.5	34.7	44.3
Once or twice per year	30.8	33.9	36.7
Once or twice per month	12.4	14.0	10.3
Once or twice per week	9.5	10.6	5.5
Every day	5.7	6.8	3.2
N of Valid	18,200	21,046	15,192
N of Miss	686	323	166

Table 87: How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?

	Grade 6 State	Grade 8 State	Grade 11 State
Never	25.5	19.3	22.9
Once or twice per year	25.0	21.7	26.1
Once or twice per month	16.7	18.9	21.6
Once or twice per week	16.4	19.5	16.0
Every day	16.4	20.6	13.4
N of Valid	18,131	20,983	15,168
N of Miss	754	386	190

Table 88: How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Never	30.3	23.2	23.4
Once or twice per year	25.0	21.7	24.2
Once or twice per month	17.4	19.9	21.2
Once or twice per week	14.7	17.7	17.0
Every day	12.6	17.6	14.2
N of Valid	18,120	20,945	15,158
N of Miss	766	424	199

### A.3 Social, Emotional and Mental Health

#### A.3.1 Positive Youth Development

Table 89: Positive Youth Development

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Strong positive youth development	69.1	59.9	65.6
Weak positive youth development	30.9	40.1	34.4
N of Valid	14,287	18,580	13,873
N of Miss	4,598	2,789	1,485

Table 90: Would you say that in general your emotional and mental health is...

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
Excellent	34.6	28.8	26.8
Very good	34.8	35.0	34.2
Good	23.7	24.0	25.2
Fair	5.1	9.4	10.4
Poor	1.8	2.8	3.4
N of Valid	17,485	20,696	15,139
N of Miss	1,399	672	219

Table 91: Would you say that in general your physical health is...

	Grade 6 State	Grade 8 State	Grade 11 State
Excellent	37.4	30.9	25.5
Very good	34.2	34.3	33.1
Good	22.5	26.5	29.8
Fair	4.9	7.2	9.6
Poor	0.9	1.2	2.0
N of Valid	17,423	20,683	15,114
N of Miss	1,461	685	244

Table 92: I can do most things if I try.

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true	45.6	47.9	53.7
Pretty much true	31.5	34.9	35.9
A little true	12.6	12.1	8.4
Not at all true	10.3	5.1	2.0
N of Valid	16,460	20,086	14,617
N of Miss	2,425	1,283	740

Table 93: I can work out my problems.

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true	50.6	44.6	50.3
Pretty much true	34.4	38.8	38.7
A little true	11.2	13.1	9.5
Not at all true	3.9	3.5	1.4
N of Valid	16,409	20,028	14,574
N of Miss	2,476	1,340	784

Table 94: I volunteer to help others in my community.

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true	34.3	24.9	31.1
Pretty much true	27.6	25.0	24.5
A little true	26.0	31.6	30.7
Not at all true	12.1	18.5	13.7
N of Valid	15,916	19,645	14,342
N of Miss	2,969	1,724	1,017

Table 95: There is at least one teacher or other adult in my school that really cares about me.

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true	52.7	40.6	44.4
Pretty much true	22.2	23.8	25.0
A little true	15.4	21.6	20.9
Not at all true	9.6	14.0	9.7
N of Valid	16,337	19,985	14,564
N of Miss	2,548	1,383	795

Table 96: On an average school night, how many hours of sleep do you get?

	Grade 6 State	Grade 8 State	Grade 11 State
4 or less			5.6
5 hours			10.7
6 hours			23.3
7 hours			31.0
8 hours			22.6
9 hours			5.6
10 or more hours			1.1
N of Valid	0	0	15,045
N of Miss	18,885	21,368	313

*\*This was not asked in grades 6 and 8.*

### A.3.2 Mental Health Inventory

Table 97: Mental Health Inventory 5

	Grade 6 State	Grade 8 State	Grade 11 State
Below MHI-5 cutoff	94.1	91.6	91.7
At or above MHI-5 cutoff	5.9	8.4	8.3
N of Valid	17,058	20,256	14,676
N of Miss	1,828	1,113	682

Table 98: During the past 30 days, how many times have you been a happy person?

	Grade 6 State	Grade 8 State	Grade 11 State
All of the time	26.1	19.5	14.6
Most of the time	44.5	41.6	41.6
A good bit of the time	13.5	17.2	21.1
Some of the time	9.0	12.1	14.1
A little of the time	5.6	7.7	7.0
None of the time	1.4	1.9	1.5
N of Valid	18,359	21,078	15,143
N of Miss	527	291	215

Table 99: During the past 30 days, how many times have you been a very nervous person?

	Grade 6 State	Grade 8 State	Grade 11 State
All of the time	5.5	4.9	4.0
Most of the time	9.5	8.1	9.0
A good bit of the time	9.7	10.5	13.6
Some of the time	15.7	17.4	20.2
A little of the time	35.5	37.2	36.3
None of the time	24.1	21.9	17.1
N of Valid	18,178	20,966	15,132
N of Miss	708	403	228

Table 100: During the past 30 days, how many times have you felt calm and peaceful?

	Grade 6 State	Grade 8 State	Grade 11 State
All of the time	20.7	15.2	12.1
Most of the time	31.7	28.2	27.3
A good bit of the time	17.2	19.0	20.9
Some of the time	13.2	17.0	19.3
A little of the time	10.3	13.3	15.0
None of the time	6.8	7.4	5.4
N of Valid	18,018	20,824	15,048
N of Miss	867	545	310

Table 101: During the past 30 days, how many times have you felt downhearted and blue?

	Grade 6 State	Grade 8 State	Grade 11 State
All of the time	3.8	3.9	2.8
Most of the time	6.9	7.9	7.5
A good bit of the time	7.9	9.5	11.5
Some of the time	12.0	15.1	19.6
A little of the time	28.9	30.8	34.5
None of the time	40.4	32.8	24.1
N of Valid	17,675	20,651	14,921
N of Miss	1,209	717	438

Table 102: During the past 30 days, how many times have you felt so down in the dumps that nothing could cheer you up?

	Grade 6 State	Grade 8 State	Grade 11 State
All of the time	3.7	3.5	2.4
Most of the time	4.7	5.0	4.7
A good bit of the time	5.6	6.2	6.1
Some of the time	7.3	8.6	8.9
A little of the time	17.9	19.6	22.8
None of the time	60.9	57.1	55.2
N of Valid	18,220	21,029	15,082
N of Miss	665	338	276

### A.3.3 Depression and Suicidality

Table 103: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	19.3	22.7	27.9
No	80.7	77.3	72.1
N of Valid	18,235	21,073	14,553
N of Miss	651	295	806

Table 104: During the past 12 months, did you ever seriously consider attempting suicide?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	9.0	15.8	15.1
No	91.0	84.2	84.9
N of Valid	17,833	20,943	14,864
N of Miss	1,052	426	494

Table 105: During the past 12 months, how many times did you actually attempt suicide?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	94.8	92.0	94.0
1 time	3.2	4.1	3.4
2 or 3 times	1.4	2.5	1.8
4 or 5 times	0.2	0.6	0.4
6 or more times	0.4	0.8	0.5
N of Valid	18,116	21,012	15,214
N of Miss	770	355	144

### A.3.4 Problem Gambling

Table 106: Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:

