

# Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1999

How is your general health?  
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Excellent		22.3	22.8	24.9	27.7	23.5	18.7	14.1
Very good		34.7	36.7	36.8	37.8	37.2	29.6	28.3
Good		29.3	32.5	28.5	24.8	26.0	31.5	35.2
Fair		10.1	7.0	9.0	7.8	8.6	13.6	15.1
Or poor		3.7	1.0	.8	1.9	4.7	6.7	7.3
Male	Excellent	22.7	25.3	24.5	27.3	23.2	19.9	14.0
	Very good	32.9	33.4	35.7	36.9	35.9	24.2	26.7
	Good	30.6	34.0	29.0	27.3	26.9	32.6	37.3
	Fair	10.5	6.1	10.1	7.0	9.4	16.6	15.9
	Or poor	3.3	1.2	.7	1.6	4.6	6.7	6.1
Female	Excellent	21.8	20.2	25.3	28.1	23.8	17.5	14.2
	Very good	36.3	40.2	38.0	38.6	38.6	34.8	29.5
	Good	28.0	31.1	27.9	22.3	25.2	30.4	33.7
	Fair	9.7	7.9	7.8	8.7	7.7	10.7	14.5
	Or poor	4.1	.7	.9	2.3	4.7	6.6	8.1

Denominator is: All survey respondents.

How is your general health?  
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		7,196	639	1,385	1,484	1,486	892	1,310
Excellent		1,629	141	350	418	362	174	184
Very good		2,509	246	518	566	548	264	367
Good		2,076	197	397	355	391	280	456
Fair		696	47	107	114	119	113	196
Or poor		267	6	12	30	64	57	98
Don't know/Not sure		15	2	1		1	4	7
Refused		4			1	1		2
Male	Total	3,039	293	618	648	654	372	454
	Excellent	713	74	159	181	162	77	60
	Very good	1,014	102	223	245	232	90	122
	Good	907	93	177	169	177	125	166
	Fair	299	19	54	42	55	55	74
	Or poor	101	3	5	10	28	24	31
	Don't know/Not sure	4	2				1	1

	<b>Refused</b>	1			1			
<b>Female</b>	<b>Total</b>	4,157	346	767	836	832	520	856
	<b>Excellent</b>	916	67	191	237	200	97	124
	<b>Very good</b>	1,495	144	295	321	316	174	245
	<b>Good</b>	1,169	104	220	186	214	155	290
	<b>Fair</b>	397	28	53	72	64	58	122
	<b>Or poor</b>	166	3	7	20	36	33	67
	<b>Don't know/Not sure</b>	11		1		1	3	6
	<b>Refused</b>	3				1		2

Denominator is: All survey respondents.

# Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1999

For how many days during the past 30 days was your physical health not good?  
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	5.9	10.9	8.5	6.0	5.0	3.4	2.6	
2	7.2	8.8	9.5	7.3	7.4	6.5	4.0	
3	3.7	4.5	3.7	3.9	3.9	3.0	3.4	
4	2.3	4.1	2.1	2.4	2.5	1.8	1.6	
5	2.9	2.9	2.9	3.3	3.2	2.7	2.1	
6	.5	.8	.3	.5	.6	.2	.4	
7	2.1	3.1	2.5	1.9	2.4	1.1	1.8	
8	.3	.4	.5	.4	.1	.3	.2	
9	.0		.1		.0	.1		
10	1.5	1.0	.6	1.3	1.9	2.3	2.1	
12	.1		.1	.1	.1	.1	.1	
14	1.2	1.8	1.3	1.4	.7	.8	1.0	
15	1.3	.5	.8	1.2	.9	2.3	2.1	
16	.1	.4	.1					
17	.0		.1					
19	.0		.0		.0			
20	.9	.6	.7	.8	.6	1.0	1.5	
21	.3	.1	.2	.5	.4	.8		
22	.0		.1					
23	.0		.1					
24	.0				.0			
25	.2		.3	.2	.1	.5	.3	
26	.0				.1			
27	.0		.1		.1	.1		
28	.2		.1	.1	.3	.5		
29	.1		.1	.1	.0	.0	.2	
30	5.9	2.1	2.6	4.2	7.0	8.6	10.8	
None	63.2	57.9	62.4	64.3	62.4	64.1	65.9	
	1	5.6	10.9	8.3	5.2	4.4	3.0	2.6
	2	6.7	7.6	8.2	6.3	7.4	6.6	4.2
	3	3.6	6.0	3.1	2.9	3.4	3.9	3.0
	4	1.9	2.9	1.6	2.3	2.2	.9	1.5
	5	2.3	2.4	2.6	2.8	2.5	2.0	1.2
	6	.6	1.2		.6	.6		.9
	7	1.7	4.0	1.9	.8	2.1	1.0	.8

