

# Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

Do you currently take any vitamin pills or supplements?  
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
<b>Yes</b>		59.7	40.5	54.8	62.0	63.6	65.2	66.5
<b>No</b>		40.1	59.5	45.2	38.0	36.1	34.8	33.1
<b>Don't know/Not sure</b>		.1				.1		.2
<b>Refused</b>		.1				.2		.2
<b>Male</b>	<b>Yes</b>	52.5	38.8	41.9	57.3	56.8	57.8	59.4
	<b>No</b>	47.5	61.2	58.1	42.7	42.9	42.2	40.6
	<b>Don't know/Not sure</b>	.0				.2		
<b>Female</b>	<b>Yes</b>	66.6	42.3	68.0	66.6	70.5	72.2	71.7
	<b>No</b>	33.2	57.7	32.0	33.4	29.2	27.8	27.6
	<b>Don't know/Not sure</b>	.1						.4
	<b>Refused</b>	.1				.3		.3

Denominator is: All survey respondents

Do you currently take any vitamin pills or supplements?  
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
<b>Total</b>		3308	292	607	750	592	391	676
<b>Yes</b>		2054	121	353	470	386	267	457
<b>No</b>		1249	171	254	280	204	124	216
<b>Don't know/Not sure</b>		3				1		2
<b>Refused</b>		2				1		1
<b>Male</b>	<b>Total</b>	1399	153	273	327	241	170	235
	<b>Yes</b>	747	55	127	189	134	100	142
	<b>No</b>	651	98	146	138	106	70	93
	<b>Don't know/Not sure</b>	1				1		
<b>Female</b>	<b>Total</b>	1909	139	334	423	351	221	441
	<b>Yes</b>	1307	66	226	281	252	167	315
	<b>No</b>	598	73	108	142	98	54	123
	<b>Don't know/Not sure</b>	2						2
	<b>Refused</b>	2				1		1

Denominator is: All survey respondents

## Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

Are any of these a multivitamin?  
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
<b>Yes</b>		81.0	78.7	88.5	82.8	78.4	80.2	76.5
<b>No</b>		18.5	20.0	11.3	16.4	21.4	19.8	22.6
<b>Don't know/Not sure</b>		.5	1.3	.2	.8	.2		.9
<b>Male</b>	<b>Yes</b>	77.7	73.1	84.2	82.3	71.5	84.3	70.5
	<b>No</b>	21.7	24.3	15.8	16.7	28.5	15.7	28.6
	<b>Don't know/Not sure</b>	.6	2.6		.9			.9
<b>Female</b>	<b>Yes</b>	83.4	84.2	91.2	83.2	84.0	77.2	80.2
	<b>No</b>	16.1	15.8	8.5	16.1	15.6	22.8	19.0
	<b>Don't know/Not sure</b>	.5		.3	.7	.4		.9

Denominator is: All survey respondents who currently take vitamin pills or supplements

Are any of these a multivitamin?  
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
<b>Total</b>		2054	121	353	470	386	267	457
<b>Yes</b>		1666	94	316	392	304	211	349
<b>No</b>		376	26	36	74	80	56	104
<b>Don't know/Not sure</b>		12	1	1	4	2		4
<b>Male</b>	<b>Total</b>	747	55	127	189	134	100	142
	<b>Yes</b>	596	39	113	159	104	82	99
	<b>No</b>	147	15	14	28	30	18	42
	<b>Don't know/Not sure</b>	4	1		2			1
<b>Female</b>	<b>Total</b>	1307	66	226	281	252	167	315
	<b>Yes</b>	1070	55	203	233	200	129	250
	<b>No</b>	229	11	22	46	50	38	62
	<b>Don't know/Not sure</b>	8		1	2	2		3

Denominator is: All survey respondents who currently take vitamin pills or supplements

## Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

Do any of the vitamin pills or supplements you take contain folic acid?  
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
<b>Yes</b>		16.3	13.7	15.9	23.8	11.8	25.5	10.3
<b>No</b>		51.5	62.2	58.8	49.2	55.8	50.4	44.0
<b>Don't know/Not sure</b>		32.2	24.1	25.3	27.0	32.4	24.1	45.6
<b>Male</b>	<b>Yes</b>	12.6	21.9	18.5	17.6	4.9	27.5	4.8
	<b>No</b>	53.8	59.7	68.0	49.8	53.8	56.5	47.1
	<b>Don't know/Not sure</b>	33.6	18.4	13.5	32.7	41.3	15.9	48.1
<b>Female</b>	<b>Yes</b>	19.9		12.9	29.2	21.9	24.4	15.3
	<b>No</b>	49.3	66.5	48.3	48.7	58.7	47.3	41.2
	<b>Don't know/Not sure</b>	30.9	33.5	38.8	22.1	19.4	28.3	43.5
Denominator is: All survey respondents who currently take vitamin supplements								

Do any of the vitamin pills or supplements you take contain folic acid?  
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
<b>Total</b>		388	27	37	78	82	56	108
<b>Yes</b>		70	4	6	20	12	14	14
<b>No</b>		198	17	20	39	46	28	48
<b>Don't know/Not sure</b>		120	6	11	19	24	14	46
<b>Male</b>	<b>Total</b>	151	16	14	30	30	18	43
	<b>Yes</b>	24	4	3	7	2	6	2
	<b>No</b>	78	9	7	14	17	10	21
	<b>Don't know/Not sure</b>	49	3	4	9	11	2	20
<b>Female</b>	<b>Total</b>	237	11	23	48	52	38	65
	<b>Yes</b>	46		3	13	10	8	12
	<b>No</b>	120	8	13	25	29	18	27
	<b>Don't know/Not sure</b>	71	3	7	10	13	12	26
Denominator is: All survey respondents who currently take vitamin supplements								

## Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

Some health experts recommend that women take 400 micrograms of the B vitamin folic acid for which one of the following reasons?  
(Weighted Column Percents)

		Total	Age Groups		
			18-24	25-34	35-44
For strong bones		13.1	15.6	13.1	11.9
Prevent defects		34.8	33.8	38.4	32.4
Prevent anemia		3.8	4.6	3.0	4.0
Other reason		14.5	15.6	12.3	15.6
Don't know/Not sure		33.8	30.4	32.8	36.1
Refused		.1		.3	
Female	For strong bones	13.1	15.6	13.1	11.9
	Prevent defects	34.8	33.8	38.4	32.4
	Prevent anemia	3.8	4.6	3.0	4.0
	Other reason	14.5	15.6	12.3	15.6
	Don't know/Not sure	33.8	30.4	32.8	36.1
	Refused	.1		.3	

Denominator is: All female survey respondents under 45

Some health experts recommend that women take 400 micrograms of the B vitamin folic acid for which one of the following reasons?  
(Unweighted Frequencies)

		Total	Age Groups		
			18-24	25-34	35-44
Total		896	139	334	423
For strong bones		99	19	32	48
Prevent defects		321	45	136	140
Prevent anemia		33	6	11	16
Other reason		128	22	41	65
Don't know/Not sure		314	47	113	154
Refused		1		1	
Female	Total	896	139	334	423
	For strong bones	99	19	32	48
	Prevent defects	321	45	136	140
	Prevent anemia	33	6	11	16
	Other reason	128	22	41	65
	Don't know/Not sure	314	47	113	154
	Refused	1		1	

Denominator is: All female survey respondents under 45