	Grade 6 State	Grade 8 State	Grade 11 State
I did not gamble during the last 30 days.	66.8	63.1	65.7
Playing lottery ticket/Powerball/Megabu	4.1	5.9	5.9
Playing dice or coin flips.	10.7	11.0	6.5
Playing cards (poker, etc.).	9.1	12.8	11.5
Betting on a sports team.	12.3	16.6	14.2
Betting on games of personal skill (bowling, video games, dares, etc.).	14.1	18.2	15.1
Gambling on the Internet for free or with money.	2.3	4.0	3.9
Playing Bingo for money.	3.9	3.8	2.1
Other.	10.9	14.0	10.0
N of Valid	18,886	21,368	15,358
N of Miss	0	0	0



Table 107: During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	3.4	2.9	2.4
No	20.9	28.6	30.9
I don't bet for money.	75.8	68.6	66.7
N of Valid	17,659	20,612	14,865
N of Miss	1,227	757	492

Table 108: During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	3.1	2.0	1.3
No	19.6	28.1	30.5
I don't bet for money.	77.3	69.9	68.2
N of Valid	17,636	20,571	14,830
N of Miss	1,250	797	529

Table 109: Have you ever lied to anyone about betting/gambling?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	4.5	5.4	3.9
No	95.5	94.6	96.1
N of Valid	17,811	20,775	15,018
N of Miss	1,075	593	341

Table 110: Have you ever bet/gambed more than you wanted to?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	4.1	5.4	5.1
No	95.9	94.6	94.9
N of Valid	17,589	20,605	14,943
N of Miss	1,297	764	416

Table 111: Have your parents ever talked to you about the risks of betting/gambling?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	50.9	46.3	35.6
No	49.1	53.7	64.4
N of Valid	17,724	20,685	14,952
N of Miss	1,161	684	406

Table 112: Have your teachers ever talked to you about the risks of betting/gambling?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	21.2	22.3	18.7
No	78.8	77.7	81.3
N of Valid	17,721	20,712	14,987
N of Miss	1,164	657	370

## A.4 Substance Use

### A.4.1 Tobacco Use

Table 113: During the past 30 days, on how many days did you smoke cigarettes?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	98.5	94.4	88.1
1 or 2 days	0.8	2.3	3.7
3 to 5 days	0.3	0.9	1.6
6 to 9 days	0.2	0.6	1.0
10 to 19 days	0.1	0.6	1.3
20 to 29 days	0.1	0.3	1.1
All 30 days	0.1	0.9	3.3
N of Valid	17,474	20,513	14,830
N of Miss	1,411	857	528

Table 114: During the past 30 days, on how many days did you use other tobacco products?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	99.0	96.3	90.3
1 or 2 days	0.5	1.5	3.7
3 to 5 days	0.2	0.7	1.5
6 to 9 days	0.1	0.4	0.8
10 to 19 days	0.0	0.4	0.9
20 to 29 days	0.0	0.2	0.7
All 30 days	0.1	0.5	2.1
N of Valid	17,450	20,460	14,824
N of Miss	1,437	909	534

Table 115: During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days			89.6
1 or 2 days			5.2
3 to 5 days			2.3
6 to 9 days			1.3
10 to 19 days			0.8
20 to 29 days			0.2
All 30 days			0.6
N of Valid	0	0	14,836
N of Miss	18,885	21,368	522

*\*This was not asked in grades 6 and 8.*

Table 116: During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.

	Grade 6 State	Grade 8 State	Grade 11 State
I did not get tobacco during the past 30 days			79.6
A store or gas station			4.1
Friends 18 or older			11.3
Friends under 18			5.7
Took from home without permission			1.3
A family member			2.9
The Internet			0.3
Some other source			3.1
N of Valid	18,885	21,368	15,358
N of Miss	0	0	0

*\*This was not asked in grades 6 and 8.*

Table 117: Used any tobacco product during the past 30 days

	Grade 6 State	Grade 8 State	Grade 11 State
No Use	98.2	93.1	79.9
Use	1.8	6.9	20.1
N of Valid	17,562	20,609	14,944
N of Miss	1,323	760	414

Table 118: How old were you when you smoked a whole cigarette for the first time?

	Grade 6 State	Grade 8 State	Grade 11 State
Never have	96.8	88.4	76.2
8 or younger	0.7	1.1	1.0
9	0.5	0.8	0.7
10	0.6	1.3	0.9
11	0.9	1.5	1.3
12	0.3	2.4	2.0
13	0.0	3.5	2.9
14	0.1	0.9	4.4
15	0.0	0.1	5.2
16			4.4
17 or older			1.1
N of Valid	17,044	20,074	14,810
N of Miss	1,843	1,295	548

Table 119: How old were you when you smoked a whole cigarette for the first time?

	Grade 6 State	Grade 8 State	Grade 11 State
Avg Age in Years	10.0	11.5	13.7

Table 120: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6 State	Grade 8 State	Grade 11 State
Never have	97.7	91.9	77.9
8 or younger	0.6	1.0	0.7
9	0.3	0.4	0.4
10	0.4	0.8	0.4
11	0.7	1.0	0.7
12	0.3	1.6	1.3
13	0.0	2.4	2.0
14	0.0	0.9	3.4
15	0.0	0.1	5.7
16			6.1
17 or older			1.5
N of Valid	17,097	20,138	14,920
N of Miss	1,789	1,228	438

Table 121: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6 State	Grade 8 State	Grade 11 State
Avg Age in Years	10.1	11.6	14.4

#### A.4.2 Alcohol Use

Table 122: During your life, on how many days have you had at least one drink of alcohol?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days			30.6
1 or 2 days			15.5
3 to 9 days			17.8
10 to 19 days			11.1
20 to 39 days			10.0
40 to 99 days			7.6
100 or more days			7.3
N of Valid	0	0	15,117
N of Miss	18,885	21,368	242

*\*This was not asked in grades 6 and 8.*

Table 123: During the past 30 days, on how many days did you have at least one drink of alcohol?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	93.3	80.4	64.1
1 or 2 days	5.3	13.0	21.5
3 to 5 days	0.7	3.1	8.0
6 to 9 days	0.3	1.6	3.6
10 to 19 days	0.2	1.0	1.9
20 to 29 days	0.1	0.4	0.4
All 30 days	0.2	0.5	0.5
N of Valid	17,670	20,596	15,118
N of Miss	1,215	773	241

Table 124: During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	98.3	91.9	78.6
1 or 2 days	1.2	4.9	12.8
3 to 5 days	0.2	1.4	4.7
6 to 9 days	0.1	0.8	2.3
10 to 19 days	0.1	0.5	1.0
20 to 29 days	0.0	0.2	0.3
All 30 days	0.1	0.3	0.4
N of Valid	17,632	20,516	15,048
N of Miss	1,253	853	311

Table 125: During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate)

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	56.5	35.5	12.4
1 or 2 days	28.0	29.4	18.9
3 to 5 days	8.2	15.2	24.3
6 to 9 days	3.4	9.2	20.4
10 to 19 days	2.0	6.1	14.4
20 to 29 days	0.6	1.8	4.4
All 30 days	1.3	2.9	5.3
N of Valid	17,326	20,399	15,023
N of Miss	1,559	969	336