<b>Male</b>	<b>8</b>	.0		.2			.2		
	<b>9</b>	.0				.1			
	<b>10</b>	1.5	.5	.4	.9	1.6	3.9	2.6	
	<b>12</b>	.1			.3	.1			
	<b>14</b>	.6	.9	.6	1.0	.3	.4	.3	
	<b>15</b>	1.2	.9	1.0	1.4	.5	2.2	1.3	
	<b>17</b>	.0		.2					
	<b>19</b>	.0		.1		.1			
	<b>20</b>	.6	.6	.4	.3	.7	.8	1.2	
	<b>21</b>	.3			.5	.3	.9		
	<b>23</b>	.0		.2					
	<b>24</b>	.0				.1			
	<b>25</b>	.2		.2	.2	.1	.5	.1	
	<b>28</b>	.1				.7			
	<b>29</b>	.1		.3		.1	.1	.3	
	<b>30</b>	5.4	1.6	2.0	4.1	6.6	8.5	10.8	
	<b>None</b>	67.3	60.4	68.8	70.4	66.1	65.2	69.3	
	<b>Female</b>	<b>1</b>	6.1	10.9	8.8	6.8	5.5	3.7	2.6
		<b>2</b>	7.7	10.1	10.9	8.4	7.5	6.4	3.9
		<b>3</b>	3.9	2.8	4.2	4.8	4.3	2.2	3.7
<b>4</b>		2.7	5.4	2.7	2.5	2.9	2.6	1.7	
<b>5</b>		3.4	3.4	3.3	3.9	3.9	3.3	2.7	
<b>6</b>		.4	.4	.6	.3	.5	.3		
<b>7</b>		2.6	2.1	3.2	3.0	2.7	1.1	2.5	
<b>8</b>		.6	.8	.9	.8	.3	.3	.4	
<b>9</b>		.0		.1			.1		
<b>10</b>		1.5	1.6	.8	1.8	2.3	.8	1.7	
<b>12</b>		.1		.3		.2	.1	.2	
<b>14</b>		1.7	2.8	2.0	1.8	1.1	1.3	1.5	
<b>15</b>		1.4		.5	1.0	1.2	2.4	2.6	
<b>16</b>		.1	.8	.1					
<b>20</b>		1.1	.6	1.0	1.2	.5	1.3	1.7	
<b>21</b>		.4	.3	.5	.6	.5	.6		
<b>22</b>		.0		.1					
<b>25</b>		.3		.4	.3	.2	.5	.4	
<b>26</b>		.0				.1			
<b>27</b>		.1		.2		.1	.1		
<b>28</b>	.2		.3	.3		.9			
<b>29</b>	.1			.1			.2		
<b>30</b>	6.3	2.6	3.2	4.2	7.5	8.7	10.8		
<b>None</b>	59.2	55.4	55.7	58.3	58.7	63.1	63.4		

Denominator is: All survey respondents.

