

Oregon BRFSS 2002

During the past 30 days, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

(Weighted Column Percents)

| | Total | Age Groups | | | | | |
|--------|-------|------------|-------|-------|-------|-------|------|
| | | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Yes | 81.6 | 89.5 | 82.9 | 82.8 | 82.5 | 78.7 | 73.8 |
| No | 18.4 | 10.5 | 17.1 | 17.2 | 17.5 | 21.3 | 26.2 |
| Male | | | | | | | |
| Yes | 83.3 | 93.2 | 83.6 | 84.1 | 82.5 | 78.6 | 77.5 |
| No | 16.7 | 6.8 | 16.4 | 15.9 | 17.5 | 21.4 | 22.5 |
| Female | | | | | | | |
| Yes | 80.0 | 85.6 | 82.2 | 81.5 | 82.5 | 78.8 | 71.1 |
| No | 20.0 | 14.4 | 17.8 | 18.5 | 17.5 | 21.2 | 28.9 |

Denominator is:
All survey respondents.

Oregon BRFSS 2002

During the past 30 days, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

(Unweighted Frequencies)

| | | Total | Age Groups | | | | | 65+ |
|---------------------|---------------------|-------|------------|-------|-------|-------|-------|-------|
| | | | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | |
| Total | | 7,208 | 564 | 1,213 | 1,344 | 1,507 | 1,143 | 1,437 |
| Yes | | 5,839 | 500 | 1,014 | 1,119 | 1,254 | 898 | 1,054 |
| No | | 1,361 | 64 | 198 | 225 | 252 | 241 | 381 |
| Don't know/Not sure | | 6 | | 1 | | 1 | 3 | 1 |
| Refused | | 2 | | | | | 1 | 1 |
| Male | Total | 2,878 | 230 | 536 | 542 | 616 | 466 | 488 |
| | Yes | 2,390 | 213 | 457 | 460 | 514 | 366 | 380 |
| | No | 485 | 17 | 79 | 82 | 101 | 98 | 108 |
| | Don't know/Not sure | 2 | | | | 1 | 1 | |
| | Refused | 1 | | | | | 1 | |
| Female | Total | 4,330 | 334 | 677 | 802 | 891 | 677 | 949 |
| | Yes | 3,449 | 287 | 557 | 659 | 740 | 532 | 674 |
| | No | 876 | 47 | 119 | 143 | 151 | 143 | 273 |
| | Don't know/Not sure | 4 | | 1 | | | 2 | 1 |
| | Refused | 1 | | | | | | 1 |

Denominator is:
All survey respondents.

At risk for no leisure time physical activity.

(Weighted Column Percents)

| | | Total | Age Groups | | | | | |
|---------|---------|-------|------------|-------|-------|-------|-------|------|
| | | | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| No risk | | 81.1 | 88.7 | 83.7 | 83.3 | 83.3 | 78.8 | 73.4 |
| At risk | | 18.9 | 11.3 | 16.3 | 16.7 | 16.7 | 21.2 | 26.6 |
| Male | No risk | 83.1 | 92.6 | 85.3 | 84.9 | 83.6 | 78.9 | 77.9 |
| | At risk | 16.9 | 7.4 | 14.7 | 15.1 | 16.4 | 21.1 | 22.1 |
| Female | No risk | 79.7 | 85.9 | 82.4 | 82.2 | 83.1 | 78.8 | 71.2 |
| | At risk | 20.3 | 14.1 | 17.6 | 17.8 | 16.9 | 21.2 | 28.8 |

Denominator is:
All survey respondents.

Oregon BRFSS 2002

At risk for no leisure time physical activity.

(Unweighted Frequencies)

| | | Total | Age Groups | | | | | |
|---------|---------|-------|------------|-------|-------|-------|-------|-------|
| | | | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | | 7,208 | 564 | 1,213 | 1,344 | 1,507 | 1,143 | 1,437 |
| Unknown | | 8 | | 1 | | 1 | 4 | 2 |
| No risk | | 5,839 | 500 | 1,014 | 1,119 | 1,254 | 898 | 1,054 |
| At risk | | 1,361 | 64 | 198 | 225 | 252 | 241 | 381 |
| Male | Total | 2,878 | 230 | 536 | 542 | 616 | 466 | 488 |
| | Unknown | 3 | | | | 1 | 2 | |
| | No risk | 2,390 | 213 | 457 | 460 | 514 | 366 | 380 |
| Female | At risk | 485 | 17 | 79 | 82 | 101 | 98 | 108 |
| | Total | 4,330 | 334 | 677 | 802 | 891 | 677 | 949 |
| | Unknown | 5 | | 1 | | | 2 | 2 |
| | No risk | 3,449 | 287 | 557 | 659 | 740 | 532 | 674 |
| At risk | | 876 | 47 | 119 | 143 | 151 | 143 | 273 |

Denominator is:
All survey respondents.