Table 126: During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	78.7	57.2	23.6
1 or 2 days	13.4	22.8	26.8
3 to 5 days	4.2	9.1	20.4
6 to 9 days	1.8	5.1	15.1
10 to 19 days	0.9	3.0	8.4
20 to 29 days	0.4	1.3	2.9
All 30 days	0.6	1.5	3.0
N of Valid	17,265	20,359	14,956
N of Miss	1,621	1,010	402

Table 127: Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

	Grade 6 State	Grade 8 State	Grade 11 State
None of my friends			30.7
1 of my friends			16.3
2 of my friends			17.3
3 of my friends			10.1
4 of my friends			25.6
N of Valid	0	0	15,079
N of Miss	18,885	21,368	280

*\*This was not asked in grades 6 and 8.*

Table 128: During the past 30 days, what type of alcohol did you usually drink?  
(Select only one response)

	Grade 6 State	Grade 8 State	Grade 11 State
I did not drink alcohol during the past 30 days.			64.0
I do not have a usual type.			4.3
Beer.			7.3
Flavored beverages (such as Smirnoff, Bacardi Silver, and Hard Lemonade).			5.0
Wine coolers (such as Bartles and Jaymes or Seagrams Wine).			0.3
Wine.			1.8
Liquor (such as vodka, rum, scotch, bourbon, or whiskey).			16.4
Some other type.			0.8
N of Valid	0	0	14,318
N of Miss	18,885	21,368	1,041

*\*This was not asked in grades 6 and 8.*

Table 129: During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.

	Grade 6 State	Grade 8 State	Grade 11 State
I did not drink alcohol during the past 30 days.			60.2
At a party			17.3
Friends under 21			12.5
Friends 21 or older			13.1
A brother or sister			3.7
A parent			8.4
A store or gas station			2.3
Liquor store			3.0
Bar night club or restaurant			1.0
Took it from home without permission			5.5
By asking a stranger to buy it for me			3.3
I got it some other way			7.3
N of Valid	18,885	21,368	15,358
N of Miss	0	0	0

*\*This was not asked in grades 6 and 8.*

Table 130: In the last 12 months, which of the following have you experienced?  
(Mark all that apply)

	Grade 6 State	Grade 8 State	Grade 11 State
I did not drink alcohol in the last 12 months.			52.9
Missed school or class because of drinking alcohol.			2.4
Got sick to my stomach because of drinking alcohol.			15.7
Not been able to remember what happened while I was drinking alcohol.			14.2
Later regretted something I did while drinking alcohol.			10.5
Worried that I drank alcohol too much or too often.			5.2
N of Valid	18,885	21,368	15,358
N of Miss	0	0	0

*\*This was not asked in grades 6 and 8.*

Table 131: During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	89.0	85.5	84.5
1 time	6.4	7.9	7.9
2 or 3 times	2.6	3.9	4.9
4 or 5 times	0.6	0.9	1.1
6 or more times	1.4	1.8	1.5
N of Valid	17,288	20,253	14,340
N of Miss	1,598	1,116	1,018

Table 132: During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			90.6
1 time			5.5
2 or 3 times			2.6
4 or 5 times			0.6
6 or more times			0.7
N of Valid	0	0	14,275
N of Miss	18,885	21,368	1,082

*\*This was not asked in grades 6 and 8.*

Table 133: During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			94.6
1 time			3.1
2 or 3 times			1.4
4 or 5 times			0.4
6 or more times			0.4
N of Valid	0	0	14,041
N of Miss	18,885	21,368	1,316

*\*This was not asked in grades 6 and 8.*

Table 134: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	72.5	63.7	47.7
1 time	14.4	16.7	24.6
2 or 3 times	8.9	13.1	20.2
4 or 5 times	1.9	3.2	4.3
6 or more times	2.3	3.3	3.3
N of Valid	16,727	19,981	13,467
N of Miss	2,159	1,388	1,892

Table 135: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			41.4
1 time			23.4
2 or 3 times			23.4
4 or 5 times			7.4
6 or more times			4.4
N of Valid	0	0	13,348
N of Miss	18,885	21,368	2,010

*\*This was not asked in grades 6 and 8.*

Table 136: During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			45.1
1 time			25.7
2 or 3 times			19.5
4 or 5 times			5.7
6 or more times			4.1
N of Valid	0	0	13,466
N of Miss	18,885	21,368	1,892

*\*This was not asked in grades 6 and 8.*



Table 137: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6 State	Grade 8 State	Grade 11 State
Never have	75.6	56.0	29.9
8 or younger	9.8	10.6	6.6
9	3.9	3.8	2.5
10	4.7	5.0	3.5
11	4.2	4.6	2.9
12	1.6	8.0	5.9
13	0.1	9.1	8.5
14	0.1	2.7	11.3
15	0.0	0.1	14.3
16			12.2
17 or older			2.4
N of Valid	17,116	20,214	14,969
N of Miss	1,771	1,155	387

Table 138: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6 State	Grade 8 State	Grade 11 State
Avg Age in Years	9.4	10.8	13.3

Table 139: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6 State	Grade 8 State	Grade 11 State
Never have	96.7	88.2	66.3
8 or younger	0.8	1.0	0.4
9	0.4	0.4	0.2
10	0.6	0.8	0.4
11	1.0	1.1	0.6
12	0.5	2.7	1.2
13	0.0	4.0	2.4
14		1.7	5.0
15	0.0	0.2	9.1
16			11.3
17 or older			3.1
N of Valid	17,100	20,130	14,868
N of Miss	1,785	1,239	491

Table 140: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6 State	Grade 8 State	Grade 11 State
Avg Age in Years	10.1	12.0	14.9

### A.4.3 Marijuana Use

Table 141: During the past 30 days, how many times did you use marijuana?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times	98.3	90.5	76.4
1 or 2 times	0.9	3.5	8.3
3 to 9 times	0.4	2.2	5.5
10 to 19 times	0.1	1.3	2.9
20 to 39 times	0.1	0.9	1.9
40 or more times	0.2	1.7	4.9
N of Valid	17,504	20,493	15,034
N of Miss	1,382	876	324

Table 142: During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply.

	Grade 6 State	Grade 8 State	Grade 11 State
I did not use marijuana during the past 30 days			74.1
A public event such as a concert or sporting event			1.9
A party			8.4
Friends 18 or older			9.5
Friends under 18			13.4
A family member			3.7
A medical marijuana cardholder or grower			3.5
I gave someone money to buy it for me			4.5
I grew it			1.6
I got it some other way			6.1
N of Valid	18,885	21,368	15,358
N of Miss	0	0	0

*\*This was not asked in grades 6 and 8.*

Table 143: How old were you when you tried marijuana for the first time?

	Grade 6 State	Grade 8 State	Grade 11 State
Never have	97.2	84.2	58.1
8 or younger	0.4	1.0	0.7
9	0.3	0.8	0.6
10	0.5	1.1	1.0
11	1.0	1.8	1.2
12	0.5	4.1	3.0
13	0.1	5.7	5.7
14	0.1	1.3	8.7
15	0.0	0.1	10.9
16			8.3
17 or older			1.6
N of Valid	17,077	20,175	14,937
N of Miss	1,809	1,195	420

Table 144: How old were you when you tried marijuana for the first time?