Oregon Public Health Division - [healthoregon.org/brfss](http://healthoregon.org/brfss)

# Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1999

For how many days during the past 30 days was your physical health not good?  
(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
<b>Total</b>	7,196	639	1,385	1,484	1,486	892	1,310	
<b>1</b>	410	64	115	89	78	32	32	
<b>2</b>	505	57	126	112	107	55	48	
<b>3</b>	278	29	55	64	59	27	44	
<b>4</b>	170	30	30	36	38	16	20	
<b>5</b>	209	19	42	44	53	24	27	
<b>6</b>	32	5	6	6	8	2	5	
<b>7</b>	157	21	35	32	35	11	23	
<b>8</b>	23	2	9	4	2	2	4	
<b>9</b>	3		1		1	1		
<b>10</b>	108	9	10	21	26	16	26	
<b>12</b>	10		2	2	3	1	2	
<b>14</b>	94	14	20	24	13	8	15	
<b>15</b>	92	2	9	16	17	20	28	
<b>16</b>	3	2	1					
<b>17</b>	1		1					
<b>19</b>	2		1		1			
<b>20</b>	59	4	12	11	7	8	17	
<b>21</b>	26	1	3	8	7	7		
<b>22</b>	1		1					
<b>23</b>	1		1					
<b>24</b>	1				1			
<b>25</b>	18		3	3	3	4	5	
<b>26</b>	1				1			
<b>27</b>	4		2		1	1		
<b>28</b>	9		1	2	3	3		
<b>29</b>	7		1	1	1	1	3	
<b>30</b>	429	13	36	56	102	80	142	
<b>Don't know/Not sure</b>	90	6	10	8	6	14	46	
<b>None</b>	4,443	361	852	945	909	559	817	
<b>Refused</b>	10				4		6	
	<b>Total</b>	3,039	293	618	648	654	372	454
	<b>1</b>	172	33	51	37	28	12	11
	<b>2</b>	200	24	48	42	46	22	18

Male

3	104	18	18	19	22	14	13
4	60	9	10	15	16	4	6
5	61	6	15	12	17	6	5
6	16	3		4	4		5
7	49	12	11	7	13	3	3
8	3		2			1	
9	1				1		
10	45	2	3	6	10	12	12
12	3			2	1		
14	19	3	3	7	2	3	1
15	34	2	5	7	3	9	8
17	1		1				
19	2		1		1		
20	19	1	4	2	4	3	5
21	8			3	2	3	
23	1		1				
24	1				1		
25	6		1	1	1	2	1
28	3				3		
29	4		1		1	1	1
30	161	4	13	24	40	33	47
Don't know/Not sure	25	4	3		1	4	13
None	2,037	172	427	460	435	240	303
Refused	4				2		2

Female

<b>Total</b>	4,157	346	767	836	832	520	856
1	238	31	64	52	50	20	21
2	305	33	78	70	61	33	30
3	174	11	37	45	37	13	31
4	110	21	20	21	22	12	14
5	148	13	27	32	36	18	22
6	16	2	6	2	4	2	
7	108	9	24	25	22	8	20
8	20	2	7	4	2	1	4
9	2		1			1	
10	63	7	7	15	16	4	14
12	7		2		2	1	2
14	75	11	17	17	11	5	14
15	58		4	9	14	11	20
16	3	2	1				
20	40	3	8	9	3	5	12
21	18	1	3	5	5	4	

<b>22</b>	1		1				
<b>25</b>	12		2	2	2	2	4
<b>26</b>	1				1		
<b>27</b>	4		2		1	1	
<b>28</b>	6		1	2		3	
<b>29</b>	3			1			2
<b>30</b>	268	9	23	32	62	47	95
<b>Don't know/Not sure</b>	65	2	7	8	5	10	33
<b>None</b>	2,406	189	425	485	474	319	514
<b>Refused</b>	6				2		4

Denominator is: All survey respondents.



# Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1999

For how many days during the past 30 days was your mental health not good?  
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	4.7	6.0	5.3	5.6	5.0	3.5	2.8	
2	7.9	9.6	10.4	10.9	7.0	5.2	3.4	
3	4.2	5.7	4.9	5.7	4.4	2.6	1.4	
4	2.1	3.5	2.7	2.0	2.1	1.3	1.2	
5	4.4	8.1	4.9	4.8	4.3	2.7	2.1	
6	.5	.3	.5	.9	.4	.7	.3	
7	2.4	6.5	3.0	2.5	1.6	1.1	1.1	
8	.3	.8	.2	.2	.3	.3	.1	
9	.0					.2		
10	2.5	3.5	3.0	3.0	2.1	2.0	1.2	
11	.0		.1		.1			
12	.2		.2	.3	.3	.1	.1	
13	.0		.1					
14	1.0	1.5	2.0	.9	.5	.4	.5	
15	2.3	2.6	2.2	3.2	2.4	2.0	1.1	
17	.0	.1		.0		.2		
20	1.2	1.3	1.7	1.5	1.5	.3	.6	
21	.1	.2	.2	.2	.0	.0	.0	
22	.0	.2		.0				
23	.0		.1					
25	.6	.5	.5	.5	1.4	.3	.4	
26	.0						.1	
27	.1	.1	.1	.2				
28	.2	.1	.2	.3	.0	.1	.1	
29	.1	.2	.1	.1	.1		.1	
30	4.3	3.9	4.3	4.3	5.1	5.2	3.1	
None	60.9	45.3	53.3	52.8	61.5	71.6	80.1	
	1	4.3	5.1	5.4	5.3	4.0	2.3	3.2
	2	6.2	9.0	8.5	8.3	5.4	2.8	1.9
	3	4.1	5.8	4.3	5.5	4.7	2.8	1.1
	4	2.0	2.8	3.1	1.9	1.8	1.1	1.3
	5	3.6	6.9	4.7	3.4	3.5	2.2	1.6
	6	.5		.9	.6	.5	.5	.3
	7	1.8	6.5	2.2	.7	1.4	.5	.7
	8	.4	1.7	.3		.3	.6	.3

<b>Male</b>	<b>9</b>	.0					.3		
	<b>10</b>	2.1	3.0	2.5	2.6	1.7	1.4	1.1	
	<b>12</b>	.1			.4		.2		
	<b>14</b>	.6	.3	1.4	.8	.5		.1	
	<b>15</b>	1.9	2.1	1.4	3.4	1.6	2.0	.4	
	<b>17</b>	.1			.1		.3		
	<b>20</b>	1.1	1.2	2.0	1.3	1.1	.3	.4	
	<b>21</b>	.1	.5			.1			
	<b>22</b>	.0	.3						
	<b>23</b>	.0		.2					
	<b>25</b>	.6	.5	.3	.6	1.6		.4	
	<b>27</b>	.0			.2				
	<b>28</b>	.1		.2	.1	.1		.1	
	<b>29</b>	.1		.2		.1		.3	
	<b>30</b>	3.3	2.7	3.7	2.8	3.8	4.1	2.8	
	<b>None</b>	66.9	51.7	58.7	62.2	68.0	78.7	84.3	
	<b>Female</b>	<b>1</b>	5.1	6.9	5.3	5.8	6.0	4.6	2.5
		<b>2</b>	9.5	10.2	12.4	13.4	8.6	7.6	4.5
<b>3</b>		4.2	5.7	5.5	5.8	4.2	2.4	1.7	
<b>4</b>		2.1	4.3	2.2	2.1	2.4	1.5	1.1	
<b>5</b>		5.0	9.4	5.2	6.2	5.2	3.1	2.4	
<b>6</b>		.6	.5	.1	1.2	.2	.9	.4	
<b>7</b>		3.1	6.5	3.7	4.3	1.8	1.7	1.4	
<b>8</b>		.1		.1	.4	.3			
<b>9</b>		.0					.1		
<b>10</b>		2.9	4.1	3.5	3.5	2.6	2.7	1.4	
<b>11</b>		.0		.1		.1			
<b>12</b>		.3		.4	.2	.5	.1	.2	
<b>13</b>		.0		.2					
<b>14</b>		1.3	2.7	2.5	1.0	.5	.7	.8	
<b>15</b>		2.6	3.0	3.0	2.9	3.2	2.1	1.5	
<b>17</b>		.0	.3						
<b>20</b>		1.3	1.4	1.4	1.7	1.8	.3	.7	
<b>21</b>		.2		.4	.4		.1	.1	
<b>22</b>		.0			.1				
<b>25</b>		.7	.5	.6	.5	1.3	.6	.4	
<b>26</b>		.0						.2	
<b>27</b>	.1	.3	.2	.2					
<b>28</b>	.2	.3	.3	.5		.2	.2		
<b>29</b>	.1	.4	.1	.2	.0				
<b>30</b>	5.2	5.1	4.9	5.8	6.4	6.3	3.4		