	Grade 6 State	Grade 8 State	Grade 11 State
Avg Age in Years	10.5	11.9	14.1

#### A.4.4 Other Drug Use

Table 145: During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	93.3	94.4	98.2
1 or 2 days	4.6	3.3	1.1
3 to 5 days	1.1	1.1	0.2
6 to 9 days	0.4	0.5	0.1
10 to 19 days	0.2	0.2	0.1
20 to 29 days	0.1	0.2	0.1
All 30 days	0.2	0.3	0.2
N of Valid	16,814	20,062	14,871
N of Miss	2,072	1,307	487

Table 146: During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

	Grade 6 State	Grade 8 State	Grade 11 State
0 days	98.3	95.5	91.6
1 or 2 days	0.9	2.3	4.3
3 to 5 days	0.3	0.9	1.7
6 to 9 days	0.1	0.5	1.2
10 to 19 days	0.2	0.2	0.6
20 to 29 days	0.0	0.2	0.3
All 30 days	0.1	0.4	0.4
N of Valid	16,609	20,039	14,843
N of Miss	2,277	1,328	516

Table 147: Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply)

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
I did not use illicit drugs during the past 30 days	82.6	82.2	73.9
Marijuana	1.5	8.7	21.8
Any form of cocaine including powder, crack or freebase	0.3	0.7	0.9
Ecstasy (also called MDMA)	0.1	0.8	1.7
Heroin or other opiates or narcotics	0.1	0.4	0.4
LSD or other hallucinogens or psychedelics	0.1	0.8	1.5
Methamphetamines (also called speed, crystal, crank or ice)	0.1	0.4	0.5
Steroid pills or shots without a doctor's prescription	0.6	0.7	0.3
N of Valid	18,885	21,369	15,359
N of Miss	0	0	0

Table 148: Any illicit drug use including marijuana, cocaine, ecstasy, heroin, hallucinogens or methamphetamines)

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
No Use	98.2	91.0	77.8
Use	1.8	9.0	22.2
N of Valid	18,885	21,369	15,358
N of Miss	0	0	0

Table 149: Any illicit drug use including cocaine, ecstasy, heroin, hallucinogens or methamphetamines)

	<b>Grade 6</b> State	<b>Grade 8</b> State	<b>Grade 11</b> State
No Use	99.4	98.2	96.7
Use	0.6	1.8	3.3
N of Valid	18,885	21,368	15,358
N of Miss	0	0	0

#### A.4.5 Lifetime Drug Use

Table 150: During your life, how many times have you used marijuana?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			57.7
1 or 2 times			7.8
3 to 9 times			8.3
10 to 19 times			5.2
20 to 39 times			4.6
40 or more times			16.3
N of Valid	0	0	14,874
N of Miss	18,885	21,368	485

*\*This was not asked in grades 6 and 8.*

Table 151: During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			91.7
1 or 2 times			4.7
3 to 9 times			1.5
10 to 19 times			0.9
20 to 39 times			0.4
40 or more times			0.8
N of Valid	0	0	14,899
N of Miss	18,885	21,368	460

*\*This was not asked in grades 6 and 8.*

Table 152: During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			97.6
1 or 2 times			0.9
3 to 9 times			0.6
10 to 19 times			0.3
20 to 39 times			0.2
40 or more times			0.4
N of Valid	0	0	14,888
N of Miss	18,885	21,368	470

*\*This was not asked in grades 6 and 8.*

Table 153: During your life, how many times have you taken a prescription drug without a doctor's prescription?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			86.3
1 or 2 times			4.8
3 to 9 times			3.7
10 to 19 times			2.2
20 to 39 times			1.3
40 or more times			1.8
N of Valid	0	0	14,882
N of Miss	18,885	21,368	477

*\*This was not asked in grades 6 and 8.*

Table 154: During your life, how many times have you used any form of cocaine, including powder, crack or freebase?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			95.3
1 or 2 times			2.3
3 to 9 times			1.0
10 to 19 times			0.5
20 to 39 times			0.3
40 or more times			0.6
N of Valid	0	0	14,886
N of Miss	18,885	21,368	472

*\*This was not asked in grades 6 and 8.*

Table 155: During your life, how many times have you used ecstasy (also called MDMA)?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			93.0
1 or 2 times			3.3
3 to 9 times			1.8
10 to 19 times			0.8
20 to 39 times			0.4
40 or more times			0.7
N of Valid	0	0	14,788
N of Miss	18,885	21,368	572

*\*This was not asked in grades 6 and 8.*

Table 156: During your life, how many times have you used heroin (also called smack, junk, or China White)?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			98.4
1 or 2 times			0.8
3 to 9 times			0.2
10 to 19 times			0.2
20 to 39 times			0.1
40 or more times			0.4
N of Valid	0	0	14,886
N of Miss	18,885	21,368	472

*\*This was not asked in grades 6 and 8.*

Table 157: During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			97.4
1 or 2 times			1.2
3 to 9 times			0.4
10 to 19 times			0.3
20 to 39 times			0.2
40 or more times			0.5
N of Valid	0	0	14,873
N of Miss	18,885	21,368	485

*\*This was not asked in grades 6 and 8.*

Table 158: During your life, how many times have you used a needle to inject any illegal drug into your body?

	Grade 6 State	Grade 8 State	Grade 11 State
0 times			98.8
1 time			0.6
2 or more times			0.6
N of Valid	0	0	14,777
N of Miss	18,885	21,368	580

*\*This was not asked in grades 6 and 8.*

Table 159: Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grade 6 State	Grade 8 State	Grade 11 State
No Use			55.2
Use			44.8
N of Valid	0	0	14,968
N of Miss	18,885	21,368	391

*\*This was not asked in grades 6 and 8.*

Table 160: Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grade 6 State	Grade 8 State	Grade 11 State
No Use			80.2
Use			19.8
N of Valid	0	0	14,955
N of Miss	18,885	21,368	403

*\*This was not asked in grades 6 and 8.*

#### A.4.6 Availability of Alcohol, Tobacco and Drugs

Table 161: If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

	Grade 6 State	Grade 8 State	Grade 11 State
Very hard	64.5	35.5	12.0
Somewhat hard	15.7	20.9	16.9
Sort of easy	11.6	24.0	33.2
Very easy	8.2	19.6	37.9
N of Valid	15,754	19,439	14,817
N of Miss	3,132	1,929	541

Table 162: If you wanted to get some, how easy would it be for you to get some cigarettes?

	Grade 6 State	Grade 8 State	Grade 11 State
Very hard	72.9	48.4	18.4
Somewhat hard	11.9	19.2	18.0
Sort of easy	7.6	15.4	23.3
Very easy	7.6	16.9	40.3
N of Valid	15,526	19,375	14,756
N of Miss	3,360	1,993	603

Table 163: If you wanted to get some, how easy would it be for you to get some marijuana?

	Grade 6 State	Grade 8 State	Grade 11 State
Very hard	83.7	53.7	18.5
Somewhat hard	7.1	13.5	12.2
Sort of easy	4.6	13.1	21.0
Very easy	4.6	19.8	48.2
N of Valid	15,539	19,319	14,767
N of Miss	3,347	2,049	591

Table 164: If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?

	Grade 6 State	Grade 8 State	Grade 11 State
Very hard	90.6	77.8	51.6
Somewhat hard	4.9	11.4	24.2
Sort of easy	2.2	5.4	12.6
Very easy	2.3	5.4	11.7
N of Valid	15,479	19,357	14,731
N of Miss	3,406	2,012	627

#### A.4.7 Perceived Risk of Harm from Substance Use

Table 165: How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

	Grade 6 State	Grade 8 State	Grade 11 State
No risk	18.2	13.9	14.1
Slight risk	34.4	32.4	31.3
Moderate risk	25.9	31.4	31.0
Great risk	21.5	22.3	23.6
N of Valid	16,654	19,890	14,884
N of Miss	2,232	1,479	476

Table 166: How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?

	Grade 6 State	Grade 8 State	Grade 11 State
No risk	13.5	8.5	6.0
Slight risk	20.8	18.9	18.0
Moderate risk	35.6	38.6	37.6
Great risk	30.0	34.0	38.4
N of Valid	16,527	19,791	14,850
N of Miss	2,359	1,576	508



Table 167: How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

	Grade 6 State	Grade 8 State	Grade 11 State
No risk	11.8	7.3	5.8
Slight risk	7.1	7.2	7.1
Moderate risk	17.0	18.5	17.1
Great risk	64.1	67.0	70.0
N of Valid	16,421	19,588	14,744
N of Miss	2,465	1,780	614

Table 168: How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

	Grade 6 State	Grade 8 State	Grade 11 State
No risk	16.5	22.1	41.3
Slight risk	28.1	31.4	33.1
Moderate risk	28.1	24.8	14.5
Great risk	27.3	21.8	11.0
N of Valid	16,289	19,669	14,788
N of Miss	2,597	1,701	569

Table 169: How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?

	Grade 6 State	Grade 8 State	Grade 11 State
No risk	13.3	13.9	23.1
Slight risk	12.0	15.9	25.2
Moderate risk	26.5	27.6	27.1
Great risk	48.2	42.5	24.6
N of Valid	16,276	19,697	14,836
N of Miss	2,610	1,671	523

Table 170: How wrong do you think it is for someone your age to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6 State	Grade 8 State	Grade 11 State
Very wrong	75.2	55.2	37.3
Wrong	18.2	28.1	33.5
A little bit wrong	5.1	12.7	21.5
Not wrong at all	1.5	4.1	7.7
N of Valid	16,993	20,223	14,641
N of Miss	1,891	1,146	718

Table 171: How wrong do you think it is for someone your age to smoke one or more packs of cigarettes a day?

	Grade 6 State	Grade 8 State	Grade 11 State
Very wrong	91.9	80.4	67.6
Wrong	6.2	14.3	21.4
A little bit wrong	1.2	3.2	7.6
Not wrong at all	0.7	2.1	3.4
N of Valid	16,890	20,123	14,589
N of Miss	1,995	1,246	770

Table 172: How wrong do you think it is for someone your age to try marijuana or hashish once or twice?

	Grade 6 State	Grade 8 State	Grade 11 State
Very wrong	79.4	53.9	25.7
Wrong	14.2	20.9	17.9
A little bit wrong	4.6	14.9	25.3
Not wrong at all	1.9	10.3	31.0
N of Valid	16,767	20,040	14,433
N of Miss	2,118	1,329	926

Table 173: How wrong do you think it is for someone your age to use marijuana or hashish once a month or more?

	Grade 6 State	Grade 8 State	Grade 11 State
Very wrong	83.0	62.5	31.7
Wrong	11.8	18.0	21.1
A little bit wrong	3.3	11.3	23.0
Not wrong at all	1.9	8.2	24.2
N of Valid	16,227	19,275	14,391
N of Miss	2,658	2,093	968

Table 174: How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6 State	Grade 8 State	Grade 11 State
Very wrong	63.0	40.0	20.3
Wrong	24.2	30.7	27.1
A little bit wrong	10.0	21.3	34.0
Not wrong at all	2.8	8.0	18.6
N of Valid	16,557	19,967	14,504
N of Miss	2,328	1,401	853

#### A.4.8 Communication about Substance Use

Table 175: During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	44.4	60.6	78.4
No	29.1	19.6	12.2
Don't know or can't say	26.5	19.8	9.5
N of Valid	16,744	20,200	14,753
N of Miss	2,142	1,168	605

Table 176: During the past 12 months, have you had a special class about drugs or alcohol in school?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	42.0	53.5	47.8
No	49.0	36.7	44.2
Don't know or can't say	9.0	9.8	8.0
N of Valid	16,761	20,093	14,690
N of Miss	2,125	1,275	669

Table 177: During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes	62.3	67.2	70.0
No	28.7	24.5	23.9
Don't know or can't say	9.0	8.3	6.1
N of Valid	16,738	20,099	14,701
N of Miss	2,148	1,270	658

Table 178: Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

	Grade 6 State	Grade 8 State	Grade 11 State
More likely			31.3
Less likely			17.3
Would make no difference			45.1
Don't know or can't say			6.3
N of Valid	0	0	14,600
N of Miss	18,885	21,368	759

*\*This was not asked in grades 6 and 8.*

## A.5 Parenting and Parental Attitudes

### A.5.1 Family Management

Table 179: My parents ask if I've gotten my homework done.

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true	80.0	65.6	50.7
Pretty much true	11.7	18.0	22.4
A little true	5.0	9.5	16.0
Not at all true	3.3	6.9	11.0
N of Valid	16,368	19,968	14,516
N of Miss	2,518	1,401	842

Table 180: My parents would catch me if I skipped school.

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true	81.1	68.2	48.1
Pretty much true	9.1	15.5	20.9
A little true	4.6	9.1	18.5
Not at all true	5.1	7.2	12.6
N of Valid	16,155	19,731	14,343
N of Miss	2,731	1,637	1,014

Table 181: When I am not at home, one of my parents knows where I am and whom I am with.

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true	77.8	66.7	51.1
Pretty much true	13.3	19.9	28.5
A little true	4.9	9.2	15.1
Not at all true	3.9	4.3	5.3
N of Valid	16,477	20,047	14,539
N of Miss	2,409	1,321	818

Table 182: My family has clear rules about alcohol and drug use.

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true	83.5	71.8	58.1
Pretty much true	9.2	14.8	21.3
A little true	3.9	8.6	14.1
Not at all true	3.4	4.8	6.5
N of Valid	16,408	19,992	14,500
N of Miss	2,479	1,377	858

Table 183: How would most students in your school respond to this statement:  
"My family has clear rules about alcohol and drug use."

	Grade 6 State	Grade 8 State	Grade 11 State
Very much true			17.3
Pretty much true			38.5
A little true			35.7
Not at all true			8.5
N of Valid	0	0	14,420
N of Miss	18,885	21,368	937

*\*This was not asked in grades 6 and 8.*

#### A.5.2 Parental Attitudes towards Substance Use

Table 184: How wrong do you think your parents feel it would be for you to drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?

	Grade 6 State	Grade 8 State	Grade 11 State
Very wrong	87.2	77.8	57.8
Wrong	7.9	13.2	22.0
A little bit wrong	3.3	6.6	14.5
Not wrong at all	1.6	2.4	5.6
N of Valid	16,782	20,111	14,547
N of Miss	2,103	1,257	812

Table 185: How wrong do you think your parents feel it would be for you to smoke cigarettes?