	<b>None</b>	55.3	38.6	47.7	43.7	55.0	64.9	77.0
Denominator is: All survey respondents.								

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# Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1999

For how many days during the past 30 days was your mental health not good?  
(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
<b>Total</b>	7,196	639	1,385	1,484	1,486	892	1,310	
<b>1</b>	352	41	80	87	73	33	38	
<b>2</b>	572	63	145	158	107	52	47	
<b>3</b>	298	37	70	83	64	23	21	
<b>4</b>	144	22	32	31	32	13	14	
<b>5</b>	309	56	71	65	64	25	28	
<b>6</b>	36	3	7	11	5	6	4	
<b>7</b>	169	36	43	41	25	11	13	
<b>8</b>	15	4	3	2	4	1	1	
<b>9</b>	2					2		
<b>10</b>	178	22	46	44	32	20	14	
<b>11</b>	2		1		1			
<b>12</b>	17		3	4	5	2	3	
<b>13</b>	1		1					
<b>14</b>	70	10	25	15	8	5	7	
<b>15</b>	176	20	32	50	41	16	17	
<b>17</b>	3	1		1		1		
<b>20</b>	96	10	25	27	23	3	8	
<b>21</b>	11	1	3	4	1	1	1	
<b>22</b>	2	1		1				
<b>23</b>	1		1					
<b>25</b>	42	3	6	8	16	4	5	
<b>26</b>	1						1	
<b>27</b>	5	1	2	2				
<b>28</b>	12	1	2	5	1	1	2	
<b>29</b>	8	1	2	2	2		1	
<b>30</b>	330	31	64	70	75	50	40	
<b>Don't know/Not sure</b>	78	6	11	15	9	15	22	
<b>None</b>	4,256	268	710	757	894	607	1,020	
<b>Refused</b>	10	1		1	4	1	3	
	<b>Total</b>	3,039	293	618	648	654	372	454
	<b>1</b>	141	16	37	39	24	10	15
	<b>2</b>	190	31	52	50	34	11	12
	<b>3</b>	124	18	26	34	30	11	5

Male	4	63	9	17	15	13	5	4	
	5	105	24	26	19	21	8	7	
	6	16		6	4	3	2	1	
	7	47	13	12	7	10	2	3	
	8	9	4	2		1	1	1	
	9	1					1		
	10	63	9	17	14	13	7	3	
	12	4			3		1		
	14	19	1	8	6	3		1	
	15	57	7	8	21	12	6	3	
	17	2			1		1		
	20	36	3	14	10	6	1	2	
	21	2	1			1			
	22	1	1						
	23	1		1					
	25	17	1	2	4	8		2	
	27	1			1				
	28	4		1	1	1		1	
	29	3		1		1		1	
	30	108	8	26	20	25	17	12	
	Don't know/Not sure	26	6	4	5	5	3	3	
	None	1,994	141	358	393	440	285	377	
	Refused	5			1	3		1	
	Female	<b>Total</b>	4,157	346	767	836	832	520	856
		1	211	25	43	48	49	23	23
		2	382	32	93	108	73	41	35
3		174	19	44	49	34	12	16	
4		81	13	15	16	19	8	10	
5		204	32	45	46	43	17	21	
6		20	3	1	7	2	4	3	
7		122	23	31	34	15	9	10	
8		6		1	2	3			
9		1					1		
10		115	13	29	30	19	13	11	
11		2		1		1			
12		13		3	1	5	1	3	
13		1		1					
14		51	9	17	9	5	5	6	
15		119	13	24	29	29	10	14	
17		1	1						
20		60	7	11	17	17	2	6	

21	9		3	4		1	1
22	1			1			
25	25	2	4	4	8	4	3
26	1						1
27	4	1	2	1			
28	8	1	1	4		1	1
29	5	1	1	2	1		
30	222	23	38	50	50	33	28
<b>Don't know/Not sure</b>	52		7	10	4	12	19
<b>None</b>	2,262	127	352	364	454	322	643
<b>Refused</b>	5	1			1	1	2

Denominator is: All survey respondents.

# Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1999

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?  
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	6.9	11.6	8.4	7.2	5.7	2.8	3.8	
2	6.3	6.5	6.9	7.9	5.6	5.5	3.7	
3	3.9	3.7	4.4	3.8	4.1	3.2	3.4	
4	1.9	1.2	2.3	2.1	2.0	1.7	1.9	
5	3.0	2.9	3.4	3.3	2.7	2.8	2.6	
6	.4		.5	.3	.9	.8	.3	
7	1.9	1.9	2.0	2.0	1.8	1.6	2.1	
8	.3		.4	.5	.3	.6		
9	.0			.1				
10	1.9	.5	1.6	2.3	2.0	3.5	2.0	
11	.0		.1					
12	.1	.1			.3		.4	
13	.0				.2			
14	1.2	1.1	2.3	.8	1.0	1.1	.8	
15	2.3	1.7	1.8	2.2	1.6	3.4	3.8	
16	.0				.1		.1	
17	.0		.2			.1		
18	.0				.1			
20	1.0	.2	.8	1.1	1.3	2.2	.5	
21	.3	.4	.4	.3	.1	.5	.2	
25	.5	.3	.3	.1	.6	.9	1.1	
27	.0					.1		
28	.0						.1	
29	.0			.1				
30	5.3	1.6	1.4	4.4	7.4	9.8	10.1	
None	62.6	66.0	62.9	61.5	62.4	59.4	63.0	
	1	7.6	12.7	9.2	8.4	4.3	2.2	6.4
	2	6.9	7.2	7.3	9.0	5.2	5.4	5.3
	3	3.8	3.7	5.9	3.0	3.8	4.0	1.4
	4	1.8	.2	.9	3.0	1.4	2.9	2.8
	5	2.5	1.8	2.9	3.0	1.8	3.2	2.1
	6	.3				1.0		.7
	7	1.4	.7	1.5	1.6	1.3	1.3	2.1
	8	.2		.5	.1	.3		
		.1			.4			

Male	9							
	10	1.7	.9	1.2	2.3	1.6	3.2	1.1
	11	.1		.3				
	12	.1				.3		
	13	.1				.5		
	14	1.1	.7	1.8	1.1	1.1	.4	1.4
	15	2.1	2.7	2.0	.9	.8	4.3	3.9
	16	.0				.2		
	18	.0				.2		
	20	1.0		.3	1.4	1.8	2.5	.4
	25	.7	.7	.3		.7	1.4	2.1
	30	6.1	2.0	2.0	5.8	9.2	8.6	12.6
	None	62.5	66.9	64.1	60.0	64.4	60.6	57.7
Female	1	6.3	10.6	7.7	6.4	6.8	3.3	2.4
	2	5.8	5.9	6.6	7.2	5.9	5.6	2.7
	3	3.9	3.8	3.2	4.4	4.3	2.6	4.6
	4	2.0	2.2	3.5	1.4	2.5	.9	1.4
	5	3.4	3.9	3.9	3.5	3.5	2.4	2.9
	6	.6		.9	.5	.7	1.5	
	7	2.3	3.1	2.4	2.3	2.2	1.8	2.0
	8	.4		.4	.8	.2	1.1	
	10	2.1	.2	1.9	2.2	2.3	3.6	2.6
	12	.2	.3			.2		.7
	14	1.2	1.6	2.7	.6	.8	1.7	.5
	15	2.4	.9	1.6	3.1	2.2	2.8	3.7
	16	.0						.2
	17	.1		.3			.2	
	20	.9	.3	1.1	.8	.9	1.9	.5
	21	.6	.9	.7	.6	.2	1.0	.3
	25	.3		.2	.2	.6	.4	.5
	27	.0					.2	
	28	.0						.2
	29	.0			.2			
30	4.6	1.2	.8	3.4	5.8	10.6	8.8	
None	62.6	65.3	61.9	62.5	60.7	58.4	66.0	

Denominator is: All survey respondents who answered that they had had days within the past 30 days when their physical or mental health was not good.



## Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1999

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
<b>Total</b>	4,187	461	882	931	865	456	592	
<b>1</b>	281	53	78	63	52	15	20	
<b>2</b>	253	31	55	72	47	25	23	
<b>3</b>	173	19	40	41	37	15	21	
<b>4</b>	91	7	24	19	23	7	11	
<b>5</b>	135	17	35	29	27	12	15	
<b>6</b>	24		5	5	9	4	1	
<b>7</b>	83	10	20	19	17	8	9	
<b>8</b>	13		4	4	3	2		
<b>9</b>	1			1				
<b>10</b>	85	3	14	21	19	15	13	
<b>11</b>	1		1					
<b>12</b>	8	1			3		4	
<b>13</b>	1				1			
<b>14</b>	48	6	16	9	8	5	4	
<b>15</b>	95	8	15	21	19	15	17	
<b>16</b>	2				1		1	
<b>17</b>	3		2			1		
<b>18</b>	1				1			
<b>20</b>	41	1	7	10	11	9	3	
<b>21</b>	14	1	3	4	1	3	2	
<b>25</b>	18	1	2	2	4	3	6	
<b>27</b>	1					1		
<b>28</b>	1						1	
<b>29</b>	1			1				
<b>30</b>	223	7	14	39	56	46	61	
<b>Don't know/Not sure</b>	44	3	5	5	7	7	17	
<b>None</b>	2,541	293	542	566	515	263	362	
<b>Refused</b>	5				4		1	
	<b>Total</b>	1,553	199	345	338	329	166	176
	<b>1</b>	113	25	35	24	16	3	10
	<b>2</b>	103	14	23	30	17	9	10
	<b>3</b>	63	7	21	12	13	6	4
	<b>4</b>	31	1	4	10	7	4	5
		38	5	10	9	6	5	3

<b>Male</b>	5							
	6	4				3		1
	7	22	2	5	5	5	2	3
	8	4		2	1	1		
	9	1			1			
	10	27	2	4	7	6	6	2
	11	1		1				
	12	2				2		
	13	1				1		
	14	18	2	6	4	3	1	2
	15	32	6	6	3	5	6	6
	16	1				1		
	18	1				1		
	20	18		1	4	7	5	1
	25	9	1	1		2	2	3
	30	96	3	8	18	27	17	23
	Don't know/Not sure	12	2	2	2	1	2	3
	None	954	129	216	208	203	98	100
	Refused	2				2		
	<b>Female</b>	<b>Total</b>	2,634	262	537	593	536	290
1		168	28	43	39	36	12	10
2		150	17	32	42	30	16	13
3		110	12	19	29	24	9	17
4		60	6	20	9	16	3	6
5		97	12	25	20	21	7	12
6		20		5	5	6	4	
7		61	8	15	14	12	6	6
8		9		2	3	2	2	
10		58	1	10	14	13	9	11
12		6	1			1		4
14		30	4	10	5	5	4	2
15		63	2	9	18	14	9	11
16		1						1
17		3		2			1	
20		23	1	6	6	4	4	2
21		14	1	3	4	1	3	2
25		9		1	2	2	1	3
27		1					1	
28		1						1
29	1			1				
30	127	4	6	21	29	29	38	

<b>Don't know/Not sure</b>	32	1	3	3	6	5	14
<b>None</b>	1,587	164	326	358	312	165	262
<b>Refused</b>	3				2		1

Denominator is: All survey respondents who answered that they had had days within the past 30 days when their physical or mental health was not good.