	Grade 6 State	Grade 8 State	Grade 11 State
Very wrong	93.8	89.3	81.4
Wrong	4.3	7.3	12.0
A little bit wrong	1.1	2.0	4.1
Not wrong at all	0.7	1.3	2.5
N of Valid	16,730	20,110	14,563
N of Miss	2,156	1,259	795

Table 186: How wrong do you think your parents feel it would be for you to smoke marijuana?

	Grade 6 State	Grade 8 State	Grade 11 State
Very wrong	95.4	86.1	70.7
Wrong	2.6	7.6	14.4
A little bit wrong	1.1	3.9	9.4
Not wrong at all	0.9	2.4	5.5
N of Valid	16,695	20,051	14,561
N of Miss	2,190	1,317	797

## A.6 Height and Weight

### A.6.1 BMI and Weight

Table 187: BMI Percentile Ranking

	Grade 6 State	Grade 8 State	Grade 11 State
Underweight			3.1
Healthy Weight			71.7
Overweight			13.5
Obese			11.6
N of Valid	0	0	13,385
N of Miss	18,885	21,368	1,973

*\*This was not asked in grades 6 and 8.*

Table 188: How do you describe your weight?

	Grade 6 State	Grade 8 State	Grade 11 State
Very underweight			1.7
Slightly underweight			12.3
About the right weight			57.1
Slightly overweight			24.8
Very overweight			4.1
N of Valid	0	0	14,436
N of Miss	18,885	21,368	920

*\*This was not asked in grades 6 and 8.*

Table 189: Which of the following are you trying to do about your weight?

	Grade 6 State	Grade 8 State	Grade 11 State
Lose weight			43.7
Gain weight			15.8
Stay the same weight			18.4
I am not trying to do anything about my weight			22.1
N of Valid	0	0	14,425
N of Miss	18,885	21,368	934

*\*This was not asked in grades 6 and 8.*

Table 190: During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes			11.0
No			89.0
N of Valid	0	0	14,418
N of Miss	18,885	21,368	940

*\*This was not asked in grades 6 and 8.*

Table 191: During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

	Grade 6 State	Grade 8 State	Grade 11 State
Yes			5.0
No			95.0
N of Valid	0	0	14,398
N of Miss	18,885	21,368	959

*\*This was not asked in grades 6 and 8.*

Table 192: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Grade 6 State	Grade 8 State	Grade 11 State
Yes			4.2
No			95.8
N of Valid	0	0	14,391
N of Miss	18,885	21,368	968

*\*This was not asked in grades 6 and 8.*

# B SWS QUESTIONNAIRES



## Oregon Student Wellness Survey for Grades 6 & 8

- The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.**
- This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.**

**1. How old are you?**

- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old

**2. What is your sex?**

- Female
- Male

**3. In what grade are you?**

- 6th
- 7th
- 8th
- 9th

**4. What is your race? (Please mark all that apply.)**

- American Indian or Alaska Native
- Asian
- Black or African American
- Native or Other Pacific Islander
- White

**5. Are you Hispanic or Latino/Latina?**

- Yes
- No

**6. What is the language you use most often at home?**

- English
- Russian
- Spanish
- Vietnamese
- A tribal language
- Another language

**Would you say that in general your...**



7. emotional and mental health is...

- Excellent
- Very Good
- Good
- Fair
- Poor

8. physical health is...

**9. Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?**

- Yes
- No

**10. How many times have you changed homes since kindergarten?**

- Never
- 1 or 2 times
- 3 or 4 times
- 5 or 6 times
- 7 or more times

**11. Putting them all together, what were your grades like last year?**

- Mostly A's
- Mostly B's
- Mostly C's
- Mostly D's
- Mostly F's

**12. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?**

- None
- 1 day
- 2 days
- 3 days
- 4 to 5 days
- 6 to 10 days
- 11 days or more

PLEASE DO NOT WRITE IN THIS AREA

[SERIAL]



**13. How do you like school?**

- I like school very much
- I like school
- I neither like nor dislike school
- I dislike school
- I dislike school very much

**14. How important do you think the things you are learning in school are going to be for your later life?**

- Very important
- Quite important
- Fairly important
- Slightly important
- Not at all important

	Almost always	Sometimes	Often	Seldom	Never
15. How often do you feel that the schoolwork you are assigned is meaningful and important?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. Thinking back over the past school year, how often did you try to do your best work in school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How much do you agree with the following statements about school?**

	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree
17. I have lots of chances to be part of class discussions or activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. I respect most of my teachers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. My teachers notice when I am doing a good job and let me know about it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. I can talk to my teachers openly and freely about my concerns.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. In my school, teachers treat students with respect.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. Most students at my school help each other when they are hurt or upset.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. In my school, students that work hard to get good grades are picked on by other students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	6 or more days	4 or 5 days	2 or 3 days	1 day	0 days
During the past 30 days, on how many days did you...					
25. not go to school because you felt you would be unsafe at school or on your way to or from school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. carry a gun as a weapon on school property?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. carry a weapon (other than a gun) such as a knife or club on school property?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	12 or more times	10 or 11 times	8 or 9 times	6 or 5 times	4 or 3 times	2 or 1 time	0 times
During the past 12 months, how many times...							
28. were you in a physical fight?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. were you in a physical fight on school property?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. have you been suspended from school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. has someone threatened you with a weapon such as a gun, knife, or club on school property?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**33. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?**

- Yes
- No

	6 or more times	4 or 5 times	2 or 3 times	1 time	0 times
Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit. In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school...					
34. because of your race or ethnic origin.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. because someone said you were gay, lesbian, bisexual or transgender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. because of who your friends are.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. because of how you look (weight, clothes, acne, or other physical characteristics).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. because you received unwanted sexual comments or attention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. through e-mail, chat rooms, instant messaging, Web sites, texting or phone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. for other reasons.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often have you...	Never	Once or twice per year	Once or twice per month	Once or twice per week	Every day
41. seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

52. Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please check ALL the different types of betting that you have done, if any, during the last 30 days:

- I did not gamble during the last 30 days
- Playing lottery tickets/Powerball/Megabucks
- Playing dice or coin flips
- Playing cards (poker, etc.)
- Betting on a sports team
- Betting on games of personal skill (bowling, video games, dares, etc.)
- Gambling on the Internet for free or with money
- Playing Bingo for money
- Other

During the past 30 days, how much of the time have you...	None of the time	A little of the time	Some of the time	A good bit of the time	Most of the time	All of the time
44. been a happy person?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. been a very nervous person?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. felt calm and peaceful?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. felt downhearted and blue?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. felt so down in the dumps that nothing could cheer you up?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

53. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

- Yes
- No
- I don't bet for money

54. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

- Yes
- No
- I don't bet for money

49. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

- Yes
- No

50. During the past 12 months, did you ever seriously consider attempting suicide?

- Yes
- No

51. During the past 12 months, how many times did you actually attempt suicide?

- 0 times
- 1 time
- 2 or 3 times
- 4 or 5 times
- 6 or more times

	Yes	No
55. Have you ever lied to anyone about betting/gambling?	<input type="radio"/>	<input type="radio"/>
56. Have you ever bet/gambled more than you wanted to?	<input type="radio"/>	<input type="radio"/>
57. Have your parents ever talked to you about the risks of betting/gambling?	<input type="radio"/>	<input type="radio"/>
58. Have your teachers ever talked to you about the risks of betting/gambling?	<input type="radio"/>	<input type="radio"/>

PLEASE DO NOT WRITE IN THIS AREA

[SERIAL]

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor ("shots") such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

**During the past 30 days, on how many days did you...**

	20	All 30 days
	10 to 19 days	
	6 to 9 days	
	3 to 5 days	
	1 or 2 days	
	0 days	

59. have at least one drink of alcohol?

60. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

**During the past 30 days, on how many days do you think most students in your school...**

61. had at least one drink of alcohol? (your best estimate)

62. had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

63. During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

64. During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	6 or more times
	4 or 5 times
	2 or 3 times
	1 time
	0 times

**During the past 30 days, on how many days did you...**

	All 30 days
	20 to 19 days
	10 to 9 days
	6 to 5 days
	3 to 2 days
	1 or 0 days

65. smoke cigarettes?

66. use other tobacco products?

**67. During the past 30 days, how many times did you use marijuana?**

0 times

1 or 2 times

3 to 9 times

10 to 19 times

20 to 39 times

40 or more times

**How old were you...**

	8 years old or younger
	9 years old
	10 years old
	11 years old
	12 years old
	13 years old
	14 years old
	15 years old

68. when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

69. when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

70. when you smoked a whole cigarette for the first time?

71. the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

72. when you tried marijuana for the first time?

**How much do you think people risk harming themselves (physically or in other ways)...**

	Great risk
	Moderate risk
	Slight risk
	No risk

73. if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

74. when they have five or more drinks of an alcoholic beverage once or twice a week?

75. if they smoke one or more packs of cigarettes per day?

76. if they try marijuana once or twice?

77. if they smoke marijuana once or twice a week?

**If you wanted to get some, how easy would it be for you to...**

	Very easy
	Sort of easy
	Somewhat hard
	Very hard

78. get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

79. get some cigarettes?

80. get some marijuana?

81. get a drug like cocaine, LSD, or amphetamines?

**During the past 30 days, on how many days did you...**

	All 30 days
	20 to 19 days
	10 to 9 days
	6 to 5 days
	3 to 2 days
	1 or 0 days

82. sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

83. use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?



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13. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

- None
- 1 day
- 2 days
- 3 days
- 4 to 5 days
- 6 to 10 days
- 11 days or more

14. How do you like school?

- I like school very much
- I like school
- I neither like nor dislike school
- I dislike school
- I dislike school very much

15. How important do you think the things you are learning in school are going to be for your later life?

- Very important
- Quite important
- Fairly important
- Slightly important
- Not at all important

	Almost always	Sometimes	Seldom	Never
16. How often do you feel that the schoolwork you are assigned is meaningful and important?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. Thinking back over the past school year, how often did you try to do your best work in school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much do you agree with the following statements about school?

	Strongly agree	Somewhat agree	Strongly disagree
18. I have lots of chances to be part of class discussions or activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I respect most of my teachers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. My teachers notice when I am doing a good job and let me know about it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I can talk to my teachers openly and freely about my concerns.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. In my school, teachers treat students with respect.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. Most students at my school help each other when they are hurt or upset.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. In my school, students that work hard to get good grades are picked on by other students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During the past 30 days, on how many days did you...

	0 days	1 day	2 or 3 days	4 or 5 days	6 or more days
26. not go to school because you felt you would be unsafe at school or on your way to or from school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. carry a gun as a weapon on school property?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. carry a weapon (other than a gun) such as a knife or club on school property?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During the past 12 months, how many times...

	0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10 or 11 times	12 or more times
29. were you in a physical fight?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. were you in a physical fight on school property?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. have you been suspended from school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. has someone threatened you with a weapon such as a gun, knife, or club on school property?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. have you been drunk or high at school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

35. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

- Yes
- No

Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and being pushed around or hit. In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school...

	0 times	1 time	2 or 3 times	4 or 5 times	6 or more times
36. because of your race or ethnic origin.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. because someone said you were gay, lesbian, bisexual or transgender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. because of who your friends are.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. because of how you look (weight, clothes, acne, or other physical characteristics).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. because you received unwanted sexual comments or attention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. through e-mail, chat rooms, instant messaging, Web sites, texting or phone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. for other reasons.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often have you...	Every day	
	Once or twice per week	
	Once or twice per month	
	Once or twice per year	
	Never	
43. seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?		
44. heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?		
45. heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?		

54. During the past 12 months, how many times did you actually attempt suicide?

- 0 times
- 1 time
- 2 or 3 times
- 4 or 5 times
- 6 or more times

55. Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:

- I did not gamble during the last 30 days
- Playing lottery tickets/Powerball/Megabucks
- Playing dice or coin flips
- Playing cards (poker, etc.)
- Betting on a sports team
- Betting on games of personal skill (bowling, video games, dares, etc.)
- Gambling on the Internet for free or with money
- Playing Bingo for money
- Other

46. On an average school night, how many hours of sleep do you get?

- 4 or less
- 5 hours
- 6 hours
- 7 hours
- 8 hours
- 9 hours
- 10 or more hours

During the past 30 days, how much of the time have you...

During the past 30 days, how much of the time have you...	None of the time	
	A little of the time	
	Some of the time	
	A good bit of the time	
	Most of the time	
	All of the time	
47. been a happy person?		
48. been a very nervous person?		
49. felt calm and peaceful?		
50. felt downhearted and blue?		
51. felt so down in the dumps that nothing could cheer you up?		

52. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

- Yes
- No

53. During the past 12 months, did you ever seriously consider attempting suicide?

- Yes
- No

56. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

- Yes
- No
- I don't bet for money

57. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

- Yes
- No
- I don't bet for money

58. Have you ever lied to anyone about betting/gambling?

59. Have you ever bet/gambled more than you wanted to?

60. Have your parents ever talked to you about the risks of betting/gambling?

61. Have your teachers ever talked to you about the risks of betting/gambling?

	Yes	No
58. Have you ever lied to anyone about betting/gambling?	<input type="radio"/>	<input type="radio"/>
59. Have you ever bet/gambled more than you wanted to?	<input type="radio"/>	<input type="radio"/>
60. Have your parents ever talked to you about the risks of betting/gambling?	<input type="radio"/>	<input type="radio"/>
61. Have your teachers ever talked to you about the risks of betting/gambling?	<input type="radio"/>	<input type="radio"/>

PLEASE DO NOT WRITE IN THIS AREA

[SERIAL]



The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor ("shots") such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

62. During your life, on how many days have you had at least one drink of alcohol?

- 0 days
- 1 or 2 days
- 3 to 9 days
- 10 to 19 days
- 20 to 39 days
- 40 to 99 days
- 100 or more days

	All 30 days						
	20 to 29 days						
	10 to 19 days						
	6 to 5 days						
	3 to 2 days						
	1 or 0 days						

During the past 30 days, on how many days did you...

63. have at least one drink of alcohol?  
64. have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

During the past 30 days, on how many days do you think most students in your school...

65. had at least one drink of alcohol? (your best estimate)  
66. had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

67. Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

- None of my friends
- 1 of my friends
- 2 of my friends
- 3 of my friends
- 4 of my friends

68. During the past 30 days, what type of alcohol did you usually drink? Select only one response.

- I did not drink alcohol during the past 30 days
- I do not have a usual type
- Beer
- Flavored beverages (such as Smirnoff, Bacardi Silver, Hard Lemonade, Jooze and Sparks)
- Wine coolers (such as Bartles & Jaymes or Seagrams)
- Wine
- Liquor (such as vodka, rum, scotch, bourbon or whiskey)
- Some other type

69. During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.

- I did not drink alcohol during the past 30 days
- At a party
- Friends under 21
- Friends 21 or older
- A brother or sister
- A parent
- A store or gas station
- Liquor store
- Bar night club or restaurant
- Took it from home without permission
- By asking a stranger to buy it for me
- I got it some other way

70. In the last 12 months, which of the following have you experienced? Please mark all that apply.

- I did not drink alcohol in the last 12 months
- Missed school or class because of drinking alcohol
- Gotten sick to my stomach because of drinking alcohol
- Not been able to remember what happened while I was drinking alcohol
- Later regretted something I did while drinking alcohol
- Worried that I drank alcohol too much or too often

During the past 30 days, how many times did you...

71. ride in a vehicle driven by a parent or other adult who had been drinking alcohol?  
72. ride in a vehicle driven by a teenager who had been drinking alcohol?  
73. drive a car or other vehicle when you had been drinking alcohol?

During the past 30 days, how many times did most students in your school...

74. ride in a vehicle driven by a parent or other adult who had been drinking alcohol?  
75. ride in a vehicle driven by a teenager who had been drinking alcohol?  
76. drive a car or other vehicle when they had been drinking alcohol?

	6 or more times						
	4 or 5 times						
	2 or 3 times						
	1 time						
	0 times						

During the past 30 days, on how many days did you...

77. smoke cigarettes?  
78. use other tobacco products?  
79. smoke tobacco in a "Hookah," also known as a water pipe?

	All 30 days						
	20 to 19 days						
	10 to 9 days						
	6 to 5 days						
	3 to 2 days						
	1 or 0 days						



80. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.

- I did not get tobacco during the past 30 days
- A store or gas station
- Friends 18 or older
- Friends under 18
- Took from home without permission
- A family member
- The internet
- Some other source

81. During the past 30 days, how many times did you use marijuana?

- 0 times
- 1 or 2 times
- 3 to 9 times
- 10 to 19 times
- 20 to 39 times
- 40 or more times

82. During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply.

- I did not use marijuana during the past 30 days
- A public event such as a concert or sporting event
- A party
- Friends 18 or older
- Friends under 18
- A family member
- A medical marijuana cardholder or grower
- I gave someone money to buy it for me
- I grew it
- I got it some other way

How old were you...	8 Years old or younger	9 years old	10 Years old	11 Years old	12 Years old	13 Years old	14 Years old	15 Years old	16 Years old	17 Years old or older
83. when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
84. when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
85. when you smoked a whole cigarette for the first time?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
86. the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
87. when you tried marijuana for the first time?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How much do you think people risk harming themselves (physically or in other ways)...

	No risk	Slight risk	Moderate risk	Great risk
88. if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
89. when they have five or more drinks of an alcoholic beverage once or twice a week?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
90. if they smoke one or more packs of cigarettes per day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
91. if they try marijuana once or twice?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
92. if they smoke marijuana once or twice a week?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

if you wanted to get some, how easy would it be for you to ...

	Very hard	Somewhat hard	Sort of easy	Very easy
93. get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
94. get some cigarettes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
95. get some marijuana?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
96. get a drug like cocaine, LSD, or amphetamines?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PLEASE DO NOT WRITE IN THIS AREA



[SERIAL]

11385

	40 or more times	20 to 39 times	10 to 19 times	3 to 9 times	1 or 2 times	0 times
During your life, how many times have you...						
97. Used marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
98. Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
99. Taken steroid pills or shots without a doctor's prescription?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
100. Taken a prescription drug without a doctor's prescription, to get high?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
101. Used any form of cocaine, including powder, crack or freebase?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
102. Used ecstasy (also called MDMA)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
103. Used heroin (also called smack, junk, or China White)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
104. Used methamphetamines (also called speed, crystal, crank or ice)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

105. During your life, how many times have you used a needle to inject any illegal drug into your body?

- 0 times
- 1 time
- 2 or more times

	All 30 days	20 to 29 days	10 to 19 days	6 to 9 days	3 to 5 days	1 or 2 days	0 days
During the past 30 days, on how many days did you...							
106. sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
107. use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

108. Which of the following illicit drugs did you use during the past 30 days? Please mark all that apply.

- I did not use illicit drugs during the past 30 days
- Marijuana
- Any form of cocaine including powder, crack or freebase
- Ecstasy (also called MDMA)
- Heroin or other opiates or narcotics
- LSD or other hallucinogens or psychedelics
- Methamphetamines (also called speed, crystal, crank or ice)
- Steroid pills or shots without a doctor's prescription

	Don't know or can't say	No	Yes
During the past 12 months...			
109. do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
110. have you had a special class about drugs or alcohol in school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
111. have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? By parents we mean your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

112. Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

- More likely
- Less likely
- Would make no difference
- Don't know or can't say

	Not wrong at all	A little bit wrong	Wrong	Very wrong
How wrong do you think it is for someone your age to...				
113. have one or two drinks of an alcoholic beverage nearly every day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
114. smoke one or more packs of cigarettes a day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
115. try marijuana or hashish once or twice?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
116. use marijuana or hashish once a month or more?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
117. How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Not wrong at all	A little bit wrong	Wrong	Very wrong
How wrong do you think your parents feel it would be for you to...				
118. drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
119. smoke cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
120. smoke marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How true are the following statements?

	Very much true	A little true	Not at all true
121. I can do most things if I try.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
122. I can work out my problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
123. I volunteer to help others in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
124. There is at least one teacher or other adult in my school that really cares about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
125. My parents ask if I've gotten my homework done.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
126. My parents would catch me if I skipped school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
127. When I am not at home, one of my parents knows where I am and whom I am with.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
128. My family has clear rules about alcohol and drug use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
129. How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

131. How much do you weigh without your shoes on?  
Directions: Write your weight in the shaded blank boxes.  
Fill in the matching circle below each number.

Weight Pounds	0	9	5
Weight Pounds	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Weight Pounds	0	1	2	3	4	5	6	7	8	9
Weight Pounds	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

130. How tall are you without your shoes on?  
Directions: Write your height in the shaded blank boxes.  
Fill in the matching circle below each number.

Height Feet	4
Height Inches	10
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>

Height Feet	
Height Inches	
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>
	<input type="radio"/>

132. How do you describe your weight?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

133. Which of the following are you trying to do about your weight?

- Lose weight
- Gain weight
- Stay the same weight
- I am not trying to do anything about my weight

During the past 30 days, did you...

	Yes	No
134. Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?	<input type="radio"/>	<input type="radio"/>
135. Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)	<input type="radio"/>	<input type="radio"/>
136. Vomit or take laxatives to lose weight or to keep from gaining weight?	<input type="radio"/>	<input type="radio"/>

11368

